

**NE Iowa Food & Fitness Initiative
County Planning Team Meeting Agenda
January 2008
(1 ½ - 2 hours)**

Website: www.iowafoodandfitness.org

Vision: To create vibrant communities in which families and children eat healthy, locally grown food purchased in their neighborhoods; engage in physical activity and play with the confidence that they are safe; and live in an environment that supports family and community health, particularly in low income, minority communities.

Agenda:

- **Welcome**
- **Introductions** - “Share a discussion, project or grant you have had in your personal or work life related to the Food and Fitness Initiative in the past two months AND share who you visited with about the NE Iowa Food & Fitness Initiative since we last met.”
- **Suggestion Box**
- **Flip Charts** – *Who’s missing from this discussion that will make our project better?*
“What policy changes have you noted since our last meeting?”

Summary of Regional Food & Fitness Leadership Team Meeting –Reg. F&F Team

View Webcast –*“Building A Local Food System, Part 1 – How Did We Get Here?” (13 minutes)*

Discuss Webcast

Participants to divide into small groups of five to six people. (Record on a piece of paper or flip chart key comments to the questions listed below and share these comments with large group following the small group discussions):

- What is a local food system?
- What is important to you about a local food system and why do you care?
- What is the message that other people should hear about the local food system?

Each group will take 2-3 minutes to share the key comments from their discussion with the large group.

Wrap-Up

- Thank-yous
- Self-Addressed Stamped Envelope

If 2 hour meeting: Open County Discussion (approximately 30 minutes)

Next Meeting