

**MENTAL HEALTH
SUBSTANCE ABUSE/CHILD ABUSE/DOMESTIC ABUSE**

Adult Mental Health Service Administrator

Lori Nosekabel
712-525-1337

Crossroads Mental Health Center

1003 Cottonwood Road
Creston, IA 50801
Phone: 641-782-8457 or 1-800-622-5168
crossroads@iowatelecom.net

Psychological testing and evaluation, individual and group therapy, marital counseling, family and group therapy, play therapy for children, sexual abuse therapy, community education and support groups. Sliding fee schedule.

Grief Support Group

Meets weekly for 13 weeks
Fontanelle Emmanuel Lutheran Church
424 Scott Street
Fontanelle, IA 50846
Anyone interested, contact Shirley Rayl: 641-369-4092

West Central Mental Health Center

2111 West Green Street
Adel, IA 50003
Phone: 515-993-4535 or 1-800-321-7772

Provides individual, couples, families and group psychotherapy/counseling services, psychiatric evaluations and medication management services. Domestic abuse intervention program, school, elderly and jail outreach programs, shoplifter's diversion program, Children in the Middle, Anger Management, STEPS (Systems Training for Emotional Predictability and Problem Solving), Emergency mental health services, and community support for individuals seriously mentally ill. Satellite offices are located in United Methodist Church, 108 SW 5th Street, Greenfield, and United Methodist Church, 124 S. Maple Street, Orient. Twenty-four (24) hour emergency service can be reached by calling 1-800-321-7772.

Alcohol and Drug Assistance:

Action Now Chemical Dependency Treatment Services
1003 Cottonwood Road
Creston, IA 50801
Phone: 641-782-4053
Out-patient therapy only.

Alcoholics Anonymous Meetings

Central Office, Des Moines Phone: 1-800-207-2172
Contact: Don Montgomery Phone: 641-743-2940

Meetings held in Casey, Creston, Greenfield, Winterset.

Bridge Counseling Center

300 Hutchings

Winterset, IA 50273

Phone: 515-462-3105

Assessments, evaluations, education and counseling for families and individuals.

Adolescent and adult treatments for substance abuse and mental health problems.

Psychiatric services available.

Hours: Monday – Thursday 8:30 a.m. – 7:00 p.m. Friday 9:00 a.m. – 4:00 p.m.

Web site: www.madisonhealth.com

Prevention Concepts, Inc.

909 E. Second Avenue, Suite G.

Indianola, IA 50125

Phone: 1-888-961-8830

Contact: Maria Abbey, Executive Director

maria.abbey@preventionconcepts.org

Alcohol, tobacco, and other drug prevention services for Adair, Adams, and Union Counties.

Programming available for schools, community groups, and work sites. Diversion programs are also available for minors in possession of alcohol and/or other drugs.

Rural Family Therapy Services LLC

P.O. Box 361

Afton, IA 50830

641-347-5060

Zion Recovery Services

134 S. Court Drive

Greenfield, IA 50849

Phone: 641-743-2439

Substance abuse assessment and outpatient treatment. Tuesday – Thursday 8:00 a.m. – 5:00 p.m., Friday 8:00 a.m. – 3:00 p.m. Saturday 9:00 a.m. – 3:00 p.m. Schedule may be adjusted to meet service needs. Sliding fee schedule.

Family Support Services:

Department of Human Services

304 North Pine Street

Creston, IA 50801

Phone: 641-782-1745 or 641-743-2119

Services offered include Child Protective services; Dependent Adult Protective services; Family Centered Counseling; Adult services for elderly, mentally disabled, and mentally ill; Adoption studies and placement services; Out-of-Home services for children that includes foster care, shelter care, group care, and behavioral mental health, and substance

abuse treatment for children. DHS also has a Decategorization Project which provides funding for community services/programs.

Tobacco:

Cass County Memorial Hospital Community Tobacco Prevention

1500 East 10th, Atlantic 50022

712-243-8006

Contact: Carla Akers, Coordinator

Tobacco prevention and cessation with ACATP tobacco prevention coalition and JEL (Just Eliminate Lies, youth ages 13-24). Tobacco Prevention Coalition serves counties of Cass, Adair, and Adams.

Victim Support Services:

Family Crisis Support Network

201 E 5th St. (office)

Atlantic, IA 50022

Phone: 712-243-6615 or 1-800-696-5123

Support groups for women and children of domestic violence/sexual assault. Some financial assistance available. Education programs for K-12 grades. Presentations available to community organizations. Counseling & victim services. Phone answered 24 hours/7 days a week.