

**NE Iowa Food & Fitness Initiative  
County Planning Team Meeting  
February 2008**

Agenda

**Welcome**

- **Introductions** - “Share a discussion, project or grant you have had in your personal or work life related to the Food and Fitness Initiative in the last month.”
- **Previous Webcasts** - can be viewed at [www.iowafoodandfitness.org](http://www.iowafoodandfitness.org) Feedback forms are online to provide instant suggestions to the questions posed at the County F&F Planning Team meetings

**Reference NE Iowa F&F Initiative Goal: (1 min)**

To create vibrant communities in which families and children eat healthy, locally grown food purchased in their neighborhoods; engage in physical activity and play with the confidence that they are safe; and live in an environment that supports family and community health, particularly in low income, minority communities.

**Brief Summary of Reg. Food & Fitness Leadership Team Meeting –Regional F&F Team**

**Webcast - –“Building A Local Food System, Part 2 – What Have We Learned?”**

**Discuss Webcast (20 minute discussion in small groups; 10 minute report back to lg group)**

- *What did you learn from this information? Did you hear anything new?*
- *What are the assets and strengths for our area toward developing a local food system?*
- *Are we missing any information in this picture?*

**Optional if 2 hour meeting: Open County Discussion (30 minutes)**

**Wrap-Up**