

LEARNING AND SHARING NEWSLETTER

FOR PARENTS

Looking for a Job

It takes work to get work. The more effort and time you put into exploring the job market, the more likely you will be able to get a job.

Newspapers and Other Media

Check newspapers for “help wanted” ads or place a “work wanted” ad. It’s important to know when the newspaper comes out. Check out classified ads daily and be near a telephone if you placed an ad. When there is a job, action to hire can happen quickly.

Some newspapers and magazines carry ads for jobs, work-at-home or distributorship opportunities that sound too good to be true. Usually, they are not good choices. Unfortunately, people most in need of money often end up losing time and cash when they respond to advertisements such as these:

**Earn \$400 - \$600
Per Month - In Your Own Home
Choose Your Own Hours**

**Get a \$1545 a week job in Alaska
Even If Totally Unskilled!!**

While some work-at-home plans are legitimate, many are not. The most common deceptive promotion is for envelope stuffing at home. Promoters usually ask for a small fee to tell you how to earn money stuffing envelopes at home. They may also suggest you run the same type of ad and have people send you money. You may receive a list of companies who use envelope stuffing services, but you will need to write or call companies on the list to get their business. Some companies require a sizable investment and then sell you assembly or craft kits with promises to buy the finished products. All too often, these

companies refuse to buy the product because the work was “inferior” or did not meet “quality standards.”

Career Counseling

Self-assessment is a critical part of finding a job. The first goal of assessment is to obtain an accurate picture of one’s skills, interests, values and accomplishments.

New technologies are redefining the basic skills required for today’s jobs. Many employers say that the most important skills for any employee are the basics – reading, writing and computation. But employers also say they want employees who have “learned how to learn.” A recent study identifies these essential skills for non-managerial work.

Knowing How to Learn – Rapidly changing business conditions demand employees who can acquire and use new information easily.



Reading, Writing and Computation – New technology requires better reading ability to understand it, higher mathematical skills to use it and better writing skills to communicate about it.

Listening and Speaking – Success on the job has been directly linked to these communication skills.

Creative Thinking; Problem Solving – Today’s organizations give workers unprecedented responsibilities for decision making. Workers must have creative thinking and problem solving skills to be able to make those decisions.

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Self-Esteem; Goal Setting/Motivation – Individual worker’s effectiveness can be linked directly to successful personal management.

Interpersonal Skills; Negotiation; Teamwork – Dramatic changes in the work place, including the tremendous increase in the use of teamwork, have made these skills critical.

Employability/Career Development – Developing personal skills to keep up-to-date in today’s work force is critical. Computer knowledge is a good example.

Organizational Effectiveness; Leadership – To be effective in an organization, employees need a sense of the workings of the organization and of how their actions affect organizational and strategic objectives. Leadership skills enable workers to understand and influence others.

To read the complete article goes to:
<http://www.extension.iastate.edu> >Managing Tough Times> Managing stress, dealing with loss> Looking For A Job. GTTT-17

CULTURAL CORNER

Preserving our Spanish language

If you have already noticed, there are several words in Spanish which we are losing; words that we spoke or our children spoke that are not authentic Spanish. It is easier or we don’t have time to make the corrections in that moment, but all this leads us to lose the beauty of our Spanish language.

When you say:

PARKEANDO or PARQUEANDO

PARK + ando

English + Spanish suffix

What you are really using is spanglish, which is not Spanish, either English.

A person who is bilingual has many employment opportunities, but to master a language you have to speak, write and read. To make our Spanish be counted in the job market, it needs to be used correctly.

NUTRITION AND HEALTH TIP



Spend Smart. Eat Smart.

Are you spending more and more on food and ending up with less and less? Does the thought of meal planning make your head spin? Do leftovers become mold-covered “science projects” cluttering your refrigerator?

If you answered “yes” to any of these questions, check out the new [Spend Smart Eat Smart interactive website](#) from Iowa State University Extension. Besides offering dollar-saving tips, the site includes game-like activities so you can figure your family’s cost of food at home, test your smart shopping skills and compare meals prepared at home vs. eating out. You also can watch easy recipe videos, sign up for e-mail updates and blog with ISU Extension nutrition specialists.

To read the whole article goes to:
<http://www.extension.iastate.edu> > Food, Nutrition and Health

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