

What is 4-H?

4-H is the youth education program of Iowa State University Extension. It's for boys and girls who are in 4th - 12th grades.

4-H also offers the *Clover Kids* program for youth in K - 3rd grades.

Members of Dallas County 4-H clubs are kids just like you. They live in cities and towns, on farms and acreages. Wherever you live, whatever you like to do . . . 4-H is for you.

You can even start your own club. You just need four friends and one adult who will help you get started.

Best of all, 4-H is a great value. Funding comes from federal, state and county governments, private donations, and a yearly program development fee.

IOWA STATE
UNIVERSITY
University Extension



*The 4-H Name and Emblem are Protected Under 18 U.S.C. 707.

IOWA STATE UNIVERSITY
University Extension
Dallas County Extension Office
28059 Fairground Road
Adel, IA 50003-8306



4-H gives kids a chance to learn *New* things, develop *New* skills, travel to *New* places, make *New* friends, and best of all have lots of FUN!

In 4-H, you can learn new skills like taking photographs, cooking snacks, using computers, caring for pets, building model rockets or birdhouses, growing flowers and vegetables, drawing or painting, fishing, and redecorating your room. 4-H has more than 200 learn-by-doing projects. 4-H projects are challenging, but practical and fun ways to learn.

You'll enjoy plenty of fun activities as a Dallas County 4-H member. Special events like basketball games, pizza parties, and the 4-H Fair are fun for your whole family.

4-H members also get a chance to travel to new places. You can explore the outdoors at 4-H Camp, visit the legislature for a day at the state capitol in Des Moines or make new friends on a trip to Minneapolis. You can even travel to our nation's capital in Washington D.C.

Iowa State University •
U.S. Department of Agriculture •
Local Extension District cooperating

Iowa State University Extension provides equal opportunities in programs and employment.

Pick a Project

4-H has more than 200 different projects for you to explore. Here are just some of them:

Bicycling

Camping & Environment

Drawing and Painting

Woodworking

Photography

Cooking

Computers

Theatre Arts

Wildlife Conservation

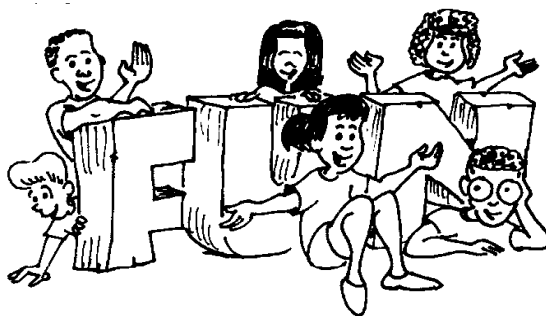
Collecting Rocks and Bugs

Fashion and Sewing

Vegetable and Flower Gardening

Model Rockets

Small Pets, Horses and Livestock



Join 4-H Today and Let the Fun Begin!

4-H Clubs in Dallas County are already having lots of fun. Join one of these clubs today and get into the 4-H action!

Adams Arrows

Adel Jr. Farmers

Beaver Jr. Farmers

Best of Union

Boone Progressors

Camelot Club

Coon River Clovers

Corner of the County

Trailblazers

Dallas County Aggies

Dallas County Saddlelites

Heartland Warriors

Granger Strivers

Linnfield Pioneers

Sugar Grove Blue Ribbon Winners

Sugar Grove Sunshine

Washington Winners

Find out how you can join one of these 4-H clubs or start a new club. Contact ISU Extension in Dallas County:

2805 Fairground Road

Adel, IA 50003

Phone: 515-993-4281

E-mail: xdallas@iastate.edu

Web: www.extension.iastate.edu/dallas/