

What's Happening at Woodbury County Extension

Free Nutrition for Families with Children: EFNEP (Expanded Food and Nutrition Education Program) Participants can enroll anytime and receive lessons in their own home on healthy cooking, shopping, saving money on food and more! Participants must have a child age 10 or younger to qualify. Contact Renee Sweers at (712) 276-2157 or rsweers@iastate.edu.

Preserve the Taste of Summer courses: This new program is a comprehensive course for people to learn about food preservation. It includes on-line courses and hands-on workshops. For additional information contact Renee Sweers at (712) 276-2157 or rsweers@iastate.edu. Registration and payment of the course is done online at www.ucs.iastate.edu/mnet/preservation/home.html.

Shooting Sports Air Rifle and Archery Classes: Young people who have an interest in learning more about Air Rifles and Archery are invited to become a part of the 4-H Shooting Sports club. Volunteers and staff from Iowa State University (ISU) Extension-Woodbury County are offering the program at Midtown Family Community Center located at 525 14th St. on the corner of 14th and Nebraska in Sioux City. Call Laura Johnson at (712) 276-2157 or laurajoh@iastate.edu.

4-H All Stars Club: All Stars Club meets every other Tuesday from 5:30 p.m. - 7:00 p.m. This club is currently working on sewing. Leave a message for Paula Persinger at (712) 224-3363.

4-H Adventure Kids Club: Adventure Kids is a new club at Midtown that meets two times a month. The next meeting is Wednesday, January 11 from 4:00 p.m.-5:30 p.m. at 525 14th St. this club works on photography, small engine repair, small robotics and stained glass arts. Call Tori for more information (712) 224-3363.

Clover Kids Club: Clover Kids is for Youth grades K-3. Meetings are held at Midtown Family Community Center two times a month from 4:00 p.m.-5:30 p.m. The next meeting is Wednesday, January 11. Call Jannelle Myers for more information. (712) 224-3363.

Discovery Kids Youth Nights: Midtown Family Community Center has an after-school program every Monday from 3:00 p.m.-6:00 p.m., Tuesday through Thursday from 4:00 p.m.-7:00 p.m. and FUN Fridays from 4:00 p.m.-6:00 p.m. Discovery Kids is a program for youth grades K-12. Homework help and tutoring is available and many 4-H based activities. Dinner is provided during youth nights. Cost is \$30.00 for a year. Call Kee Ann Mulfinger for more information. (712) 224-3363.

Music Camp: Monday, January 23 from 9:00 a.m. – 5:00 p.m. at Midtown Family Community Center located at 525 14th Street, Sioux City. Cost for the camp is \$15 which includes materials for making instruments, snack and meal. Pre-registration is required. For additional information contact Midtown at (712) 224-3363.

Woodbury County Council Meeting: Next regular meeting will be held on Monday, January 9, at 5:30 p.m. at the Woodbury County Extension office. (712) 276-2157.

GED in Spanish and Families Program at WITCC: Every Tuesday and Thursday from 9:00 a.m. – 12:00 p.m. and Wednesday from 1:30 – 4:00 p.m. beginning on Tuesday, January 10. Contact Nancy Nicho at (712) 276-2157.

Family Storyteller Literacy Program: Wednesday January 11, from 9:00 – 10:30 a.m. for families and children at Mary J. Treglia Community House. Contact Nancy Nicho at (712) 276-2157.

GED in Spanish and Families Program at Mary J. Treglia Community House: Every Friday beginning Friday, January 13, from 8:30 a.m. – 12:00 p.m. Contact Nancy Nicho at (712) 276- 2157.

ProHort Program: Every Tuesday and Thursday, January 12 – March 8 from 6:15-9:30 p.m. at Woodbury County Extension 4301 Sergeant Road #209, Sioux City. The ProHort Certificate program is delivered through the Iowa State University Master Gardener training program. It differs from the Master Gardener program because volunteers pay a fee instead of volunteer service. Price is \$550, for 40 hours of training. Attendance to 90% of the classes is required. A final exam will be administered and must be passed at 80% to receive the ProHort Certificate. For additional information or to register contact Mimi Shanahan at (712) 276-2157 or email mimishan@iastate.edu.

Business and Farm Succession: Friday, January 13, from 2 p.m. - 8 p.m. Saturday, January 14, from 9 a.m. – 2 p.m. Woodbury County, location to be determined. During the two sessions, participants will begin the conversation and start putting transition plans on paper with the assistance of a Beginning Farmer Center attorney and transition specialist. For additional information call Adrienne Jansen at (712) 276-2157.

Private Pesticide Training: Monday, January 16, from 1:30-3:30 p.m. at Westwood Community School, Sloan and Monday, January 16 at 7:00 p.m. at Merville Community Center, Merville. Cost is \$20. Pre-registration is preferred. Contact Kristi Van Zanten at (712) 276-2157.

Soup and Chili Dinner: Monday, January 16, from 5 p.m.-7 p.m. at Midtown Family Community Center, 525 14th Street, Sioux City. This event is in remembrance of Martin Luther King. Free to the public. Midtown's Discovery Kids will perform. Contact Midtown (712) 224-3363 for additional information.

Centering on Centers: Friday, Jan. 27 and Saturday, Jan. 28 from 8:30 a.m. – 4 p.m. at the Sioux City Convention Center. The Ooey Gooey Lady (Lisa Murphy) is dedicated to the creation of child-centered, hands-on, play-based environments for young children and provides workshops, training, technical support and curriculum resources to those who wish the same. Registration deadline is Friday, Jan. 13. Registration is available for one day or both.

ServSafe Class: Monday, February 13, ISU Extension- Woodbury County, 4301 Sergeant Road, #209, Sioux City. A Servsafe food safety training class for foodservice/restaurant managers or supervisors. Participants learn about all aspects of food safety in this one day course and become Servsafe certified upon successfully completing the ServSafe certification exam. For additional information contact ISUE at (712) 276-2157.

Siouxland Garden Show: Friday, March 16, Saturday, March 17 and Sunday March 18 at the Marina Inn Center, Forth and B Streets, South Sioux City, Nebraska. For additional information or questions about the program contact Adrienne Jansen at (712) 276-2157 or email jansena@iastate.edu.

Midstates Community and Economic Development Conference: Wednesday, April 4, from 8:00 a.m. – 4:00 p.m. at the Marina Inn, Fifth and B Streets, South Sioux City, Nebraska. The focus of the one-day program is to offer successful strategies and innovative ideas to advance community and rural development in the three-state region. Registration for early bird deadline is Friday, March 23.

IOWA STATE UNIVERSITY

Extension and Outreach Woodbury County

**For more information about these events, call (712) 276-2157
or visit www.extension.iastate.edu/woodbury.**

