



Kossuth

4-H News

NEWS FOR 4-H FAMILIES

SEPTEMBER - OCTOBER 2009

Dates to Remember

(If you need more information about any of the events listed, contact the office at 515-295-2469)

SEPTEMBER

- 3 Record Book Workshop, 4-6:30 p.m., Ext. Office
- 8 Registrations due for Bug Workshop
- 9 Farm Safety Day for 3rd Graders
- 12 BUGS! Entomology Workshop 1:30-3:30 pm
- 12-20 Clay County Fair
- 15 **RECORD BOOKS DUE to your Leader**
- 15 Award nominations due in Extension Office
- 15 Nominations for Alumni & Honorary Member Recognitions due
- 15 Leaders meeting, 7:30 p.m., Ext. Office
- 16 Youth Comm.-Award Selection 7 p.m., Ext. Office
- 24-27 AK-SAR-BEN, Omaha (402-554-9604)
- 30 Extension Council meeting, 7 p.m., Ext. Office

OCTOBER

- 1 N. American Livestock Expo entries due
Louisville, KY (502)-595-3166 (except dairy)
- 4-10 NATIONAL 4-H WEEK**
- 4 Girl Talk begins for 5th & 6th graders & Moms
- 11 Ricochet/Int. Leadership Prog., 1-2:30 pm Office
- 11 County Council Retreat, 1-6 pm, Ext Office
- Oct 18-Nov 1, American Royal, Kansas City, MO
- 28 Extension Council Meeting, 7 p.m., Ext. Office



**NATIONAL 4-H WEEK
OCTOBER 4-10**

Notes From Staff

Another successful fair season is over and soon the crisp yellow, crimson and gold leaves will be upon us, signaling the beginning of a new season. I was only able to experience a small portion of the exhibits this year, but I can certainly see that a lot of time and hard work went into each one.



I am **Terry Janssen**, the new Regional Extension Education Director for Region 2 which encompasses Emmet, Palo Alto, Kossuth, Hancock and Winnebago. This was a result of budget cuts within the Iowa State University Extension system. Prior to this new position, I was the O'Brien County Extension Education Director and was serving in Osceola County as interim Director.

We have always known that 4-H does an excellent job of providing leadership, citizenship and community development skills for life-long learning, but a Tufts University Research result offers additional evidence. Their results showed that, "One year of 4-H makes young people 3.5 times more likely to contribute to their families, themselves and their communities." This is why we have such strong convictions with our volunteers, parents and leaders.

Finally, I want to say "Thank-you" to those of you that I have met over the past month and look forward to meeting many more 4-H families as we enter this new season!

Terry Janssen

Terry can be reached at the Kossuth County Office or you can email him at tjans@iastate.edu, but with the limited hours he is in the office, please plan ahead or leave a message for Terry to contact you if you would like to visit with him about a certain matter. Please join us in welcoming Terry! He will be a great addition to the staff!

Jean Kent

In an effort to save money – we would like to know if you would rather receive your Newsletter as an email notice to view it online ...email Jean if you prefer email notice to regular mail - jeankent@iastate.edu or indicate your preference on your enrollment form.



Thank You! Thank You!

We would like to thank everyone who helped make the 2009 Kossuth County fair a BIG success! Thanks to the Fair Board, Superintendents, 4-H'ers, leaders and all fair volunteers who helped make this fair the success it was and during the whole last year "to make the best better!" Special thanks to Kristy Legler and Amanda Luitjens for their great help with livestock shows! Between them and the great volunteers who stepped up to the plate to fill the big shoes when Bob retired, it was a good week and we all made it! A special thanks for those that went the extra "mile" to help this year. Please remember to thank leaders and other adults that help with 4-H. We could not have a 4-H without their help.

Fair Review

If you have thoughts or concerns you would like to have brought up when we review the fair book for next year, we would like you to submit your youth/4-H comments in writing to the office by October 30. Remember we do not plan to make major changes this year. The Youth Committee will review and recommend any minor changes to the youth shows. All general fair comments should be sent to the fair board which has its own e-mail address now which is: sales@kossuthcountyfair.com

State Fair and Clay County Fair

We extend congratulations to all the 4-H'ers who had entries selected to represent the county at the State Fair or at Clay County Fair. We also commend the 4-H'ers who have chosen to take their projects beyond the local level where direct entry is involved.

Send Your Thank You Notes

If you haven't sent your thank you notes from the fair, please do so right away. If you are uncertain of your trophy donor or buyer, just call the office and we will gladly provide that information. Consider thanking your leaders and parents for the extra effort they add to their schedules during fair time. Also remember to thank the businesses that give yearly donations. They need to know that you appreciate their support and they do enjoy hearing from you.

Congratulation Al Lauck!

Al Lauck of KGLA Radio and 4-H supporter was selected by Kossuth County to be our representative to the State 4-H Hall of Fame. He was honored at the State Fair on Sunday, August 24. Thanks Al for everything you have done for 4-H & Extension in Kossuth County!

Record Keeping Help

Need help with your record book? Come to the office on Thursday, September 3 anytime between 4-6:30 p.m. and I will be glad to help you with any questions you have in the process of completing your records.

Only those applying for awards need to bring their books to the office.

Record Books Due September 15

Record books are due to your leader by September 15. Some clubs may have an earlier deadline than the 15th. It is the responsibility of the 4-H'er to be sure your record book is completed and submitted on time to your leader.

Record Keeping Forms on the Web

Remember that record keeping forms are on the web if you would like them in that format. Go to the web site listed below then click on sheets you need. <http://www.extension.iastate.edu/4H/memberresources.html>

Award Applications Due

Award application forms are included in the newsletter. Everyone is eligible and we encourage you to apply. Complete one form for each project area you apply for (contact the office, print from the web or copy information needed on plain paper if additional forms are needed). Older 4-H'ers applying for special awards, need to complete the Hall of Fame sheet in this newsletter and return all award forms with your record book--to the Extension office no later than September 15. Remember award application forms ask for a leader's signature.

Community Service Club Awards

Has your club completed a worthwhile community service project this year? If so, your club should apply for the club community service award. Winners receive money for a party for their club. Applications are available at the Extension office and are due on or before September 15.

Alumni/Honorary Recognition

Anyone involved in the 4-H program has the opportunity to nominate any adult for the 4-H alumni or honorary member award. It is an excellent way to recognize them and show appreciation for their efforts on behalf of 4-H. Many adults in the county have done some tremendous things for 4-H and their community as well as their profession. Nominations can come from an individual or club. If you would like to nominate someone, please contact the Extension office. Applications are due 9/15.

Citizenship/Leadership – What’s the Difference?

Citizenship is helping others or working for the benefit of others with no pay. Activities could include anything that will benefit the community, school, church, neighbors, etc. 4-H’ers learn to “care” and “share” with others through skills and talents they have developed. Leadership is having major responsibility for planning and carrying out an activity to help a group attain a goal. Leadership takes advanced planning, time and effort put into a project! Keep these definitions in mind when filling out your project records.

Summer Activities

Clubs are strongly encouraged to ask for reports on summer 4-H events from 4-H’ers who participated. Local camps, state camps, and the Iowa 4-H Conference are just some of the events our 4-H’ers attended this summer. Contact the office if you need help locating someone who participated in these events.

BUGS Workshop!



A workshop about entomology will be held Saturday, September 12, 1:30-3:30 pm at the Water’s Edge Nature Center, north of Algona. Participants must pre-register by contacting the Extension Office by Tuesday, Sept 8 and will learn the details of the entomology project, including catching and mounting insects and everything in between! The workshop will be lead by 4-H members Jenny & Jeffrey Broesder. Workshop size will be limited, so sign up now. Consider starting your own collection!

2009-10 County Council

The new 4-H County Council were interviewed and selected this summer. New members started by helping the current council at the fair. The Council will be installed at 4-H Recognition Sunday this fall. The 4-H County Council will include:

Kayla Blocker	Jordan Bjstrom
Mallory Bormann	Beth Broesder
Trent Bruhn	Maranda Eichenberger
Collin Fett	Mike Gade
Sierra Hutchinson	Stormie Johanson
Logan Johnson	Rebecca Lockwood
Rachel Lium	Brooke Preston
Elizabeth Thilges	Kyle Walker
Sherri Zeller	

Their first meeting as a group was Aug 30 and the retreat is planned for September.

Please pick up your State Fair entries if you have not already done so! Thanks!

Babysitting Workshop

Due to scheduling program Community Health has decided they will not be able to co-sponsor and teach the babysitting workshop this fall and it will be moved to spring. SORRY ☹

Intermediate group participants wanted

Jean would again like to start another intermediate group called “Ricochet” which is a NEW & EXCITING leadership program sponsored by ISU-Extension. The name “Ricochet” simply means that leadership opportunities may present themselves in many different ways. We plan to explore leadership opportunities in fun and interesting ways and get actively involved in the community. The group would meet about eight times a year. If you are in grade 7-9th grade and would like to be a part of this group, please contact Jean by October 1. Youth who were involved last year and still in the grade range are strongly encouraged to continue in the programming. We will plan the first meeting on Sunday, October 11 at 1 -2:30 p.m.

Ricochet concludes a great first year!

Last year’s Ricochet group finalized the year with a trip to the Shrine hospital in St. Paul the end of July. Only part of the group could go but we had a great time. Their other project was cleaning around Smith Lake. Thanks to Carla & Sherri Zeller for their leadership help!

Photography display

We thank the 4-H members who volunteered to display their fair exhibits in the traveling exhibit. The Kossuth Regional Hospital will host the display the month of September. If you would like the display in your community, call and visit with Jean.

Leader Meeting

The required leader training will be held on Tuesday, September 15, at 7:30 p.m. at the office. If you have any questions or concerns about this requirement, contact Jean. Some leaders are required to attend two volunteer trainings a year, but all leaders are welcome to attend. There will always be an alternate way to make up this requirement if you are unable to attend. The same meeting will be held at the Palo Alto office on Thursday night (9/17). If you are interested in attending there, you need to call 712-852-2865 to sign up. Thank you gifts will be given to all who attend. Fall info packets and premium checks will also be handed out. Leaders can bring award books that night also.

National 4-H Week Is October 4-10

National 4-H Week is an excellent time to tell others about 4-H. 4-H has much to offer and this is a great time to invite others to share in your benefits. We encourage all clubs to do something special to help tell the 4-H story in your community. Why don't you make some suggestions at your next club meeting?

Fall 4-H Plans

It is an exciting time to look ahead to the new 4-H year. Work together as a club to set goals, make plans for regular meetings, community service, educational workshops, fun outings and member recognition and recruitment. Take advantage of opportunities to provide leadership in your club. Be active in your club and in your project work. Plan to participate beyond the local level too. The rewards will benefit you for life.

4-H Enrollment

It is enrollment time in 4-H. Many clubs start this process in October. Each family will receive a Pick-A-Project paper with their enrollment form. Look it over carefully and find some fun and challenging project areas for the coming year. Underneath each project area there is a list of project materials. The cost of these materials is picked up in the Extension budget. If you check the "need" manual on your enrollment form you will receive the material listed underneath that project at no cost. Remember that you can add or drop projects at any time during the year up until May 1. We encourage you to return unused materials.

Farm Safety Day

This year we will again offer our Progressive Agriculture farm safety day during school hours. We have invited all third graders in Kossuth County schools to join us. This will be held on Wednesday, September 9 at the Kossuth County Fairgrounds. We will need some adult helpers. If you are interested, contact the office.

Holiday Cards

The Iowa 4-H Foundation is seeking hand made holiday greeting cards from 4-H'ers or 4-H clubs. These cards will be mailed to board members and major donors to the 4-H Foundation. Please include your name and address on the back of the card so the recipient can recognize you. Contact Jean for size requirements. Cards should be mailed by December 1 to:

Iowa 4-H Foundation
Extension 4-H Youth Building--ISU
Ames, IA 50011

4-H Citizenship Washington Focus Trip Planning Team Requests Interest Application/Commitments

Many changes have taken place for ISU Extension and 4-H over the summer that involves staff responsibilities and roles and even where they work. There is a bi-annual event of a 4-H Citizenship Washington Focus Trip to Washington D.C. that would occur summer, 2010. With all of the ISU staffing changes we are needing your immediate input by submitting an "Interest Application" and \$250 deposit (payable to Friends of Youth) to the Extension Office by October 23, 2009 from senior 4-H'ers who were planning to participate. The unique CWF opportunity is for 4-H'ers in grades 10-12. In the past a group of Iowa 4-H'ers representing Northwest Iowa would attend the 2010 Citizenship Washington Focus trip to Washington, D.C. The dates best suited for most 4-H'ers are June 4-12 or -June 18-26, 2010 (which includes pre/post travel).

The trip might start with a visit to the Gettysburg Battlefield in Pennsylvania, to arrive at the National 4-H Center where 4-H'ers stay, meet, and have fun with hundreds of other teen 4-H'ers from around the nation.

The program includes tours to historic and educational sites in the nation's capitol, visits to your representatives and senators, hands-on learning at the National 4-H Center, and attending the theater and other social activities. It all adds up to a fun week in D.C.

An estimated trip fee is estimated to be in the range of \$1,200 to include transportation, lodging, insurance, entertainment, admission fees, and most meals.

Please submit an "*application of interest*" found at your county Extension office/web as soon as possible and a refundable \$250 deposit if the trip does not take place no later than Friday, October 23, 2009. Applicants will be updated on the status of whether this trip will be offered and late applicants not submitting by the deadline would be accepted based on available program space if the trip occurs. Decisions will be made based on registrations received by Oct. 23rd or before if possible.

Fair Theme/logo Ideas Wanted

The Fair Board would like you to submit 2010 fair theme/logo ideas to them by October 30. You may submit it in writing to the Extension Office or Kossuth Co. Fair Board, PO Box 362, Algona, IA 50511, e-mail them at sales@kossuthcountyfair.com.

2009 North Central Region Volunteer Forum

Are you looking for a fun training and networking opportunity for 4-H volunteers and staff? The **2009 North Central Region Volunteer Forum** is scheduled for **October 1 - 4, 2009 in Lincoln, Nebraska**. Every year, over 400 4-H volunteers, youth, and staff from twelve states gather to learn new and practical ideas to help their clubs through fun, hands on workshops. Iowa volunteers who attend Forum tell us they return re-energized and with new skills and ideas to help them have a successful club year. The event will feature 70 educational workshops, three keynote speakers, sharing and some time to celebrate. The registration fee is \$250 for the full forum or \$160 per day. Late registration will be open until Sept. 15. Registration information and workshop are available at <http://4h.unl.edu/volunteers/forum.htm>. You may submit your registration on-line and mail in your check, but registration will not be considered complete until your check has been received. Registration forms may also be mailed in. Scholarship money for the forum is available for anyone wanting to attend. Please contact Jean for details.

Mandatory reading for all 4-H member and families.

Newsletters and notices from this office are prepared to keep you informed of events, programs and deadlines! The 4-H membership year is considered to be from Sept. 1 through the following August 31. Let this issue of the 4-H newsletter remind each member of their responsibilities to know and comply with all rules and deadlines for events in which they wish to participate. Members must be enrolled in 4-H by May 1 to participate in the county fair. Livestock project identification forms must be filed at the Extension Office by May 15 except for market beef and advance feeder pens, which must be identified and weighed by January 15. To exhibit at the county fair, project entries must be filed by July 15 at the Extension Office. Record keeping information is due no later than September 15. Remember that 4-H is a life skills education program that helps youth learn to set goals and deal with the success and disappointment of reaching these goals.

IOWA STATE UNIVERSITY

University Extension
Kossuth County Extension Office
1121-B Hwy 18 E
Algona IA 50511

Return Service Requested

Nonprofit US Postage Paid Algona IA Permit No. 250

Invite your friends!



Kossuth County

4-H Project Record Keeping Award Application

To be completed by 4-H'er
Due in the Extension Office by September 15th

Name: _____ Club: _____ Grade Completed: _____

Directions for 4-H'er

- All minimum requirements listed below must be completed to apply for a project award.
- Green, Silver, and Gold Awards are available in each project area.
- Award levels are based upon documented requirements as listed on the back of this form.
- A 4-H'er may receive a Gold award without having received the Green or Silver in previous years.
- A 4-H'er may receive a project award yearly based upon the requirements completed.

Place an 'X' in front of the project area for which you are applying. Use a separate application form for each project award.

Project Areas

- | | | |
|--|---|---|
| <input type="checkbox"/> Aerospace | <input type="checkbox"/> Electric/Electronics | <input type="checkbox"/> Rabbit |
| <input type="checkbox"/> Astronomy | <input type="checkbox"/> Entomology | <input type="checkbox"/> Safety |
| <input type="checkbox"/> Automotive | <input type="checkbox"/> Environment | <input type="checkbox"/> Science & Technology |
| <input type="checkbox"/> Beef | <input type="checkbox"/> Food & Nutrition | <input type="checkbox"/> Self-Determined |
| <input type="checkbox"/> Bicycle | <input type="checkbox"/> Forestry | <input type="checkbox"/> Sheep |
| <input type="checkbox"/> Camping | <input type="checkbox"/> Health | <input type="checkbox"/> Small Engine |
| <input type="checkbox"/> Child Development | <input type="checkbox"/> Home Improvement | <input type="checkbox"/> Sport Fishing |
| <input type="checkbox"/> Citizenship | <input type="checkbox"/> Horse & Pony | <input type="checkbox"/> Swine |
| <input type="checkbox"/> Clothing | <input type="checkbox"/> Horticulture | <input type="checkbox"/> Tractor |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Leadership | <input type="checkbox"/> Veterinary Science |
| <input type="checkbox"/> Computer | <input type="checkbox"/> Llama | <input type="checkbox"/> Visual Arts |
| <input type="checkbox"/> Consumer Management | <input type="checkbox"/> Music | <input type="checkbox"/> Welding |
| <input type="checkbox"/> Crop Production | <input type="checkbox"/> Pets | <input type="checkbox"/> Wildlife |
| <input type="checkbox"/> Dairy | <input type="checkbox"/> Photography | <input type="checkbox"/> Woodworking |
| <input type="checkbox"/> Dog | <input type="checkbox"/> Plant Science | <input type="checkbox"/> Other _____ |
| | <input type="checkbox"/> Poultry | |

Minimum Requirements

1. Attended club meeting this past 4-H Year.
2. Gave an educational presentation at a club meeting this past year (unless first year in 4-H).
3. Participated in a least 1 community service project (helping others) with your 4-H club, school, church, by yourself or with another club or organization this past 4-H year.
4. Enrolled in the project area for which applying for award.

List "what" you did in each area

- Number of club meetings held: _____
 Number of meeting I attended: _____
 Presentation given (include topic & date)

 Community service project (topic & date)

 Yes _____ No _____

If all of the minimum requirements are met, please continue with the application on the reverse side of the page to apply for the project award.

Green

Check if Completed	Requirements – All of the following requirements must be met for this award.
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- _____ 1. Complete a yearly record keeping system (written, Video, Audio, or portfolio)
Must include the following:
- Completed Yearly Summary
 - Project Sheets (Basic, Experienced or Advanced)
 - Project Related Worksheets
- _____ 2. Personal Growth and learning skills demonstrated in record keeping system.
- _____ 3. Neat and organized record keeping system.

Silver

Check if Completed	Requirements – All of the requirements listed for Green <u>and</u> Silver must be met for this award
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- _____ 1. Accurate and complete records of 4-H experience.
- _____ 2. Participated in a citizenship project (helping other) and/or leadership project (teaching others). **Explain here this activity:** * _____
- _____ 3. Gave a presentation – Presentation date & title: * _____

Gold

Check if Completed	Requirements – All of the requirements listed for Green <u>and</u> Silver must be met for this award, <u>Plus 2 of the 3</u> requirements listed below.
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- _____ 1. Gave leadership to a citizenship project (helping others) in this project area.
Explain here this activity: * _____
- _____ 2. Gave leadership to a leadership project (teaching others) in this project area.
Explain here this activity: * _____
- _____ 3. Gave an educational presentation in this project area.
(at the club, county, state, or other organization level)
– Presentation date & title: _____

* This must be listed on the yearly summary in your records also.

_____ Member's Signature _____ Leader's Signature

Thank you for keeping project records this past 4-H year. We hope this was a beneficial learning experience for you and we encourage you with the 4-H Motto to: "Make the Best Better!"

Revised Aug 09 jak

Due: **September 15**

Kossuth County Hall of Fame Award

4-H'er's Name _____

Club _____

Date _____ Grade Completed _____

Mandatory Criteria: (all must be completed)

_____ Have completed 10th grade (*except where noted) to receive this award(s)

_____ Turned in your record book with this form

_____ Describe "**What 4-H has meant to me**" (in one page or less)

I would like to be considered for:

_____ Outstanding 4-H'er Award

_____ Ak-Sar-Ben Award

_____ I Dare You Award

_____ Outstanding Intermediate Award - * must have completed 8th grade

_____ Agriculture Award

_____ Merit Award

_____ Achievement Award

_____ Overall Citizenship Award

_____ Overall Leadership Award

4-H Member's signature

Kossuth County Hall of Fame Awards

AWARD	OBJECTIVE: To Recognize ...
Outstanding 4-H'er	...a 4-H member who has excelled in leadership, service to 4-H, Church and community, and in his or her unselfish concern for other people.
Ak-Sar-Ben	...a 4-H member who is making significant progress toward maturity through his/her service for the advancement of the 4-H program in the county or area.
Danforth "I Dare You"	...two 4-H members who have demonstrated four-fold personal development and leadership.
Outstanding Intermediate	...an intermediate 4-H'er who demonstrates significant accomplishments through 4-H projects and involvement in club, community and county 4-H activities.
Agriculture	...young people who have grown personally through participation in a <u>variety</u> of agricultural projects and programs.
Merit	...those 4-H members whose accomplishments reflect significant personal growth, active citizenship, earned club and community leadership, competency in project work and unselfish service to 4-H members and others.
Achievement	...young people who have shown outstanding personal growth through participation in a variety of 4-H projects and programs.
Overall Citizenship	...young people who have learned the meaning of citizenship and have demonstrated their understanding through good citizenship practices in all avenues your community and your 4-H life.
Overall Leadership	...young people who have acquired and demonstrated leadership skills and abilities in all avenues of your community and 4-H life.

