

**NE Iowa Food & Fitness Initiative
County Planning Team Meeting
March 2008**

Agenda:

Welcome

- **Introductions** - “Share a discussion, project or grant you have had in your personal or work life related to the Food and Fitness Initiative in the last month.”
- **Previous Webcasts** - can be viewed before or after County F&F Planning Team meetings in people’s home (if they have access to high speed internet, share url): at www.iowafoodandfitness.org Online you can provide instant suggestions to the questions posed at the County F&F Planning Team meetings

Reference NE Iowa F&F Initiative Goal: (1 min)

Creating vibrant communities that support access to locally grown, healthy, affordable food and safe places for physical activity and play—for everyone

Brief Summary of Reg. Food & Fitness Leadership Team Meeting –Regional F&F Team

Webcast - –*Building A Local Food System, Part 3 – Planning For Our Future?*

- *What would it take to make NE IA a unique place where all residents and guests of every age experience, celebrate and promote healthy locally grown food every day?*
 - *What would this look like?*
 - *What would we need in NE IA for every age to experience, celebrate and promote healthy locally grown food every day?*
- *If our success was completely guaranteed, what bold steps might we choose to grow the food, make it accessible and promote consumption of the local foods?*
- *What conversation can you take to others you know that will help create new possibilities around local healthy foods for our future in NE Iowa?*

Discuss Webcast (20 minute discussion in small groups; 10 minute report back to lg group)

Optional if 2 hour meeting: Open County Discussion (30 minutes)

Wrap-Up