



(l to r) Frank, Jackie, Bonnie, Anita
Sheryl not pictured

County Extension Staff

Franklin D. Albertsen
County Extension Education Director

Jackie Skala
County Youth Coordinator

Bonnie Murty
Office Assistant

Sheryl Arp
FNP Coordinator

Anita Kasal
Grant Coordinator

Staff Serving Tama County but based in other counties

John Holmes
Crops

Steven Johnson
Farm Management

Arora Kapil
Ag Engineer

Denise Schwab
Beef/Forage

Terry Steinhart,
Swine

Cheryl Clark
Family Life

Paulelda Gilbert
Nutrition & Wellness

Barbara Wollan
Resource Management

Marisue Hartung
Youth and 4-H

Tama County Extension

Street • 203 W. High St. • Toledo, IA 52342
Phone: (641) 484-2703 • Fax: (641) 484-6178 •
Website: www.extension.iastate.edu/tama

Iowa State University Extension in Tama County provides relevant programs that support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Tama County a better place to live.

Steven Bishop
Extension Council Chair

Franklin D. Albertsen
County Extension Education Director

Healthy people - "Eat to Compete"



In March 2007, to help celebrate National Nutrition Month, Paulelda Gilbert and Jill Weber, ISU Extension Field Specialists participated in the Wellness Fair held at the Gladbrook-Reinbeck Middle School and City Center. Paulelda and Jill presented the "Eat to Compete" program to the seventh and eighth grade students and teachers; and in the evening it was presented to the communities. Through

this program over 200 folks participated in activities and visited displays educating them on healthy eating, strength training and benefits of exercise. Those attending were shown the importance of staying active and fit and how wellness and nutrition play a huge part in their overall well-being.

Healthy environments – Outdoor Classroom



On May 9th Tama County Extension partnered with Tama County NRCS and the Iowa DNR to present the Outdoor Classroom at Otter Creek Park to 139, 5th grade students from the Tama County schools. Frank Albertsen, Tama County Extension Director used a water quality model to explain to the students about ground water and how

human activities can affect the quality of water we use. The youth also had the opportunity to visit with representatives from the Iowa DNR about fisheries and NRCS about conservation practices. Through this annual program the youth of Tama County learn how to keep the soil, water and environment safe for future generations.



Iowa State University Extension: In sync with Tama County

Tama County Extension Council

Steve Bishop, Julie Gray, Bonnie Kopriva, Ann McMullin, Judy Morrison, Duane Petty, Nick Podhajsky, Ginger Werner, Judy Widmayer

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Challenges developing with the increase demand of corn by Iowa's bioeconomy
- Implications of new USDA farm program
- Continued growth of 4-H club work and leadership programs for youth
- Issues facing women in agriculture
- Services for our working families as well as retired citizens in our rural communities



**We connect you to
Iowa State University.**

We are your local link to make connections for campus enrollment, continuing education, campus visits, campus exhibits, conferences, camps, and sporting events.

Healthy economics - Farmland Leasing 101



ISU Extension Tama County and Iowa Farm Bureau hosted a Farmland Leasing Workshop in Gladbrook on August 2nd, with 72 in attendance. Steven Johnson, Extension Farm Management Field Specialist, facilitated the workshop to inform landlords, tenants, and agbusiness professionals of the latest trends in farmland leases, farmland rental rates, farmland values and related ag trends and issues.

ISU Extension Tama County and Iowa Farm Bureau hosted a Farmland Leasing Workshop in Gladbrook on August 2nd, with 72 in attendance. Steven Johnson, Extension Farm Management Field Specialist, facilitated the workshop to inform landlords, tenants, and agbusiness professionals of the latest trends in farmland leases, farmland rental rates, farmland values and related ag trends and issues.

Women, Land and Legacy



Extension Service, Natural Resources Conservation Service, Farm Service Agency, Iowa Valley Resource Conservation & Development, and the Tama Soil & Water Conservation District. Through small group discussions and conversation, women listen to each other and bring ideas together to make connections with each other, with local and statewide resources, and with others in their communities.

Over the years, women's roles in Iowa agriculture have changed. Because of these changes there is a need to reach out to women at the local level and to help them gain knowledge they may find useful as landowners, farmers, and other important role-players in our state's largest industry. Local agencies have formed a partnership to bring Women, Land and Legacy to Tama County-- Tama County

Service Project Commemorates Iowa State University's 150 Years



ISU Extension initiated community service projects in every county to celebrate Iowa State University's 150 years. To celebrate the 150th anniversary of Iowa State University, Tama County Extension was honored to recognize G. Gress Rogers, former ISU graduate and Tama County Extension Director. Mr. Rogers served as director of Tama County from 1949 to 1972. During his time in Tama County, Gress was instrumental in establishing the fairgrounds in Gladbrook and 4-H in Tama County was at its height. The residents of Tama County named the first building on the fairgrounds in Gress's honor. In 2003, Tama County nominated Gress to the 4-H Hall of Fame. A portable display cabinet to present a historical story of the ISU Extension Service and 4-H Club work was also dedicated during this day event.

ISU Extension initiated community service projects in every county to celebrate Iowa State University's 150 years. To celebrate the 150th anniversary of Iowa State University, Tama County Extension was honored to recognize G. Gress Rogers, former ISU graduate and Tama County Extension Director. Mr. Rogers served as director of