

IOWA STATE UNIVERSITY

University Extension

MARCH 2009 4-H FAMILY NEWSLETTER

Story County Extension
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Websites

- <http://www.extension.iastate.edu/story/kidsteens.htm>
- www.extension.iastate.edu/4h
- www.extension.iastate.edu/4H/Agriculture/livestockhandbook.htm
- <http://www.extension.iastate.edu/4H/memberresources.html>
- <http://www.extension.iastate.edu/4H/ProjectLinks.htm>
- <http://www.extension.iastate.edu/4H/volresources.html>
- <http://www.extension.iastate.edu/4H/publicinfo.htm>
- www.iowa4hfoundation.org (for 4-H discount events)

The communication contest is right around the corner! It will be exciting to see your 4-H posters, hear your speeches and presentations, participate in your working exhibits and read what you have to say about 4-H! Volunteer opportunities are available as the help of many are needed to make the contest run smoothly. Opportunities include hosting a contest room, taking pictures, displaying posters and results, helping with set-up and/or clean-up. Please contact Mary at mwilkins@iastate.edu or 515-382-6551 if interested in helping!

MARCH 1 – REGISTRATIONS FOR 4-H HORSE JAMBOREE

All rules and entries are updated and can be found in the Livestock Handbook, <http://www.extension.iastate.edu/4H/Agriculture/livestockhandbookhorse.htm>.

******NOTE IMPORTANT DATE AND LOCATION CHANGE******

EVENT DATE IS NOW MARCH 28-29 AND THE LOCATION IS NOW KILDEE HALL ON THE ISU CAMPUS

MARCH 2 - IOWA 4-H HORSE ADOBE CONNECT, 7-9 PM, EMAIL MARY (mwilkins@iastate.edu) FOR THE LINK

Iowa 4-H Horse Advisory Committee is holding adobe connect sessions. These are available for volunteers, 4-H families, etc. These will be recorded and archived for later viewing by those who cannot watch live. This one will include horse judging and current topics in horse care. Learn about how to start a judging team in your county, the ins and outs of putting on a contest, participating in State and National contests, and current and future web resources for staff and volunteers wanting to learn more. Another adobe connect will be held May 4 with topics about identifying your 4-H horse, the 4-H state fair horse show, and skill development. **If you/your volunteer have never attended a Connect Pro meeting before:** Test your connection:

http://connect.extension.iastate.edu/common/help/en/support/meeting_test.htm

Get a quick overview: http://www.adobe.com/go/connectpro_overview If anyone would like to view the connect at the extension office please make arrangements with Mary.

MARCH 6 – REGISTRATION DUE FOR 4-H SHOOTING SPORTS INSTRUCTOR TRAINING March 27-29, Iowa 4-H Center

<http://www.extension.iastate.edu/4H/SESS/Documents/SESSstateLeaderTrainingSpring09.pdf>

4-H volunteers must complete the Child Protection and Safety Policy screening first in order to participate. The process takes 4-6 weeks so contact Mary asap if interested in this training. Disciplines include archery, shotgun, air rifle, wildlife skills, coordinator, and muzzleloading.

Extension programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.

MARCH 7 – 4-H DAY AT CYCLONE WOMEN’S BASKETBALL GAME

The Iowa 4-H Foundation is hosting a 4-H Day at the Iowa State Women’s basketball game versus Kansas on March 7, 2009, 7:00 PM at Hilton Coliseum in Ames. This is the last home game of the season and senior night! Cost is just \$10 per person – which includes admission to the game, a drink, hotdog, and an exclusive Cyclone 4-H t-shirt. One game not enough? There is a men’s basketball game at 12:45 PM that same day versus Texas Tech (however, this game is **not** included in the promotional offer). All 4-H youth, volunteers, leaders and alumni are invited to attend at the discounted price. 4-H promotions will be held throughout the game with a variety of events and activities. Go to <http://www.ticketmaster.com/promo/t16bgz> Click on **FIND TICKETS**. Select the number of tickets under **IOWA 4-H PROMOTION**. Enter code **IOWA4H** to receive the discount. If you are attending with your club or county, notify Shelly Greving at shellyg@iastate.edu or call (515) 294-1607 and you will be recognized as a group attending the game.

MARCH 8 – ISU BLOCK & BRIDLE DOG SHOW, ISU FARM BUREAU KILDEE PAVILION

Registration begins at 12 noon. Participation fee is \$10. Show begins at 2 pm. Conformation and 4-H classes available. Dogs must be current on vaccinations. Silent auction also. <http://www.ans.iastate.edu/clubs/bbclub/?pg=33>

MARCH 12 – RABBIT/POULTRY FSQA CERTIFICATION, 6:30 PM, BOONE COUNTY FAIRGROUNDS

This certification is good for rabbit and poultry ONLY! Attendance time is 6:30 - 8:00 pm.

In order to attend:

1. Contact Boone County Extension to confirm your attendance. Call 515-432-3882.
2. Let Mary know your plans to attend this event. Call 515-382-6551 or email mwilkins@iastate.edu.

MARCH 13 – APPLICATIONS DUE FOR 2009-10 STATE OF IOWA YOUTH ADVISORY COUNCIL

Available to Iowa students who will be enrolled in high school next year. Consideration for selection includes; age and grade level (09-10th), geographical location, leadership experience, community and school involvement, and a letter of recommendation from an adult who can attest to your abilities and potential. For additional information on SIYAC, including application forms, and *Youth in Action for a Healthy Iowa* Spring Workshop information, visit www.siyac.webs.com or contact *SIYAC State Coordinator* Bryan King at Bryan.King@iowa.gov

MARCH 16 – REGISTRATION DUE FOR AREA 4-H COUNCIL RETREAT, March 28-29, Iowa 4-H Center

Youth 9th – 12th grade, mark the date, Saturday March 28th, 1 p.m. – Sunday March 29th, 11 a.m. to attend the spring **Central Area 4-H Council Retreat!** The retreat will be held at the State 4-H Center near Madrid. The purpose of a retreat and area council is to bring 4-H’ers together from the central Iowa area to have fun and make friends. Also during the retreat you will be sharpening your leadership, citizenship and communication skills. Overall you will be taking steps to make 4-H more vibrant. For questions, contact Jeff Macomber, 4-H Youth Field Specialist (Area Council co-advisor), at jmacombe@iastate.edu, 515-993-4281 (work) or 515-975-2677 (cell). Registration deadline is March 16th. The cost for the weekend is \$15. This fee covers lodging, meals and activities. To participate, complete the registration form on the last page of this newsletter.

MARCH 20 - STATE FAIR SWINE WEIGH-IN INTENT TO PARTICIPATE DUE

Please read through the posted “Iowa State Fair Exhibitor Update for 2009”, on the website, <http://www.extension.iastate.edu/4H/Agriculture/livestockhandbookswine.htm>. The dates for the 2009 Iowa State Fair weigh-ins are Saturday, April 25th – Saturday, May 2nd. The regional site dates and locations are now posted as well. Reminder: Every 4-H’er is required to fill out an Intent to Participate form and submit that to the State 4-H Office by March 20th. Each past State Fair exhibitor was mailed the State Fair Update letter, but counties are encouraged to make sure new swine exhibitors receive this as well. The Intent to Participate form and state fair weigh-in locations are included later in the newsletter.



MARCH 23 – STORY COUNTY 4-H/FFA FSQA CERTIFICATION PROGRAM AND TESTING 6:30 – 8:30 PM IN CHRISTY HALL

Iowa 4-H'ers produce over 13 million pounds of meat each year, which all goes into the American food supply. 4-H producers are expected to follow the same rules and regulations as all other food producers. The ISU Extension Program, FSQA (Food Safety Quality Assurance), communicates seven components for being a good 4-H livestock producer.

- **For the 2009 Iowa State Fair, 4-H'ers** exhibiting swine, beef, sheep, dairy cattle, poultry, rabbits, or goats (dairy or meat) must be FSQA certified. These animals may be exhibited in a market or breeding class. In either case, FSQA certification is required. Livestock exhibition is not allowed if certification is not completed. Certification must be complete before July 1.
- **For the 2009 Story County Fair, exhibitors (4-H and FFA)** with swine, beef, sheep, dairy cattle, bottle bucket calves, poultry, rabbits or goats (dairy or meat) must be FSQA certified. These animals may be exhibited in a market or breeding class. In either case, FSQA certification is required. Livestock exhibition is not allowed if certification is not completed. Certification must be complete before June 26.
- Letters will be sent to 4-H'ers if they might need to certify or re-certify. **FSQA does not apply to clover kids.**
- **Participation Requirements determined by youth's age on January 1, 2009 (How old were you on Jan. 1?)**
 - **Youth ages 9-11** must attend the program each year. These participants cannot take a test.
 - **Youth ages 12-14** may attend the program each year or take a test. Youth passing the test will then be certified until they turn 15.
 - **Youth ages 15-18** may attend the program each year or take a test. Youth passing the test will then be certified until they turn 19. (Exception: 4-H swine producers that turn 18 will need to complete the National Pork Board Adult PQA).
- Testing during the training will be an option this year if age eligible. Upon arrival, participants will need to decide if they will participate in the training or take the test. Depending on age, tests are 20 or 30 questions (multiple choice and true/false). 70% is passing. Test versions may be taken up to three times that evening. Tests may also be taken at the Extension office by scheduling an appointment. FSQA books are available at the Extension office. The cost is \$2.50 each.
- Attending the program or taking the test certifies the 4-H'er/FFA member for all listed livestock species.
- **If unable to attend the training March 23, then contact Mary asap for an alternative March training date and location.** Contact Mary at 515-382-6551 or mwilkins@iastate.edu with your fsqa questions.

Reminders:

2009 STORY COUNTY FAIR BEEF RULE - In the beef barn, butt fans will NOT be allowed in the aisles.

COUNTRY OF ORIGIN LABELING <http://www.extension.iastate.edu/4H/Agriculture/Documents/4H231.pdf>

MARCH 26 – HORSE PROJECT MEETING, 6:30 PM, DUELAND PAVILION

Lee Holtmyer will be bring a horse and talking about hoof care. Come find out more.

MARCH 31 – TRI-COUNTY JUNIOR 4-H CAMP PLANNING MEETING, 6:00 PM, BOONE COUNTY EXTENSION

Junior 4-H'ers are invited to help Annette Brown, Youth Field Specialist, plan a camp available to them. The Tri-county Junior 4-H Camp will be held August 5-7 at the Iowa 4-H Center near Madrid in Boone County. Junior 4-H'ers from Boone, Green, and Story County 4-H'ers are eligible for this camp. Interested families should contact Mary.

APRIL 1 – EARLY/DISCOUNT REGISTRATION DUE FOR SUMMER CAMP OPPORTUNITIES AT THE IOWA 4-H CENTER

<http://www.extension.iastate.edu/4hcenter/summercamp/index.php>

APRIL 1 – NATURE HILLS NURSERY GREEN AMERICA APPLICATIONS DUE

The Nature Hills Nursery Green America Awards have been created to give national recognition and \$5,000 in plants to community groups and organizations which are improving their local environments. The award will be presented annually, beginning in April 2009, to groups and organizations that are literally “greening” their communities, parks, schools and public spaces by planting trees, shrubs and other plants, according to **Omaha-based Nature Hills Nursery**, which sponsors the award. The **Grand Prize** winning garden project will receive **\$2,500 in plants** from Nature Hills Nursery, while the **First Prize** and **Second Prize** winners will receive plants worth **\$1,500** and **\$1,000**, respectively. The plants can be any combination of trees, fruit trees, bushes and shrubs, perennials and vegetable seeds that Nature Hills Nursery offers. Applications for the Nature Hills Nursery Green America Award will be accepted nationwide until April 1, 2009. The winners of the 2009 will be announced on April 17, 2009. http://www.naturehills.com/green_america_awards.aspx

APRIL 15 – REGISTRATION DUE - CENTRAL IOWA 4-H INTERMEDIATE TRIP: 7TH & 8TH GRADE TWIN CITIES TRIP JUNE 23-25

Make plans to join the fun in discovering some great places around Minneapolis and St. Paul, June 23rd-25th, 2009. You will meet 4-H'ers from 16 other counties in Central Iowa. The places you'll be visiting include: Cabela's, Minnesota Zoo, Mall of America, Rainforest Café, Science Museum Of Minnesota, Pizza Lucé, Mill City historic flour mill museum, Minneapolis Sculpture Garden, Valleyfair Amusement Park, and Padelford Packet River Showboat with comedy performance “*Is there a Doctor in the House?*” Think of all the project areas and life skills that are related to the trip: animal science, science and technology, history, theatre arts, money management, consumer product selection, food and nutrition, responsibility, citizenship, social skills and of course, LOTS OF FUN! Consider doing a fair exhibit related to this experience. Registration materials are available at the Extension Office. **Early registration deadline is April 30.** Trip cost is \$255. This covers all attractions, hotel, transportation and some meals. Register early. If buses are not filled by April 30, youth who participated last year as 7th graders, may register for this year (must register by May 15th).

MAY 15 – 4-H'ERS FOR 4-H CAMPAIGN DONATIONS DUE

This campaign is conducted by the 2008-09 State 4-H Council to support projects that benefit Iowa 4-H'ers statewide. “Giving green to achieve your dream” is their 2009 theme. Their recommended donation for club members remains at **\$2.50**. Only clubs that give at the \$2.50 per member level will receive a certificate for your county recognition event. Bragging rights can be claimed for the top counties in each award category (most dollars raised per county, most dollars raised per member, highest percent of gain compared to previous year). Top five counties in each category will be recognized at the State 4-H Youth Conference in June. Shelby County is the reigning champ for the last two years. Who will be number one in 2009???

<http://www.iowa4hfoundation.org/PDF/094Hersfor4HCampaign.pdf>

VOLUNTEER OPPORTUNITIES – If interested, please contact Mary at 515-382-6551 or mwilkins@iastate.edu

Youth Volunteer Opportunities

- **Inspiration Committee plans the Inspiration program** - High school openings available. Meetings are at the Extension office at 5 pm the 4th Monday of September, January, and April.
- **Serve on the Story County 4-H Leadership Team** – grades 9-12. Help guide the 4-H program, plan and implement activities, have fun together!

Youth and Adult Volunteer Opportunities

- **County project workshop facilitators** – Help brainstorm, plan, and implement a project workshop. Resources available at the Extension office too. Share your project knowledge. This could be a great leadership opportunity!
- **Youth Development Committee guides the 4-H program** - High school and adult openings available. Meetings are at 7pm at the Extension office the 4th Monday of each month (not December, July & August).

Adult Volunteer Opportunities

- **Achievement show judges** – visit with 4-H'ers about their fair exhibit preparations at a club meeting. Communication contest entries may be included.

DOLLARS AVAILABLE FROM THE STORY COUNTY 4-H FOUNDATION

The Foundation accepts requests four times a year.....March 1, June 1, September 1, December 1. For more details on what is available, check out <http://www.extension.iastate.edu/story/news/foundationgrants.htm>. If you have questions, call the office at 382-6551 or talk to a Foundation board member.

4-H LICENSE PLATE



Support Iowa 4-H with the new 4-H license plate. The Iowa 4-H Foundation has applied for an official 4-H license plate and to create this special designed plate, 500 pre-paid orders must be submitted by July 14. Get your license plate today by filling out the application form online at www.iowa4hfoundation.org.

License plates are \$35 for numbered plates and \$60 for personalized plates. Application and payment by check or money order are to be sent to: Iowa 4-H Foundation, 3630 Extension Bldg, ISU, Ames, IA 50011.

4-H CLUB CARDS FOR IOWA 4-H FOUNDATION SUPPORTERS – BIRTHDAY CARDS WELCOME

This year over 80 clubs helped us share the Christmas Spirit with over 2,000 4-H friends and supporters – Thank You! If your club missed making cards, its not too late! The Iowa 4-H Foundation also sends out home-made Birthday Cards to many of our supporters, donors, and important advocates for the 4-H program to help show our appreciation for their generous gifts. Cards should be equal to the size of a normal sheet of paper folded in quarters (approximately 5 ½ by 4 ¼ inches) with envelopes. It's often a nice touch for 4-H'ers to put their club name and county on the back of the card. Please send your cards to the Iowa 4-H Foundation; Extension 4-H Youth Building, Iowa State University, Ames, IA 50011-3630. Thank you for your help and support! If you have any questions please contact Roberta North, rnorth@iastate.edu, 515-294-1537.

SEWING RESOURCES

Drawstring Shorts/Pants Pattern and Samples The state 4-H office has two sets of drawstring (or elastic) shorts/pants patterns and samples made in uni-sizes extra small, small, medium, large and extra large available for checkout. The actual pattern, McCalls 2586 is no longer available. However, we will have traceable patterns for each size and 4-H'ers can try on the sample sizes to determine what size they need and if any alterations need to be made. We hope this will eliminate the sewing barrier of not having the completed garment fit! Simplified directions for the basic pants or shorts will be available soon. If you would like to reserve the pattern and pattern samples for a workshop, contact Mary Kay at mklitzel@iastate.edu with your proposed dates and when you will be able to pick up and return the box and she'll let you know if they are available.

Source for Sewing Activities and Ideas <http://extension.usu.edu/sites/4hsewing/sewing/activityguide.htm>.

This was written as a supplement to the Clothing-Sewing manuals currently used. If you've had success with other sewing ideas, please let me know and we can pass them on to others.



STATE FAIR SWINE WEIGH IN DATES & LOCATIONS

STATE FAIR SWINE INTENT TO PARTICIPATE

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CALENDAR

FSQA tests can be taken now by scheduling an appointment with the Extension office or by making arrangements with Mary for testing outside of Extension office hours.

March

- 1 Horse Jamboree Entries Due to State 4-H Office
- 1 Ag & Land Stewardship Grant Proposals due in Iowa 4-H Foundation Office
- 1 Story County 4-H Foundation Grants Due
- 2 Iowa 4-H Horse Adobe Connect, 7 pm
- 2 Communication Contest Entries Due
- 5 Registration due for Showmaster Boot Camp
- 6 Registration due for 4-H Shooting Sports Instructor Training
- 6 4-H Night at ISU Men's Hockey Game, 7:30 pm
- 7 Area/State 4-H Award Interviews (March 14 snow date)
- 7 4-H Day at ISU Women's Basketball Game, 7pm
- 9 Fairboard Meeting, 7pm, Extension Office
- 12 Poultry and Rabbit FSQA Training, 6:30 pm, Boone County Fairgrounds
- 14 Showmaster Boot Camp, 8 am, Iowa City
- 16 Central Iowa 4-H Council Retreat Registration Due
- 20 State Fair 4-H Swine Weigh Intent to Participate Due
- 23 FSQA Training & Testing, 6:30 pm, Christy Hall
- 26 4-H Horse Project Meeting, 6:30 pm, Dueland Pavilion
- 27-28 Communication Contest, Story City
- 27-29 Shooting sports training for 4-H volunteers, Iowa 4-H Center
- 28-29 Iowa 4-H Horse Jamboree, Kildee Hall, ISU
- 28-29 Central Area 4-H Council Retreat, Iowa 4-H Center
- 29 Leadership Team, 3 pm, Extension Office
- 30 DVD viewing of trainings for 4-H Volunteer, 5 pm, Extension office**
- 30 Youth Development Committee, 7 pm, Extension Office
- 31 Tri County Junior Camp Planning meeting, 6-7:30 pm, Boone County Extension Office

April

- 1 Iowa 4-H Camp Discounted Registrations Due
- 10 Extension Office Closed
- 15 Bottle bucket calf meeting, 6:30 pm, Extension office
- 15 Registration for Central Iowa 4-H Intermediate Twin Cities Trip
- 18 Float in the ISU Veishea Parade
- 18 County Swine Weigh-in
- 25 Iowa 4-H Center Spring Cleaning Day
- 26 Leadership Team, 3 pm, Extension Office
- 27 Inspiration Committee, 5 pm, Extension Office
- 27 Youth Development Committee, 7 pm, Extension Office
- 28 4-H Club Leader Meetings, Extension office
- 30 Horse Project Meeting, 6:30 pm, Extension office**

May

- TBA Dog classes
- TBA State 4-H Conference Registrations
- 1 Iowa 4-H Foundation Financial Assistance Applications Due
- 8 Meat goat weigh-in, 7-8 pm, Story County Fairgrounds
- 9 Sheep weigh-in, Story County Fairgrounds
- 15 Livestock ID Forms due to the Extension Office before 5 pm
- 15 4-H enrollment due for county fair exhibition
- 15 4-H'ers for 4-H Campaign Donations due to Extension Office
- 25 Holiday – Extension office closed

June

- 1 Story County 4-H Foundation Grants Due
- 3 Horse school (every Wednesday until fair)
- 6 Bottle Bucket Calf Weigh-in, 9-10:30 am, Fairgrounds
- 6-13 Central Iowa 4-H Citizenship Washington Focus Trip to Washington DC
- 15 Livestock identification due for additional market sheep & swine for shows after September 1.
- 15 Story County 4-H Foundation Brick Order Due
- 17-19 Photo camp for Intermediate & Senior 4-H'ers
- 17-21 Horse Camp
- 21 Horse Practice Show & Team Penning
- 23-25 Central Iowa Intermediate 4-H Twin Cities Trip
- 26 Story County Fair Entries Due
- 28 Leadership Team, Extension Office
- 29 Youth Development Committee, 7 pm, Ext. Office
- 30-7/2 State 4-H Conference

July

- 6/30-2 State 4-H Conference
- 1 State Fair Entries due to Extension Office
- 2 Story County Fair Late Entry Deadline
- 3 Holiday – Extension Office Closed
- 10-12 Fair at the Mall
- 14-16 Flower/Vegetable Garden Tour (possible dates)
- 15 Fairboard/Superintendent Meeting
- 20 Fair Set-Up Night
- 23 Entry day in Christy Hall and Community Building
- 24-29 Story County Youth Fair
- 26 Inspiration Program, 6:30 pm, Gates Hall

August

- 5-7 Tri-county Junior 4-H Camp
- 13-23 Iowa State Fair



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220 H Avenue

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RETURN SERVICE REQUESTED

March 2009 Central Area 4-H Council Retreat: Registration Slip (Due March 16th)

Enclose \$15 check payable to "ISU Extension". Mail to: Jeff Macomber, ISU Extension-Dallas County, 28059 Fairground Rd, Adel IA 50003

First Name: _____ Last Name: _____ 4-H County: _____

Mailing Address:

• Address _____ City _____ Zip _____

Contact Information:

• Phone _____ Cell _____

• E-mail _____

Demographics (please circle):

• Gender: Female or Male

• Grade Currently in: 9th 10th 11th 12th

