



Adair County Extension

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Iowa State University Extension in Adair County provides relevant programs that support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Adair County a better place to live.

Adair County Extension Staff

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AmeriCorps Members

John Havens

Extension Council Chair

Deb Hall

County Extension Education Director

Staff Serving Adair County but based in other counties

Alan Ladd, *Southwest Area Director*

Steven Adams, *Communities*

Lynn Adams, *Communities*

Clarke Bredahl, *External Relations*

Darrell Busby, *Beef*

Donna Donald, *Family Life*

Tim Eggers, *Farm Management*

Eldon Everhart, *Commercial Horticulture*

Abbie Gaffey, *Communities*

John Kennicker, *Crops*

Lee Kilmer, *Dairy*

Joyce Lash, *Family Resource Management*

Joe Papp, *Business & Industry*

Ray Reynolds, *4-H Youth Development*

Joe Sellers, *Livestock*

Shawn Shouse, *Ag Engineer*

Jerry Weiss, *Swine*



Healthy People Starts with Healthy Kids

Increasing physical activity and improving on nutrition choices can go a long ways in building a healthy future for our kids. Teen Food and Fitness Ambassadors from Adair County helped conduct a statewide Food and Fitness Craze training. They modeled what they taught others by leading nutrition activities at Clover Kids, organizing day camps featuring nutrition information and physical activities, and even

creating special labels for grocery store aisles pointing out snacks that are low in fat and sugar. Youth involved in these educational activities reported they liked the snacks featuring fruits and vegetables and would play the active games they learned in other group settings and at home.



Healthy Environments Working with Pesticide and Manure Applicators

Responsible use of pesticides is the primary goal for commercial and private pesticide applicator training. More than 230 area producers and professional applicators took advantage of the special training sessions and learned how to identify new insect, disease,

and weed pests in order to select appropriate control mechanisms. Environmental protection is the main focus, but personal safety and health are also important elements of the training program. Private pesticide applicators received an added health bonus as Adair County Home Care provided free on-site blood pressure checks prior to each training session. In addition to training for pesticide applicators, special programs for confinement site and commercial manure applicators were held. These programs attracted 54 manure applicators. The training stresses the importance of manure management plans and application practices and procedures to capitalize on the nutrients of animal waste in crop production while at the same time protecting the environment by reducing run-off and leaching.

October 2007



Iowa State University Extension: In sync with Adair County

Adair County Extension Council

John Havens, Chairperson
Guy Powell, Vice-Chairperson
Karen Schulteis, Secretary
Sondra Baudler, Treasurer
Lori Nelson
Roger Jensen
Steve Lilly
Randy Caviness
Jana Scott

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Strong families and communities
- Youth development
- Nutrition and health
- Agriculture profitability and sustainability
- Thriving communities



Healthy Economies Working to Increase Prosperity

The Horizons program is helping residents of the Greenfield community examine the issue of poverty within their community. Seventy-two citizens of all ages spent 10 hours in study circles learning about the causes of poverty, examining the local impact, and exploring strategies for reducing poverty. The process of moving towards a healthier economy continued with 25 participants in a special

LeadershipPlenty® class and more than 400 residents participating in a community visioning process. Community work teams are forming to address the issues of quality jobs, quality education, quality child care, financial education for all stages of life, and nutritious and sufficient food for everyone. Things are already happening. Middle school students completed a successful food drive and hosted a community meal; a new registered child care provider is offering after-hours care, and the Adair County Community Directory was updated. The project funded by the Northwest Area Foundation has given new energy to working together to create a more prosperous community.



Healthy Futures Building Leaders

Adair County 4-H is helping build young leaders. Four 4-H alumni attending Iowa State University are putting their leadership skills to work as they lead major student organizations. Matt Rohrig, President of Block & Bridle; Greg Lilly, Vice-President of Collegiate 4-H; Michael Cooley, President

of the Public Service & Administration in Ag Club; and Grant Nelson, President of the Agronomy Club are all former Adair County 4-H Youth Council members.



Neely-Kinyon Field Day Commemorates Iowa State University's 150 Years

ISU Extension initiated community service projects in every county to celebrate Iowa State University's 150 years.

What's a birthday party without ice cream and cake? Adair County Extension Council chose to celebrate the University's 150th birthday at

the Neely-Kinyon research farm field day August 22. The Neely-Kinyon Farm was the site of a pizza garden planted as part of the celebration. Adair County Master Gardener interns planned and planted the pizza garden. The garden will be used as a tool to teach school children about agriculture.



**We connect you to Iowa
State University.**

We are your local link to
make connections for

campus enrollment, continuing
education, campus visits, campus
exhibits, conferences, camps, and
sporting events.