

IOWA STATE UNIVERSITY

University Extension



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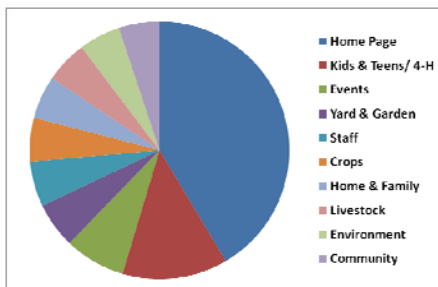
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Get inside Extension and discover how we support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Boone County a better place to live. You'll be amazed at what we do.

Donna Monson

Extension Council Chair

Rich Wrage

County Extension Education Director

Healthy People

This year marked the beginning of the Boone County Year Round Clover Kids program. Volunteers Kevin and Julie Kordick served as leaders. Twenty second and third graders enrolled in the program and attended 10 sessions.

Clover Kids is an exciting, developmentally appropriate program that emphasizes overall well-being by empowering young children with cooperative learning and positive social interaction in noncompetitive environments.

While learning about elections, the Year Round Clover Kid group held its

own election to determine the group's name. Green Squad Clover Kids (GSCK) won by a landslide.

During its first year, GSCK learned about composting, gardens, recycling, bowling and more. The kids played educational games, made crafts and showed flowers at the county fair that they had planted. During the last meeting in August, GSCK held a celebration potluck and learned about the many opportunities 4-H offers.

Since 1997 Boone County has offered a short-term Clover Kids program to first through third graders all over Boone County and will continue to offer this program in Boone, Madrid, Ogden, United and Home Assist Home School. During the past 13 years, more than 1,200 first through third graders have participated in the Boone County Clover Kids program.





Boone County Extension Council

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

Jim Anderson - Boone
Sean Blomgren – Ames
Kyle Chesnut - Boone
Jeff Erb - Boone
Tom Kauffman - Pilot Mound
Donna Monson - Boone
Kim Rinker - Ogden
Doris Stotts - Boone
Cheryl Tevis - Lingren - Pilot Mound



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Healthy Environments

Go Green Craze was the theme for 2008-2009 4-H youth activities. Goals included growing membership in 4-H, promoting environmental stewardship, sharing money and energy saving ideas, and featuring bicycle, gardening and outdoor adventure 4-H projects.

County-wide youth activities revolved around the Go Green theme, including hydrogels for Youth Science Day and babysitting classes, recycle sculptures at club officer training, low-cost local family activities, and Go Green classes for all youth at county fair. Clover Kids (first through third graders) learned about gardening, water and energy conservation, ladybugs and reducing air pollution.



4-H club members could earn reusable 4-H water bottles by participating in 10 Go Green activities during the year. Ten clubs earned this incentive by doing activities from resources provided or their own ideas. Activities included recycling greeting cards into candy dishes or boxes, vermicomposting, tree planting, club bike ride, waste free lunch, and solar model cars.

Youth learned to plan ahead to reduce waste, think of low cost ideas

for 4-H projects, and how to think green in all aspects of their lives.

Healthy Economies

Boone County Extension helped implement the Boone Area Leadership Program (BALP), held every other year since 1992. As county Extension director, Rich Wrage served on the planning team and taught one of the sessions.

BALP is a four-month program that starts with an overnight and meets every other Tuesday from 3-9 pm. Participants learn about the strengths of different leadership styles, public and private community service programs and how to become involved. Thirteen participants from Boone County completed the program this year.

Ricochet

Ricochet 1: An Extreme Leadership Adventure took 21 middle school youth on a leadership development journey to identify characteristics of good leaders, understand their own attitudes and values, and develop decision-making, communication and stress management skills. They created a citizenship activity plan that resulted in donations to the Boone Area Humane Society. Students said: "It's given me a leadership confidence boost!" "I know it's helped me and I'm sure I can be a better leader now."

