

IOWA STATE UNIVERSITY

University Extension



FEBRUARY 2009

4-H NEWSLETTER

Wayne County Extension
PO Box 281, 100 Lafayette St
Corydon, IA 50060
Phone: 641-872-1755
Fax: 641-872-1648
E-Mail: xwayne@iastate.edu

DATES TO REMEMBER

February

- 1, 8, 15, 22 - Horse Project Meeting, 2-4pm @ Trails End Arena
- 2 - **4-H Program Fees DUE**
- 2 - **4-H Scholarships Applications DUE into State Office www.extension.iastate.edu/4h/grants.html**
- 6-7 State Volunteer Retreat Ankeny
- 8-15 - Iowa Beef Expo - Des Moines
- 21 - SESS meeting @ Van Zee's, 1pm
- 21 - 4H/FFA Horse Clinic @ Kirkwood College
- 25- Youth Council, 7pm Courthouse

March

- 1 - **Horse Jamboree entries DUE**
- 8 - Block & Bridle Dog show - registration @ noon, show @ 2pm, ISU Farm Bureau Pavillion
- 14 - Showmaster Boot Camp @ Johnson County Fairgrounds
- 23 - FSQA Training - 7pm @ Wayne High School - *We encourage 12 yr + to come in and take test*
- 27-28 - SESS Certification - Madrid
- 31 - "The Power of Youth" - Iowa 4-H" - formerly 4-H Day @ the Legislature - **CANCELLED**

April

- 4-5 - Iowa Horse Fair

May

- 2 - Wayne County Sheep Weigh in
- 13 - **4-H'ers for 4-H money DUE into Extension Office**
- 15 - **Registration for Cyclone Horse Judging Camp DUE**

June

- 11-13 - Cyclone Horse Judging Camp - Ames
- 14-17 - Junior 4-H Camp - Madrid
- 30 - July 2 State 4-H Conference/Animal Science Roundup - Ames

July

- 22-27 Wayne County Fair

August

- 13-23 Iowa State Fair

Did You know?

Eighth graders in 4-H score lower than non 4-H student in:



Risky behavior



Depression

Lerner, R. et al. (2008). The positive development of youth: Report of the findings from the first four years of the 4-H study of positive youth development. Tufts University, Institute of Applied Research in Youth Development.

In this issue:



- Food Safety Quality Insurance (required) Training
- Out of county opportunities
- 4-H Day at the Cyclone Women's Basketball Game



- 4-H/FFA Horse Clinic
- County Fair Changes
- Swine State Fair Weigh in Info



LIVESTOCK

4-H FOOD SAFETY AND QUALITY ASSURANCE (FSQA) (Everything you need to know!)

We will be having the FSQA training on March 23, 7pm @ Wayne H.S

Do you wonder why you have to go through this training?

←**To keep you and your 4-H project on the right road...** learn ethics, safe care of your animals and how to responsibly produce safe food. Read on...

Iowa 4-H'ers produce over 13 million pounds of meat each year, which all goes into the American food supply. Ignorance of the processes to produce safe food is unacceptable.

- Pork processors now require producers to complete the National Pork Board Pork Quality Assurance Plus™ program in order to market their hogs. Other commodity groups such as beef may soon follow this model. Iowa's FSQA Program for youth meets the requirements for all commodity groups.
- 4-H producers are expected to follow the same rules and regulations as all other food producers.
- The FSQA Program will provide for a quality educational component for food animal members in every county and it will provide an education opportunity for members to be informed of their responsibilities as care takers and food producers.

FSQA Questions

- **Who needs to certify?** Beginning in 2006: any 4-H'ers exhibiting beef, swine, sheep and dairy (both dairy cattle and dairy goat), meat goat, rabbit and poultry at the Iowa State Fair must be certified. All other food animal exhibitors are encouraged to attend to learn more about their responsibility to produce safe food.
- **Will 4-H'ers still be able to sell pigs if they attend the FSQA program?** Youth who attend the FSQA training will be certified in both the Iowa FSQA program (making them eligible for participation in the Iowa State Fair and other county fairs), and the national PQA or Iowa BQA programs (thereby meeting the demands of the meat packing industry). The Iowa FSQA has been recognized by the National Pork Board as meeting their quality assurance training requirements.
- **Can 4-H'ers just go to the vet to get their PQA card signed?** No, National Pork Board guidelines now require all youth to attend an approved YOUTH training program to become certified. No youth between the ages of 9 and 18 will be included in the adult PQA database, or certification process.
- **What is the certification/recertification process?** All youth ages 9-11 on Jan. 1 will need to attend an approved training each year. Youth ages 12-14 on Jan. 1 will have the option of attending a training every year, or completing a test which will certify them until they turn 15. Youth ages 15-18 on Jan. 1 will have the option of attending a training every year, or completing a test which will certify them until they turn 19. At the time youth turn 19, they will need to certify in the adult Quality Assurance programs according to the adult rules.
- **If a youth is 19 before January 1st and a senior, how are they certified?** They will need to certify through the adult program.
- **Where do we get the tests?** Tests are given by Extension Office personnel at the Extension Office. Call and schedule a time to take the test. Youth must accurately answer 70% of the questions to pass.
- **What questions will be on the exam?** All exam questions will come directly from the FSQA curriculum.
- **Is there a limit to how many youth can be testing at one time?** No.
- **How many times can a youth take a test?** Three times in one sitting and no maximum number of times to take the test.
- **Does a child who is only involved in breeding beef at the state fair need to be certified?** Yes.
- **Do we know for sure that the packers are going to honor, for harvesting purposes, the FSQA?** The Iowa FSQA youth program has been recognized by the National Pork Board, therefore meet all requirements of packers.
- **Is the training for all market animals or just beef and swine?** The training is designed to cover all food animals.
- **Is there a date by which they need to be certified?** For state fair exhibition, the process must be completed by

July 1.



Come learn with the experts at Showmaster Boot Camp 2009. This is a great educational opportunity for kids showing cattle, hogs, and sheep. This will be held on **March 14**, at the Johnson County Fairgrounds in **Iowa City, IA**, registration begins at 8:00 a.m. The day will be broken into specie segments starting with cattle. The experts will be covering daily care and management, clipping, fitting, feeding and showmanship. This year we are working with Iowa State University offering **FSQA certification**. Lunch will be provided with great door prizes. If you would like more information or would like to reserve your registration, please call Kim Lewis at 319-430-0474 by March 5.

4-H/FFA Horse Clinic

Feb 21, 2009 10:00 a.m. ~ 5:00 p.m.

Iowa Equestrian Center, Kirkwood Community College
Cedar Rapids, IA

Sponsored by Nutrena and 1st District Iowa Quarter Horse Assn.

\$5.00 Admission per person

Lots of Drawings and Door Prizes throughout the Day!

Judging Contest for 4-H and FFA Teams and Individuals!

Open to 4 horses in each session – more info @ Wayne Extension Office

No need to bring a horse – watch other clinic participants and enjoy the heated comfort of the beautiful indoor facility of the Iowa Equestrian Center

Session 1: What is the Judge looking for (in-hand classes)?

Clinician: Kevin Woodford, Carded Buckskin, POA, Open, and 4-H Judge
10:00 a.m. Demonstration of Halter class
10:15 a.m. Oral reasons
10:30 a.m. Demonstration of Showmanship class
11:00 a.m. Q & A

Nutrition for Fitting and Performance – Center 1 (main arena)

Clinician: Abby Keegan, Nutrena
11:15 a.m. Nutrition For Fitting and Performance with hands-on participation

Optimizing Physical Performance – Center 2 (warm-up arena or stall area)

Clinician: Dr. Christine Woodford, DVM
11:15 a.m. Chiropractic and Acupuncture Treatment for Horses

=====

12:00 p.m. Lunch (Lunch stand on grounds or fast food nearby)

Session 2: What is the Judge looking for (Western Pleasure)?

Clinician: Kevin Woodford, Carded Buckskin, POA, Open, and 4-H Judge
1:00 p.m. Demonstration of Western Pleasure
1:15 p.m. Oral reasons
1:30 p.m. Demonstration of Horsemanship
2:00 p.m. Q & A

Session 3: What is the Judge looking for (Hunter Under Saddle)?

2:15 p.m. Demonstration of Hunter Under Saddle
2:30 p.m. Oral reasons
2:45 p.m. Demonstration of Hunt Seat Equitation
3:15 p.m. Q & A

Session 4: Barrel Racing and Pole Bending Clinic

Clinician: To be announced
3:30 p.m. Barrel & Pole Clinic

Fit and Dress for Success – Center 2 (stall area)

Clinicians: Jill Voss and Barb Delf, AQHA Amateur and Open Competitors
3:30 p.m. Banding, Braiding, Clipping, Tails; Western and English Attire

4:45 p.m. Individual and Team Judging Contest Awards

5:00 p.m. End of clinic

For more information contact Sue Voss 563-893-2424 (home), 563-260-7507 (cell) or
 Jarry Johnson 319-624-3660 (home), 319-551-6645 (cell)

The Iowa 4-H Horse Advisory Committee invites you to tune in to the first of three Adobe Connect sessions with information on various 4-H equine opportunities and information.

These webcasts are for anyone wanting to watch; parents, 4-H'ers, volunteers, Extension Staff, etc. ALL sessions will be recorded and archived for later viewing by those who cannot watch live. ***Please make sure your 4-H'ers, parents, and volunteers are aware of this!***

Session #1 Monday, Feb. 2nd 7:00 – 9:00 PM

Topic of Interest – Iowa Youth Horse Jamboree - Learn about the Iowa Youth Horse Jamboree to be held April 4, 5 at the State Fairgrounds. Information will be given on all of the various contests kids can participate in including quiz bowl, hippology, public speaking, team grooming and the horseless horse events. What are they about? How do I enter? How do I prepare? <http://connect.extension.iastate.edu/horsejamboree/>

Session #2 Monday, March 2nd 7:00 – 9:00 PM

Topics of Interest – Horse Judging, Current topics in horse care – Learn about how to start a judging team in your county, the ins and outs of putting on a contest, participating in State and National contests, and current and future web resources for staff and volunteers wanting to learn more

Session #3 Monday, May 4th 7:00 – 9:00 PM

Topics of Interest – Correctly Identifying your horse, 4-H State Fair Show, Special topic(s) on skill development

State Fair Swine Weigh-In and Identification

The dates for the 2009 Iowa State Fair weigh-ins are Saturday, April 25th – Saturday, May 2nd. Every 4-H'er is required to fill out an Intent to Participate form and submit that to the State 4-H Office by **March 20th**. The 2009 sites and locations are still being finalized, so we will alert county offices once the final Intent forms are up on the website. Each past State Fair exhibitor will receive a swine information letter in February, but counties are encouraged to make sure new swine exhibitors receive this as well. It, too, will be posted on the website shortly.

<http://www.extension.iastate.edu/4H/Agriculture/livestockhandbookswine.htm>.

****Wayne County Fair CHANGES****

The Fair Board has decided to raise the stall fees (please keep in mind that these have not changed for YEARS...)

Stall Fees per head:

Beef & Dairy Cattle (market, breeding and cow/calf) - \$7

Horse - \$5

Sheep, Goats, Swine, Bucket / Bottle calves - \$3

Rabbits, Poultry, Pets, and Dogs - \$1

These fees will be due the end of June during Livestock Entry Days.

Block & Bridle Dog Show

March 3, 2009 at the ISU Farm Bureau Pavillion

Registration is at noon and the show starts at 2pm. Registration Fee - \$10. Vaccinations must be current.

OTHER 4-H INFORMATION

2009 4-H Photography Exhibition: 4-H'ers In Action – Holidays and Seasons

The Iowa 4-H Foundation announces a special opportunity for all 4-H members to participate in the third annual statewide photo exhibition titled, "4-H'ers in Action!" The theme this year will be *holidays and seasons*. The exhibition will again feature the best photo from each participating county and will be displayed at the 2009 Iowa State Fair. Photos selected for the exhibition will also be considered for future 4-H promotional materials.

To encourage 4-H'ers to submit photos, we are asking you to add a "4-H'ers in Action!" class for your fair. The class should be open to all 4-H members in grades 4-12 regardless of their project enrollment areas. Each participating county will select one entry that best represents "4-H in Action!" in their county to be included in the state fair exhibition. For a flyer that includes more information about the competition go to <http://www.iowa4hfoundation.org> or email Shelly Greving at shellyg@iastate.edu.

Write Women Back Into History Essay Contest

The Iowa Commission on the Status of Women, Iowa Department of Education, and the State Historical Society of Iowa are sponsoring the Write Women Back Into History annual essay contest. The essay contest serves to celebrate Women's history

month--March--and to increase awareness of the contributions made by Iowa women. This year's theme provides a special opportunity to discover and celebrate women's work in civil rights and social justice. Young people in grades 6 – 9 are encouraged to choose a woman, preferably from Iowa, from any historical period, past or present, and write about the accomplishments of her life and how she has made a difference to the student and to society in the social justice and civil rights arena. Although Iowa women are preferred and encouraged, the subject of the essay may be a woman from another state or another country. For more information, the essay guidelines and entry form are located at http://www.women.iowa.gov/about_women/womens_history/essay_contest.html

Green America Awards By Nature Hills Nursery

The Nature Hills Nursery Green America Awards have been created to give national recognition and \$5,000 in plants to community groups and organizations which are improving their local environments. The award will be presented annually, beginning in April 2009, to groups and organizations that are literally "greening" their communities, parks, schools and public spaces by planting trees, shrubs and other plants, according to **Omaha-based Nature Hills Nursery**, which sponsors the award. The **Grand Prize** winning garden project will receive **\$2,500 in plants** from Nature Hills Nursery, while the **First Prize** and **Second Prize** winners will receive plants worth **\$1,500** and **\$1,000**, respectively. The plants can be any combination of trees, fruit trees, bushes and shrubs, perennials and vegetable seeds that Nature Hills Nursery offers.

Applications for the Nature Hills Nursery Green America Award will be accepted nationwide until **April 1, 2009**. The winners of the 2009 Green America Award will be announced on April 17, 2009. To apply for the 2009 Green America Awards online, visit the website at http://www.naturehills.com/green_america_awards.aspx.

CANCELLED "The Power of Youth – Iowa 4-H"

What was formerly known as 4-H Day at the Legislature is getting a new name and focus. It is now "The Power of Youth – Iowa 4-H". The focus will be on intermediate 4-H'ers in grades 7 and 8. A county team will consist for 3-4 4-H'ers and a chaperone. ..

4-H Area & State Recognition – A Lot of Opportunities for Senior Members!

If you're a 4-H member in grades 9-12, there are several exciting Iowa and National 4-H Recognition opportunities available to you. Below is a brief summary of these opportunities – check with your county Extension office for more details and application information. Applications and forms are due into the Extension Office by **February 16**. Face-to-face interviews will be held in Murray on Sunday, **March 29**. Also, look at this website to see video clips, tips for material preparation and copies of the evaluation criteria:

<http://www.extension.iastate.edu/4H/recognition.htm>

State 4-H Council (June 2009 – June 2010) Ambassadors for the state 4-H program by providing input on 4-H program issues, planning and executing state events, and practicing leadership, communication and citizenship skills. This group plans and implements the State 4-H Conference held on the ISU campus each summer. Eight members of the State Council are selected from SW Iowa Area. Must be in grades 10 or 11 at time of application. Final selection to be made March 29, 2008. Additional information as: <http://www.extension.iastate.edu/4H/statecouncil/index.htm>

State Projects Awards (50 recipients will be awarded at ISU in late August) – recognition for youth who have excelled in projects by participating, learning and evaluating 4-H experiences. Assigned quota of youth advance to state from SW Iowa Area. Must be in grades 9, 10, 11 or 12 at time of application. Final selection will be made in August.

National 4-H Conference (March 20-25, 2010 – tentative) – representative groups of 4-H'ers from each state discuss the future 4-H program needs at the national level. Four delegates are selected from Iowa and travel to the National 4-H Center, Chevy Chase, Maryland. Must be in grades 9, 10, or 11 at time of application. Final selection made in August.

National 4-H Congress (November 27-December 1, 2009 in Atlanta, GA) – A forum to discuss issues of concern to youth and strengthen youth involvement in communities and in local, county and state 4-H programs. 22-23 youth selected from Iowa. Join with groups from other states and travel to Atlanta. Must be in grades 10 or 11 at time of application. Final selection made in August.

Iowa Youth Technology Team (June 2009 – June 2010) teens from around the state will experience cutting-edge technology and work together to expand technology usage at 4-H events and activities. Three team members and one alternate selected from SW Iowa. Computer, internet and email access required. Must be in grades 9, 10 or 11 at time of application. To learn more about the Tech Team go to <http://www.extension.iastate.edu/4h/techteam/index.html>

SENIORS!

2009 Iowa 4-H Scholarship Information Available

The 2009 Iowa 4-H Scholarship applications and information is now available at <http://www.extension.iastate.edu/4H/grants.html>. Please watch your due dates! If anyone is in need of a recommendation letter please let Debbie know.

4-H DISCOUNT EVENT TICKETS

Iowa State Center and Wells Fargo Offer 4-H Discounted Ticket Prices

Stephens Auditorium in Ames is celebrating 40 years of performing arts by offering discounted tickets for 4-H members and families to see any of their [2008-2009 shows](#). No ticket minimum required. Just use the [4-H Order Form](#)

Feb. 8 The Peking Acrobats
Feb. 13 The 25th Annual Putnam County Spelling Bee
Feb. 20 To Kill a Mockingbird
Mar. 27 Blue Note Jazz Tour
Apr. 9 The Drowsy Chaperone
Apr. 14-15 STOMP
May 1 – Australian Chamber Orchestra

Wells Fargo Arena:

February 22 -Toby Keith Pre-Show party
March 18 - Nickelback Pre-show Party
March 27 - Harlem Globetrotters
May 8 & 9 - PBR Des Moines Classic
May 23 – 25 Iowa Renaissance Festival & Gathering O’Celts
May 24 – Andre Rieu
May 29 – Gill Gaither and the Homecoming Friends
June 22 - Mormon Tabernacle Choir

For more ticket information contact Event Discounts: www.Iowa4hfoundation.org

LEADERS SECTION

Program Fees

Program Fees are due February 2. The fee is \$5/member. If you have new members join later their fee will be due May 1.

Risk Management

With the first snowfall of the season on the ground, ‘tis the season for 4-H club sledding, tubing and skiing trips. Please remember you must notify the Extension Office to be sure the event is covered by our insurance or if something more needs purchased. If the Extension Office is not made aware of the event and something should happen our insurance will not cover.

2009 Iowa’s Promise Youth Grant Application

The application is now available for youth groups to apply for 2009 Iowa’s Promise Youth Grants to be used for community improvement or local service projects. The Iowa Commission on Volunteer Service in partnership with Iowa State University Extension 4-H Youth Development, is again offering grants up to \$250.

4-H clubs can apply for, and receive, both Pioneer Grants and Iowa’s Promise Youth Grants.

Grant descriptions and guidelines can be found at <http://www.extension.iastate.edu/4H/iowaspromise.html> along with the link to the Iowa’s Promise Youth Grants web page and the grant application.

SESS Instructor Training

The Spring 2009 4-H Safety and Education of Shooting Sports instructor training is scheduled for March 27-29, 2009 at the Iowa 4-H Center near Madrid. The registration information has been posted on the 4-H SESS website under “Trainings Events and Activities”. The direct link to the material is:

<http://www.extension.iastate.edu/4H/SESS/Documents/SESSstateLeaderTrainingSpring09.pdf> The program continues to see a growth in the 4-H SESS program. The spring training is always our largest training of the year. Please complete registrations early.

Wayne County property tax dollars support the Wayne County Extension Office. These tax dollars come to us through the Agricultural Extension District tax levy. The elected nine-member Extension Council is responsible for these funds.

THANK YOU FOR YOUR SUPPORT!

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This 4-H newsletter has been prepared by:

Debbie Ewing County Youth Coordinator

Pat Swartzlander, County Extension Education Director