

2009 Linn County Fair



Family & Consumer Science Department

Superintendent—Nancy McGovern

Child Development Project

Note: All General Rules and rules for Building Division apply

Class

501A—Child Development Exhibit

Educational display or other type of exhibit relating to a child development project/program, such as age appropriate games and toys, original stories, babysitting, toy safety, positive guidance and discipline, kids with special needs, careers, etc. Exhibit information should include what you have learned: 1) about yourself and/or 2) about children while creating and using this exhibit and/or 3) about what the child gained or learned from use of the item in the exhibit.

Clothing Project

Note: All General Rules and rules for Building Division apply

Classes

511A—Clothing Design and Creative Sewing

Includes, but not limited to: constructed garments or accessories; design illustrations, sketches, models, etc.; modified, designed or recycled garments; making a garment that enhances the way you or others look, design or sew for others, etc. Application of design elements and art principles must be explained when appropriate.

511B—Choosing Clothes and Learning About Fabrics

Includes, but not limited to: purchased garments or accessories, textile fiber or fabric characteristics, choosing clothes or accessories to enhance the way you or others look, labeling, etc. (Include only one shoe, earring, etc. if part of the exhibit.) Application of design elements and art principles must be explained when appropriate.

511C—Clothing Safety and Care

Includes, but not limited to: decisions about clothes for sports, temperature control and protection, laundry experiences, clothing care, etc.

511D—Other Clothing and Sewing Ideas

Any other exhibit that is an out growth of a 4-H textile and clothing educational experience. Could include, but not restricted to: 1) Exploration of ethnic or historical clothing; 2) dress as a means of expression; 3) clothes for special needs of handicapped, elderly, children; 4) cultural expression through clothes; 5) career or processes in the textile and/or apparel industry; 6) decorative processes such as textile dyeing, printing, embroidery, knitting or quilting; 7) construction of household textiles. The exhibit may be an object, notebook or poster. Application of design elements and art principles must be explained when appropriate.

Note: Any article may have been used or worn, but it should be clean, laundered or dry cleaned before exhibiting.

Fashion Review / Clothing Selection /\$15.00 Challenge

Judging— June 18, 2009

Registrations due to the Extension Office June 12, 2009

Fashion Show

July 12, 2009— 1:00pm Farm Bureau Free Entertainment Tent

Rules

1. A 4-H'er, 4th grade and up, may participate in both the county Clothing Selection and Fashion Revue. Participants selected for State Fair must be senior members and may represent the county at State Fair in only one event in a given year. If participant is not selected, then garments/accessories may be entered in the county fair as a clothing exhibit. Outfits or accessories which are worn in the Fashion Review/Clothing Selection Program may not be entered as a State Fair exhibit from the county.
2. Ribbons will be presented to participants at the fair Fashion Show.

Clothing Selection

1. Entrants must be in 4th grade by September 15, 2008.
2. Entrants must select and/or purchase an outfit that represents the 4-H'ers goal or intended use for the selected outfit.
3. Entrant should plan and carry out a shopping experience that includes choosing shopping alternatives, evaluating fit, quality and construction features, price and cost comparison.
Note: Outfits may be selected and/or purchased from any source, including consignment shops, used clothing stores, etc. Clothing items which are home-sewn are not eligible unless the completed garment was purchased from a used clothing source. Clothing items which are custom sewn specifically for the participant are not eligible.
4. Linn County may send three participants to the State Fair Clothing Selection program. Participants must be one girl, one boy, and possibly one alternate. They must be senior members (9th - 12th grade by September 15, 2008) and not have previously represented Linn County in State Fair Clothing Selection.

Fashion Revue

1. Entrants must be at least 4th grade by September 15, 2008.
2. Entrants must model one garment or outfit that they constructed, hand-knitted, machine-knitted, or crocheted during the current 4-H year.
3. Garments or outfits consisting of one to three pieces, such as party clothes, tailored suits, vest, slacks, skirt, active sportswear and/or coats are acceptable in this category.
4. Blouses and sweaters are usually considered as garments. If they are used under a coat or jacket for a touch of color at the neck (similar to a scarf) they may be made **or** selected.
5. All other accessories and undergarments may be made **or** selected.
6. Entrants must be enrolled in the clothing project this 4-H year.
7. Four participants may be selected to represent Linn County in the State Fair Fashion Revue program with no more than two participants from any

one category (female, male or minority). They must be senior members (9th-12th grade by September 15, 2008) and enrolled in the clothing project for 2009.

The \$15 Challenge

1. Entrants must be at least 4th grade by September 15, 2008.
2. Outfits must be purchased from a garage sale, consignment store or resale shop (i.e. Goodwill, Salvation Army or other store of this type). Hand-me-downs or clothing as gifts that were selected by the 4-Her belong in Clothing Selection.
3. Cost of outfit must be \$15.00 or less, not including shoes, accessories or undergarments.
4. Receipt(s) MUST be turned in with Clothing Event Form.
5. The purchased outfit should represent the 4-Her's goal or intended use for the selected outfit.
6. Entrants should describe their experiences in choosing shopping alternatives, evaluating fit, quality and construction features, price and cost comparison.
7. Linn County may send up to three participants to the State Fair \$15.00 Challenge Program. Participants must be one girl, one boy, and possibly one alternate. They must be senior members (9th-12th grade by September 15, 2008), enrolled in the clothing project for 2009 and not have previously represented Linn County in State Fair \$15.00 Challenge Program.

State Fair Clothing Event: August 15, 2009

Area Intermediate Clothing Event: August TBA (Two intermediates will be chosen for this event)

Consumer & Management Project

Note: All General Rules and rules for Building Division apply

The process of learning about yourself while making decisions as a consumer is an important part of the project. The exhibit should demonstrate use of the decision-making model as described in project materials. An exhibit might include some of the following examples and/or other learning from the project. Examples include games, stories, computer programs, photographs, displays, notebooks, videos, etc.

Classes

541A—Spending Plans and Record Keeping

- Track your spending (account books, computer records, envelope systems, checkbook records, etc.)
- Set up family record keeping system
- Survey peer spending habits (allowances, video arcades, clothing, food, etc.)
- Track your 4-H project(s) spending (livestock records, photographs, clothing, etc.)
- Describe appropriate use of credit
- Track how you spend your time (calendar system, diary, etc.)
- Set up a family calendar system

541B—Comparison shopping

- Compare products
- Compare type of stores or places to shop
- Compare cost of shopping with cash and credit
- Compare colleges, trade schools, etc.
- Compare cost of recreational activities
- Compare financial institutions (banks, saving and loans, credit unions, etc.)
- Compare car insurance
- Compare investments and savings

541C—Consumer Rights and Responsibilities

- Explore advertising influences
- Show how to make a consumer complaint
- Show where to find consumer information
- Evaluate reliability of consumer information
- Describe cost of fraud (shoplifting, bad check, fake ID, etc.)
- Describe potential problems related to privacy issues (social security number, credit card, internet shopping, etc.)

Food and Nutrition Project

Note: All General Rules and rules for Building Division apply

Special Rules

1. The recipe (ingredients, preparation instructions, time, temperature) MUST be included for any **prepared** food exhibit. An additional copy of recipe is requested and will be placed with items sold at the bake sale. Source of recipe must be credited.
2. **Preserved** foods must include the Food Preservation Exhibit Label VI 991201-WB/SAS. **Only food processed after August 1, 2008 is acceptable.**
 - Type of food
 - Method of preservation
 - Processing time
 - Date processed
 - Source of recipe and/or method of preservation
(If a publication, include name and date)

Current USDA and/or Iowa State University guidelines for home food preservation methods **must** be used. Check at County Extension Office for recommended practices or call the ISU Hotline 1-800-262-3804 for current researched information. Preserved food exhibits must include two product samples. One will be opened for evaluation and then discarded. The second will be on display and will be returned to the exhibitor.

3. Prepared foods should be placed on a firm disposable plate or flat cardboard. Consider this recommendation rather than pans, plates, china, or baskets, due to potential damage or loss of other items. Place exhibit in a reclosable plastic bag with entry tag fastened outside the bag.
4. Products that require refrigeration (cream fillings, cream pies, meat or broth, relish or fruit trays, cheeses, eggs, custards, egg noodles, and

friendship starters, etc.) are not acceptable entries for the fair. These items do not hold up well at room temperature and often pose a food safety hazard. Such items will not be accepted, judged, or displayed.

5. Due to safe handling concerns during processing, no meat jerky product exhibits are allowed.
6. The food safety guidelines have been revised. Request a copy of "Inappropriate Food Exhibits for Iowa 4-H Fairs." Exhibits that do not follow these guidelines will not be displayed.
7. All food products and food preparation procedures used, illustrated, or described must be unquestionably safe. **Any exhibit considered to be or to portray a food safety risk will not be displayed.**
8. The use of alcoholic beverages in the preparation or production of 4-H food exhibits is NOT permitted.
9. If you choose to use a display box, the dimensions are not to exceed 10"x12"x14". (The three dimensions can be applied to best fit the exhibit size for height, width, or depth.) Poster size maximum: poster board 22"x28" or foam core board 22"x30".
10. All food products/exhibits should be appropriate for human consumption/nutritional evaluation. Food product exhibits must be prepared, baked, or cooked using only food grade utensils and containers.
11. Baked food items will be subject to a bake sale or donated to charity. Money from sales will go to the 4-H Youth Programs Account. Items will be sold as soon as possible.

Additional Suggestions

- If exhibiting cookies or bars, etc. have six items on plate. For comparison exhibits, three of each item is suggested.
- Cakes, breads, and pies should be in their original shape as baked.

Classes

521A—Food Preparation and Safety (including Food Preservation)

Includes, but not limited to: prepared product, product evaluation, food preparation terms, storage practices, etc.

521B—Consumer Behavior and Management

Includes, but not limited to: resource management, product comparison, meal planning and service, purchasing, food packaging and recycling, nutrition labeling, etc.

521C—Nutrition and Wellness

Includes, but not limited to: dietary guidelines, nutrient functions, physical health, etc.

521D—Other Food and Nutrition Ideas

Exhibit can tell or show any special related topic such as measurement of ingredients, eating out, special recipe collection, cultural food traditions, food science "whys", careers, etc.

521E—Baked Product Using Purchased Mix

This exhibit will not be eligible for State Fair Selection. Baked product using purchased mix, or a mix as the major ingredient in a baked product; such as, brownie mix, cake mix.

Home Improvement Project

Note: All General Rules and rules for Building Division apply

Classes

531A—Design in the Home

An educational display, notebook, poster or other type of exhibit such as a design element or art principle, explaining design of an item, selecting an item illustrating design, etc. **Must include an explanation of how a minimum of two design elements or art principles were used in this exhibit.**

531B—Furniture in the Home

Includes, but not limited to: reclaimed furniture, room plans, furniture styles, historic furniture, buymanship, etc. **Must include an explanation of how a minimum of two design elements or art principles were used in this exhibit.**

531C—Accessories for the Home

Includes, but not limited to: wall accessories, nature accessories, flatware selection/coordination, table design, lighting design, etc. **Must include an explanation of how a minimum of two design elements or art principles were used in this exhibit.**

531D—Fabrics in the Home

Includes, but not limited to: upholstered furniture, pillows, curtains, table linens, storage protection, etc. **Must include an explanation of how a minimum of two design elements or art principles were used in this exhibit.**

531E—Maintenance in the Home

Includes, but not limited to: cleaning plan, storage, energy conservation, recycling, own home away from home, etc. **If appropriate, include an explanation of how the design elements or art principles were used in this exhibit.**

531F—Other Home Improvement Ideas

Any other exhibit which is an outgrowth of a home improvement project or program such as decision making process, careers, etc. **If appropriate, include an explanation of how the design elements or art principles were used in this exhibit.**