

MEETING MINUTES

DATE: March 12, 2009	LEADER: Dan Lane/ Darla Kelchen
TIME: 6:00- 8:00	RECORDER: Nancy Yelden
PLACE: Clayton Co. ISU office	GROUP: Clayton Co. Food and Fitness team

MEMBERS PRESENT: [X]	X	Tim Engelhardt	X	Joyce Cherne
X Dan Lane	X	Judy Crandall	X	Fran Passmore
X Brian Rodenberg	X	Renaë Kraus	X	Nancy Yelden
X Darla Kelchen	X	LeAnn Judge	X	Roger Halverson
X Alane Swales	X	Al Khladek	X	Misty Khladek

1. Reviewed Minutes
2. Reviewed Agenda

<p>Welcome & Introductions</p>	<p>Introductions and encouraged members to refer to website: www.iowafoodandfitness.org to update them on committee's purpose and objectives. Meeting minutes and agenda are listed on the county web site www.claytoncountyiowa.com Enjoyed delicious healthy meal from Strawberry Point Foods & Deli in Strawberry Point. Served broasted chicken breast, fresh fruit salad, garden lettuce salad and home baked rolls.</p>	<p>Members were asked "What have you appreciated the most from the County Planning Team experience and what is one thing you have learned from these meetings?"</p> <ul style="list-style-type: none"> - To see the different entities come together. - Increase focus on health & wellness, started health & wellness program for Clayton Ridge staff. - Currently replacing seniors who have been on Regional youth committee (Clayton Ridge) - County team willingness to meet & input to share ideas. - Appreciate Clayton Co. unique in size and topography. One community can help other communities. Caring group of people with best interest regionally in mind. - Learned what other people are doing & how school & community work together. Completed 6 wk diabetes education course with NICC. - Food system needs to be worked on. People will start to return to growing own foods in these economic times. - Partners feel comfortable sharing ideas. - Working on committee in 5 counties to develop sustaining effort to grow local & fresh foods.
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Regional Team Update	<p>Refer to Regional Team Summary – February 2009 posted on website for all team summaries.</p> <p>Brian shared the Wellness Committee at Central School now meeting quarterly. Did have 4 youth attend the last Regional team meeting and met with Regional youth team. Excited as youth are interested in participating in the project and currently sponsoring “Walk to School Friday’s” for students and faculty. Tim reported on San Antonio trip last week. 15 adults and 5 youth attended. Youth were excellent representatives from our project and communicated well with peers from the other sites in US. NEIF&F is a leader in getting local participation involved. Had several break our sessions for attendees on various topics of interest. Attended presentation on “Rails to Trails” which main focus is walking and biking.</p>	
Timeline for NEIF&F Initiative Work	Discussed the handout of “Plan of Work and Timeline” developed by the Regional team. Discussed the handouts: “Strategies, Tactics, & Policy Targets” and “Policy targets relate to the Tactics”.	
Request for Activities & Score Sheet	<p>Reviewed the “Request for Activities” RFA and the score sheet that will be used to score the applications.</p> <ul style="list-style-type: none"> -All applications must support one or more of the three strategies of the project. -The more strategies you are able to address the higher your application will be scored. -Applications will score higher if you have collaborative effort working with other partners in our county or region. - Anyone can submit an application. - Applications are due 4/1/09. 	

Brainstorming for ideas of possible projects	<p>Committee discussed projects that are being worked on to request funding.</p> <ul style="list-style-type: none"> - Local food market manager for 5 counties to work with local producers - Complete BMI's of students in all schools in our region and utilize software that Central School is currently using. Would address all Strategy A, B and C. - Pre-diabetic curriculum that GMH uses. Expand to all hospitals in region so physicians can use this as a referral source. - Research connecting trails both water & land. - Connect high school agricultural programs with consumer science classes. "Nutrients to Nutrition". Partners could be High schools, ISU, WIC, Regional dietetic association. 	<p>Dan School work group</p> <p>Kim</p> <p>Tim Dan and School work group</p>
Group Discussion	<ul style="list-style-type: none"> - Committee members present felt need to continue monthly county meetings as we move into implementation phase to share ideas and report progress with projects funded. - Consider adding e-mail address of Regional members to web site so county team members can share input if they miss a meeting. - More county team members may have increased opportunity to work on Regional team committees as we move into implementation phase. 	
	Next meeting will be April 9, 2008 from 6-8 PM at ISU Extension office in Elkader.	