



# CLOVER CONNECTION



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## From the Desk of Steph Erpelding

4-H—What’s in it for YOU?

The excitement of fair is over and our 4-H year is coming to an end. The weather is starting to get cooler and for most of us life is slowing down, hopefully! The time has given me the chance to reflect on the past year - all of the great things that have happened with our youth in Sac County 4-H.

4-H is a powerful vehicle for helping kids develop competence, confidence, character, and compassion for others as evidenced by research conducted last year by Tufts University. The study also revealed that kids who participated in 4-H were 3.5 times more likely to contribute to their families, themselves and their communities.

Through 4-H, youth have the opportunity to work with caring, committed adult volunteers. These opportunities for positive youth development, reduce the likelihood of youth to engage in risky behaviors such as underage drinking, smoking, bullying, and vandalism. The 4-H promise to kids and parents is: Fun, Friends, Choices, Great Trips, and Events, A safe place to learn and do new things, Leadership, Citizenship, Communication skills, Service opportunities, Scholarship opportunities, Adults who care, and Hands-On experiences.

Is it worth it? You BET! Tell your friends to JOIN TODAY!

*Steph Erpelding*

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CWF Flier  
4H Online





## COUNTY 4-H NEWS

# IDA/SAC Skating Party

We will kick off National 4-H Week with the annual Ida-Sac Skating Party held Sunday, October 2 from 1-4pm at the Skate Palace in Ida Grove. Cost is \$5 with no cost to parents, grandparent, kids who want to watch. This is open to all 4-H families and their friends! Don't forget to bring money for the snack bar! There will be door prizes!



## COUNTY 4-H NEWS

# Sac County 4-H Council Applications



Sac County 4-H Council applications are due to the Sac County Extension Office by September 23. County Council is for 4-H members in high school looking to provide leadership to the county 4-H program. The county council sponsors activities such as pitch-a-pie, Junior 4-H Lock-in, Leadership Camp, penny wars, and much more! We are looking for fun and energetic people to join the team! Applications are available now at the ISU, Sac County Extension Office or our website at: [www.extension.iastate.edu/sac](http://www.extension.iastate.edu/sac).

## FAIR NEWS

# Penny War Results

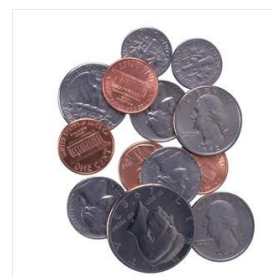
Thanks to all of you who made the Penny War such a success again this year. There was \$140.35 raised. Remember the winning club will receive 30% of all money raised and the rest will go towards the Sac County 4-H Endowment.

Winner: Early Achievers with positive 1087 points

Second Place: Innovative Pioneers with positive 367 points

Below is the amount that each club received in their box, (remember: positive points were given to those who had pennies and negative points were given to silver coins and dollar bills).

Early Achievers	\$50.37
Jacksons	\$33.19
Schaller Shamrocks	\$15.55
Innovative Pioneers	\$12.97
Nemaha 4H	\$9.15
Viola Visions/Wall Lake Bandits	\$6.69
Sac Green Team	\$4.90
Sac County Horseshoes	\$3.94
Richland Robins/OA Showmen	\$3.59



**4-H IS HANDS-ON LEARNING**



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#### COUNTY 4-H NEWS

## Congrats!

Congratulations goes to Cathy Cook of Wall Lake as she joined other inductees into the 2011 Iowa 4-H Hall of Fame during a ceremony at the 4-H Exhibits Building at the Iowa State Fair. Inductees into the Hall of Fame received recognition for their outstanding service and dedication to 4-H and were presented a plaque by the Iowa 4-H Foundation. Congrats!

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#### COUNTY 4-H NEWS

## Leader Training



How to Cook up a Healthy 4-H Program? At this fall's leader training, Iowa 4-H volunteers will explore this topic and get ideas that they can incorporate. This training is part of the statewide 4-H volunteer training and will be held on **Wednesday September 14, 2011** starting at **7pm** at the **Sac County Extension Office** meeting room. A benefit of participating in the face-to-face leader training is the interaction and sharing. If you are not able to attend the training, contact the Extension office to learn more about participating through other training options. Please **register** by contacting the Sac County Extension Office by **September 13th**. There will be a lot of information to show leaders how to instruct the 4-H families to re-enroll on 4-H Online and how to allow new members to enroll on 4-H Online.

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#### COUNTY 4-H NEWS

## Salsa Workshop

It's a Salsa Workshop! Master Food Volunteers will use USDA approved methods teaching 4-H'ers how to safely preserve the tastes of summer at a 4-H Salsa Workshop! Please use the Salsa workshop flier to complete the registration and turn in your \$10 to reserve your spot today! There are only 12 spots available! Note: If you can't make it to ours please consider the other counties! Ida—Sept 10th; Buena Vista—Sept 24th; Calhoun—Sept 28th or Cherokee—Oct 15th



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#### COUNTY 4-H NEWS

## NEW Cooperative Inc Photo Contest

NEW Cooperative is providing area youth the opportunity to take part in a contest that brings together creativity and agriculture. The NEW Cooperative Youth Photo Contest, in its 3rd year, is open to kids 12 years of age and under. They may submit two digital photos whose subject is related to NEW Cooperative and/or agriculture. To add to the creativity of the contest, each photo entry should include a title. This will also be included in the judging criteria, along with the photo's relevance to NEW Cooperative services and mission. The deadline is October 14, 2011 to have your photos emailed to [photocontest@newcoop.com](mailto:photocontest@newcoop.com).

**4-H IS HANDS-ON LEARNING**

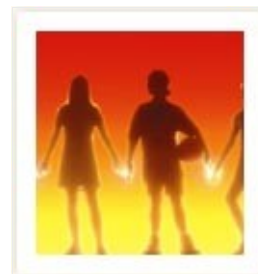


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#### COUNTY 4-H NEWS

## Prudential Spirit Award Applications

Prudential Spirit of Community Award Applications are now available online at [www.prudential.com/spirit](http://www.prudential.com/spirit). This program recognizes youth in **grades 5-12** solely on the basis of volunteer work in their communities. If you or someone you know meets these requirements, please have them pick up an application from the ISU, Sac County Extension Office or the web. Applications are due by **November 1, 2011**. If you are selected, you could receive \$1,000, a silver medallion, and a trip to Washington D.C.!



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#### COUNTY 4-H NEWS

## Awards Event

Nemaha 4H and the 4-H Committee will be hosting an Awards Event (aka. Awards Ceremony) on Sunday, November 20th starting at 2pm with the location TBD. This will be a red carpet event so please dress up and let's have some fun!! Hors d'oeuvres will be served following the presenting of awards and induction of the County Council.

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#### COUNTY 4-H NEWS

## Record Book Workshop



Don't have anything to do since fair is over? Now is a good time to start working on 4-H records! There will be two record book workshops held at the Extension Office on **September 12th from 4-6pm** and on **September 19th from 7-9pm**. Please call the office to register 712/662-7131. Record books are due to the leaders by **September 22nd** and the leaders will need to turn them into the Extension Office by **September 26th**.

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#### FAIR NEWS

## Thank You!

The Extension Staff would like to express our thanks to all who helped make another successful fair! THANK YOU! Through the help of so many, local youth gained support and developed knowledge and skills through their projects and experiences for the future. Also, Thank You to the fairboard as they did a wonderful job keeping the fairgrounds looking great and for the great evening entertainment! THANK YOU!



**4-H IS HANDS-ON LEARNING**



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#### 4-H ONLINE NEWS

## What do I need to do to re-enroll in 4-H?

Go to: <https://iowa.4honline.com>. Enter your family email address that was provided to the Extension Office. Choose "Family" from the "Role" drop-down box. Enter your password that your family has chosen. If you forgot your password choose "I forgot my password" and then click send my password. Open your email browser and find the email from 4HOnline and locate your temporary password. Return to 4H Online and Click "I have a profile" and re-type your email and the new password that was just sent. Paste or type your password exactly as sent by 4HOnline as it is case sensitive. Click log in. You can update your password if you had forgotten it but if you remembered it you will skip this step. You will be taken to the Member list which includes all family members enrolled in 4H: members, leaders, and volunteers. Click "Edit" to the right of the "Inactive" member listed. On the Personal Information screen, scroll to the bottom of the page and click "Enroll for 2011-2012". Now you will have an editable Personal Information screen. Please complete all information that applies to you. Fields in BOLD are required. When you have completed this page, click "Continue". This brings you to the Additional Information page. Check yes for Medical Release Form as you will need to print and fill out a new form or you can initial and old one at your next club meeting. Read and check yes for the Code of Ethics and fill in the boxes with the names. No paper form will be filled out. Hit Continues. Your primary club will be listed and then hit continue. If you wish to add or delete projects you may do so at this point. Hit Submit Enrollment Form. Your enrollment status will show "Pending". Your enrollment will be marked "Active" when your Medical Form has been turned in to the Extension Office.

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#### 4-H ONLINE NEWS

## If you have a new member that has siblings in 4-H!

Follow the same directions as stated above when logging in but when you arrive at the Member List select "youth" on the drop down under **Add a new Family Member**. Click add Member. Follow the same steps when filling out the Personal Information screen and the Additional Information page. You WILL have to print out the Medical Release Form and send to the Extension Office. When you arrive at the Club screen you will need to select your primary club and hit "Add". Your primary club will be listed and then hit continue. If you wish to add or delete projects you may do so at this point. Hit Submit Enrollment Form. Your enrollment status will show "Pending". Your enrollment will be marked "Active" when your Medical Form has been turned in to the Extension Office.

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#### 4-H ONLINE NEWS

## I am a NEW 4-H Member and need to enroll!

Go to: <https://iowa.4honline.com>. Choose "I need to setup a profile". Choose Sac from the drop down menu for the county. Complete the information. Choose "Family" from the "Role" drop-down box. Click log in. You will be taken to the Family Information Page. Complete all of your personal information. Click Continue. You are now at the Member list page. select "youth" on the drop down under **Add a new Family Member**. Click add Member. On the Personal Information screen please complete all information that applies to you. Fields in BOLD are required. When you have completed this page, click "Continue". This brings you to the Additional Information page. You WILL have to print out the Medical Release Form and send to the Extension Office. When you arrive at the Club screen you will need to select your primary club and hit "Add". Your primary club will be listed and then hit continue. If you wish to add or delete projects you may do so at this point. Hit Submit Enrollment Form. Your enrollment status will show "Pending". Your enrollment will be marked "Active" when your Medical Form has been turned in to the Extension Office.

**4-H IS HANDS-ON LEARNING**



## STATE FAIR RESULTS

<b>Breeding Beef</b>		<b>Communications</b>		
Dru Kenny	Blue	Elizabeth Feilmeier,	EP	How to Give an Educational Presentation <b>Merit</b>
<b>Horse</b>		Tyler Pickhinke,	EP	Art of Athletics <b>Recognition</b>
Tasha Ronfeldt	Blue	Grace Feilmeier,	EP	Camel Quilts <b>Recognition</b>
<b>Breeding Sheep</b>		Renaë Drey,	EP	Aim for a Cure <b>Excellence</b>
Lexie Berry	Purple	Kristin Pickhinke,	EP	Life Cycle of a Satin Show Rabbit <b>Excellence</b>
Tanner Berry	Purple <b>Champion Division 3; Reserve Champion Commercial Ewe</b>	Colin Cuthrell,	EP	How to Clean a Shot Gun <b>Recognition</b>
Jason Kenny	1 Blue; 1 Purple	Maggie Steinkamp,	EP	How to Incubate Chicken Eggs <b>Recognition</b>
Zach Kenny	Purple	Jordan Fischer,	EP	Left-Right Brain Quiz <b>Recognition</b>
<b>Market Sheep</b>		Alex Pickhinke,	EP	Walleye Fishing <b>Excellence</b>
Lexie Berry	4 Purple	Kristin Pickhinke, Fallon Vauble, Tiffany Vauble,	WE	Sweet Valentine <b>Excellence</b>
Tanner Berry	4 Purple	Alex Pickhinke,	WE	Paper Butterfly <b>Excellence</b>
Jason Kenny	2 Purple	Mason Drost,	WE	Rock Necklaces <b>Merit</b>
Zach Kenny	2 Blue	Riley Fischer, Hannah Schmidt,	WE	Fling a Ring Thing <b>Excellence</b>
William Rupnow	3 Purple	Tyler Pickhinke, Renaë Drey,	WE	Seasoned Popcorn <b>Excellence</b>
<b>Performance Sheep</b>		Elizabeth Feilmeier	ExtSP	(none) Excellence
Lexie Berry	Purple	Tyler Pickhinke	ExtSP	(none) Recognition
Tanner Berry	Purple <b>Div 2 Reserve Champion Division 2 Live</b>	Early Achievers ,	STF	Convoy <b>Participation</b>
Jason Kenny	Purple	Maggie Steinkamp,	STF	Alma del Core <b>Participation</b>
Zach Kenny	Blue	Tyler Pickhinke, Elizabeth Feilmeier, Grace Feilmeier, Renaë Drey, Regina Carlson,	STF	You Might Be a 4-H'er if... <b>Participation</b>
<b>Breeding Swine</b>		<b>Static Exhibits</b>		
Aubrey Houska	2 Blue	Ethan Batz	Sac City	Red
Carter Niehaus	2 Blue	Regina Carlson	Early	Blue
Kacie Partridge	3 Blue	Alexis Cook	Wall Lake	Red
<b>Derby Swine</b>		Colin Cuthrell	Early	Blue
Aubrey Houska	Blue	Colin Cuthrell	Early	Blue
Lauren Houska	Blue	Megan Drey	Early	Red
Carter Niehaus	Purple	Renaë Drey	Early	Blue
Kacie Partridge	Blue	Renaë Drey	Early	Blue
<b>Market Swine</b>		Elizabeth Feilmeier	Early	Red
Aubrey Houska	4 Blue	Elizabeth Feilmeier Group Entry	Early	Blue
Lauren Houska	1 Purple; 2 Blue	Grace Feilmeier	Early	Blue
Carter Niehaus	3 Blue	Hannah Feilmeier	Early	Blue
Kacie Partridge	1 Purple; 1 Blue	Kallie Goetsch	Galva	Red
<b>Beef Showmanship</b>		Aubrey Houska	Sac City	Blue
Dru Kenny	Purple	Nicole Huser	Sac City	Blue
<b>Sheep Showmanship</b>		Nicole Huser	Sac City	Blue
Lexie Berry	Purple	Emily Jepsen	Early	Blue
Tanner Berry	Purple	Ben Kolbe	Sac City	Red
Jason Kenny	Purple	Brenna Neville	Odebolt	Red
Zach Kenny	Purple	Kacie Partridge	Sac City	Red
William Rupnow	Purple	Kacie Partridge Group Entry	Sac City	Red
<b>Swine Showmanship</b>		Alex Pickhinke	Early	White
Aubrey Houska	Blue	Tyler Pickhinke	Early	Blue
Lauren Houska	Blue	Tyler Pickhinke	Early	DQ
Carter Niehaus	Blue	Sadie Railsback	Odebolt	Blue
Kacie Partridge	Purple	Skylar Reis	Odebolt	Blue
<b>Rabbit</b>		Lexi Schmidt	Schaller	Red
Alexis Cook	1 Blue <b>Best Opposite of Variety</b> ; 1 Blue; 1 Red	Maggie Steinkamp	Wall Lake	Blue
Damon Cook	1 Purple <b>Best of Variety</b> ; 1 Blue; 1 Red	Maggie Steinkamp	Wall Lake	Blue
Fallon Vauble	1 Purple <b>Reserve Meat Pen</b> ; 1 Purple <b>Reserve Roaster</b> ; 6 Purple	Maggie Steinkamp	Wall Lake	Blue
		Fallon Vauble	Wall Lake	Red
			Sac City	Red

# 4-H IS HANDS-ON LEARNING



## SEPTEMBER

11—Jacksons Mtg 1:30pm  
12—Extension Council Mtg 7pm  
12—Record Book Wksp 4-6pm  
13—Endowment Mtg 7pm  
14—Leaders Trng 7pm  
17—WLB/VV Tour 9am  
19—Record Book Wksp 7-9pm  
20—Food Preservation Class open to anyone 1-3pm & 6-8pm  
22—Record Books due to leaders  
23—County Council Applications due  
24-25—Quilt-A-Fair  
26—Record Books due to Office  
30—Salsa Registrations due

## OCTOBER

2—County Council Mtg 11:30 @ Moorehead Park  
2—Skating Party 1-4pm  
8—Salsa Workshop 9-12:30pm  
9—Jacksons Mtg 1:30pm  
9—Schaller Shamrocks Mtg 4pm  
11—Spend Smart Eat Smart Wksp open to anyone 6-8pm  
12—Reclaim Your Holidays(1 of 4) open to anyone 12-1pm at Ext Office or 6:30-7:30 at Wall Lake Comm Center

## NOVEMBER

9—Reclaim Your Holidays(2 of 4) open to anyone 12-1pm at Ext Office or 6:30-7:30 at Wall Lake Comm Center  
14—Schaller Shamrocks Mtg 4pm  
20—Awards Ceremony  
24 & 25 - Office Closed

## FAIR NEWS

- Please remember to send a Thank You to the trophy sponsor's. If you received a trophy or plaque there is a label on the bottom for your use to put on the envelope to mail to the donor.
- Bonus & Premium checks have been sent to the club leaders. Swine checks were sent to the 4-H'er. Clubs will need to pay each member by check or cash for the amount they earned at the fair. All fairboard checks MUST be cashed within 30 days!
- Good Luck to the following 4-H'ers who will be competing in the Consumer Judging Contest at the Clay County Fair on September 18th.
  - Senior Division**  
Alison Batz  
Jordan Fischer  
Devin Mentzer  
Morgan Ackerman
  - Junior Division**  
Grace Holmes  
Hannah Schmidt  
Riley Fischer  
Sarah Healy
- Good Luck to ALL of the Clay County Fair exhibitors!
- Congratulations to the Junior 4-H Team for placing 6th overall in the State Livestock Judging Contest! Congrats!
- Congrats to the Early Achievers Junior Cook This! team as they earned 1st place at the ISF!
- Congrats to the Sac Operation Robots team as they earned the Clover Award at the ISF!

## COUNTY NEWS

- The Sac County 4-H Endowment still has 2-\$250 grants available for the 2011 year! If your club is still working on a project or would like to do a project this next year please fill out an application and turn it into the Extension Office. Applications can be found at: <http://www.extension.iastate.edu/sac/kidsteens.htm>
- National 4-H Week will be October 2-8. This is an excellent opportunity to get the word out about 4-H. Start thinking about how your club can promote 4-H in Sac County. Here are some ideas: window display at an area business, invite a friend or two to a club meeting, set up an information booth at your school or church.
- Looking for the following fair trophy sponsors:
  - Champion English Equitation \$10
  - Rabbit Herdsmanship \$10 or any amount
  - Beef Herdsmanship \$10 or any amount

# 4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



SAC COUNTY EXTENSION

# CLOVER CONNECTION



**4-H**  
GROWING TOGETHER

## possibilities

I am only limited by my own imagination and that is constantly expanding.



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[WWW.EXTENSION.IASTATE.EDU/4H/SAC](http://WWW.EXTENSION.IASTATE.EDU/4H/SAC)

IOWA STATE UNIVERSITY  
University Extension