



# Adair County Extension 4-H News

## Reach Out Iowa Fairgrounds Improvement Project



Improvements on the Grounds



and in the Buildings!



## County Fair Entries Due

Wednesday, July 6<sup>th</sup>

Completed entry forms for:

**Livestock** (Beef, Dairy, Dairy Goat, Llama, Meat Goat, Sheep, and Swine), **Small Animals** (Cat, Dog, Poultry, and Rabbits), **Horse and Mule**, **Crops (in field)**, **Clothing Selection**, **\$ 15 Challenge**, **Fashion Revue**, **Pride of Iowa**, and **Communication** (Share the Fun, Educational Presentations, Working Exhibits, Extemporaneous Speaking) are due to the Extension office July 6<sup>th</sup>. County fair King and Queen applications are also due July 6<sup>th</sup>. Entry forms are available from your club leader or on our website

<http://www.extension.iastate.edu/adair/info/countyfairententryforms.htm>

**The Extension office will be open July 6<sup>th</sup> from  
7:30 a.m. – 6:00 p.m. to accept county fair entries.**

Leaders also have entry cards for all static exhibits to be judged in the 4-H/FFA Center. Complete entry card listing all entries to be judged in the 4-H/FFA Center & bring that entry card with you to your club's assigned judging time on Wednesday, July 20<sup>th</sup>.

The fair book is available in hardcopy from your leader and is also posted on our website at

<http://www.extension.iastate.edu/adair/info/adaircountyfairinfo.htm> Read your fair book carefully. Contact the Extension office if you have questions.

**A special fair edition will be mailed to all 4-H families on July 11<sup>th</sup>. A fair pass will be included for each 4-H member. Watch for it in your mail.**

If you wish to reserve a camping space for the fair or purchase advance tickets for family or friends, contact Brenda Meisenheimer at 641-743-9911 or email [brendameis@mddc.com](mailto:brendameis@mddc.com)

**Thank you** to all 4-H club and FFA chapter members, leaders, parents, and volunteers who have participated in the Reach Out Iowa Fairgrounds Improvement Project.

Your help is certainly appreciated.

There are painting projects to be completed.

Call the Extension office for more details.

Visit the Adair County Website at [www.extension.iastate.edu/adair/](http://www.extension.iastate.edu/adair/)

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Inquiries can be directed to the Director of Equal Opportunity and Compliance, 3280 Beardshear Hall, (515) 294-7612.

## 4-H to Host Farmer's Market

Adair County 4-H and Adair County Extension Council will be hosting the Farmer's Market in Greenfield, Thursday, July 14<sup>th</sup>. Hamburgers and pork patties (Adair County Cattlemen and Adair County Pork Producers will be grilling), baked beans, watermelon, bars and drink will be served from 5 – 7 p.m. Free will donations will be accepted with a \$5 per meal suggestion. The proceeds will help support the Adair County 4-H and youth programs.

Three great ways to help the 4-H program:

- ✓ Volunteer to work at the event by calling the Extension office.
- ✓ Offer to perform your talent on the stage.
- ✓ Attend as a family and eat supper.

## Animal Project Update

**Beef Project Workshop** – Junior and intermediate beef project members will want to attend this workshop scheduled for Saturday, July 9<sup>th</sup>, 9 – 11:00 a.m. at the Adair County Fairgrounds. Clint McDonald, Area Extension Livestock Specialist, will present information on beef cattle nutrition. Washing and grooming show cattle and showmanship techniques will be presented by Adair County 4-H'ers, Kysa and Chisum Downing. Hands-on activities and door prizes will be available. No cost to attend. Call the Extension office to sign-up.

**Heavy Market Beef** – All market beef animals will be automatically entered in the beef performance contest, unless the exhibitor notifies the 4-H office by 5:00 p.m. Saturday, July 23<sup>rd</sup>, that their animal will not be in the sale. Beef carcass entries will be going to the Tyson processing plant in Denison, IA. They will not accept cattle with a live weight greater than 1500 pounds. (See Fair Edition for more details.)

**Pullorum Testing for Poultry** – All poultry exhibits must come from U. S. Pullorum-Typhoid clean or equivalent flocks, or have a negative Pullorum-Typhoid test within 90 days of the fair. Special testing is set for Saturday, July 9<sup>th</sup>, 8 – 10:00 a.m. at the fairgrounds in Greenfield.

**Iowa State Fair Entries Due** – 4-H'ers must be completing 5<sup>th</sup> – 12<sup>th</sup> grade to show at the State Fair. Livestock (beef, dairy cattle, dairy goat, meat goat, horse, sheep, and swine) entries and dog and horticulture entries are due to the Extension office by July 1<sup>st</sup>. If you plan to exhibit at the Iowa State Fair, come to the Extension office at your earliest convenience to complete these entries.

## Support Adair County 4-H Programs

### Support the Kelly Laughery Scholarship Fund Run or walk in the Clover Run

Saturday, July 2<sup>nd</sup>

Check-in/Packet Pick-up: 7:30 – 8:00 a.m.

Race Time: 8:30 a.m.

Start and finish at the Extension office

Sponsored by Adair County 4-H Youth Council

### Greenfield Farmer's Market

Thursday, July 14<sup>th</sup>

Serving 5 – 7 p.m.

Free will donation/\$5 suggestion

Proceeds to support the Adair County 4-H Program

### Silent Auction

The Silent Auction at the fair helps raise money to support the Adair County 4-H program. The money helps pay for scholarships to camps and conferences, awards and recognition materials, and college scholarships.

We'd like every 4-H club to support the Silent Auction by donating at least one item or package. Family or individual contributions are also welcome. It can be something you make (i.e. picnic table or bench), a service you are willing to provide (i.e. baking a pie, cleaning) or something you purchase. Notify our office by July 6<sup>th</sup> if you have an item to donate.

## Youth Leadership Opportunities

- We are looking for teen leaders who are interested in being part of a special media team during county fair. Daily assignments would include writing short radio releases, helping set up photo shoots, and lining up youth for radio interviews. If you are interested contact the Extension office.
- Youth volunteers are needed to work 2 hour shifts on judging day in the 4-H and FFA Center. Help with ribbons, organizing exhibits, and keeping the judges supplied. Call the Extension office to sign up.
- A techno savvy volunteer is needed to take digital photos of all the swine exhibitors and their hogs and prepare a powerpoint show for the fair sale.

## More Volunteer Opportunities

By volunteering at the 4-H Exhibits Building at the Iowa State Fair, you get the chance to meet new friends during the day and explore the fair by night. As a volunteer, you can stay right on the fairgrounds, receive tickets for parking and entrance, as well as a meal ticket to help cover the costs of food. Both youth and adult volunteers are needed. Get an application at <http://www.extension.iastate.edu/4H/StateFair>.

## Fair King and Queen Candidates Sought

The 2011 Adair County Fair Queen and King will be crowned on Wednesday, July 20<sup>th</sup> during the opening of the fair. We hope all young men and women, including 4-H alumni, who are between 16-21 years old will sign up. Entry forms are available on our website or at the Extension office and are due by July 6<sup>th</sup>. Queen interviews will be Thursday, July 14<sup>th</sup> at the Farmer's Market on the Greenfield Square.

## Clothing Selection

You don't need to be signed up for the clothing project to compete in the clothing selection competition. Entries are due by July 6<sup>th</sup>.

In addition to the traditional clothing selection division, the \$15 challenge is available. (You can enter in both divisions) Special rules for the \$15 challenge follow:

1. Must be purchased new or used at a garage sale, consignment store, or resale shop (i.e. Country Consignments, Goodwill). Items selected at a "free garage sale" are eligible, but ask for a receipt.
2. Cost of the entire outfit must be \$15 or less, not including shoes, accessories or undergarments.
3. Receipt(s) must be turned in with your entry form.

You need to complete the special entry form that describes your outfit and turn it in by July 6<sup>th</sup>. **Judging will be held Monday, July 18<sup>th</sup> beginning at 4:30 p.m. in the 4-H/FFA Center.** Each contestant will be assigned an individual conference judging time.

All participants in the clothing event are expected to model at the fair on Thursday, July 21<sup>st</sup> at 6:30 p.m.

## Communicators Needed

Enter the communication division at the county fair as an individual, with a friend, or as a club group. Share something you have learned with an educational presentation or working exhibit. Show off your talent with a Share the Fun act. Seniors can practice writing and delivering a speech on the spot in extemporaneous speaking. Entries are due July 6<sup>th</sup>.

We have a great publication **4H-850A I Have To Do What?** that will help you organize a presentation.

We are also in need of singers, dancers, jugglers, poetry readers, instrumentalists & all other types of performers for the Farmers Market on July 14<sup>th</sup>. Call Donna at the Extension office to be part of the program.

The top Share the Fun Club Act at the county fair will receive the Deb Stalter Memorial Share the Fun Award. The honor includes a \$25 cash award.

## Summer Fun and Learning

### Canoe Trip

Spend the day canoeing on the Des Moines River on Friday, July 8<sup>th</sup>. We have a few spots left. If the river is too high, we will zipline instead. The trip has now been opened to students entering the 8<sup>th</sup> grade and up this fall. \$15 includes lunch. Call the Extension office to sign-up.

### Blank Park Zoo Comes to the Libraries

**Monday, July 11<sup>th</sup>**

**10 a.m. Fontanelle Public Library**

**1 p.m. Greenfield Public Library**

**3 pm. Orient Public Resource/Technology Center**

Open to all ages. No charge. The zoo is coming to you! Meet some of the zoo animals up close and personal. Don't miss out on this awesome experience.

### Spark Your Future: Career Adventures

**Mass Media** (July 12<sup>th</sup>) – Learn about the fast-paced world of print and broadcast journalism. Discover jobs involved in putting together a daily newspaper, take newspaper quality photos and write cutlines, and learn about jobs in the radio industry. \$10 includes lunch.

**Engineering** (July 26<sup>th</sup>) – Visit an engineering firm and engineer your own building project. \$10 includes lunch. Call the Extension office to sign-up for these activities.

## Have You Heard?

Nodaway Valley Clover Kids 4-H Club will receive a pizza party from the 4-H Youth Council for contributing 2.19 pounds of pop tabs per member.

Alyssa Christensen, Merritt Caviness, Tyler Ford, Rob Mensing, Cody Rasmussen, Shelby Soper, Steven Pickrell, Emily Huntington, Wyatt Hensley, Matthew Noland, Bailee Huddleson, Susan Herr, Heath Downing, Kysa Downing, Chisum Downing, Zach Jorgensen, Judd Martin, CJ Rochholz, Michael Miller, Hawley Brent, Tim Settlemoir, Joey Wilbourne, Sara Rubin, AJ Kralik, and Sam Marnin participated in SOFA XVII trip to Central Iowa.

Carey, Teresa, and Matthew Noland represented the Summit Super Stars when they painted flag poles in the Adair Cemetery. Club members also planted flowers at the bank in Adair.

Harrison Hummers donated 22 dozen eggs to the Stuart Food Pantry following Good Egg Days activities.

The Adair County 4-H Youth Council delivered pop tabs and volunteered at Ronald McDonald House in Des Moines. They prepared supper and cleaned.

Sarah Mack, Jennie Stamper, Stefen Queck, Destiny Larabee, Merritt Caviness, Steven Pickrell, and Jami Michael assisted with the two-day Friends Camp. Thanks for the great leadership.

Lisa Marnin and Amber Spainhower shared their knowledge about clothing selection during the Spark Your Future: Fashion experience. All the participants in the Fashion Experience are encouraged to enter the Clothing Event at the Adair County Fair. A special thanks to Maurice's, Too Good to Be Through, and Hair Tech School of Cosmetology.

Shane Breheny was the winner in the Early Bird ID Sheet drawing. He wins a free pass to the Iowa State Fair. It pays to be early!

A special thanks to Rich Hall and Pepper and Cocoa; Jodi Griffith and Sid; Savannah Ruby and Fritz; Brittany Firch and Ben; Austin O'Brien and Moses for making special guest appearances at the Dog Days of Summer Book Club.

Adair County Hot Shots enjoyed a family picnic at Bridgewater Lake with their normal meeting and shooting. Randy Hensley, leader, attended National 4-H Training for Archery. He's already started to incorporate some new techniques into his shooting time with the Hot Shot archers.

## Dog Guests Needed for Book Club

We need dog guests at Dog Days of Summer Book Club on **Wednesday, June 29<sup>th</sup>**. Dog guests and their owners are needed from 10-11 a.m. and from 2:00-3:00 p.m. at the Adair County Fairgrounds. All dogs must be current on their rabies vaccinations and be kid friendly. We need owners who are willing to supervise 3<sup>rd</sup> to 5<sup>th</sup> graders as they help walk and/or groom the dog. Please call the Extension office immediately if you are willing to be a guest at camp. Both kid and adult owners are invited to bring their dogs.

## Great Resources as You Prepare for Fair

Pick up your copy of Choose MyPlate. Hot off the presses this is another way to visualize the Food Pyramid. It contains information from the latest Dietary Guidelines. This is a great resource for creating a foods poster or display.

Create a nutritional label for your baked goods for the county fair or your Pride of Iowa entry. Check out <http://nutritiondata.self.com>. The web site allows you to analyze recipes. There is also a feature to track your own eating habits.

Get exhibit ideas for virtually every project area at <http://www.extension.iastate.edu/4h/projects> Check out how your exhibits will be evaluated at the same website by clicking on Exhibit Tips Sheets.

If you are involved in a clothing project, stop by the Extension office and pick up a copy of "Unraveling the Mystery of Design Elements and Principles in Clothing". This is a great resource as you prepare for exhibiting at the county fair or participating in the clothing event.

Altering a recipe to make it healthier and need some suggestions for substitutes for fat? Need help with the approved process for making jelly? Trying to figure out how to remove a stain from your new 4-H t-shirt? ISU Answerline provides answers to all types of questions related to home and family questions. Check out their website at [www.extension.iastate.edu/answerline](http://www.extension.iastate.edu/answerline) or call 1-800-262-3804 M-F 9 a.m. – Noon and 1 – 4 p.m.

# July 2011

\*FG – Fairgrounds  
\*EO – Extension Office

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Clover Run, 8:30 am All ages, Greenfield Saturday Break and Clover Kids 10-11:30 am NV Elementary Youth Council meeting
3 4-H/FFA Dog Class, 5:30 pm Fairgrounds	4 July 4 <sup>th</sup> - Extension Office Closed	5 One World, Many Stories 1 <sup>st</sup> -5 <sup>th</sup> graders, 9-11:30 am Orient Library Spark Your Future” Photography, 6 <sup>th</sup> -9 <sup>th</sup> graders, 9:30-3:30 pm Greenfield Area- <b>FULL</b>	6 <u>County Fair Entries Due</u> Springbrook Adventure Trip, 5 <sup>th</sup> -7 <sup>th</sup> graders, 10:30 am-6:00 pm Springbrook State Park – <b>FULL</b> Horse Practice, 6:30 pm Fairgrounds	7 Mix it Up, 2 <sup>nd</sup> -4 <sup>th</sup> graders 9:00 am-3:30 pm NVHS Greenfield – <b>FULL</b>  Youth Action Committee 7:30 pm 4-H/FFA Center	8 Canoeing Trip 8:30 am- 4:00 pm, entering 8 <sup>th</sup> college freshman age, 4-H Camping Center, Madrid	9 Poultry Pullorum Testing 8 – 10 am, Fairgrounds  Beef Workshop 5 <sup>th</sup> -9 <sup>th</sup> graders 9 – 11 am, Fairgrounds
10 4-H/FFA Dog Class, 5:30 pm Fairgrounds	11 One World, Many Stories 1 <sup>st</sup> -5 <sup>th</sup> graders, 9-11:30 am Stuart Library Blank Park Zoo Comes to the Library-Fontanelle, Greenfield and Orient Libraries	12 One World, Many Stories 1 <sup>st</sup> -5 <sup>th</sup> graders, 9-11:30 am Stuart Library Spark Your Future: Mass Media, 9:30 am-3:30 pm 6 <sup>th</sup> -9 <sup>th</sup> graders, Creston Libraries	13 One World, Many Stories 1 <sup>st</sup> -5 <sup>th</sup> graders, 9-11:30 am Stuart Library  Horse Practice, 6:30 pm Fairgrounds	14 One World, Many Stories 1 <sup>st</sup> -5 <sup>th</sup> graders, 9-11:30 am Stuart Library  Adair County Extension/ 4-H host Farmer’s Market on Greenfield Square	15 Bug Camp, 3 <sup>rd</sup> -5 <sup>th</sup> graders 9am-3:30 pm Stuart Library - <b>FULL</b>	16
17 4-H/FFA Dog Class, 5:30 pm Fairgrounds	18 Make and Bake for 5 <sup>th</sup> -8 <sup>th</sup> graders, 9 am-3:30 pm NVHS Greenfield- <b>FULL</b>	19	20 Adair County Fair 20-24	21	22	23
24 →	25 Sports Galore! 3 <sup>rd</sup> -6 <sup>th</sup> graders, 9 am-3:30 pm NVMS Fontanelle - <b>FULL</b>  Extension Council 7:30 pm *EO	26  Spark Your Future: Engineering 6 <sup>th</sup> -9 <sup>th</sup> graders, 9:30 am-3:30 pm Adair and Cass County	27	28 ←	29	30
31	Notes: Summer Program Grade is the grade youth will enter Fall 2011.					

# August 2011

\*FG – Fairgrounds

\*EO – Extension Office

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Animal Tales, K-5 <sup>th</sup> grades 9:-11:30 am Shapes, Sizes and Sums 1-3:30 pm 4-H/FFA Center AK-SAR-BEN entries due	2 Volunteer Recognition Supper 7 pm, 4-H/FFA Center	3	4 Performance Results Meeting, 7 pm 4-H/FFA Center	5	6
7	8	9	10	11 Iowa State Fair August 11-21	12	13
14	15	16	17	18	19	20
21	22 Extension Council 7:30 pm *EO	23	24	25	26	27
28	29	30	31	Notes:		

## Club Checklist

As a club:

- ✓ Study your fair book and review entry procedures. Have members explain the different divisions they have participated in to the club.
- ✓ Participate in the Clover Run as a club. Encourage all family members to enter, too.
- ✓ Approve payment of your club's Program Development fee.
- ✓ Review county fair assignments.
- ✓ Conduct club tour as pre-fair activity.
- ✓ Discuss good sportsmanship. Do role plays to model good sportsmanship in different situations.

Turn into the Extension office by July 6<sup>th</sup>:

- ✓ County Fair entries
- ✓ Club photos-make sure to include action shots of your Reach Out Iowa project
- ✓ Silent Auction item
- ✓ Senior Recognition Forms

## Important Deadlines

**July 1** – State Fair entries due for:

Livestock (beef, dairy cattle, dairy goat, meat goat, horse, sheep, and swine) dog and horticulture entries

**July 6** – County fair entries due for:

Livestock (beef, dairy goat, llama, meat goat, sheep, and swine)

Small animals (cat, dog, poultry, and rabbits)

Horse and Mule

Crops

Clothing Selection/Fashion Revue

Pride of Iowa

Communication Event

Adair County Fair Queen applications

Adair County Fair King applications

Senior Recognition information forms

Club photos and write-ups

All county fair entry forms are available on our website <http://www.extension.iastate.edu/adair/info/countyfairentryforms.htm>

All entries (county fair and state fair) are due to the Extension office. **The Extension office will be open 7:30 a.m. – 6:00 p.m. Wednesday, July 6<sup>th</sup> to accept county fair entries.**

**August 1** – AK-SAR-BEN entries due

## Volunteer Appreciation Supper

Remember the Appreciation Supper scheduled for Tuesday, August 2<sup>nd</sup>, 7:00 p.m. at the 4-H/FFA Center. All 4-H club leaders, fair superintendents, Youth Council parents, fair board and Extension Council members are invited to this special volunteer appreciation event. The Youth Council and Youth Action Committee will treat you to supper and entertainment. Please RSVP to the Extension office by July 18<sup>th</sup>. Call 743-8412 or 1-800-ISUE399 or email [wallaced@iastate.edu](mailto:wallaced@iastate.edu) with your response.

## Donate to Barn Sign Fund

New building signs will be visible and attractive on the livestock buildings at the county fair this summer. Individuals and clubs can make contributions of any size to this special fund. Checks can be made payable to Adair County Extension- with a memo that it is for a barn sign. Gifts are tax deductible.

## Pressure Canner Check

You can have your pressure canner lid checked for accuracy by simply calling the Adair County Extension Office and setting up an appointment Monday-Friday between 8 a.m. and 4:30 p.m. There is no charge for this service. Call to make an appointment before you begin your summer canning.

## Be a Fan of Adair County 4-H

If you have a Facebook account, be sure to become a fan of *Adair County 4-H and Youth Programs*. Check out the many action photos.

## Iowa State Fair Premium Book

The Iowa State Fair premium book is now available online at <http://www.iowastatefair.org/competition/howtoenter.php> Click on the Select a Department drop-down menu and choose 4-H.

The Extension office is willing to print a portion of the State Fair 4-H Premium Book if you don't have internet access.

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