



Adair County Extension 4-H News

4-H Alumnus & Friend of 4-H



Carey and Teresa Noland

Congratulations Carey and Teresa on being honored at the 2011 4-H Awards Day.

4-H Involvement: Carey - member of Guthrie County Grant Sky Eagles showing cattle and developing woodworking skills. Teresa wasn't in 4-H, but helped her friend show cattle at the Cass County Fair.

Volunteering as an Adult: Teresa is serving her 15th year as co-leader of the Summit Super Stars. Carey volunteers whenever needed with club and county fair activities.

Advice to 4-H'ers: Try a new project area; learn from your mistakes and your successes. Don't measure your success with ribbons or trophies. True success is what you have learned.

Advice to Parents: Be there to support your child; offer advice and help when asked. Be willing to stand back and let them fail or succeed on their own. This is how a child learns responsibility and builds self-confidence – the most important life skill you can give your child.



2011-12 4-H Youth Council

Congratulations to each 4-H'er, volunteer, and club recognized at the Awards Day program. It is a memorable way to draw a very successful 4-H year to a close and kick-off an exciting new year.

Savannah Ruby, 4-H Youth Council president, challenged everyone at Awards Day to think about the words of the 4-H pledge "I pledge my hands to larger service." Twenty-five 4-H'ers were honored with the Presidential Volunteer Service Award during the program (4278 total hours). Let's increase this number this year. Organize your club or a group of friends to volunteer to make a difference. It might be a large project like establishing and caring for a community flower garden or something as simple as raking leaves in the park. Make helping others a part of your daily life.

Thank you to

- Nodaway Valley Schools for opening their doors to Adair County 4-H
- Summerset Citizens for providing and serving refreshments
- Everyone who took the time to celebrate 4-H with us on November 13th
- Derek Davenport for taking photos.

You can find Awards Day results and photos posted on our website <http://www.extension.iastate.edu/adair/news/awards.htm> and Adair County 4-H and Youth Programs on Facebook.

If you received an award or \$10 for record book completion or received other special recognition, make sure to write the donor a thank you. If you don't know the donor, ask Donna at the Extension office.

Welcome New Members

Richland Royals – Madison White
Summerset Citizens – Paisley Kintigh
Summit Super Stars – Carla Wiebenga
Adair County Hot Shots – Tyler Westphal

Visit the Adair County Website at www.extension.iastate.edu/adair/

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Clover Kids Group at Stuart

A Clover Kids group for K-3rd graders is being planned for the Stuart area. Meetings will be held once a month at the Stuart Library. Anyone interested, please call the Adair County Extension Office 641-743-8412 or 800-ISUE 399 for more details.

New Year's Eve Party

Get ready to welcome 2012 at a New Year's Eve Party just for 3rd – 5th graders on Saturday, December 31st at the Adair County Fitness Center in Greenfield. The party will run from 9:30 am – 12:30 pm and feature **fun, games, and snacks**. There is a \$3.00 charge to attend to cover the cost of a light lunch. If you have holiday guests at your house, they can sign-up, too. Sign-up required by Thursday December 22nd or whenever all spaces are filled, whichever happens first. Call the Extension office 641-743-8412 or 800-ISUE 399 to sign-up.

Volunteers (8th grade and up) are needed. Let the Extension office know if you would like to assist with the party being organized by Americorps members Savannah Ruby and Sam Lowry.

Winter Hullabaloo for You

Youth ages 8 – 12 will enjoy snow tubing, winter night hikes, crafts, and games at the Winter Hullabaloo scheduled for December 28 – 30th at the Iowa 4-H Center. Campers check-in Wednesday, December 28th at 6 pm. Cost is \$110. Registration ends December 23rd. Registration forms are available at the Extension office or online at www.iowa4hcamp.com

Leadership Opportunities

State Award Honors

High school students and their parents who want to learn about state project awards and special honor trips to National 4-H Congress and National 4-H Conference should go to <http://www.extension.iastate.edu/4h/teens/awards.htm> Contact Deb Hall at the Extension Office for help in starting your application. Applications are due to the Extension office January 23, 2012.

Citizenship Washington Focus (CWF) is a nine-day trip for 4-H youth in grades 10- 12th. Experience leadership and citizenship in a whole different way at the National 4-H Center outside of Washington D.C.

You can select either June 8 – 16 or June 15 – 23 to attend the trip. Cost of the trip is \$1,370. This includes lodging, transportation, tour site admissions, and most meals. Registration and a \$350.00 deposit is required. Registration closes December 15, 2011. The YAC offers scholarships of \$100.

To learn more about the trip and get registration information visit:

<http://www.extension.iastate.edu/4h/cwf>

Rumble, Tumble Night Organizers

We are looking for 4-H'ers of all ages and adults who are interested in promoting fitness among young children. Volunteer to help plan and lead a station at the annual Rumble, Tumble Night on January 30, 2012. Sounds like a long ways off, but the planning committee will meet soon.

State 4-H Council & Tech Team

Apply to be part of the State 4-H Council. Savannah Ruby is currently a member. The group plans State 4-H conference, works at the State Fair, and much more. Must be in grades 10-11th to apply.

If technology is your thing, apply to be part of the State tech team. Jennie Stamper is currently a member. Open to 9 – 11th graders. Applications for both leadership teams are due to the Extension office January 23rd. Call the Extension office now for help getting started with your applications.

Getting Started with Records

Set your project goals for the new 4-H year. Goals need to be specific and should tell how, what, and when you plan to do something. "Refinish the bookcase in my room by county fair," or "Learn how to select a market steer by December weigh-in," are examples of specific goals with a timeline. Write goals now and add more as you go.

Goals should be recorded on your 4-H Project Record. Set goals for each project area like photography, wildlife, or food and nutrition, not each fair exhibit. Project records forms can be downloaded at: <http://www.extension.iastate.edu/adair/news/records.htm> or contact the Extension office at 641-743-8412 or 1-800-ISUE399 to get your forms.

Community Service Opportunities

Adopt a Family

If your club would like to adopt a family for the holidays, contact Radean at the Adair County Neighborhood Center for more information.

Growing Strong Families

The Growing Strong Families program offers incentives of diapers and other baby supplies to parents of young children participating in this educational program. Donations of diapers, wipes, new toys appropriate for children three and under and cash are needed. Contact Angie at the Extension office for more information.

Holiday Mail for Heroes

Keep this wonderful tradition started by Hank Bohling alive. Make or purchase holiday greeting cards. Write a holiday greeting to the service person. Sign cards and put in envelope, but don't write on envelope or seal. Drop cards off at the Extension office by December 5th. For more details go to <http://www.extension.iastate.edu/adair/kidsteens.htm>

President's Volunteer Service Challenge

Remember to log your volunteer service hours. A log sheet along with an explanation of what qualifies as community service is posted on our website <http://www.extension.iastate.edu/adair/news/communityservice.htm> or can be picked up at the Extension office. Volunteer logs are due to the Extension office every October 1st.

Grant Money Available for Service Projects

Pioneer Hi-Bred is again sponsoring the Community Improvement Grant. Applications are due to the Extension office December 15th. Applications and details are available at the Extension office or online at <http://www.extension.iastate.edu/4H/PioneerGrants.html>

T N Howe Grant- 4-H clubs may apply for the T N Howe Grant for a project that would benefit children ages 5 – 17 in the Greenfield and Nodaway Valley School area. Amounts awarded could range from \$700-\$1000. Applications are due December 31st. Contact Jennifer Garside at the First National Bank in Greenfield, 641-743-2163, if your club is interested.

Reach Out Iowa Grants Still Available- Clubs or individual youth (6th-12th grade) can still apply for Reach Out Iowa grants. We had some great projects last year as part of this program. If you need an idea, Deb or Donna can help you get started and will assist as you write your grant.

Have You Heard?

Summerset Citizens sold 204 poinsettias. They will be shopping for needy families for the holidays, providing meat certificates and personal hygiene products for the Neighborhood Center, and preparing and delivering cookie platters for elderly.

Summit Super Stars also raised money by selling poinsettias. Club members donated money to the Adair Fire Department and made and delivered Christmas decorations to residents at the Atlantic Care Center.

Adair County Hot Shots is hosting a food drive with all donations going to the Neighborhood Center. Following a family potluck, older members teamed up with younger members and worked on pages for the club scrapbook. Diana and Emily Huntington taught members to sew and make rifle rests for the club to use while shooting.

Adair County Hot Shots, Adair County Wing Walkers, and Nodaway Valley Clover Kids participated in Greenfield's Lighted Christmas Parade.

College Alert

Scholarship Application Help Available – Deb Hall is willing to meet with high school juniors & seniors & their parents to discuss how to find & apply for scholarships. Set up an appointment today.

A listing of local scholarships can be found on our website

<http://www.extension.iastate.edu/adair/info/scholarshiplisting.htm>

January 15 – ISU College of Ag and Life Sciences

Apply on-line at

<http://www.ag.iastate.edu/scholarships/freshman/>

January 16 – Adair County Cattlemen Scholarship*

Parent must be member for two years, including current year.

January 16 - Adair County Pork Producers Scholarship*

Parent must be member for two years, including current year.

*Applications available at the Extension office or

<http://www.extension.iastate.edu/adair/info/scholarshiplisting.htm>

Graduating seniors and current college students should check out the State 4-H Scholarships <http://www.extension.iastate.edu/4h/teens/scholarships.htm> The deadline for application is March 1st.

Agriculture News

Beef Weigh-in

Beef Weigh-in will be **Monday, December 26th**, 8:30–11:30 a.m. at the Adair County Fairgrounds. All market beef (market steers, market heifers, and junior feeder pens) must be weighed at the countywide weigh-in to be eligible at the Adair County Fair and other 4-H shows. Members who exhibited a feeder calf or bucket/bottle calf at the 2011 county fair are encouraged to show their animal as a market beef at the 2012 fair. Remember it must be weighed-in.

Each 4-H or FFA member may weigh six market beef for lead animals and six head for a junior feeder pen. A junior feeder pen needs a minimum of three head at county fair. There is no minimum or maximum weight limit at the December 26th weigh-in, but consider what your animals will weigh in July at the county fair. Typically, the best prospects weigh between 500 and 650 pounds at weigh-in.

When you arrive at weigh-in be prepared to:

- Pay \$1.50 per head for the special 4-H tag.
- Identify in which category each animal will be entered (i.e. market beef, junior feeder, or returning bucket/bottle calf). Separate market steer and market heifer classes will be offered.
- Indicate which animals are 4-H and which are FFA.

Special Requirements for Market Beef Going to Iowa State Fair or Ak-Sar-Ben

4-H members who are currently in 5th grade or above are eligible to nominate market beef for the Iowa State Fair and/or Ak-Sar-Ben as part of the weigh-in process on December 26th. Market beef nominated for the Iowa State Fair must have a retinal image taken. Animals being nominated for Ak-Sar-Ben must have a DNA sample. Verification forms must be completed at weigh-in and signed by the exhibitor and a parent. **Nomination fee for Iowa State Fair will be \$6 per head (includes ear tag). Nomination fee for Ak-Sar-Ben will be \$5 per head.**

If the animal will be shown as a breed steer, it must have a legible tattoo in its ear by weigh-in. The tattoo

must be recorded on the verification form along with the sire name or registration number.

Call the Extension office or email wallaced@iastate.edu ASAP with the number of market beef you plan to nominate for the Iowa State Fair or Ak-Sar-Ben. We will give you an appointment time.

Breeding Heifer Tattoos

Breeding Beef must be identified with a tattoo. If you already have your heifer, now is the time to tattoo her. The International year/letter designation for animals born in 2011 is Y. If you start the tattoo sequence with Y you'll always know the year of birth.

COOL Applies to All Livestock Members

COOL, a federal law stands for Country Of Origin Labeling. If you have market beef, lamb, hog, meat goat or poultry, you need to keep records so you can prove your animal or birds were born and raised in the U.S. If you produce your own animals maintain records of your animal/s tag or ear notch and when it was born. A hand written bill of sale which includes the date of sale, seller's contact information (name, address, and phone number), the animal identification and a statement that indicates if the animal was born and raised in the U.S.

Premise ID


All 4-H & FFA swine exhibitors are required to have a Premise ID (covers all family members) in order to sell at the Adair County Fair sale. The number issued from the Iowa Department of Ag and Land Stewardship (IDALS) is permanent so you do not have to re-apply each year. If you do not already have a Premise ID number apply now. You can access the form at <http://www.iowaagriculture.gov/animalindustry/pdf/premiseIDapp.pdf> or pick one up at the Extension office.

Livestock Judging Team

Are you interested in being part of a livestock judging team that would represent Adair County at area and state contests? If you would like to participate in practice workouts to improve your skills at evaluating swine, sheep, and beef and participate in contests, please let Donna Wallace know by December 16th so arrangements can be made for practice sessions. All age youth, 4th-12th grade who are interested are urged to sign up.

December 2011

*FG – Fairgrounds
 *EO – Extension Office

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Clover Kids , K-3 rd graders 10 – 11:30 am *EO
4 Youth Council 3:30 pm *EO	5	6	7 NV MS Service Club, 11:15 am-3:00 pm, NV Middle School Bring sack lunch; drink provided	8	9	10
11	12	13	14	15	16	17
18	19	20 Cattle Risk and Management Meeting 10:00 am – 3:00 pm, *EO	21	22	23  Extension Office Closed	24
25	26 4-H and FFA beef weigh-in 8:30 – 11:30 am Fairgrounds in Greenfield Extension Office Closed	27 SOFA planning committee 11:00 am – 1:00 pm Massena	28 Winter Hullabaloo, youth ages 8-12, Iowa 4-H Center Check-in 6 pm	29	30	31 New Year's Eve Party 3 rd – 5 th graders, 9:30 am – 12:30 pm, Adair County Fitness Center

<p>*FG – Fairgrounds *EO – Extension Office</p> <h2 style="margin: 0;">January 2012</h2>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Youth Council, 3:30 pm *EO</p>	<p>2 Happy New Year! Extension Office Closed</p>	<p>3</p>	<p>4 Extension Council, 6:30 pm *EO</p>	<p>5</p>	<p>6 Commercial Applicator Training, 9:00 am – noon *EO</p>	<p>7 Clover Kids, K-3rd graders 10 – 11:30 am *EO</p>
<p>8</p>	<p>9</p>	<p>10 Winter Book Club 5:30 – 6:30 pm, *EO</p>	<p>11 Youth Action Committee 6 pm, *EO</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>15</p>	<p>16</p>	<p>17</p>	<p>18 NV MS Service Club, 11:15 am-3:00 pm, NV Middle School Bring sack lunch; drink provided</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p>22</p>	<p>23 Confinement Site Training 1:30 – 3:30 pm, Adair City Hall</p>	<p>24</p>	<p>25</p>	<p>26 Grain Handling Meeting 10:00 am – noon; Private Pesticide Applicator Training 1:30 – 3:30 pm, *FG</p>	<p>27</p>	<p>28 Adair County Cattlemen Banquet</p>
<p>29</p>	<p>30 Rumble Tumble Night 5 – 6:30 pm, Adair County Fitness Center</p>	<p>31</p>	<p>Notes: State 4-H Award Applications are due to the Extension Office Monday, January 23, 2012.</p>			

Leader Info

State 4-H Volunteer Retreat

The State 4-H Volunteer Retreat is scheduled for February 10 & 11 at the DMACC facility in Ankeny. 4-H volunteers, staff, parents, and teen leaders can learn about innovative programs. Friday evening volunteers will learn how to help 4-H members improve their communication skills and demonstrate them through quality working exhibits. Saturday is filled with workshops. The registration fee of \$10 (postmarked by January 20th) or \$15 (postmarked by January 27th) covers materials and food. If you are registering for the New Volunteer (Club & Clovers) Training, registration is free. For complete details call the Extension office or go to:

<http://www.extension.iastate.edu/4h/Volunteers/retreat.htm> Registration forms need to be sent ASAP as workshop choices are filled on a first come basis.

Insurance Coverage

Adair County Extension maintains an insurance policy for all youth enrolled in 4-H. **Members must have current completed enrollment forms on file at the Extension office for coverage. It is a high priority that members get their completed enrollment forms to the office immediately.** If a member becomes sick or is injured at a club meeting and requires medical treatment, contact the Extension office as soon as possible. To make sure club outings/activities are covered, make sure to notify the Extension office by emailing wallaced@iastate.edu in advance. The policy also covers youth at other 4-H activities including county and state fair, day camps, workshops, and State 4-H Conference.

Required Leader Training

The online and DVD versions of the required leader training for 2011-2012 will be available after January 1st for club leaders who were unable to attend the live training. Notice will be sent when these options are available.

Discount of Development Fee for New Members

The Adair County Youth Action Committee offers to pay \$7.50 of the state program development fee for any new member (not a member last year) who submits their enrollment forms by December 31st.

Programming for Adults

Cattle Risk and Management Meeting

Cattle Risk and Management Workshop is scheduled for Tuesday, December 20th, 10 a.m. – 3:00 p.m. at the Extension office meeting room in Greenfield. Joe Sellers, ISU Beef Specialist, and Shane Ellis, ISU Livestock Marketing Specialist, will explore the concept of locking in a margin between the selling price of fed cattle and the cost of corn and feeder cattle. Call the Adair County Extension Office to pre-register by Thursday, December 15th to ensure adequate materials.

Growing Strong Families

If you are expecting a new baby or have a young child (not yet in kindergarten) you can sign up for the Growing Strong Families program. It is a great way to get the latest child development information and ideas for interactive activities you can do with your child to encourage growth and development. If you are interested in finding out more, contact our office and ask to talk with one of our parent educators, BrandiAnn Wilson or Angie Engles.

Private Pesticide Continuing Education Classes and Other Ag Related Programs

Tuesday, December 20

Cattle Risk and Management Meeting, 10 am – 3 pm
Adair County Extension Office

Thursday, January 26

Grain Handling Meeting, 10 a.m. - noon
Private Pesticide Training, 1:30 – 3:30 p.m.
4-H/FFA Center, Adair County Fairgrounds

Wednesday, February 15

Orient Crop Fair, 9 a.m. – 3 p.m.
Private Pesticide Training, 9:30 – 11:30 a.m.
Lunch, 11:45 a.m. – 12:30 p.m.
Crop Fair, 12:30 a.m. – 3 p.m.
Orient Methodist Church – Orient

Monday, March 5

Private Pesticide Training, 6:30 – 8:30 p.m.
Adair Community Centre – Adair



2012 Garden Calendars -\$6.00
Call the Extension office to order.

Club Checklist

As a Club:

- ✓ Talk about the Awards Day Challenge delivered by Savannah Ruby. Make a list of ways use can use your hands to help your community.
- ✓ Check to see how you are doing on membership. Make personal calls to achieve 100% retention.
- ✓ Congratulate and recognize members who earned 4-H awards. Distribute \$10 to each member who completed their record book.
- ✓ Decide how to raise your share of the Program Development Fee .
- ✓ Encourage high school members to apply for state honors.
- ✓ Hold a mini-4-H record book workshop. Work as a group on updating 4-H Participation Summary. Showcase the top record books from last year.
- ✓ Review requirements for market beef projects.
- ✓ Make a plan to keep your club moving. Consider signing up for Live Healthy Iowa Kids. Go to the following website for details:
http://www.livehealthyiowa.org/asp/program_pages.aspx?gpid=3

Future Dates

December 26 – 4-H and FFA Beef Weigh-in
June 26 -28 – State 4-H Conference-*Brighten Your World*
July 18 - 22 – Adair County Fair
August 9 - 19 – Iowa State Fair
September 27 - 30 – Ak-Sar-Ben

Extension Office Closed

**Friday, December 23rd and Monday,
December 26th for the Christmas Holiday.**

(Beef weigh-in will be held Monday, December 26th.
For questions that day, call Donna on her cell 641-221-0071.)

**The Extension Office will
also be closed Monday, January 2nd.**

Happy New Year

Check It Out

Website Provides Lots of 4-H Resources

Go to:

<http://www.extension.iastate.edu/adair/kidsteens.htm>

Spend some time exploring the website and discover the many resources available. If you have ideas about other things you would like to have on our website please let us know.

You will also find a calendar of Adair County Extension events at the bottom of our homepage.

Adair County 4-H and Youth on Facebook

Join the other 300 facebook fans. Become a fan of Adair County 4-H and Youth Programs! Encourage family and friends to do the same. There are tons of 4-H photos posted, announcements about upcoming events, and other 4-H news. Check out the Awards Day photos.

If you have items or photos that can be added to our facebook page, e-mail them to wallaced@iastate.edu

Staff Changes

Deb Hall has retired as Executive Director for Adair County Extension. Her last official day as director was November 28th. She will continue to work with teen leadership, career education, and service learning as a ¼ time AmeriCorps member.

Angie Engles has assumed administrative responsibilities for Adair County Extension in addition to her role as Family Program Coordinator.

The Extension Council will begin the search for a ½ time Youth Program Leader immediately. Applications will be accepted through the end of December. There is a possibility this position could be combined with other responsibilities to make it a full-time job. Applicants must have a college degree and at least 3 years experience in either a profession or volunteer role. For more information contact Angie.

Donna Wallace will continue to be the 4-H and Youth Administrative Assistant. Savannah Ruby and Sam Lowry, AmeriCorps members, are also working with youth programs. An additional 300 hour AmeriCorps position will be available this summer.