

# Woodbury County Extension Programs

**4-H Youth Development** – Opportunities for youth and adults to work as partners. About 28 percent of the youth in Woodbury County participate in 4-H programs.

- 24 community clubs throughout the county
- 400 youth
- 154 adult volunteers
- Leadership development
- Communication skills
- Community service
- Urban and rural clubs
- County fair involvement
- Clover Kids for youth in K-3rd grades
- Day camps
- New Shooting Sports program—teaching safe use of fire arms and archery equipment
- 4-H Challenge, school enrichment programs, and after school programs



**Families** - Supports families with educational programming in the areas of family relationships, resource management, and nutrition and health.

- **Child care provider training** including *Centering on Centers*, *Tri-State Child Care Conference*, and provider classes in Spanish
- **Partnering with Parents** – Professional development course for parenting educators
- **Food safety training** for restaurants, grocery stores and workers through *Serve Safe*, *SuperSafeMark*
- **Expanded Food and Nutrition Education Program (EFNEP)** – Nutrition, wellness and food safety educational program for limited resource families. EFNEP worked with more than 400 families and 3,000 youth over the past year

• **Kids a Cookin'** – After school and summer program for youth in all Woodbury County schools. Teaches fun methods of preparing healthy foods and increasing physical activity



*Kids a Cookin'*

- **Pick a Better Snack** – Educating school children on choosing healthy snacks
- **Poverty Simulation** – Participants learn what it's like to 'walk a mile in the shoes' of someone living in poverty
- **Money Talks: A Financial Guide for Women** – Educates women on taking charge of their money and reaching their financial goals
- **Worksite Programs** – On-site programs for employees on nutrition, family relationships, and managing finances
- **Family Storyteller** – Workshops for families to learn to share in the joy of reading together, offered in Spanish

## Master Gardener

- Extensive training program in gardening
- Master Gardeners provide volunteer service to the community—1,850 hours in 2005
- Horticulture questions answered May through September at (712) 276-2157
- 2007 Siouxland Flower, Lawn and Garden Show — two days of speakers, exhibitors, demonstrations and displays
- Junior Master Gardener Program

**Business and Industry** - Consultation and training services offered to business and industry through the Center for Industrial Research and Service (CIRAS).

- Hosts *Siouxland Industrial Roundtable*
- Technical support for productivity and quality improvement
- Product design, development and test resources
- Research and evaluation capabilities
- On site assistance
- Environmental and waste management



*Wind Energy Conference*

## Community and Economic Development

- Wind Energy Conference
- Planning and zoning workshops for elected and appointed officials
- Strategic planning for communities
- Grant Writing and Stay Jazzed conferences
- MidStates Community and Economic Development Conference

## Agricultural Education and Natural Resources

- Field specialists in crops, beef, swine, agricultural engineers, commercial horticulture, and farm management offer education and technical assistance
- Land leasing training – for landowners and tenants
- Annie's Project – Training for women on the family farm enterprise

Woodbury County Extension builds partnerships and provides research-based learning opportunities to improve the quality of life in Iowa through our major program areas:

- **4-H and Youth**
- **Families**
- **Master Gardener**
- **Community and Economic Development**
- **Agriculture and Natural Resources**
- **Business and Industry**
- **Continuing and Distance Education**

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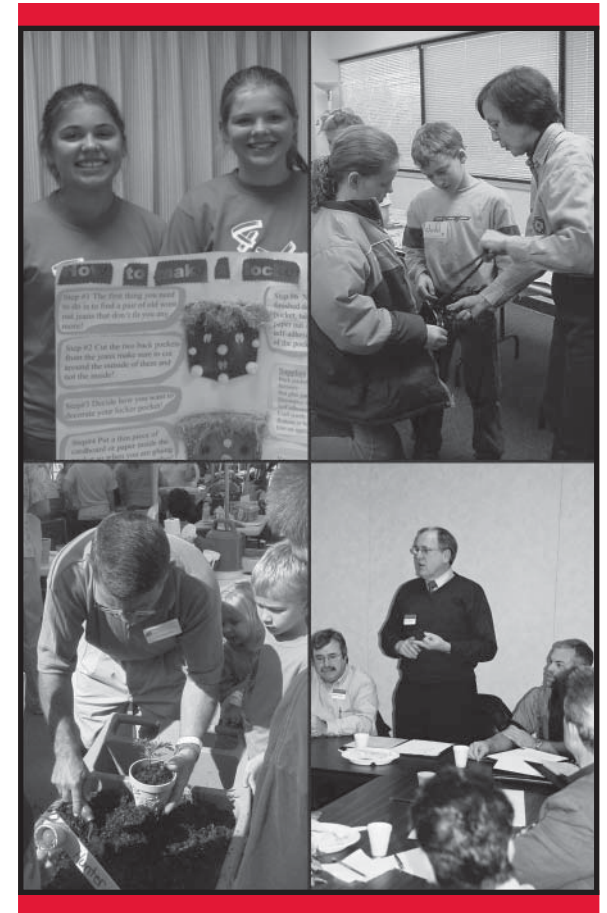
**... and justice for all**

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## *Building Partnerships for Iowa's Future*



**IOWA STATE UNIVERSITY**  
University Extension