



4-H HORIZON –JANUARY 2012



Warren County Extension 515-961-6237
Ruth Anderson, 4-H County Youth Coordinator

www.extension.iastate.edu/warren/kidsteens.htm

We are offering to all 4-H members and leaders a RECORD BOOK WORKSHOP. This is an opportunity to enhance your ability to learn how to get organized and keep records about your projects that can impact your future. 4-H is a safe place to learn these life-long skills. You will be glad you came. And, donuts are being offered, too! See you there. Ruth

“Record keeping is what sets 4-H apart from other organizations. The goal setting, service, leadership and communication acquired by working in and recording the progress of a project area better prepares the 4H-er in their academic learning and for their future careers. I have had several teachers and employers comment how they enjoy working with 4H-ers, because they see 4-H’ers have the required skills to succeed at whatever they do. These skills are developed and nurtured through the 4-H record keeping process. Record keeping is also a reflection on the 4-H’ers learning experiences. Not every goal will be met successfully, but oftentimes the most learning comes from these unsuccessful events. As a leader, I enjoy reviewing a graduating senior’s record book. I see the growth in the individual through their years of 4-H as their goals become more advanced and their leadership and communications skills evolve.

Carlisle High School selects 1 or 2 sophomore students every year to participate in the Hugh O'Brien Youth Leadership Conference. Since 2006, seven of the 11 students selected have been 4-H’ers. The skills they’ve acquired through their years in 4-H have helped to mold their leadership abilities” *Krysta Wyckoff*

Record Book keeping provides the forum for you to detail, reflect and summarize your 4-H project. It also teaches you valuable skills you will use throughout life while at the same time creating a keepsake to share with your children someday. I highly encourage 4-H members to keep a record book. *Tim Smith*

Calendar of Upcoming Events

January

- 5th – Senior 4-H Meeting
- 12th - Leader Training
- 14th – 4-H Day–ISU Women’s Basketball game
- 15th – Bucket Calf Workshop
- 19th – Youth Committee Meeting
- 21st – Record Book Workshop
- 26th - Leader Training “Snow date”
- 28th – Officer Training Workshop
- 31st – Market Beef Deadlines – approval of 4hOnline data by 4-H’ers

February

- 2nd – Senior 4-H Meeting
- 16th – Youth Committee Meeting
- 18th – Poultry Sign-up & Fancy Bird Workshop
- 12th – Rabbit Workshop

March

- 1st – Senior 4-H Meeting
- 11th – Rabbit Workshop
- 15th – Youth Committee Meeting
- 16th-17th – Jr Lock-In
- 17th – FSQA Training Workshop
- 29th – FSQA Testing & Training Workshop
- 31st – Record Book Workshop

April

- 10th – Poultry Information Meeting

4-H
GROWING TOGETHER

4-H LEADER TRAINING

January 12 – REQUIRED - Farm Bureau Building (East Door)
6:30 pm – 8:30 pm

4-H Officer Training Workshop

January 28th – 9 am until 11am

Warren County Extension Office

So you’re a 4-H officer now... What’s next?

Please register – call (515) 961-6237 so we have sufficient materials

IOWA STATE UNIVERSITY
Extension and Outreach

ISU Extension: Warren County, 909 E. Second Ave., Suite E, Indianola IA 50125
Phone: 515-961-6237 Hours: Tuesday– Thursday: 9 am – Noon & 12:30 – 4:30 pm

January 31st Market Beef Deadline



Warren County Extension staff has entered Market ID information from the Weigh-in into 4hOnline. However, it is the responsibility of the 4-H'er and/or 4-H'ers' family to confirm this data. Please help us to ensure that it is all correct. All 4-Hers who wish to exhibit market beef animals in 2012 at either the Warren County Fair or Iowa State Fair or at Ak-Sar-Ben must verify and approve the 4hOnline data for their animals. The data will be locked automatically by 4hOnline on February 1. Extension staff will be unable to make any changes on or after that date. Please take the time to review the 4hOnline market animal data.

1. Login to <https://iowa.4honline.com> using your already designated email profile and your personal password
2. Click on **Edit** member/volunteer
3. At the top of the next screen, click on **Animals**.
4. Under the **Animal List** click on **Edit** to the right of the Species which is in **Pending** status.
5. Compare your copy of the market beef ID to the data
6. If the data is correct, click the **Verify** button then click on **Save**.
7. If not correct, please call the Extension office immediately.

SCHOLARSHIPS

Are you an Iowa 4-H'er planning to attend college? We know it's not easy to finance a college education, and know that many Iowa 4-H'ers can use help achieving their educational goals. Designed to encourage Iowa 4-H members to continue their education beyond high school, our scholarship program offers more than 100 scholarships totaling over \$100,000 in financial aid for Iowa youth. Scholarships range in value from \$500 to \$5000. There are even scholarships for current college students and students in the College of Veterinary Medicine.

Iowa 4-H members are eligible to apply for 4-H scholarships if they meet individual scholarship requirements. **Check eligibility guidelines carefully** as many scholarships have specific eligibility requirements. (Example: designated college and/or major program of study, county of residence, event participation.)

Applicants must enroll as a full-time student (minimum of 12 credit hours) to receive scholarship awards. Only ONE application form is needed for all Iowa 4-H scholarships by using the Transmittal Form. Eligible Iowa 4-H youth may apply for more than one scholarship, however, only one scholarship per individual will be awarded per year. All application materials must be received on site or postmarked no later than **March 1, 2012** for consideration. **Exceptions:** Lloyd, Inc.

First year Vet Med students, who are former Iowa 4-H'ers, may apply for a Lloyd Inc. 4-H Scholarship. There are 2, \$1000 scholarships available. Use the Application Form for Current College Students and follow all directions. Application to this 4-H Scholarship is in sync with the Department of Veterinary Medicine admission process, so Lloyd Inc. 4-H Scholarship applications materials must be received on site or postmarked no later than **April 1, 2012** for consideration. This is ONLY for the Lloyd Inc. 4-H Scholarship.

<http://www.extension.iastate.edu/4h/teens/scholarships.htm>

- **All application materials must be received on site or postmarked no later than March 1, 2012 for consideration.**

- **NOTE:** If fall semester grades are not available to send with your application, they may be mailed or faxed (515-294-1047) when available. Put a note with your application materials stating fall grades will be sent as soon as available.

Letters of Recommendation may also be mailed separately.

4-H IS A COMMUNITY OF YOUNG PEOPLE LEARNING
LEADERSHIP, CITIZENSHIP & LIFE SKILLS



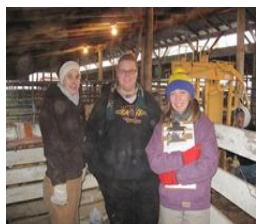
Club Pictures



4-H Members receive their 4-H membership sign for 1st Year Record-keeping .. Back Row: Sonja Christensen, Justin Overmann. Front Row: Alyssa Brown, Emma King, Abbey Pals, Alisha Beasley, Justin DeLay & Elliot Magalhaes



Future 4-H'ers... Norwalk Clover Kids Logan Boyd, Ella & Keagan Glawatz, & Jackson Mellencamp take their craft donations to the animal shelter



Kendra Core, Megan Henry & Brooke Wittry assists at Beef Weigh-in



Megan Henry, Shelby Anderson & Kendra Core take a little time for some "horse play" at beef weigh-in trying to evade the camera's eye



Brooke Peppmeier, FFA Advisor, SE Warren High School, & Brenda Thompson, 4-H Volunteer enter market beef weights from scale tickets



Dennis Meggers, Interstate 35 FFA Advisor & Casey Brown, Indianola High School FFA Advisor, Doug McCormick & Blake Reynolds volunteer at beef weigh-in



Kathryn Pierson & Ruth Anderson, Extension Staff, Brooke Peppmeier, SE Warren FFA Advisor, & Brenda Thompson, 4-H Volunteer man the desks at the beef weigh-in

Dave Bowlin ear-tagging at beef weigh-in



Jo Reynolds, Warren County Fair Secretary (and chief coordinator of the Warren County Beef Weigh-in) assists Mike & Aaron Olson at weigh-in chute

Ryan & Taylor Bowlin complete their market beef ID forms with David Bowlin in the background and Greg McCormick in the foreground



Warren County 4-H Senior Youth Committee: Dick Wittry, Monty Freeman, Jennifer Olson, Greg McCormick, Jeff Davis, Kathy McCoy, Kim DeLay.

Jo Reynolds obtains market beef information to add to weigh scale tickets for FAIRS! In the background is Bryan Lester & Ryan Onstot (former 4-H'er & alum at Iowa State.



4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING... FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD



Record Book Information

Please use the forms from the website along with [Exhibits Tip Sheets](#) for your record book.

4-H RECORD BOOK GUIDE

So, you are wondering about record books? You are in good company! Many new members and leaders have no idea what a record book "is," much less how to "do" one. Even experienced members are unsure of what to do. They avoid the task, figuring that it is more trouble than it is worth. You will be relieved to know that completing a record book is not difficult and it is **definitely** worth the effort!

This is a guide for leaders, parents, and members who want to know more about the "why's," "how's," and "when's" of 4-H record books, including page by page examples and notes.

WHAT ARE RECORDS?

Records are a written summary of 4-H activities and projects. Records need to show what the member has learned, what they have done in their projects, how 4-H has helped them, and the activities in which they have participated. Your Extension and Outreach office has specific forms (records) to help you keep track of important information. Project records are available directly from the Extension office or may be downloaded/printed from the web at <https://store.extension.iastate.edu/>.

WHY DO RECORDS?

Your records show your growth through the years. It lists how you have helped others, what you have been able to teach and share as well as learn. It shows profit and loss and goals set and accomplished. It is a reflection of **YOU**.

As you keep your records you will be developing personal skills in financial management, recording useful information and memories, and evaluating your experiences and personal growth. This will give you a tool to share your experience with others and will also help plan for the next year.

There are many reasons to keep Record Books such as:

- Record books are often used to select a member for special opportunities such as camps, exchanges, and other exciting adventures.
- A resource to use when completing employment, college, and scholarship applications.
- Learning important skills, attitudes and habits.
- To receive county and/or state recognition.
- To have an invaluable personal history and memory book.
- To document what you have done. (This might come in handy to a prospective employer.)
- To learn how to establish goals and plan for the next year.
- To reflect and evaluate progress and personal growth.



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- To promote 4-H at various speaking engagements.

WHEN TO START AND END 4-H RECORDS?

Records should be started at the beginning of the official 4-H year (October 1st) and be completed by the end of that 4-H year (September 30th). Write things down right after they happen, either on a piece of notebook paper, on a calendar, or in the proper place for records. This helps with accuracy and neatness. New members start at the time of enrollment. If you are new to doing records you are not required to do previous years except by choice. You may just begin with your current year of participation.

PERMANENT RECORDS INFORMATION

- Use pencil, ballpoint pen, or type. A computer can also be used. If you use a computer, use size 10 or 12 point Times New Roman or Arial font.
- Fill in as much information as you can, but sometimes there may be blanks. This is quite all right.
- Write the year only once (2011-2012) at the beginning of each section, each year.
- **Do not** cover pages with plastic sheets.
- Use any type of binder to hold pages together (3-ring is ok) just be sure that all of your pages are secure.

HINTS

Be Specific

- Tell all there is to know.
- Instead of using letters like A.R.B.A, write out *American Rabbit Breeders Association (ARBA)* the first time it is used. Maybe others have never heard of the letters.
- Use numbers: tell how many dishes you prepared, how many times you gave a presentation, how many in the audience, how much profit or loss, how many cans of food collected, how many photos you took, how many animals in your project(s), how many hours worked. Numbers show growth.

Do Not Repeat

- Each item should be entered only once in the record book. The exception to this rule is when an activity covers two areas, like leadership and community service. For example: the club might do a canned food drive and members enter it under community service; however, if the member has planned the details, arranged for transportation, and supervised delivery of the food - those activities would also be listed under leadership.

How to Share Knowledge

- Tell about the animal you helped, the friend you taught, the grandmother or elderly neighbor you assisted with chores, presentations you gave about your project or 4-H, the needy for which you collected food or clothes.





- Any of these things can be expanded upon in the 4-H Notes section of your record book.

4-H Story / Notes

There are several different ways to complete your story, you may use pen or pencil, or it may be typed or computer generated. You may choose to use the 4-H Notes page or a plain white 8 ½" x 11" sheet of paper. The story is to be single-sided on a sheet of paper and a maximum of 6 pages long. It is a good idea to use the story to introduce yourself. Each time your record book is submitted you will write a new story to reflect the past 4-H year.

Stories may be written as creatively as you wish, in a story or diary format. If using a diary format you might want to write it as the year progresses. If something within your permanent records needs further explaining, this might be an ideal place to do that.

Write about your 4-H projects and activities. What did you learn that year? What made you select that project? Have your projects grown in size or gotten more advanced? How were you successful or unsuccessful? If you were unsuccessful, what might you have done differently to achieve a different result? Did you make any money from your project? What about loss? What was a special activity you did? Did you meet any new people? Was there an embarrassing or sentimental moment? What was the best experience you had?

Explain how 4-H has helped you become the person you are. How have you grown as a leader or citizen? What have you learned from your experiences working with others? Describe a community service you have completed. What have you learned from the experience? Did it make you think differently? What have you learned about yourself?

Tell about your plans for the future. Did 4-H play a part in shaping these plans? Have you achieved any of the goals you set? How have you grown over the past year? Is there someone who has been especially helpful to you? Did you participate in activities alone or with others? What was their impact on what you were doing? Were there any new leadership responsibilities you took on? What was your favorite or least favorite experience?

These are all questions to consider when writing your story.

Newspaper Clippings / Photographs

Newspaper clippings and photographs may be included in your 4-H Record Book. These can be neatly attached to a sturdy 8 ½" x 11" sheet of paper, either plain or colored. A heavier card stock is a good choice. Be sure to include dated captions under each photo to give a brief explanation of the picture. You may use up to 6 single sided pages to display your photos or clippings. Feel free to be creative in how you arrange your photos. A high quality color copy or computer printout of the entire page is acceptable if the member prefers not to send actual photographs. **Page protectors may be used for this section ONLY.** Please do not include items such as registrations or pedigree papers. Ribbons, certificates or other scrapbook type items should **not** be included in your book.

Project Records



Records for each project enrolled should be included in your book. Each project needs to have its own divider separating it from the other projects or sections. Project records detail what you did or learned. They also help you to keep track of expenses and income for the year. Project records are a good journal for every project you have completed or worked on that year. The project size should match what you have written on your permanent record.

Helpful Reminders and Suggestions:

- All project records should begin at the beginning of the project year (October 1st) or when project was started if after October 1st. All records close on September 30th of the following year.
- Your project records help to show the size and involvement of your project.
- A new set of project records are required each year except for Advancements and production records. This includes leadership projects.
- If you are a Junior or Teen Leader you must submit a leadership record every year.
- The photography project is allowed to have additional pages of photos to show your work. This is limited to 10 single sided pages. The use of a card stock is recommended.
- You may want to keep a calendar or log of all expenses, income and activities you did throughout the year.
- **Only approved forms may be used.** Check with your local county Extension office or the state website for necessary forms.

Assembling Your Record Book

- Use any type of binder to hold pages together (3-ring is ok) just be sure that all of your pages are secure. A green 4-H folder can be ordered from the 4-H Source Book.
- You must use dividers in appropriate locations. **Each project must have a divider.**
- Please **do not** use plastic sheet covers on record book pages.
- Assemble your record book in the following order (a divider should be placed between every section:
 - Permanent Records pages
 - 4-H Story/Notes
 - Project Records
 - Photos and News clippings
- Watch for workshops throughout the year on how to assemble your record book.
- For additional assistance contact a member of the Youth Committee.

*Adapted from: Clackamas County Awards & Recognition Committee
200 WarnerMilne Rd,
Oregon City, OR 97045*

Record Book Workshop

January 21st ~ 9:00 am -11:00 am
Warren County Extension Office

Call 961-6237 to register, so we have sufficient materials for hand-outs. Let's begin your Record!!

A follow-up meeting will be held in March.

Poultry Sign-Up & Fancy Bird Workshop



4-H'ers have an opportunity to enter projects in two shows:

1. The 4-H (Production/Market) Class Show – Raising Birds for egg production (chicken, duck, turkey).
2. Open Class Show – Raising birds which will be judged based on the American Poultry Association Standard of Perfection.



We will also discuss how and when to obtain birds for the shows.

When: February 18th ~ 10:00 am ~ Noon
Where: Warren County Extension Office

Whom to Contact

Feel free to contact the Warren County Extension office by phone 515-961-6237 or e-mail. Specifically you can address your question to:

Ruth Anderson, County Youth Coordinator
ruthande@iastate.edu regarding overall 4-H program, volunteer and member support.

Kathryn Pierson, Office Manager,
kpierson@iastate.edu regarding administrative items: enrollment, record books.

FSQA Training Workshop...

When: March 17th ~ 9:00 am until 11:00 am

Where: Farm Bureau Office, 200 W Iowa Ave (East Door)

FSQA Testing & Training Workshop

When: March 29th ~ 5:00 pm **Testing**
6:30 pm **Workshop**

Why? Food safety is one of animal producers' biggest responsibilities. With over 15,000 Iowa 4-H'ers enrolled in livestock projects, about 17+ million pounds of meat is produced each year. The goal of this program is to help youth and their parents better understand what they can do to produce the safest food possible. **Training or testing is required to show market animals at the Warren County Fair.**

4-H HORIZON

Each issue of the **4-H Horizon** is posted to both **4hOnline** & at <http://www.extension.iastate.edu/warren/kidsteens.htm>. Please contact us if you wish to continue to receive the 4-H Horizon by mail.



RABBIT WORKSHOP...FEBRUARY 12TH

1PM – 2:30 PM EXTENSION OFFICE. YOU'LL GET ANSWERS TO QUESTIONS SUCH AS: What is a good breed for you? Your purpose for your project: Meat, wool, show or pet? What are the feeding, grooming and housing requirements? What should you look for in selecting your rabbit? Lists of reputable rabbit breeders with breeds they sell and listing of rabbit vendors will be available. On **March 11th** (1PM – 2:30 PM) we will meet in the Rabbit Barn at the Warren County Fairgrounds (bring your rabbit(s)! Rabbit breeders will be on hand to show you the breeds they raise and talk about pros and cons of each breed. Rabbits will be available for purchase from these breeders. Rabbit health will be discussed and you will make a rabbit first aid Kit. We hope to have a vet who will speak on rabbit health.

All Junior 4-H'ers (Grades 4-6)



Plan to attend the Jr Lock-in ... & bring a friend. Friday evening, 8:00 pm, March 16th through 7:00 am, Saturday morning, March 17th SE Warren High School... Let the fun begin!



WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/WARREN/KIDSTEENS