

## **FOOD**

### **Department of Human Services**

300 North Pine Street, Suite 9

Creston, IA 50801

Staff is at the Adair County Courthouse in Greenfield Tuesdays and Thursdays by appointment only.

Phone: 641-782-1740 or 641-743-2119

Food Assistance Program helps low-income families buy the food they need. The amount of food assistance is based on family size and income. Families that are eligible receive food assistance within 30 days after applying. If the family needs assistance more quickly, they may be able to receive assistance in 7 days after applying.

Web site: [www.dhs.state.ia.us](http://www.dhs.state.ia.us)

Application also available online at [www.yesfood.iowa.gov](http://www.yesfood.iowa.gov)

### **Food Pantries**

Adair County Neighborhood Center

354 Public Square

Greenfield, IA 50849

Phone: 641-743-2424

Food available to those who qualify.

Email: [adairmatura@iowatelecom.net](mailto:adairmatura@iowatelecom.net)

Adair Senior Center

410 Audubon Street

Adair, IA 50002

Contact: Bill & Wilma Fagan Phone: 641-742-3215

Sylvia Plowman Phone: 641-742-3700

Food supplies upon request.

Greenfield United Methodist Church

108 SW 5<sup>th</sup> Street

Greenfield, IA 50849

Phone: 641-743-2715 or 641-743-2825

May receive needed food supplies. Call for access and availability.

### **Free & Reduced School Lunch Program**

Iowa Department of Education – Bureau of Nutrition Programs offers free or reduced priced lunches to any child unable to pay the full amount under the National School Lunch Program.

Applications are available at the principal's office at every school. Applications can be submitted at any point during the year.

### **Congregate Meal Sites**

Adair Senior Center

410 Audubon Street

Adair, IA 50002

Phone: 641-742-5202

Contact: Sylvia Plowman

Congregate meal site Tuesday, Thursday and Friday, for people 60 years old and older. Home delivered meals, information and referral assistance available.

#### Greenfield Congregate Meal Site

202 N. Townline Road

Greenfield, IA 50849

Phone: 641-743-8907

Congregate meals Monday, Wednesday and Friday. If unable to attend meal site, may have home delivered meals. Must call for reservations. Nutritious meals. Suggested contribution of \$3.00 per meal. Home delivered meals: \$3.75 per meal. Persons under 60 years of age: \$3.75 per meal. **Prices Subject to Change** Transportation to meal site available by calling Southern Iowa Trolley 1-866-782-6571. Bingo & music; call to see when.

#### Orient Congregate Meal Site

115 S School Street

Orient, IA 50858

Phone: 641-337-5369

Contact: Verlene Jones

Congregate meals on Tuesdays and Thursdays. Cost is \$3.00; **(Prices subject to change)** Meals may be delivered to home for \$3.75 if reservations are made at least a day in advance. Meals are open to everyone.

#### Stuart United Methodist Church

221 North Harrison Street

Stuart, IA 50250

Phone: 515-523-2937

Provides well-balanced meals Monday – Friday at noon for senior citizens. The meal site provides the opportunity to meet people your own age for recreational, social, and educational activities. If you are unable to attend the meal site, you may qualify for home delivered meals. Suggested contribution of \$2.25 per meal.

#### **MATURA Action Corporation**

Adair County Neighborhood Center

354 Public Square

Greenfield, IA 50849

Phone: 641-743-2424

Creston office: 641-782-8431

WIC cell phone: 1-641-344-6013

#### **WIC (Women, Infants, Children to age 5)**

Serves pregnant and postpartum women, and children under the age 5 by providing nutritious foods, nutrition education, and referrals to other health-care agencies. Eligibility is based on income, Iowa residency, and a medical or dietary need. WIC is not a welfare program. Many working families participate. A family of 4 with income of approximately \$34,000 qualify.

Participants receive checks for specific nutritious foods redeemable at over 700 grocery stores and pharmacies across Iowa.

Stuart Recreational Center  
323 SW 2<sup>nd</sup> Street  
Stuart, IA 50250  
Phone: 515-523-1666  
First Wednesday of each month, 9:00 a.m. – 1:00 p.m.

United Methodist Church  
108 SW 5<sup>th</sup> Street  
Greenfield, IA 50849  
Phone: 641-743-2715.  
Second Monday of each month, 9:00 a.m. – 12:30; 1:00 p.m. – 5:00 p.m.

**Child & Adult Care Food Program**

106 W. Green Box 209  
Winterset, IA 50273  
Phone: 515-462-3980

Email: [cynthiacacfp@aol.com](mailto:cynthiacacfp@aol.com)

The Child & Adult Care Food Program is part of the Federal School Lunch Program available to registered home child care providers. Participants are paid cash for serving meals that meet nutritional guidelines.

**Farmer's Markets:**

Farmer's Market in Greenfield  
Every Thursday from early June to late September  
4:00 – 6:00 p.m. at the Greenfield Public Square  
Phone: 743-8444 or visit their website at [www.greenfieldiowa.com](http://www.greenfieldiowa.com)

Farmer's Market in Fontanelle  
Wednesdays during summer  
3:30 – 5:00 p.m. on the South Side of the Fontanelle square/park  
For more information contact Penny Veatch at 745-8551

Garden Market at Henry A. Wallace Country Life Center  
2773 – 290<sup>th</sup> Street  
Orient, IA 50858  
Thursdays & Fridays from early June – late September  
10 a.m. – 6 p.m. at the Henry A. Wallace Country Life Center  
Phone: 641-337-5019

**Share/Food Co-operatives:**

Middle Ridge Food Cooperative  
Delivery site: Adair County Neighborhood Center  
354 Public Square

Greenfield, IA 50849

Contact: Elizabeth Lundstedt 641-743-6528

Natural foods and herbs, personal care products and supplements available. Order placed every 4 – 8 weeks. One time \$15.00 membership fee required.

Stuart-Menlo SHARE

120 NW Second Street

Stuart, IA 50250

Contact: Mary Carl

Phone: 515-523-1718

Young Adults SHARE Greenfield

Bobbi Williams

2509 Monroe Avenue

Greenfield, IA 50849

Phone: 641-743-2754

Save up to 50% on food by purchasing groceries from SHARE and all you have to do is volunteer 2 hours a month. No limit on number of units purchased each month. Packages are picked up once a month. Packages range from \$10.00 to \$20.00 plus a \$1.00 host site expense. Call Bobbi Williams: 641-743-2754 or sign-up at the following locations:

Greenfield: Crooks Clothing – Phone: 641-743-8421

Orient: Sonya Wallace – Phone: 641-337-5730

Fontanelle: Fontanelle Drug – Phone: 641-745-3221

Adair: Adair City Hall – Phone: 641-742-3751