

Powerful Tools for *Caregivers*

Certified Class Leaders

Iowa State University Extension, Program Coordinator

Donna K. Donald (641) 446-4723; Email: ddonald@iastate.edu

Iowa State University Extension, Program Master Trainers

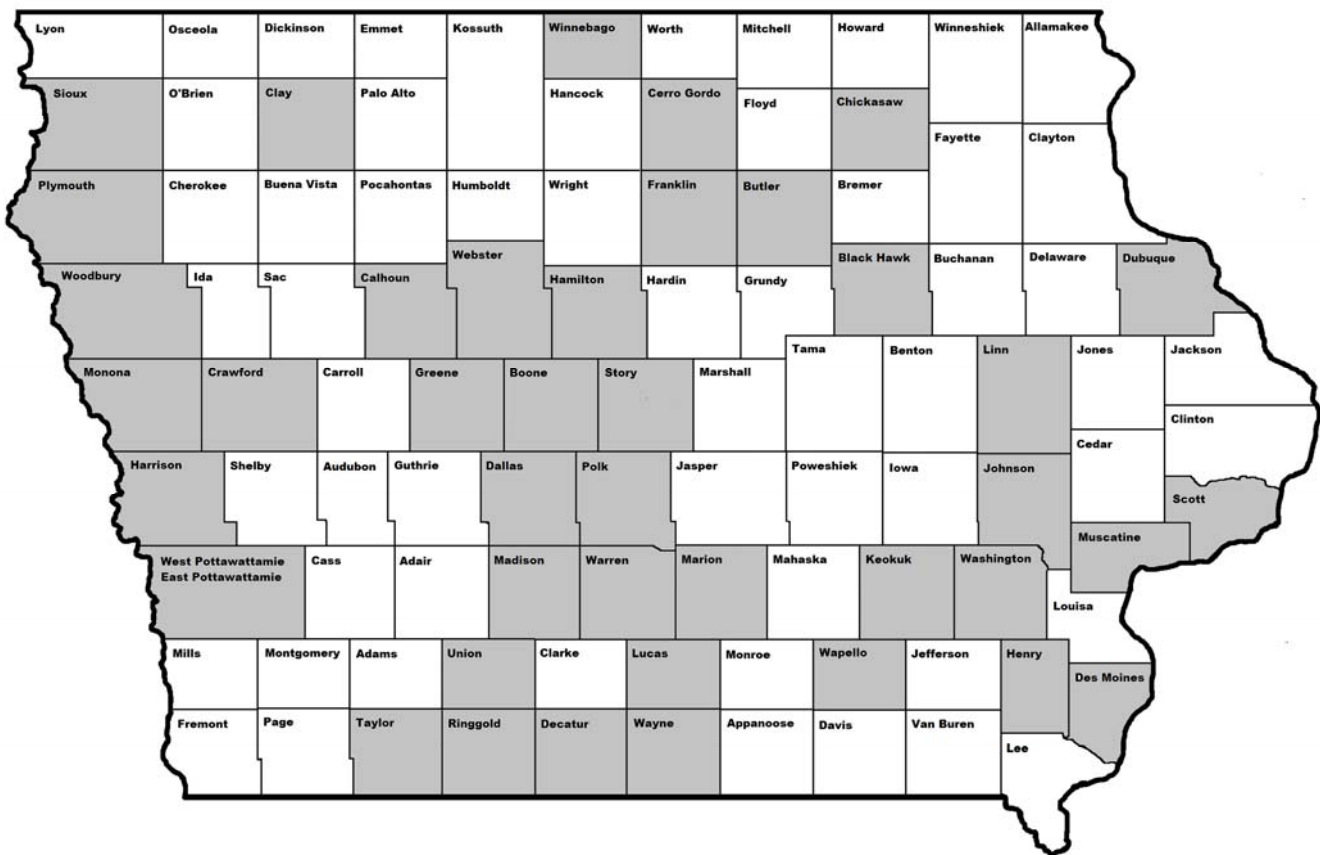
Kristi Cooper (319) 377-9839; Email: kcoop@iastate.edu

Donna K. Donald (641) 446-4723; Email: ddonald@iastate.edu

Patricia Swartzlander (641) 872-2123; Email: prswartz@grm.net

Iowa Class Leaders

Currently there are trained class leaders in the counties highlighted on the map below.



Currently there are no trained class leaders in the following counties:

Adair, Adams, Allamakee, Appanoose, Audubon, Benton, Bremer, Buchanan, Buena Vista, Carroll, Cass, Cedar, Cherokee, Clarke, Clay, Clayton, Clinton, Davis, Delaware, Dickinson, Emmet, Fayette, Floyd, Fremont, Grundy, Guthrie, Hancock, Hardin, Howard, Humboldt, Ida, Iowa, Jackson, Jasper, Jefferson, Jones, Kossuth, Lee, Louisa, Lyon, Mahaska, Marshall, Mills, Mitchell, Monona, Montgomery, O'Brien, Osceola, page, Palo Alto, Pocahontas, Poweshiek, Sac, Shelby, Tama, Van Buren, Winneshiek, Worth, Wright

The following people, trained in Iowa, are certified as Powerful Tools for Caregivers Class Leaders.

Iowa Class Leaders

Black Hawk County

1. **Lou Stockdale**
Hawkeye Valley Area Agency on Aging
2101 Kimball Avenue, Suite 320
Waterloo, IA 50704-0388
Phone: (319) 272-2244
Email: lstockdale@hvaaa.org

2. **Vicki Hyke**
Hawkeye Valley Area Agency on Aging
2101 Kimball Avenue, Suite 320
Waterloo, IA 50702
Phone: (319) 272-2467
Email: vhyke@hvaaa.org

Boone County

3. **Susan Hooper**
1204 Garst Avenue
Boone, IA 50036
Phone: (515) 432-2621
Email: shooper1@q.com

Butler County

4. **Cara E. Lewis**
902 Railroad Street
Parkersburg, IA 50665
Phone: (319) 400-5645
Email: caraelaine@gmail.com

Calhoun County

5. **Eugenia Hanlon**
521 - 4th Street, Box 233
Rockwell City, IA 50579-0233
Phone: (712) 297-8611
Email: ehanlon@iastate.edu

Cerro Gordo County

6. **Frances Hoffman**
Executive Director Hospice of North Iowa
650 South Rhode Island
Mason City, IA 50401
Phone: (641) 380-0342
Email: hoffmanf@netconx.net

Chickasaw County

7. **Marcia Knutson**
Mercy Medical Center
308 North Maple Avenue
New Hampton, IA 50659
Phone: (641) 394-1627
Email: knutsonm@mercyhealth.com

Crawford County

8. **Coletta Weeda**
ISU Extension
35 South Main
Denison, IA 51442
Phone: (712) 263-4697
Email: cweeda@iastate.edu

Dallas County

9. **Nicki Stajcar**
1202 Rapids Street
Adel, IA 50003
Phone: (515) 993-3594
Email: jicnim@q.com

10. **Peggy Stecklein**
902 Court Street
Adel, IA 50003
Phone: (515) 993-1769
Email: peggy.stecklein@co.dallas.ia.us

11. **Cheryl Weltha**
ISU Extension
28059 Fairground Road
Adel, IA 50003
Phone: (515) 993-4281
Email: cweltha@iastate.edu

12. **Lisa Mickelson**
ISU Extension
28059 Fairground Road
Adel, IA 50003
Phone: (515) 993-4281
Email: lmickel@iastate.edu

Decatur County

13. **Donna Donald**
ISU Extension
309 North Main
Leon, IA 50144-1451
Phone: (641) 446-4723
Email: ddonald@iastate.edu

14. **Gwen Simpson**
Hospice of Central Iowa
30236 US Highway 69
Lamoni, IA 50140
Phone: (641) 784-4762
Email: gwen@grm.net

Des Moines County

15. Julie Williams

2617 Sunrise Lane
Burlington, IA 52601
Phone: (319) 750-8525
Email: juliewilliams@mchsi.com

Dubuque County

16. Nancy Irvin

Scenic Valley Area Agency on Aging
Fountain Park, Springs Building
2728 Asbury Road
Dubuque, IA 52001
Phone: (563) 588-3970
Email: irvinmandn@gmail.com

17. Joan Ness

Family Caregiver Coordinator
Scenic Valley Area Agency on Aging
Fountain Park Springs Building
2728 Asbury Road
Dubuque, IA 52001
Phone: (563) 588-3970
Email: mail@scenicvalley.org

Franklin County

18. Jane Kay Schmitt

1460 Olive Avenue
Hampton, IA 50441
Phone: (641) 456-3037
Email: jschmitt@q.com

Greene County

19. Michael Cooley

ISU Extension
104 West Washington Street
Jefferson, IA 50129
Phone: (515) 386-2128
Email: mcooley@iastate.edu

20. Shirley Stapleton

702 South Locust Street
Jefferson, IA 50129
Phone: (515) 386-2804
Email: certainly@netins.net

Hamilton County

21. Malisa Rader

ISU Extension
311 Bank Street
Webster City, IA 50595
Phone: (515) 832-9597
Email: mrader@iastat.edu

Harrison County

22. Dee Colwell

ISU Extension
304 East 7th
Logan, IA 51546
Phone: (712) 644-2105
Email: colwell@iastate.edu

23. Rich Pope

ISU Extension
304 East 7th
Logan, IA 51546
Phone: (712) 644-2105
Email: ropope@iastate.edu

Henry County

24. Janet Smith

ISU Extension
127 North Main Street
Mount Pleasant, IA 52641
Phone: (319) 385-8126
Email: jansmith@iastate.edu

25. Mary Weinand

ISU Extension
127 North Main Street
Mount Pleasant, IA 52641
Phone: (319) 385-8126
Email: mweinand@iastate.edu

Johnson County

26. Dianne Brenneman

1728 Louis Place
Iowa City, IA 52245
Phone: (319) 351-7172
Email: dsbrenneman@yahoo.com

27. Janice Frey

922 North Dodge Street
Iowa City, IA 52245
Phone: (319) 351-1003
Email: janice-frey@uiowa.edu

28. Elizabeth Koffron-Eisen

Deacon, Trinity Episcopal Church
945 Applewood Court, #1
Coralville IA 52241
Phone: (319) 351-5476 (H)
(319) 430-9757 (C)
Email: teisen@aol.com

29. Julia Scurr

2286 East Grantview Drive
Coralville, IA 52241
Phone: (319) 330-9949
Email: djscurr1@mchsi.com

Keokuk County

30. Kay Witte

22518 – 230th Avenue
Sigourney, IA 52591
Phone: (641) 622-2550
Email: d.kwitte@iowatelecom.net

Linn County

31. Kristi Cooper

ISU Extension
3279 7th Avenue, #140
Marion, IA 52302-3731
Phone: (319) 377-9839
Email: kcoop@iastate.edu

32. Betty Kircher

First United Methodist, Marion IA
4665 Windemere Court
Marion, IA 52302
Phone: (319) 373-2658
Email: r.kircher@mchsi.com

Lucas County

33. Maria Allen

1110 North 12th, Box 863
Chariton, IA 50049
Phone: (641) 774-2472
Email: miki194200@yahoo.com

Madison County

34. Blossom Kay

300 Hutchings Street
Winterset, IA 50273
Phone: (515) 462-2373, ext. 655
Email: bkay@madisonhealth.com

Marion County

35. Gina Jansen

Journeys
505 Union Street
Pella, IA 50219
Phone: (641) 780-8307
Email: gjansen@pellahealth.org

36. Ginny Krichau

Journeys
505 Union Street
Pella, IA 50219
Phone: (515) 979-1126
Email: gkrichau@pellahealth.org

37. Beth Loux

505 Union Street
Pella, IA 50219
Phone: (641) 620-5054
Email: bloux@pellahealth.org

Monona County

38. Cheri Hardison

County Extension Program Educator
ISU Extension
119 Iowa Avenue
Onawa, IA 51040
Phone: (712) 423-2175
Email: chardi@iastate.edu

39. Sherri Johnston

Director: Burgess Home Health and Hospice
Services
1600 Diamond Street
Onawa, IA 51040
Phone: (712) 423-9324
Email: sjohnston@burgesshc.org

Muscatine County

40. Rebecca Each

ISU Extension
1514 Isett Avenue
Muscatine, IA 52761
Phone: (563) 263-5701
Email: beach@iastate.edu

Plymouth County

41. Anna Letsche

ISU Extension
420 12th Street SE, Apartment 11
LeMars, IA 51031
Phone: (712) 540-0079
Email: aletsche@iastate.edu

Polk County

42. David Brown

Wing Director Psychological Health
132nd Fighter Wing
3100 McKinley Avenue
Des Moines, IA 50321-2799
Phone: (515) 261-8212
Email: david.brown.ctr@ang.af.mil

43. Sam Erwin

American Parkinson Disease Association
1200 Pleasant Street, E-524
Des Moines, IA 50309
Phone: (877) 872-6386
Email: erwinjs@ihs.org

44. Erin Haafke

3306 Jefferson Avenue
Des Moines, IA 50310
Phone: (515) 309-4955
Email: erinhaafke@yahoo.com

45. Terry Hornbuckle

Iowa Department of Elder Affairs
510 E. 12th Street, Suite. 2
Des Moines, IA 50319
Phone: (515) 725-3336
Email: terry.hornbuckle@iowa.gov

46. Kathy Koenig

9701 Iltis Drive
Urbandale, IA 50322
Phone: (515) 270-1057
Email: kathykoenig@me.com

47. Paula Krueger

Iowa Family Caregiver
5835 Grand Avenue, Suite 106
Des Moines, IA 50312
Phone: (515) 255-4004
Email: pkruieger@i4a.org

48. Kay Vanags

Family Caregiver Support Specialist
Aging Resources of Central Iowa
5835 Grand Avenue, Suite 106
Des Moines, IA 50312-1437
Phone: (515) 255-6142, ext. 311
Email: kay.vanags@agingresources.com

Pottawattamie County

49. Pat Billings

14720 Rockbluff Avenue
Plattsmouth, NE 68048
Phone: (402) 296-5661
Email: pat.billings@windstream.net

50. Ruth Hamlin

2625 Virginia Street
Bellevue, NE 68147
Phone: (402) 734-2775
Email: rshamlin@cox.net

51. Mary Hughes

3726 Leawood Drive
Bellevue, NE 68123-2819
Phone: (402) 291-2280 (h)
(402) 216-5618 (c)
Email: enrich3726@cox.net

52. Sandra McKinnon

ISU Extension
ISD Careers Bldg., Suite 100
3501 Harry Langdon Boulevard
Council Bluffs, IA 51503
Phone: (712) 366-7070
Email: sandram@iastate.edu

Ringgold County

53. Judy Hensley

ISU Extension
101 North Polk
Mt. Ayr, IA 50854
Phone: (641) 464-3333
Email: judyh@iastate.edu

54. Cathy McGahuey

507 South Henderson
Mt. Ayr, IA 50854
Phone: (641) 464-2067
Email: rcss@iowatelecom.net

55. Amy Mobley

Hospice of Central Iowa
107 South Fillmore
Mt. Ayr, IA 50854
Phone: (641) 414-2129
Email: agmobley@wildblue.net

Scott County

56. Jessica Bopes

Alternatives for the Older Adult
1518 5th Avenue, Suite 100
Moline, IL 61265
Phone: (309) 277-0167
Email: jbopes@4olderadults.org

57. Karen Coats

Generations Area Agency on Aging
935 East 53rd Street
Davenport, IA 52807
Phone: (563) 324-9085
Email: kcoats@genage.org

58. Wendi Laake

Generations Area Agency on Aging
935 East 53rd Street
Davenport, IA 52807
Phone: (563) 324-9085, ext. 241
Email: wlaake@genage.org

59. Jan Lawrence

Center for Active Seniors, Inc.
Generations Area Agency on Aging
1035 West Kimberly Road
Davenport, IA 52806
Phone: (563) 386-7477, ext. 243
Email: jlawrence@casiseniors.org

60. Sonja Paddock

Alternatives for the Older Adult
128 Elmhurst Lane
Bettendorf, IA 52722
Phone: (563) 355-6363
Email: pvpaddock@mchsi.com

61. Amy Petersen
1410 Yancy Avenue
Blue Grass, IA 52726
Phone: (319) 381-1030
Email: dap1221@aol.com

62. Wendy Peterson
5145 Eagle Court
Davenport, IA 52807
Phone: (563) 355-4840
Email: wendypeterson@gmail.com

Sioux County

63. Lori Hayungs
ISU Extension
400 Central Avenue, Suite 700
Orange City, IA 51041
Phone: (712) 395-0153
Email: lhayungs@iastate.edu

Story County

64. Merea Bentrutt
Iowa State University
307 Northpark Boulevard
Huxley, IA 50124
Phone: (515) 597-3152
Email: benny@iastate.edu

65. Anne Branscum
2012 Taylor Circle
Ames, IA 50010
Phone: (515) 450-5929
Email: branscum@iastate.edu

66. Kim Cooper
At-Home Care Company
113 Colorado Avenue
Ames, IA 50014
Phone: (515) 292-2650
Email: kimc@athomecaraeco.com

67. Beth Fleming
1813 Waterbury Circle
Ames, IA 50010
Phone: (515) 232-0192
Email: bethfleming13@msn.com

68. Shirley Stakey
Bethany Manor
1278 Park View Drive
Story City, IA 50248
Phone: (515) 733-5169
Email: sastakey@mchsi.com

Taylor County

69. Kim Brantner
ISU Extension
609 Pollock Boulevard
Bedford, IA 50833-1320
Phone: (712) 542-7076
Email: brantner@iastate.edu

Union County

70. Dyann Bowers
Family Caregiver Coordinator
Area XIV Area Agency on Aging
210 Russell Street
Creston, IA 50801
Phone: (641) 782-4040
Email: areaxiv@iowatelecom.net

71. Jaleyn Dobbs
Area XIV Agency on Aging
301 North Park Street
Creston, IA 50801
Phone: (641) 782-2568
Email: areaxiv@iowatelecom.net

Wapello County

72. Barbara Anderson
ISU Extension
214 East Main
Ottumwa, IA 52501
Phone: (641) 682-5491
Email: bjanders@iastate.edu

73. Sue Henderson
ISU Extension
214 East Main Street
Ottumwa, IA 52501
Phone: (641) 682-5491
Email: hendy@iastate.edu

74. Joan Nydle
Seneca Area Agency on Aging
117 North Cooper Avenue, Suite 2
Ottumwa, IS 52501
Phone: (641) 682-2270
Email: jafamcg@seneca-aaa.org

75. Linda Richardson
Seneca Area Agency on Aging
117 North Cooper Avenue, Suite 2
Ottumwa, IS 52501
Phone: (641) 682-2270
Email: lrichardson@seneca-aaa.org

Warren County

76. Joy Rouse

ISU Extension
909 East 2nd Avenue, Suite E
Indianola, IA 50125
Phone: (515) 250-5984
Email: jmrouse@iastate.edu

Washington County

77. Nancy Adrian

ISU Extension
2223 – 250th Street
Washington, IA 52353
Phone: (319) 653-4811
Email: nadrian@iastate.edu

78. Laura Scheetz

191 Washburn Street
PO Box 84
Riverside, IA 52327
Phone: (319) 325-2406
Email: lcscheetz@gmail.com

Wayne County

79. Pat Swartzlander

2132 Payton Road
Corydon, IA 50060
Phone: (641) 872-2123
Email: prswartz@grm.net

Webster County

80. Barbara Erickson

Family Caregiver Support Specialist
Elderbridge Agency on Aging
805 Central Avenue, Suite 205
Ft. Dodge, IA 50501
Phone: (515) 955-5244
Email: berickson@elderbridge.org

Winnebago County

81. Dona Paulson

Volunteer ISU Extension
122 Woodland Drive
Forest City, IA 50436
Phone: (641) 582-3900
Email: donai122@juno.com

82. Carol Peterson

ISU Extension
183 – 1st Avenue East, PO Box 47
Thompson, IA 50478-0047
Phone: (641) 584-2261
Email: carolp@iastate.edu

Woodbury County

83. Barb Dinelli

Siouxland Aging Services, Inc.
2301 Pierce Street
Sioux City, IA 51104
Phone: (800) 798-6916
Email: barbd@siouxlandaging.org

Minnesota Class Leaders

- 1. Sabrina Anderson**
Respite Care Coordinator
Northwoods InterFaith Volunteer Caregivers
616 America Avenue, Suite 170
Bemidji, MN 56601
Phone: (218) 333-8266/8264
Email: sabrina.marie.anderson@gmail.com
- 2. Joanne Bartosh**
RSVP of SW MN
Nobles County Coordinator
PO Box 1011
315 10th St., Rm. 202A
Worthington, MN 56187
Phone: (507) 372-7374
Email: rsvp@co.nobles.mn.us
- 3. Lynn Buckley**
Redwood Area Hospital
Caring Connections Coordinator
100 Fallwood Road
Redwood Falls, MN 56283
Phone: (507) 637-4500
Email: lynn.buckley@redwoodareahospital.org
- 4. Karen Christensen**
Redwood County Volunteers
RSVP of SW MN
1011 East Elm Street, Suite 221
Redwood Falls, MN 56283
Phone: (507) 627-1016
Email: redwoodcountylvolunteers@yahoo.com
- 5. Linda DeMars**
Central MN Council on Aging
1301 West Germain Street, Suite 101
St. Cloud, MN 56301
Phone: (320) 253-9349
Email: linda.demars@cmcoa.org
- 6. Emily Farah-Miller**
Metropolitan Area Agency on Aging
3050 Creekview Circle SW
Prior Lake, MN 55372
Phone: (651) 245-2927
Email: emily@tcaging.org
- 7. Pat Frazee**
UMN Extension
715 - 11th Street South, Suite 107C
Moorhead, MN 56560
Phone: (218) 236-2005
Email: fraze048@tc.umn.edu
- 8. Rosemary Heins**
UMN Extension
550 Bunker Lake Boulevard, Suite L-1
Andover, MN 55304
Phone: (763) 767-3879
Email: heins002@umn.edu
- 9. Mary Hellman**
Arrowhead AAA
221 West 1st Street
Duluth, MN 55802
Phone: (218) 529-7522
Email: mhellman@ardc.org
- 10. Rebecca Hagen Jokela**
UMN Extension
179 University Road
Cloquet, MN 55720
Phone: (218) 726-6477
Email: hagen022@umn.edu
- 11. Joan Knuesel**
Family Means
1875 Northwestern Avenue South
Stillwater, MN 55082
Phone: (651) 439-4840
Email: jknuesel@familymeans.org
- 12. Ellie McCann**
UMN Extension
715 - 11th Street South, Suite 107C
Moorhead, MN 56560
Phone: (218) 236-2009
Email: mccan023@umn.edu
- 13. Jo Musich**
UMN Extension
1025 - 17th Street North
Virginia, MN 55792
Phone: (218) 327-5963
Email: music001@umn.edu
- 14. Lynn Rohman**
Central MN Council on Aging
1301 West Germain Street, Suite 101
St. Cloud, MN 56301
Phone: (320) 253-9349
Email: rohmani@cmcoa.org

15. Elaine Spain

Region Nine Development Commission
MN River Area Agency on Aging
MN DHS
PO Box 3367
Mankato, MN 56002
Phone: (507) 387-5643
Email: espain@rndc.org

16. Missy Thomas

Northwoods InterFaith Volunteer Caregivers
616 America Avenue, Suite 170
Bemidji, MN 56601
Phone: (218) 333-8266/8264
Email: nice@paulbunyan.net

17. Kathy Thurston

RSVP of SW MN
Parish Nurse
335 280th Avenue
Fulda, MN 56131
Phone:
Email: kethurst@swwnet.com

18. Minnell Tralle

UMN Extension
550 Bunker Lake Boulevard NW
Andover, MN 55304
Phone: (763) 767-3881
Email: trall001@umn.edu

19. Mary Wilkening

MN DHS, Aging & Adult Service Division
Family Means
1875 Northwestern Avenue South
Stillwater, MN 55082
Phone: (651) 439-4840
Email: mwilkening@familymeans.org

Illinois Class Leaders

1. Jessica Bopes

Alternatives for the Older Adult
1518 5th Avenue, Suite 100
Moline, IL 61265
Phone: (309) 277-0167
Email: jbopes@4olderadults.org

Nebraska Class Leaders

1. Pat Billings

14720 Rockbluff Avenue
Plattsmouth, NE 68048
Phone: (402) 296-5661
Email: pat.billings@windstream.net

2. Ruth Hamlin

2625 Virginia Street
Bellevue, NE 68147
Phone: (402) 734-2775
Email: rshamlin@cox.net123-2819

3. Mary Hughes

3726 Leawood Drive
Bellevue, NE 68123-2819
Phone: (402) 291-2280 (h)
(402) 216-5618 (c)
Email: enrich3726@cox.net

4. Sharon Johnson

2907 Gingerberry Drive
Norfolk, NE 68701-3303
Phone: (402) 316-3905
Email: dsjohnson50273@gmail.com