

NE Iowa Food & Fitness Initiative County Planning Team Meeting May 2008

Agenda:

Welcome

- “Share your name, community and a discussion, project or grant you have had in your personal or work life related to the Food and Fitness Initiative in the last month.”
- Previous Webcasts - can be viewed at www.iowafoodandfitness.org

NE Iowa F&F Initiative Working Vision:

Northeast Iowa is a unique place where all residents and guests experience, celebrate and promote healthy locally grown food with abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.

Brief Summary of Reg. Food & Fitness Leadership Team Meeting (see handout)

- Communications WG – Request we identify summer events and dates where Food & Fitness Initiative Displays and Banners might be used in our county
- Built Environment -- The Outdoor Facility Inventory is being taken. Request we brainstorm indoor facilities in our county that people use to be active all year around.

Guest Speaker(s): County Public Health Departments, Partners for the NE Iowa Food & Fitness Initiative,
Allamakee – Mary Mathison, Veteran’s Memorial Hospital
Clayton – Nancy Yelden, Visiting Nurses Association
Fayette – Ruth Schemmel, Palmer Community Health
Howard – Matt Kabliska, Regional Health Services
Winneshiek – Krista Vanden Brink, Winneshiek County Public Health
Webcast – Jane Schadle, Iowa Department of Public Health

Topic: *Public Health Key Informant Interview Summary – Spring 2008*

- What do you see in this report -- what jumps out at you?
- How does this information validate what you know about our communities?
- How does this relate back to our vision statement?
Vision: NE Iowa is a unique place where all residents and guests experience, celebrate, and promote locally grown food and abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.
- Where do we go from here?

Questions & Answers

Optional if 2 hour meeting: Open County Discussion

Wrap-Up (5 minutes)

- Next Month – Webcast from WKKF on Policy Change – What is it, Why it’s important for our work.
- Complete Flash Survey
- **Flip Charts** – *Who’s missing from this discussion that will make our project better?*
What policy changes have you noted since our last meeting?

THANK YOU!!!!