

# Food Preservation Resources

*Interested in canning, freezing or dehydrating? Don't use grandma's recipes!  
It is essential to use current tested recipes and procedures to make sure your food is safe.*

## ISU Extension Home Food Preservation Resources

<http://www.extension.iastate.edu/healthnutrition/food/preservation/resources.htm>

## Iowa State University Extension Preserve the Taste of Summer Publications

Download at: <https://www.extension.iastate.edu/store/>

- [Preserve The Taste of Summer](#) - N 3332 (advertisement)
- [Canning and Freezing Tomatoes](#) - PM 638
- [Canning Fruits](#) - PM 1043
- [Canning Vegetables](#) - PM 1044
- [Freezing Fruits and Vegetables](#) - PM 1045
- [Making Fruit Spreads](#) - PM 1366
- [Making Pickles and Pickle Products](#) - PM 1368



## ISU Extension Answerline

Toll-free in Iowa 800-262-3804 OR [www.extension.iastate.edu/answerline](http://www.extension.iastate.edu/answerline)

National Center for Home Food Preservation <http://www.uga.edu/nchfp/>

## So Easy to Preserve (University of Georgia)

<http://www.uga.edu/setp/> OR [soeasytopreserve.com](http://soeasytopreserve.com)

USDA Complete Guide to Home Canning <http://foodsafety.cas.psu.edu/canningguide.html>

Ball Blue Book <http://www.freshpreserving.com/>

***Preserve the Taste of Summer:*** Learn more about food preservation by taking this ISU Extension course which includes online lessons and hands on workshops. Register at <http://www.ucs.iastate.edu/mnet/preservation/home.html>

... and justice for all

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