

Topics for 4-H Club Roll Call or Extemporaneous Speaking

(For Extemporaneous Speaking - Print the list of topics and cut apart.
Have 4-H members draw three topics and select one to talk on.
Give a few minutes to prepare (30 minutes for county contest.)
Speak before the group on topic (4 - 6 minutes for county contest.)

1. My favorite 4-H project area and why.
2. My most embarrassing fair moment.
3. What I like best about 4-H and why.
4. Name one thing I can do to make my eating habits healthier.
5. Discuss and describe "how to eat spaghetti".
6. What I dislike about record books and what I like. How I can make them easier?
7. My most memorable 4-H experience.
8. What do I like most about 4-H camp.
9. The most difficult exhibit I've ever done.
10. My most disastrous moment in the kitchen.
11. Something a judge said that I learned from.
12. When have I been disappointed by a ribbon a judge gave me? What did I do about it?
13. What is my favorite part of the county fair?
14. If I could change one thing in 4-H, what would it be? Why? How would I change it?
15. Name 3 things you have learned in 4-H that you probably would not have learned elsewhere.
16. Cleaning the refrigerator in your house - how do you do it? How often is it done? And what is the most disgusting thing you have ever found in it.
17. Discuss the chore of taking out the garbage.
18. Tell how to clean the bathroom including toilet and tub.
19. What is my favorite family holiday; describe traditions and why it is your favorite.
20. What do I contribute to my family to help make it better?
21. What are my 2 favorite pastimes or hobbies; describe them and tell what you get out of the experience.
22. Describe the proper way to clean a living room or family room.
23. If someone looks under my bed or in my closet, what will they find?
24. When I am 30 I will be _____. Describe your family and vocational goals or dreams.
25. One place I have read or heard about that I would really like to visit is _____. Describe the place and discuss why you think you would like it.
26. A favorite book I have read is - tell about the story and why you liked it.
27. Describe how you would teach someone to ride a bike.

28. If you could meet any famous person in history (past or current) who would it be? Why? What 3 things would you like to ask them?
29. If you had 2 days left to live, what would you do?
30. Describe the process of making a peanut butter and jelly sandwich - include type of bread; which is best, creamy or chunky; the best flavor of jelly, and how to put the sandwich together.
31. Describe the qualities and attributes of your favorite teacher.
32. When I go to bed at night, I usually think about _____.
33. My favorite season of the year is _____ because _____. The things I enjoy doing during that time are _____.
34. Describe at least 3 different ways to eat an Oreo cookie.
35. If I could be President for 1 month, what are some things I'd like to do?
36. Share a favorite story one of your parents have told about their childhood.
37. One rule in my house I'd like to change is _____. How would I change it? What would possibly happen if that rule changed?
38. What does the 4th of July mean to me?
39. Give a specific example of how you live each part of the 4-H pledge. Head-heart- health-hands.
40. Describe your Mother and/or Dad's job.
41. Describe something funny you did when you were very little that your parents still talk about.
42. Discuss your opinions/feelings about violence on TV
43. Describe a school rule that you think should be changed or added and why.
44. Describe the art of eating an orange.
45. If you planned the menu for your favorite home-cooked meal, what would it include?
46. Describe and demonstrate (as much as possible) the correct procedure for brushing your teeth.
47. What clothing or hair style trend do you think is really neat (describe it)? And what one do you think is really dumb (describe it)?
48. What do I remember most about kindergarten?
49. Name and describe at least 3 talents, gifts, or abilities that you have and how you use them.
50. If I could have been born in another time in history, when would it be and why?
51. Describe the job or chore you have at home that you dislike the most and why.
52. Describe one design element or principle.
53. What is something new I would like to learn or experience through 4-H this year.
54. What is a new activity or experience I would like to see our club participate in?