



4-H Family Newsletter

SEPTEMBER

Dear 4-H'ers and Families,

First of all I want to congratulate everyone on the wonderful job at this year's county and state fair!! Your hard work was definitely visible. Thank you for all you did to help make it a successful fair and your dedication to the 4-H program.



September is the month to finish up the 4-H year. I will be attending each clubs' September meeting to hold a record book workshop, bring the papers needed and answer any questions you may have. Please bring your record book (if you already have one) and all pictures, news clippings, and records you have from your last year in 4-H. Then at the October club meeting, you can turn in your record book to me. I will be giving a green or pink 4-H drawstring bag for those who turn in their record book at the October meeting!!

A change this year is that the 4-H Awards Program will be held in November and the Share the Fun will be held during the fair. There will also be a new 4-H Project Awards Application, with some added awards and more opportunities for the 4-H'ers. Please let me know if you have any questions, but otherwise this will all be covered at the September Club Meetings=)

Have a Great September!

Jamie Thomsen—Program Assistant

Record Books due at October 4-H meeting!

There are plenty of reasons why a 4-H member should do a record book. The main reason for keeping a good record book is this: 4-H'ers will gain record keeping skills that will last a lifetime. If that reason isn't motivation enough, then check out all of the other great reasons for staying on top of record keeping:

- Excellent records make you eligible for county project awards, area awards, and state awards.
- 4-H scholarships! There are close to 65 of them available.
- Seniors with years of record books can win an all expense paid trip to Chicago as a 12th grader!
- 4-H is like a "first career". Your participation can impress colleges and employers across the country!
- Record books are an excellent and easy reference of all you accomplishments as you fill out college applications and scholarships.

Turn your record book to Jamie or your leader at your October meeting!! Most of the forms you will need are on the county website. If you are missing something or need any help, give Jamie a call at the office.

National 4-H Week

National 4-H Week is October 3-9. Start thinking about posters and window displays for your club to put up in schools and area businesses to recruit new members and showcase your club. County Council will also be in the schools promoting 4-H. Remind your non 4-H friends that there is free enrollment for all new members and if they sign up for 4-H at the Family Fall Festival, they will receive a FREE 4-H T-shirt!

Fall Leaders' Training

Change is in the air and our fall 4-H volunteer training is no exception! The plan for the fall 2010 4-H volunteer training includes adult volunteers teaming up with youth leaders to learn about the new 4-H publication and project material delivery system. Club volunteers are asked to bring at least one youth member from their club to the training with them. County 4-H Youth Coordinators across Iowa are partnering with Regional Youth Program Specialists to deliver a hands-on training to these youth/adult teams. The trainees will turn into trainers as the club team of youth and adults take what they have learned back to their club meetings to help members and families quickly and easily learn how to access and utilize resources for their projects.

This training is part of the statewide 4-H volunteer training and will be held on Tuesday, September 14th, at 7pm at the Winnebago County Extension Office.

A benefit of participating in the face-to-face volunteer training is the interaction and sharing. If you are not able to attend the training, contact the Extension office to learn more about participating through other training options.

Please register by contacting Jamie by September 13th.

County Council Members Wanted!

We are currently seeking current 4-H'ers in 9th-12th grade who are interested in serving on the 2010-2011 Winnebago County Council. This is your time to shine in 4-H and learn more about leadership, citizenship, communication and plan the upcoming year's activities! Applications were mailed to each senior 4-H member. If by chance you did not receive it or need an additional copy, please go to www.extension.iastate.edu/winnebago. Applications are due to the Extension Office by **Sept. 15th**.

September Trail Ride

There will be a trail ride at Pilot Knob State Park in Forest City, IA on Saturday, September 11th. Meeting time is 10 am and it is a BBQ and potluck event. We plan to ride first then have lunch. If people would like, we will have a trail ride after lunch as well. The ride is open to kids and parents. We plan to have a charcoal grill and a camp fire to cook on. Plan to bring horses, lawn chairs, dinner ware, something to grill and a dish to pass. Please contact Judy Wiedemeier with any questions or to sign up for the event at 515.538.0109.

Workshop Ideas & Volunteers Needed

The Winnebago County 4-H program is looking for ideas or adults who are interested in helping with various workshop project areas. Whether you are good at Crafts, Knitting, Welding, Auto, Livestock, Photography, Fitness, Clothing, Cooking, Dog Obedience, GPS, etc. Please contact Jamie at the Extension Office if you know of someone who has an interest in helping youth learn more about a project listed above or other areas. We would like to offer some project workshops throughout the upcoming year. If you are interested in putting on a workshop or have some ideas, please call the office! Thank you!

Be Amazing Race

The five counties in our region (Emmet, Palo Alto, Kossuth, Winnebago and Hancock) have planned a fun event for all youth in grades 6-8. The 'Be Amazing Race' will be a fun filled day of activities in the great outdoors! This event will be **held Saturday, October 9, 10-4pm at Smith Lake**, north of Algona. Work with a team to complete each leg of this competitive event. Some of the legs involve physical challenges some brain challenges and some team work challenges. Activities will be held in and around the lake. All challenges relate to living a healthy life and being the best you can be! Some activities planned are canoeing, GPS scavenger hunt, Minute to Win It challenges, archery and many more! 4-H enrollment is not required and registration cost is \$10 for 4-H members & \$12 for non-members. Sign up now because registration numbers are limited! Registration deadline is October 1st into the Winnebago County Extension Office. Plan to attend and bring your friends! Join us to celebrate life, make new friends, and enjoy some friendly competition!

Congratulations to Iowa State Fair Participants!

Congratulations to all Winnebago County 4-H'ers who exhibited at the Iowa State Fair. You did an awesome job representing Winnebago County at the State Fair; and we are very proud of all of you!!

4-H Exhibits

Dalton Adams	711B	Ag & Natural Resources Blue
Dylan Adams	711B	Ag & Natural Resources Blue
Alec Anderson	821B	Visual Art Red
Alec Anderson	531B	Home Improvement Blue
Garret Asmus	851A	Photography Red
Garrett Asmus	521A	Food & Nutrition Blue
Alyssa Brock	531D	Home Improvement Blue
Carlie Christianson	891A	Personal Development Red
Hallie Erdahl	521A	Food & Nutrition Red
Caitlin Fjeld	851A	Photography Red
TJ Hanson	461A	Science, Mechanics & Engineering Blue
Halle Jo Johnson	101A	Ag & Natural Resources Blue
Halle Jo Johnson	511A	Clothing Blue
Emily Kingland	811L	Historical/Family Heritage Certificate
Steven Milbrandt	811J	Communication - Posters Recognition
Felicity Olson	521A	Food & Nutrition Blue
Hannah Olson	521A	Food & Nutrition Blue
Hannah Olson	821B	Visual Art Red
Jonathan Roe	541B	Consumer & Management Blue
Jonathon Roe	841A	Personal Development Blue
Levi Rogeness	821A	Visual Art White
Samantha Sevley	511D	Clothing Red
Nicole Steen	851A	Photography Blue
Nicole Steen	821A	Visual Art Red
Jane Walrod	521D	Food & Nutrition Red
Logan West	101A	Ag & Natural Resources Blue
Tony Wubben	821A	Visual Art Red
Tony Wubben	851B	Photography Red

Communication Exhibits

JT Roe	EP	Starting My Flock Excellence
JT Roe	WE	Lamb Kabobs
Tony Wubben	STF	The Happy Hedgehog Participation
Samantha Sevley, Haley Engeseth, Tony Wubben	STF	Missing Woman Report Participation
Megan Moglestad, Carly Main, Jessica Adams, Rebecca Murray	STF	(no title) Participation

Breeding Sheep

Jonathan Roe	Suffolk Ewe Lamb - Fitted Division	Blue
Jonathan Roe	Hampshire Ewe Lamb - Fitted Division	Blue
Jonathan Roe	Suffolk Ewe Lamb - Fitted Division	Red
Jonathan Roe	Suffolk Ewe Lamb - Fitted Division	Red
Jonathan Roe	Other Meat Breeds Ewe Lamb - Fitted	Blue
Jonathan Roe	Other Meat Breeds Ewe Lamb - Fitted	Purple

Market Lambs

Carly Main	Market Lambs	Purple
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Performance Sheep

Carly Main	Division 1	Purple
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State Fair
Projects may be picked ! Please remember to get them picked up and returned home as soon as possible!

Family Fall Festival

The 3rd Annual Family Fall Festival will be Sunday, October 24th from 2-5pm at the Winnebago County Fairgrounds. There will be many activities for young and old. There will also be the 5k Run/Walk that will be held prior to the event at 1pm. Be thinking as a club how you want to decorate your "room" in the haunted house and what you will do for your scarecrow contest!!

September

- 11 Trail Ride at Pilot Knob
- 14 Club Leaders' Training—7:00pm
- 19 County Council Mtg—4pm

October

- 3-9 National 4-H Week
- 9 Be Amazing Race at Smith Lake near Algona
- 24 Family Fall Festival and 5k Run/Walk

July

- 21-24 Winnebago County Fair

August

- 11-21 2011 Iowa State Fair



Winnebago County Extension

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Thompson, IA 50478
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4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.

