

# IOWA STATE UNIVERSITY

## University Extension



**(Temporary office)**

### County Extension Staff

Sue Henderson  
*County Extension Education Director*

Angela Tratchel  
*County Youth Coordinator*

Marilyn Walker  
*Office Assistant*

Sue Wasson  
*Administrative Assistant*

Mary Clouse  
*BASICS/ Nest coordinator*

Gail Smith  
*BASICS*

Julie Perry  
*BASICS/ CPPC*

Autumn Denato  
*Tobacco Prevention Coordinator*

Sara Persons  
*AmeriCorps*

Mark Carlton  
*Field Agronomist*

### Staff Serving Monroe County, but based in other counties

Barbara Anderson  
*Family Nutrition*

Himar Hernandez  
*Communities*

Byron Leu  
*Livestock*

Bob Wells  
*Farm Management*

Kristi Cooper  
*Family Life*

Mary Weinand  
*Family resource*

Brenda Spurgeon  
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### Monroe County Extension

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*Get inside Extension and discover how we support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make (name) County a better place to live. You'll be amazed at what we do.*

Terry Maloy  
*Extension Council Chair*

Sue Henderson  
*County Extension Education Director*

### Healthy People

#### Healthy snack program delivered in the schools

Over the past couple of years, the "Pick a Better Snack" program was delivered to over 500 K-5<sup>th</sup> graders in Albia, Eddyville and Blakesburg school districts.



Typically over a six-week period, the program introduced a different fruit or vegetable each time the classroom was visited. Also, a story was demonstrated the importance of literacy. It is funded by Monroe County Extension Council and Iowa

Department of Public Health.

### Healthy Environments

Herbicides, pesticides, fertilizers—they can be important tools for keeping plants, vegetables, fruits and lawns healthy, but they are also an environmental problem if not used correctly.

Monroe county Master Gardeners are trained to help clients manage disease and insect problems in the best way.



## 2009 Monroe County Extension Council

Chair - Terry Maloy  
Vice-Chair - Jennifer Dalman  
Secretary - Margaret Mordan  
Treasurer - Janice Crall

Council Members:  
Joe Sinnott  
Karen McCarty  
Hjalmer Lindberg  
Paul Ammons  
George Mosley

Every Iowa County has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Reduction of Energy costs
- Women in Agriculture
- Youth Financial Education
- Youth Health and Nutrition
- Economic Development
- Marketing



**We connect you to Iowa State University.**

We are your local link to make connections for campus enrollment, continuing education, campus visits, campus exhibits, conferences, camps, and sporting events.

... and justice for all  
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### Healthy Environments - continued

Some times that means removing Japanese beetles by hand; or learning to use fertilizer in the correct amount and at the best time.

It may mean that a disease needs to run its course without any intervention.

Master Gardener speaking Engagements and events reached many clients last year.

### Healthy Economies

#### Healthy Economies- Community Discussions on the Bioeconomy

Extension offices across the state held meeting led by community participants.

Extension staff worked with a common list of general questions to ensure that each county discussed similar issues.



Participants offered opinions ranging from optimism to concerns about the future of the bioeconomy.

The goal of this ISU Extension project was to gather an objective set of opinions on the bioeconomy from the broadest possible base of Iowans.

It also served to begin community discussions about key items surrounding the needs and

opportunities that the bioeconomy may present to Monroe County. This discussion led by Extension initiated dialogue between many groups within the community which may not commonly work together.

### Impact

#### 4-H expands into new arenas

The tradition of 4-H is alive and well in Monroe County with 9 - 4-H Clubs, led by more than 28 volunteer leaders that reach more than 140 youth.

During the past year, several new efforts have begun and show much promise. Through a partnership with Steel Clay, a new shooting-sports club has started. The emphasis of this club is safety education as well as the skill of shooting. Several types of disciplines are offered including rifle, archery, muzzle loading, and shot gun.

During early out school days, youth have numerous opportunities to fish, bake, sew, crochet, knit, and create!

Monroe County 4-H enrollment has risen consistently over the past three years with

2007 - 126 members

2008 - 128 members

2009 - 141 members

