

HEALTH CARE

Healthy Kids in Iowa (Hawk-I)

Free or low-cost health insurance

800-257-8563 or 515-574-6056

Webster County Public Nursing Service, Fort Dodge

Nursing Care, health counseling & Immunizations

515-573-4107 330 – 1st Avenue N., Fort Dodge

TEEN LINE

Health-related information line (not a crisis or “hot” line)

800-443-8336

Webster County Relief Office, Fort Dodge

515-573-7851

Trinity Regional Medical Center

515-573-3101 802 Kenyon Rd., Fort Dodge

Homemaker Home Health Aide Service

515-573-8147 420 Kenyon Rd., Fort Dodge

Health Partners

515-574-6100 802 Kenyon Rd., Fort Dodge

Prescriptions for Kids (PFK)

Provides funding for prescribed medication to the needy

800-234-2183 or 515-955-8326 or 515-955-8370

American Cancer Society Area Office

515-576-6274

Healthy Families

800-369-2229

Community Health Center

515-576-6500 126 N. 10th St., Fort Dodge

Upper Des Moines

515-576-7774 900 Central Ave., Fort Dodge

Proteus, Inc.

Migrant Health-assistance w/office visits & prescription; will provide referrals to in-house PA or prescription programs

515-573-8225 409 Kenyon Rd., Fort Dodge

MENTAL HEALTH

Berryhill Center for Mental Health

Psychological & psychiatric counseling; consulting services

515-955-7171 or 800-482-8305 (24 hours)

702 Kenyon Rd., Fort Dodge

Psychiatry Lee & Associates

Psychiatric evaluations; mental health services

515-574-6120 Physicians Office Bldg. W Suite A

804 Kenyon Rd., Fort Dodge

MENTAL HEALTH CONTINUED

Webster County Public Health

515-573-4107 330 – 1st Ave. N, Fort Dodge

Community & Family Resources, Fort Dodge

515-576-7261 726 S 17th St, Fort Dodge

FINANCIAL COUNSELING

Upper Des Moines

Personal financial counseling provided

515-576-7774 900 Central Ave., Fort Dodge

Iowa Consumer Credit Counseling

800-955-5765

BETS OFF

Gambling Problems

800-238-7633

FAMILY SERVICES

Headstart Your Inc

573-2882 214 S 13th St, Fort Dodge

Catholic Social Services, Fort Dodge

Family Counseling

515-576-4156 1321 -2nd Ave S, Fort Dodge

Lutheran Family Services, Fort Dodge

Counseling, residential treatment

515-573-3138 230 – 9th Ave N, Fort Dodge

Children & Families of Iowa, Fort Dodge

Individual & family counseling

515-573-2193 111 Avenue O West, Fort Dodge

Youth Shelter Care of North Central Iowa

Crisis intervention for youth, family counseling, school problems

515-955-4222 301 Avenue M West, Fort Dodge

Domestic/Sexual Assault Outreach Center

515-955-2273 or 888-356-2006 (office line) or

515-573-8000 (crisis line)

Parents Anonymous

Crisis intervention for violence prevention

515-955-3229

Department of Human Services

Provides counseling

515-955-6353 330 – 1st Ave N, Fort Dodge

YWCA

Young Moms or Dads Make a Difference

515-573-3931 826 – 1st Ave N, Fort Dodge

FAMILY SERVICES CONTINUED

Child Care Resource & Referral

800-999-5101 or 515-576-4088

900 Central Ave #14, Fort Dodge, IA 50501

Upper Des Moines

Family development & self sufficiency

515-576-7774 900 Central Ave., Fort Dodge

24/7 Dad's

515- 576-7886

SUBSTANCE ABUSE

Community & Family Resources, Fort Dodge

Outpatient counseling; inpatient treatment, half-way house for rehabilitation & prevention services

515-576-7261 726 S 17th St, Fort Dodge

Trinity Recovery Center

515-574-6502 802 Kenyon Rd, Fort Dodge

SMALL BUSINESS ADVICE

Small Business Administration

Provides guarantees for commercial bank loans for people establishing a small business

515-284-4422 210 Walnut, Rm 749, Des Moines, IA 50309

North Central Iowa Small Business Development Center

Provides free professional business counseling on business planning, financing, human resources, management & many other business topics

515-576-6242 217 S 25th St, Ste C12, Fort Dodge

SCORE (Service Corps of Retired Executives)

Helps provide new business operators with management and business skills

515-955-2622 (leave message)

217 S 25th St, Ste C12, Fort Dodge

CLOTHING

Goodwill Industries

515-955-4688 2735 – 5th Ave S., Fort Dodge

American Red Cross, Brushy Creek Area Chapter

Meets the emergency needs of individuals & families who are victims of disasters

515-576-1911 or 877-576-8448

33 N 16th St, Fort Dodge

WEBSTER COUNTY RESOURCE DIRECTORY

IOWA STATE UNIVERSITY University Extension

Local Help for Tough Times

Compiled by: Webster County Extension
217 South 25th Street, Ste. C12
Fort Dodge, IA 50501
Phone: 515-576-2119
FAX: 515-576-6447
E-mail: xwebster@iastate.edu
<http://www.extension.iastate.edu/webster>

01/09 Revised

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CRISIS INFORMATION

Iowa Concern Hotline

Stress – Legal Questions – Financial Concerns
24-hour confidential assistance
800-447-1985

Family Crisis Intervention Unit

Immediate crisis intervention for families
24 hours/7days
515-955-2868 111 Avenue O West, Fort Dodge

Upper Des Moines

Assists in finding the help people need
Monday-Friday, 8:00 a.m.-4:30 p.m.
515-576-7774 900 Central Ave., Fort Dodge

Domestic/Sexual Assault Outreach Center Crisis Line

515-573-8000 or 888-356-2006 (Will accept collect calls)

Berryhill Center for Mental Health

Psychological & psychiatric counseling; consulting services
515-955-7171 or 800-482-8305 (24 hours)
702 Kenyon Rd., Fort Dodge

American Red Cross, Brushy Creek Area Chapter

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515-576-1911 or 877-576-8448
33 N 16th St, Fort Dodge

Emergency Management Agency

Disaster Relief Coordination
515-573-1403 702 – 1st Ave S, Fort Dodge

FINANCIAL ASSISTANCE

Webster County Commission on Veterans Affairs

Financial aid for veterans and widows
515-576-0428 723 – 1st Ave S, Fort Dodge

Farm Service Agency Farm Loan Program

Government farm lender
712-335-3596 Paul E Berte, Farm Loan Manager
Paul.Berte@ia.usda.gov

FARM-ON

Program to match beginning and retiring farmers
800-447-1985

USDA Rural Development Area Office

Loans/Grants for rural areas
515-332-4411 1301 – 6th Ave N, Ste 1, Humboldt

Proteus, Inc.

Stipend, reimburse for gas, tuition assistance, books & supplies & other support services
515-573-8225
409 Kenyon Rd., Fort Dodge

LEGAL AID

Iowa Concern Hotline

800-447-1985

Legal Services Corp. of Iowa

Legal services in consumer issues, civil rights and education
800-532-1275 1111 – 9th St, Ste 230, Des Moines

Legal Hotline for Older Iowans

800-992-8161

EMPLOYMENT

Iowa Work Force Development Center

Job information & assistance in locating suitable employment
515-576-3131 225 Avenue M, Fort Dodge

Iowa Central Job Training Program (WIA/RST)

Educational Assistance and Resources
515-576-7459 2700 – 1st Ave S, Fort Dodge

Iowa Central Vocational Rehabilitation

515-573-8175 330 Avenue M, Fort Dodge

Senior Internship Program

Training/employment program for 55+
515-576-3131 x209
Iowa Work Force Development
225 Avenue M, Fort Dodge

Proteus, Inc.

Employment/training for farm workers
515-573-8225 409 Kenyon Rd., Fort Dodge

SENIOR CITIZEN INFORMATION

Elderbridge Agency on Aging

Answers questions on health care, insurance, & services available in the area
515-955-5244 108 S 8th St, Fort Dodge

Senior Citizen Center

Recreation, education & congregate meals provided
515-573-3429 617 Central Ave, Fort Dodge

Social Security Office

515-576-5185 or 800-772-1213
E-mail: IA.FO.Fort.Dodge@ssa.gov
2315 – 2nd Ave N, Fort Dodge

Senior Internship Program

Training/employment program for 55+
515-576-3131 x209
Iowa Work Force Development
225 Avenue M, Fort Dodge

FOOD

Webster County Department of Human Services

Food stamp application
515-955-6353 330 – 1st Ave N, Fort Dodge

Food Stamps Hotline

Provides general information & program guidelines
800-532-1215

Webster County Relief Office

515-573-7851 330 – 1st Ave N, Fort Dodge

Iowa WIC Program (Fort Dodge)

Supplemental food program for women, infants & children
800-510-7756 or 515-574-3802
Webster County Public Health
330 – 1st Ave N, Fort Dodge

Meals-On-Wheels

Deliver one hot meal a day to any Fort Dodge resident for a minimal cost
515-573-8147 420 Kenyon Rd, Fort Dodge

Webster County SHARE

Tuesday-Friday, 8 am – 4 pm; provides a monthly food package for a reduced fee plus community service
515-955-6222
New Covenant Christian Church
3318 – 5th Ave S, Fort Dodge

Webster County Extension Family Nutrition Program

Food budgeting, low-cost meal education for families' w/children 10 and under
515-576-2119 217 S 25th St, Ste C12, Fort Dodge

Lord's Cupboard Food Pantry

515-576-7586
First United Methodist Church
127 N 10th St, Fort Dodge

Upper Des Moines Food Pantry

515-576-7774 900 Central Ave., Fort Dodge

Salvation Army Food Pantry

515-576-1281 or 515-576-1879
126 N 7th St, Fort Dodge

Emanuel Lutheran Church Food Pantry

515-547-2405 208 – 2nd Ave NW, Dayton

United Methodist Church Food Pantry

515-547-2225 107 – 3rd St NW, Dayton

Gowrie Food Pantry

515-352-3449

Proteus, Inc. Food Pantry

515-573-8225 409 Kenyon Rd., Fort Dodge

FOOD CONTINUED

American Red Cross, Brushy Creek Area Chapter

Meets the emergency needs of individuals & families who are victims of disasters
515-576-1911 or 877-576-8448
33 N 16th St, Fort Dodge

HOUSING & SHELTER

Webster County Relief Office, Fort Dodge

Shelter and rent assistance
515-573-7851 330 – 1st Ave N, Fort Dodge

YWCA – Women's Shelter

515-573-3931 826 – 1st Ave N, Fort Dodge

Salvation Army, Fort Dodge

Emergency lodging
515-576-1281 or 515-576-1879
126 N 7th St, Fort Dodge

Upper Des Moines

Applications for low-income energy assistance program along w/ weatherization & home repair assistance also housing for homeless men
515-576-7774 900 Central Ave., Fort Dodge

Fort Dodge Housing Agency

515-573-7751 700 S 17th St, Fort Dodge

Webster County Habitat for Humanity

515-955-3598 109 N 13th St, Fort Dodge

Mid-Iowa Regional Housing Authority

Rental assistance outside of Fort Dodge
515-955-8344 1605 – 1st Ave N, Fort Dodge

American Red Cross, Brushy Creek Area Chapter

Meets the emergency needs of individuals & families who are victims of disasters
515-576-1911 or 877-576-8448
33 N 16th St, Fort Dodge

Domestic/Sexual Assault Outreach Center Crisis Line

515-573-8000 or 888-356-2006 (Will accept collect calls)