

IOWA STATE UNIVERSITY

University Extension



County Extension Staff

Darwin J. Miller

County Extension Education Director

Teresa Perry

County Youth Coordinator

Teresa Stansbury

Donalyn Meinberg

Office Assistants

Cheryl Clark

Family Life Program Specialist

LuAnn Johansen

4-H Youth Development Program Specialist

Kelvin Leibold

Farm Management Program Specialist

Staff Serving Hardin County, but based in other counties

Kapil Arora,

Ag Engineering Program Specialist

Russ Euken,

Livestock Program Specialist

Natasha Forsythe,

External Relations Program Specialist

Paulelda Gilbert,

Health & Nutrition Program Specialist

John Holmes,

Crops Program Specialist

Jeff Iles,

Horticulture Program Specialist

Frank Owens,

Community Development Program Specialist

Ruth Wilcox,

CIRAS Account Manager

Barb Wollan,

Family Resource Management Program Specialist

Hardin County Extension

524 Lawler

Iowa Falls, IA 50126

Phone: (641) 648-4850

Fax: (641) 648-4862

www.extension.iastate.edu/hardin

Get inside Extension and discover how we support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Hardin County a better place to live. You'll be amazed at what we do.

Scott Bahr

Extension Council Chair

Darwin J. Miller

County Extension Education Director

Responding to Economic Emergencies

A powerful hailstorm struck Hardin County August 9, severely damaging 80,000 acres of crops. ISU Extension, Hardin County responded by conducting two emergency meetings with 207 farmers and



agribusinesses attending. Two additional meetings on grain quality issues with hail damaged corn were conducted with 136 grain buyers and farmers attending. ISU Extension analyzed grain samples for toxic mold and assisted farmers in making decisions on harvest economics. Helping farmers address adversity is one way ISU Extension supports the

agricultural economy.

Developing Future Leaders

Twenty-four people participated in ISU Extension's Developing Dynamic Leaders program facilitated by Hardin County Extension. Participants developed skills in communication, interaction, teamwork, and leadership. The program teaches skills necessary to become effective business and community leaders. Developing business and community leaders is critical to sustaining a healthy economy and healthy communities.





Dennis Friest, Scott Bahr, Leslie Clappitt, Francis Fritz, Gayle Granzow, Kristi Harris and Valerie Cook. Not pictured Jennifer Mitchell and Jeff Roll

Hardin County Extension Council

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Reducing Poverty
- Improving Environmental Stewardship
- Building Community Leadership Skills
- Growing 4-H Club Membership



We connect you to Iowa State University.

We are your local link to make connections

for campus enrollment, continuing education, campus visits, campus exhibits, conferences, camps, and sporting events.

... and justice for all
The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Many materials can be made available in alternative formats for ADA clients. To file a complaint of discrimination, write USDA, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call 202-720-5964.

October 2009

IOWA STATE UNIVERSITY
University Extension

Teaching Recordkeeping Skills

Hardin County 4-H members learn how to identify expenses and income and calculate net profit through keeping detailed financial records on their 4-H projects. This past year, 71% of Hardin County 4-H'ers completed record books and applied for 4-H awards recognition. Record keeping is an important life skill that helps 4-H youth develop healthy financial management habits.

Addressing Rural Poverty

The town of Alden was accepted into the Horizons program, which focuses on mobilizing a community to address poverty. The program was delivered by ISU Extension with funding from the Northwest Area Foundation. Forty local residents participated in study circles to expand and deepen their understanding of poverty. Sixty residents participated in community visioning sessions and planned a course of action. Participants developed a community newsletter, expanded the food pantry and meals on wheels program, and initiated a



community beautification project. Skills learned through Horizons are helping Alden residents make their community a better place to live.

Teaching Money Management Skills

A program entitled "Money Talk: A Financial Course for Women" was conducted to help women learn financial management skills. Through death or divorce, some women find themselves having to

manage their personal finances for the first time. Participants learned financial basics, insurance essentials, retirement planning, investment fundamentals, and legal preparedness. By teaching people financial management skills, ISU Extension helps improve the economy and quality of life for Iowans.

Healthy Meals in Hurry

Preparing healthy meals in a fast paced world is a challenge for many active families. To meet this challenge, ISU Extension, Hardin County conducted ISU Extension's

"Healthy Meals in a Hurry" program. Participants learned how to prepare nutritious



meals that can be made in a short period of time. Helping families eat healthy in a busy world is one way ISU Extension supports healthy lifestyles.

Improving Farm Profitability

A Crop and Land Stewardship Clinic was conducted with 210 farmers and agribusinesses attending. Participants learned cutting edge technologies on producing more profitable crops and enhancing land stewardship from ISU Extension Specialists. In addition to workshop sessions, an agribusiness fair was held providing farmers and agribusinesses the opportunity to connect and discuss the latest methods in crop production and land sustainability. By teaching modern farming techniques using sustainable methods, ISU Extension helps support a healthy environment.