

## **STILL TIME TO INSULATE AND SEAL AREAS IN YOUR HOME OR BUSINESS**

**January 5, 2009**  
**Tip of the Week**

With several months of cold weather remaining, it's not too late to insulate and seal areas of your home or business that might need it. The easiest places to address are those common areas where cold air leaks into your building.

- Install weather stripping around door frames and especially at the bottoms of doors.
- Buy a can of expanding foam insulation and seal around the following:
  - Where cable TV and phone lines come into your building
  - Where gas lines come in the building
  - Where dryer vents exit the building
  - Where water lines exit the house for hose bibs
  - Where air conditioning lines enter the house
- Install the right amount of insulation in your attic. In our area, we need from R-38 to R-49 in our attics. That's roughly 15" to 19" inches of insulation. Measure yours, if you don't have that much, add more or hire a contractor to do it for you. It won't take much time at all for this investment to pay for itself.