



THE BUENA VISTA COUNTY

4-H Basketball Festival

Sunday, March 21, 2010

Date Change

Registration starts at 12:30 PM

Newell-Fonda High School in Newell, IA

Forms can be picked up at the

B.V.C. Extension Office,

from your leader, or on the web at:

www.extension.iastate.edu/buenavista/kidsandteens



Bring Baked Items to the 4-H Bake Sale

Sunday, March 21, 2010 at the 4-H Basketball Tournament in Newell at 12:30 pm! All proceeds will go towards Camperships.

March Workshops

Pillowcase Workshop

Make a Pillowcase, Make a Difference, This workshop will be held Saturday, March 13th from 8:30-11am. Please RSVP by Friday, March 12th. Call the extension office for more details!

Bucket/Bottle Calf Workshop

Learn about caring and showing a bucket/bottle calf. Monday, March 8, 2010 at 6:30pm.

\$15 Challenge Workshop

Are you thinking "What can I do in the 4-H clothing project if I can't sew or don't want to sew? Do you buy clothes? If so there is something for you in the 4-H Clothing Project! If your passion is fashion, this project is for you! **\$15 Challenge**- Purchase an outfit that represents the 4-H'ers intended use that must cost \$15 or less. Outfits must be purchased at a garage sale, consignment store, or resale shop. Saturday, March 27, 2010. 9 am.-11 am we will end this workshop by visiting the SOS Thrift Shop.

Winter Office Hours

Monday - Friday

8:00 a.m. - 12 p.m.

12:30 p.m. - 4:30 p.m.

<ul style="list-style-type: none"> Pillow Challenge Fairboard Meeting FSQA 	2
<ul style="list-style-type: none"> Summer Camps 4-H'ers for 4-H State Fair Schedule 4H'ers in Action 	3
<ul style="list-style-type: none"> State Fair Swine Weigh IN 4-H Livestock Email Jr Iron Chef Growing in the Garden 	4
<ul style="list-style-type: none"> Calendar 	5

ISU Extension - Buena Vista County Staff

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**Now it's time to show our communities how much we care.
You can help: Make a Pillowcase, Make a Difference.**

Here's a challenge for your 4-H Club!! Which club can make the most pillowcases to donate to a charity.

4-H'ers are welcome to come to the office the weeks of March 8– 19 to sew pillowcases, sewing machines will be available. Materials will be furnished.

Or

You can attend the Saturday, March 13th workshop and make one as a 4-H project and make one to be donated. This idea is part of the American Patchwork and Quilting 1 Million Pillowcase Challenge.



**Do you want to be able to have a profound
impact on your county fair?**

The Buena Vista County Fair Board is currently in need of individuals interested in volunteering their time to produce our county fair. Anyone interested in joining this Board or wanting more information, is invited to attend their next meeting, Monday, March 8, 2010 7 pm, at the AEA Building in Storm Lake. Join us and help make this a successful year!

The 4-H Food Safety and Quality Assurance (FSQA) program will again be in place for 2010. **ALL** beef, swine, sheep, dairy, **poultry** and **rabbit** exhibitors will need to be certified in order to attend the Buena Vista County Fair, Iowa State Fair and the Clay County Fair.

The guidelines for the 2010 Iowa 4-H Food Safety and Quality Assurance Program are as follows:

- All 4-H swine, beef, sheep, dairy, rabbits and poultry exhibitors must be certified in FSQA.
- Youth, ages 9-11 by Friday, January 1, 2010, must recertify in FSQA annually.
- Youth, ages 12-14 by Friday, January 1, 2010, can attend a training annually or complete a test which will certify them until they turn 15.
- Youth, ages 15-18 by Friday, January 1, 2010, can attend a training annually or complete a test which will certify them until they turn 19.

Youth can be certified in FSQA by attending an extension sponsored FSQA training. Youth are able to attend training in any county, however, they must contact the host county to pre-register.

Monday, April 19, 2010, Storm Lake Middle School

Testing begins at 6:00 p.m.

Class from 6:30-8:30 p.m.

Call the Extension Office to register at: (712) 732-5056 or deberp@iastate.edu



ISU Exploration Days

ISU College of Human Services will be opening up their doors during the months of March and April. Register now for campus visit days directly related to career interests such as Hospitality, Human Development and Family Studies, Food Science and Human Nutrition Day, Education, Endless Opportunities Day, and Behind the Scenes Day. For more information or to register online go to: www.hs.iastate.edu/future/deptdays/.

Summer Camp

NOW ON LINE at www.iowa4hcamp.com/summercamp. Eight new camps for 2010! Discounts available for 4-H members, siblings, and early-registrations. Camp registrations must be post-marked by Thursday, April 1 to receive the early registration discount. TELL A FRIEND and get \$20 in your campers store account when the friend writes your campers name on the "recruited by" line on the registration form. Recruited friends must be first year campers and non-siblings. Financial aid forms for Iowa 4-H Foundation scholarships are due to the BV County Extension Office by Saturday, May 1st! Remember, the BV County Campership is available. Sign-up NOW!

4-H'ers for 4-H Campaign

The annual 4-H'ers for 4-H Campaign is a cooperative fundraiser between the State 4-H Council and the Iowa 4-H Foundation which will begin on Monday, March 1st. The theme this year is "Giving Back for 25 Years" with a goal of \$2.75 per club member this year to support programs and activities that benefit all Iowa 4-H'ers. Campaign material and instructions will be sent to the leaders and can be found at the Extension Office. Clubs are asked to submit their contributions to the Extension Office by Friday, **May 14, 2010**, with the check made out to the Iowa 4-H Foundation.



State Fair Schedule

The new 2010 State Fair 4H Livestock schedule is now online at: www.extension.iastate.edu/4h/StateFair/livestock.htm. There are some big changes for swine this year so take a look. Also for horse arrival and meat goat check-in and show times. Take a look!

Hoover Uncommon Award

This award honors students who propose and accomplish a project on their own design and choosing. Grades, test scores, essays, and financial needs are NOT evaluated. This is for high school juniors only. The 2010 application information is available at the Hoover Association web page at: www.hooverassociation.org/uncommonstudentpage.html or at the office. Applications are due by Wednesday, **March 31, 2010**.

4-H'ers in Action

The Iowa 4-H Foundation announces a special opportunity for all 4-H members to participate in the fourth annual, statewide photo exhibition titled, "4-H'ers in Action!" The exhibition will feature the best photo from each participating county and will be displayed at the 2010 Iowa State Fair. Photos selected for exhibition will also be considered for future promotional materials. This is open to all 4-H'ers in grades 4-12. All photos will need to be submitted on Static Judging Day on Monday, **July 19th** to Debbie.

Staff WANTED!

Caring young adults are needed to work as counselors, lifeguards, activity leaders, day camp staff, and office workers to make a positive difference in the life of campers this summer. Applications are currently being taken for the 2010 camp season. Applications and job descriptions are available at www.iowa4hcamp.com/summeremployment. Positions are open until filled. Salaries with room, board, training, and certifications provided. Staff need to be 18+. Applications are due by Friday, April 30th.





State Fair Swine Weigh-In

The 2010 State Fair swine regional weigh-in site dates and locations are posted at: www.extension.iastate.edu/4h/projects/livestock/swine.htm. On the website you will find:

1. 2010 Rule Changes & Weigh-In Information
2. Regional Site Locations

Intent to Participate Form—due to State Office by Saturday, March 20th.

If you need the packet please contact the BV County Extension Office at 712/732-5056

4-H Livestock Email

NEW! All parents, 4-H'ers and leaders can sign-up now for the livestock email. Subscribers will get periodic emails about important livestock deadlines, identification reminders, general reminders, and other announcements regarding 4-H livestock from the State 4-H Office. The website is <http://mailman.iastate.edu/mailman/listinfo> On the website click on the species you would like to receive emails about or sign-up for all of them! Please note that subscribers CANNOT send or reply to the email as they are for information only.



ISU 4-H Region 6-Multi County

Growing in the Garden

Free Volunteer Training

From planning a salsa garden to exploring a prairie, Iowa State University Extension and 4-H partners are being invited Thursday, April 8, 2010 to an environmental literacy workshop that will provide a one-time grant sponsored training, resources and a network for teaching youth hands-on environmental, agricultural and nutritional experiences.

Thursday, April 8, 2010 from 5 to 9 p.m.

Storm Lake Area Education Agency Meeting Room

For more information contact the ISU Extension Office at 712-732-5056. Must register by Thursday, April 1, 2010 for free registration otherwise there is a \$12 fee. Register by contacting 712-662-7131

Your Cooking Talents are needed for 4-H Jr Chef Clubs

Do you love to cook? Do you want to share your culinary talent with youth? Our county is looking to create 4-H Jr Chef Clubs and we need volunteers to lead these clubs.

As a leader of a 4-H Jr Chef Club, you will work on teaching 5-10 youth how to prepare foods, the importance of food safety, kitchen safety, and how to eat healthy. You will have access to many resources including a Junior Chef Club cooking curriculum from Washington State University Extension. The curriculum guides you through each club meeting. Your local county extension office will have Jr Chef Club resources available for you.

Your club members will have the opportunity to participate in the first annual multi-county 4-H Jr Iron Chef Contest on Tuesday, June 15 in Storm Lake, Iowa.

To learn more about becoming a leader of a 4-H Junior Chef Club, contact the BV County Extension Office, or Region 6 Youth Program Specialist Carol Ehlers, ehlers@iastate.edu at 712/732-5056.

4-H Jr Iron Chef Contest –

Can you handle the heat?

Do you like a challenge? Do you want to test your cooking skills against other 4-H'ers? Can you handle the heat? If the answer is "YES", then plan to attend the first annual 4-H Jr Iron Chef Contest hosted by the Youth Program Specialists of Region 5 and 6.

The multi-county 4-H Jr Iron Chef Contest will be held on Tuesday, June 15 at the Storm Lake Middle School from 4:30-7:30 p.m. Teams of two will be preparing a secret recipe from scratch. Contestants must have completed 6th grade and above by the contest date. Chefs representing Buena Vista University and Iowa Central Community College will discuss culinary careers and skills.

For more information contact Debbie Erpelding, BV County Youth Coordinator, or Region 6 Youth Program Specialist Carol Ehlers, ehlers@iastate.edu at 712/732-5056.

4-H Sheep Weigh-In

Saturday, May 1

9:00—10:45 a.m.

Rusty Corderman's Farm
2344 650th Street, Newell

For more information or questions call:



Rusty Corderman

272-3532 or

Marty Olsen 272-4230





THE BUENA VISTA COUNTY 4-H MOTIVATOR

MARCH 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Shooting Sports 2 nd year and up 7pm	2 Area Awards Due	3	4	5 Basketball Forms Due	6 MVA Meeting 7pm
7 CYC Meeting 2 Newell Boosters 2:30 pm AEA	8 Extension Council Shooting Sports Sr's and 1st yr members Bucket/Bottle Workshop 6:30pm	9	10	11	12	13 Pillow Workshop 8:30 am
14 Fairfield Meeting	15 Special Swine Meeting 7 pm	16	17	18 CWF Orientation Emmetsburg	19	20 Swine Intent forms Due
21 Basketball Tournament	22	23	24	25	26	27 \$15 Challenge Workshop 9 am
28	29	30	31			

APRIL 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Growing In The Garden Registra- tion Due	2	3 Newell Boosters 8 am MVA Meeting 7pm
4	5 BV Equine 7pm CWF Orientation Storm Lake Shooting Sports 2 nd year and up 7pm	6	7	8 Volunteer Growing In The Garden Training 5 to 9	9	10
11	12 Extension Coun- cil 5:15 pm Shooting Sports Sr's and 1st yr members	13	14	15 Leaders Training 7 pm 4-H Executive Committee 8 pm	16	17
18 CYC 2pm	19 FSQA 7 pm @SLMS	20	21	22	23	24
25	26 Providence Meeting	27 Dog Obedience 7pm	28	29 Communications Workshop	30	

Important Dates

- ⇒ Area/State Awards Due Monday, March 1, 2010
- ⇒ Bucket/Bottle Workshop, Monday, March 8, 2010
- ⇒ Pillow Workshop, Saturday, March 13, 2010
- ⇒ \$15 Challenge Workshop, Saturday, March 27, 2010
- ⇒ 4-H Basketball Festival Sunday, March 21, 2010
- ⇒ CWF Orientation, Monday April 5th , 2010-Hope Free Church Storm Lake
- ⇒ FSQA Training, Monday, April 19, 2010-Storm Lake Middle School
- ⇒ Communications Workshop, Thursday April 29, 2010
- ⇒ Sheep Weigh In Saturday, May 1, 2010
- ⇒ Add/Drop Projects Monday, May 3, 2010
- ⇒ Buena Vista County Fair July 22-25, 2010

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Buena Vista County Extension

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