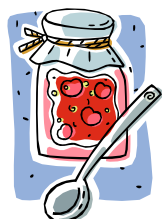


IOWA STATE UNIVERSITY

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319-653-4811
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Extension Family Insights April 2011



Get Ready NOW for Canning Season

Food Preservation with Jan Temple



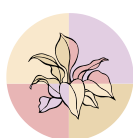
The seeds and plants may just be going into the ground, but it's not too early to learn or brush up on your food preservation skills. Washington County Extension is sponsoring a workshop on Thursday, April 7 from 6:30 to 8:00 PM at the Washington County Extension Office.

Jan Temple, Region 15 Nutrition and Food Safety Program Director, will lead the workshop. She will cover such topics as: pressure canning versus water bath canning - how do you know which method to use; jar and lid selection and use; how full to fill the jars; reasons for loss of liquid from jars; an overview of canning acid and low acid foods; key points to remember when freezing food; sources of reliable information for food preservation.

Samples will be provided of several foods and each attendee will receive a packet of information. Cost of the workshop is \$5 per person. Pre-registration is requested to ensure adequate materials and samples. Payment may be made at the door. Contact Washington County Extension at 319-653-4811 to register.

Pressure Canners to be Tested

Washington County Extension will offer testing of dial gauge pressure canners. Pressure canners with a dial-type pressure gauge should be tested each year for accuracy. Canner lids will be tested from 8:00 a.m. - 10:00 a.m. on June 1 and June 8. Lids may be dropped off at the Extension Office prior to those dates and picked up after testing. To have a dial-gauge canner tested, **bring the canner lid only**. The entire canner is not needed. There will be no charge for canners tested on these two dates. You will be contacted when your lid is ready to pick up or you may wait until it is done. Contact our office for more information.



Sustainable Home Landscapes – Do you need help placing the right plant in the right place? This new publication available from Washington County Extension provides information on creating an environmentally friendly, economically feasible, and beautiful landscape by placing the right plant at the right place.

Gene Mohling, Regional Extension Education Director

Iowa State University and U.S. Department of Agriculture cooperating Extension programs are available to all without regard to race, color, natural origin, religion, sex, age, or disability