



## June 2007 2nd Edition Union County Youth Newsletter

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### 4-H Questions? Contact Us!

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### IMPORTANT REMINDERS.... more information inside!

- ◆ Make sure your leader has your stall request information for county fair by June 25.
- ◆ Attend Project Work Days on June 26 or July 9 to prepare yourself for fair!
- ◆ State Fair entries and ticket orders due to Extension Office July 1.
- ◆ Turn in Bucket/Bottle Calf and Lamb worksheets to office by July 6.
- ◆ Communications entries are due Friday, July 13.
- ◆ Pick up photography labels from the Extension Office for all photography exhibits.
- ◆ Sign up to ride on the Extension float at the 4th of July Parade!
- ◆ Start working on your club's float for the county fair parade July 22.
- ◆ Be on the lookout for July's newsletter, as it contains important county fair information!

## 2007 Union County Fair: July 21-26

### Animal/Livestock State Fair Entries

Animal/Livestock and Horticulture State Fair Entries are now available at the Extension Office. Please come in to fill out entry form and code of ethics; dog exhibitors will need to fill out class cards. Please do this as soon as possible, as **entries are due by July 1**. Make sure to order your discounted state fair tickets at the same time!

### Fourth of July Parade



The Extension Office is entering a float in the Fourth of July Parade. Would you like to ride on the float to help represent 4-H? If this sounds like fun, be sure to contact the Extension Office for more information and to sign-up.

### Pullorum Poultry Testing

Any 4-H member planning to exhibit poultry or other birds at the Union County Fair must have their birds tested for Pullorum. A special Pullorum testing date has been scheduled with Dr. Katzer at the Creston Veterinary Clinic on **Saturday, July 7 from 9 to 10 a.m.**

### County Fair Parade Entries

We encourage all clubs and organizations to enter a float in the 2007 Union County Fair Parade. The theme for 4-H float entries is "License to Succeed". The Union County Fair parade is scheduled for **Sunday, July 22<sup>nd</sup>** beginning at 6:00 p.m.



# 2007 Union County Fair: July 21-26

## Communication Entries

If you enjoy performing for an audience, teaching others, or are passionate about a subject and would like to inform others, then the 4-H communications project is just for you! There are four types of communications entries, they are: Educational Presentation, Working Exhibits, Extemporaneous Speaking and Share the Fun.

**Educational Presentations** are formal speeches that are presented on a topic of the members choice; the member's goal is to inform their audience about the subject matter.

**Working Exhibits** are demonstrations where the member's goal is to teach the audience how to do something, providing the audience the opportunity to have hands on experience making the items while the member is guiding. Working exhibits can be presented by individuals or a group.

**Extemporaneous Speaking** is a challenging and fun type of presentation. Extemporaneous speakers do not have a prepared speech, they are provided with different topics to choose from. Once a topic has been chosen the member has resources to use to prepare a speech; a set amount of time is allowed to prepare the speech, then the speech is presented to the audience.

**Share the Fun** is 4-H's talent show for individuals, groups or clubs. Any type of talent you have we encourage you to share it. All communications have opportunity to advance to the Iowa State Fair if selected.

**Radio Broadcasting** is a *new* communications event that is unique to Union County; this is not a communications event that qualifies for the Iowa State Fair. 4-Hers will prepare and present news stories to an audience similar to a real radio broadcast. All 4-H members, 4-12 grades, may participate in this project.

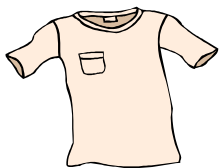
If you are interested in a communications project at the Union County Fair, please complete the required form at the Union County Extension Office by **Friday, July 13th**. Make sure to visit the following website for additional information on communication entries *and* copyright information. [www.extension.iastate.edu/4H/StateFair/Documents/CommunicationAndCopyright.pdf](http://www.extension.iastate.edu/4H/StateFair/Documents/CommunicationAndCopyright.pdf)

→Please make note of the following days for state fair communications exhibit days: **Educational Presentations AM Monday, August 13, Working Exhibits AM Monday August 13, Share the Fun PM Friday, August 17, and Extemporaneous Speaking Sunday, August 19.**

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## Fashion Review and Clothing Selection Event

The fashion review and clothing selection event for 2007 will be held **Tuesday, July 10<sup>th</sup> from 5:00 to 7:00 PM** at the Extension Office. Participants need to pick up the clothing worksheets and forms at the Extension Office or via the internet. More information will be sent to participating individuals.



## Photography Labels

Photography exhibits do not need an accompanying goal sheet/write-up. Rather, all photos must have a special **4-H Photography Label**. These labels are available at the Extension Office for members to pick up or online.

*Keep reading  
for more  
county fair info!*

## 2007 Union County Fair: July 21-26

### Project Work Days

Two entire days have been scheduled for 4-H members to receive assistance on their 4-H exhibits. These work days include working on the project itself, receiving critiques, and working on project write-ups. Project work days are as scheduled: **Tuesday, June 26, 8:30-6 p.m. and Monday July 9, 8:30 – 6 p.m.** Appointments are not necessary, but we would appreciate a call letting us know we should be expecting you in order to help meet the needs of all 4-H'ers. In addition, please let us know what types of projects/questions you will be bringing.

### Ultrasounding Information

Critical Insights will be conducting all ultrasounding again this year at the fair. Carcass classes allow each exhibitor to ultrasound one animal in the contest at no cost to the exhibitor for each species. Pens of three beef will be ultrasounded as well. Any additional animals may be ultrasounded for personal use. Additional costs are \$10/head for beef, \$5/head for swine, and \$5/head for sheep.

### “Welcome” Signs Available for Clubs to Put Up

Is your club in need of a community service project? The Union County Extension Office still has four 4-H “Welcome” signs that need to be put up next to the major roads leading into Union County. This would be a great club project. Please call the Extension office for more information or to pick up a sign.

### Materials Available for Pick-up

For those members who have not yet received their project materials, they are available at the Union County Extension Office. Members needing to pick up materials are: Timothy Culpepper, Hannah Ziffer, Sydney Weis, Devin Waigand, Kim Alley, Kaytee Scadden, Logan Kinyon, Abby Kinyon, Natalie Mostek, Maria Mostek, Emily Eckels, Ben Mullin, Chelcee Downing, and Cooper Bailey. Please pick up your materials as soon as possible in order to help you complete your fair projects.

### 4-H T-shirt Information

This year's county fair 4-H t-shirts have been ordered and will be available around the second week of July. There are a **limited** number of extras available for purchase. All exhibitors must wear 4-H t-shirts when exhibiting at the fair. Please note the Great Western Bank t-shirts donated during Fairgrounds cleanup are **not** acceptable to wear when showing because they are advertisements.

### Leaders Meeting

The Leaders Meeting will be held at **7:00 PM on Monday, June 25<sup>th</sup>**. Stall requests will be turned in on this date. Information that will be covered will include: 4-H dues, club attendance records, stall cards, fairbook changes, state fair entries, volunteer form completion, and future plans and activities. A special Leader's Training session will be held for anyone interested in attending at 6:00 PM before the regular meeting. Call the Extension Office if you are interested in attending. Please mark your calendars and plan on being there.



### 4-H Youth Development Fees

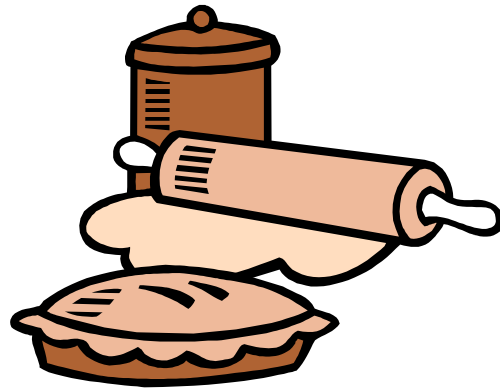
Check with your club leader to make sure your 4-H Youth Development fee has been paid. This \$20 fee **must** be paid before you are allowed to exhibit at the county or state fair!

# 2007 Union County Fair: July 21-26

## Inappropriate Food Exhibits For Iowa 4-H Fairs

Before you start selecting recipes for county fair check this list of inappropriate foods for fair and reminders of how to determine if a product is appropriate (safe). First ask yourself:

1. Does this product require refrigeration?
2. Would you eat this product at room temperature?
3. Will this product hold up so it represents a standard when evaluated by judges or viewed by the public?



**Acceptable For Fair Display:** (a detailed explanation for acceptable foods is available at the Union County Extension Office)

- Canned products – OK “IF”  
Products prepared according to current recommendations are acceptable.
- Canned Salsa – OK “IF”  
Canned salsa made using accepted methods is allowed.
- Pecan/Walnut pies – OK “IF”  
Products made from a traditional recipe any recipe that has added water or milk are NOT acceptable.
- Frostings, icings, glazes, drizzles – OK
- Fruit-flavored vinegars – OK “IF”  
Fruit-flavored vinegar will be allowed as an exhibit, providing a specific recipe is used and included.
- Cream cheese mints – OK
- Caramel Rolls – OK
- Pineapple upside down cake – OK  
Because of the high sugar content of the caramel and toppings, they will not support the growth of bacteria.

**Not Acceptable For Fair Display:** (a detailed explanation for acceptable foods is available at the Union County Extension Office or at [www.extension.iastate.edu](http://www.extension.iastate.edu))

- Breads containing ingredients that are normally refrigerated (chopped vegetables or meats, layers of cheese)
- Cake, brownies, bread baked in a jar
- Canned/Preserved products using questionable recipe or procedure
- Caramel corn or pies baked in a paper grocery bag
- Custards and cream-filled pies, cheesecakes
- Flavored oils
- Fresh salsa
- Homemade egg noodles
- Jerky of any kind
- Meat-filled pastries
- Raw egg in any uncooked product
- Sourdough, friendship bread, etc.
- Sweet rolls with cottage cheese/egg topping
- Vegetables marinated in oils and herbs

If you have any questions or doubts about your food product please contact the Union County Extension Office for assurance and/or recommendations.

**Try making your foods project multiple times for the best result!**



# CLOVER KIDS

The Clover Kids Spectacular Spell Bounding Science Camp was a huge success. We had to cut the day short because of severe weather watches; however, we did enjoy a science packed morning. We talked about a hypothesis (educated guess) and how something becomes a theory after several years if it still works and remains the same, and then becomes a natural law if it keeps working after many, many years.



The Tablecloth Trick was the first feat of the morning. You may have seen a magician pull away a tablecloth but leave the cups and saucers safe and sound on the table. We used a piece of paper and a cup of water. With this trick we learned about inertia (things at rest like to stay at rest & things in motion like to remain in motion). I think we all mastered the tablecloth trick after a few tries, so watch out parents you may have some kids trying this at home. We also related inertia to wearing your seat belt in case of a car crash.



Refraction or bent light is another thing we learned about. We talked about how light travels at different speeds through different substances. It travels more slowly through water or glass than it does through air. As it slows down, it changes directions a little. We placed a straw in a glass of water and what did we see? The straw appeared to be bent. Next we tried the Magic Money Trick. A coin was placed in the bottom of a bowl. One child watched the coin as the other child moved the bowl way from the child until they could no longer see the coin. Their partner then poured water into the bowl that held the coin. Low and behold, what happened? The coin reappeared. AH HA, refracting light again. Could this be why sometimes water in a swimming pool or pond doesn't appear to be as deep as it really is?



Can you put a piece of paper in water without getting it wet? We did. A crumpled piece of paper was pushed into the bottom of a cup. We then placed the cup upside down in a pool of water. Water did not get into our cups because it was full of air, & air did not get out because it is lighter than water; therefore, the paper did not get wet.

I was so proud of our kids. We used 14 dozen raw eggs for our magic egg tricks and very few were broken. Why does an egg float in salt water & sink in fresh water? How can you tell if an egg is raw or boiled, maybe by spinning it? Can you turn a jar upside down with a screen over it and still keep the water in it? These are a few of the other fun activities we completed at science camp.



One of the favorite activities of the morning was the sink or float activity, and the construction of clay boats from tiny pieces of clay. Will changing the shape and size of a piece of clay determine whether it will sink or float? We did miss out on making our submarines and watching them work, but if you are in Clover Kids next year, I have a feeling that you will get to make your submarine at one of your meetings.

The chemistry portion of our camp was planned for the afternoon, but we fast forwarded a little to get at least one chemistry activity in, in the morning. We combined two or more substances to get a new substance. We combined water and vinegar in a water bottle, placed a balloon filled with baking soda on the top of our bottle, and then tipped our balloon up so all of the substances would be mixed. What did we get? We got a new substance, carbon dioxide, and at the same time, much to our surprise, our balloon was blown up. Other chemistry activities that the kids will get to participate in next year that they missed out on, will include the exploding bag and the effervescent powered rockets.



Electricity and simple electric circuits were another afternoon project. The kids were given energy balls or as they are sometimes called UFO balls. These balls make an alien type noise and light up when a circuit is complete. There are two metal contacts one on each side of the balls. The kids can complete the circuit themselves if they touch both sides of the ball with different fingers, or a group of kids can complete the circuit by touching only fingers of each other with one child on each side of the ball touching the contacts. When one pair of children drops fingers, the circuit is broken, the light in the ball goes out, and the noise stops. When the children reconnect their fingers, the circuit is complete again. I am so sorry that we didn't get time to complete this activity with your children. I am afraid the instructions were not very clear, but I think they can still have fun with their energy balls.

I would like to thank the many, many volunteers and YEAH (Youth Extend A Hand) members for helping with Clover Kids Camp. I could not possibly put on a camp this large without all of them. **THANK YOU!**

Union County Extension will be having a float in the 4th of July Parade. All 4-H Members & Clover Kids are welcome to

ride on the float. Contact the extension office if you would like to join us

**Reminder:** If you are in 3rd grade and have completed a bucket calf or bottle lamb ID sheet so you can show at the county fair, you need to have your worksheet handed into the extension office by July 6th. If you have not received a worksheet, contact the extension office, 782-8426.



**See you at county fair!**  
**Cheryl Purdum**  
**County Youth Coordinator**  
**Clover Kids**

**Dates to Remember**

**Overnight Adventure Camp—June 20th 9 a.m. - June 21st at 2 p.m., 3 Mile Lake**

**Salvation Army Camp Health Screens—June 27th, 4-6:30, Greater Regional Home Care/Hospice/Outreach Conference Room**

**YEAH Strategic Planning meeting— June 29, leadership team 10 a.m.-12 p.m. & YEAH members 1p.m.-3p.m., Cedar Park**

**Waterfest, sponsored by YEAH—July 4th, 1-3 p.m., McKinley Park**

**Salvation Army Camp— July 24th-27th, LaPlatte, NE**

**Union County Fair—July 21st-26th, Afton, IA**

**Kid's Day at the Fair—July 24th, Union County Fair Grounds, Afton, IA**

**YOUTH PLUS TEAM MEETING**

The last Youth Plus meeting of the 2006-07 school year was June 5th. Each of the two task force groups: Caring Neighborhood and Youth as Resources, have developed a project they will work on for the summer. These task force groups are to assist other programs or businesses in what they are doing to improve the lives of individuals in our community. The mission of Youth Plus is to unite the people of Union County toward building an empowered and supportive community. If there are any programs or activities going on this summer and Youth Plus can help, please contact me at 782-8426!

**SALVATION ARMY CAMP**



The Salvation Army Camp is a Christian based camp that offers an outstanding summer experience for students at no charge. Students who have attended this camp have had the opportunity to experience the Omaha Zoo, Omaha Children's Museum, River Boat Rides, SAC Airforce Museum, and Mahoney State Park. The Salvation Army Camp gives each child a NIV Bible and t-shirt to take home. The children who have attended the camp have had a lot fun. This year we have approximately 25 students ages 8-12 attending the Salvation Army Camp. Campers attending need to remember to sign up for the Free Health Screenings on June 27th by calling 782-3528 and send in their forms to the camp. Thank you to Chris, Deb, and Connie at Greater Regional Outreach for providing the health screenings at no charge. The work you do does not go unnoticed.

**YEAH STRATEGIC PLANNING**

Caitlyn Lesan, YEAH (Youth Extend A Hand) Coordinator and the Leadership team are very excited about the Strate-

gic Planning meeting schedule for June 29 at Cedar Park. There is still time to sign up! Come and share your ideas on how to promote the YEAH program and encourage volunteerism in our community. The leadership team will meet from 10 a.m.-noon and all YEAH members will meet from 1-3 p.m.

**FUN IN THE SUN**

Summer is always a great time to encourage fun in the sun. The Union County Extension Office has started summer off with a bang! We've had anything from science experiments at the Union County Clover Kids Science Camp to discovering the East and West Coast at the Multi-Cultural Camp!



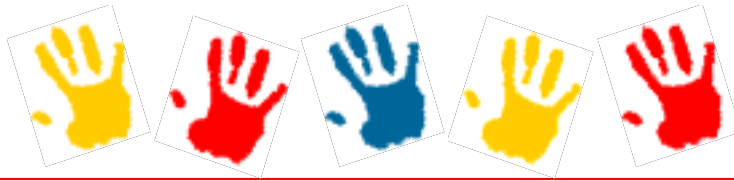
The excitement does not stop there; the Union County Extension Office soon we will be exploring the great outdoors at the Overnight Adventure Camp, June 20th-21st. Then on July 4th Caitlyn Lesan and the YEAH members will be soaking up some sun at the 2nd Annual Waterfest at McKinley Park from 1-3pm! Tickets will be \$. 25 a piece or 10 for \$2.00. If you have your own water gun, be sure to bring it! Come join us for this fun festive event!



Also to help celebrate the 4th of July, P-3 Youth in Action is sponsoring a Teen Dane (grades 7th-12th) on Tuesday, July 3rd from 8-11 p.m. at the East Depot parking lot.



If your organization is sponsoring an event and we can help promote through this newsletter, please contact me at 782-8426.



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# YEAH News

## Strategic Planning Meeting

A strategic planning meeting has been set for June 29th at Cedar Park, which is located just east of Creston. The leadership team will meet from 10-12 and all YEAH volunteers are encouraged to

join us from 1:00-3:00 p.m. Please plan on attending. Snacks will be provided! Don't forget to RSVP. Directions to Cedar Park can be obtained by calling the Extension Office.

### THANK YOU!!

Thank you to all the YEAH volunteers that helped out at Clover Kids Camp, your help was greatly appreciated!!

### Teen Advisory Board

Apply for the board through the Public Library to help contribute to the new teen room.

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## YEAH Newsletter

June 2007

### Upcoming Events:

Strategic Planning Meeting  
6/29

Teen Dance 7/3

Fourth of July Parade 7/4

Water Fest 7/4

Kids Day 7/24

Salvation Army Camp 7/24

## Fourth of July Festivities

Just a reminder that YEAH is participating in several Fourth of July activities. There will be a float in the parade representing our program and we are looking for volunteers to ride along! Please let us know if you are interested!!

Also, the date of Water Fest has been changed to July 4th. This activity is going to be a small fundraiser for YEAH. It will be lots of fun, there are several exciting games and we plan on having a good time.

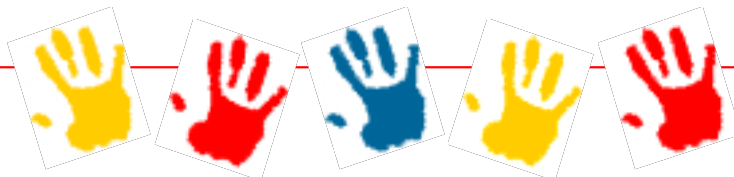
To volunteer for any of these events, contact Caitlyn at the Extension Office, 782-8426!!

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### July 24th:

Volunteers are needed to ride with kids to the Salvation Army Camp in La Platte, Nebraska.

We also need volunteers to help with Kids Day at the Union County Fair.



## 2007 Union County Fair: July 21-26

# Mark Your Calendar!

### June

### July



- 20-21** Overnight Camp, Three-Mile
- 23** Horse & Rider's 4-H Horse Show, Fairgrounds, 9:00 AM Registration
- 24** Douglas Boosters Potluck
- 25** Leader's Training 6 PM
- 25** Leader's Meeting 7 PM
- 26** Project Work Day 8:30 AM—6:00 PM
- 30** Lenox Calf & Lamb Show, Lenox Rodeo Grounds

—Horse Practice meets at Fairgrounds, Fridays at 6:PM  
 —Dog Practice meets at Fairgrounds Mondays, 6:30 PM

- 1** State Fair Entries Due
- 1** State Fair Ticket Sheets Due
- 4** Extension Float in Parade
- 6** Bucket Calf/Lamb Worksheets Due
- 7** Pullorum Testing 9-10 AM Creston Vet Clinic
- 8** Highland Highlights Ice Cream Social, 5:30—7:00 PM, Highland School
- 9** Project Work Day 8:30 AM—6:00 PM
- 10** Fashion Review/Clothing Selection 5:00—7:00 PM
- 20** Cleanup Day at Fair 9 AM-Noon
- 21-26** UNION COUNTY FAIR!
- August 9-19** State Fair
- September 25-30** Ak-Sar-Ben



- 22** Clover Kids Float, Fair Parade
- 24** Clover Kids Day 10 AM- Noon, Fairgrounds
- 24** Clover Kids Visits, 12:30-2:00 PM, Fairgrounds
- 25** 4-H Roundup (Clover Kids Included)



- 27** Salvation Army Camp Health Screens, Greater Regional Outreach Conference Room, 4:00-6:30 PM

- 24-27** Salvation Army Camp, LaPlatte, Nebraska

- 29** YEAH Strategic Planning Meeting, Cedar Park, Leadership Team 10-Noon  
YEAH Members 1-3 PM

- 4** Waterfest, McKinley Park, 1-3 PM

If your club or event is not on the calendar, please check with your club leader. Leaders, please contact the Extension Office to add events on the calendar. Thanks!