

## MEETING MINUTES

<b>DATE:</b> February 12, 2009	<b>LEADER:</b> Dan Lane/ Darla Kelchen
<b>TIME:</b> 6:00- 8:00	<b>RECORDER:</b> Nancy Yelden
<b>PLACE:</b> Clayton Co. ISU office	<b>GROUP:</b> Clayton Co. Food and Fitness team

MEMBERS PRESENT: [ X ]	X	Kim Gau	X	Vicki Carolan
X Dan Lane	X	Julie Zittergruen	X	Haleisa Johnson
X McKenzie Johnson			X	Nancy Yelden

1. Reviewed Minutes
2. Reviewed Agenda

Welcome & Introductions	<p>Introductions and encouraged members to refer to website:  <a href="http://www.iowafoodandfitness.org">www.iowafoodandfitness.org</a>          to update them on committee's purpose and objectives.          Meeting minutes and agenda are listed on the county web site  <a href="http://www.claytoncountyiowa.com">www.claytoncountyiowa.com</a>          Enjoyed salads from Subway.</p>	
Regional Team Update	<p>Refer to Regional Team Summary – January 2008 posted on website for all team summaries.</p> <p>Discussed the fiscal agent for grant will now be Greater Foundation for Greater Dubuque.          The Healthy Kids Act will be affecting all Iowa schools in the coming year.          Finalized the process for RFP's.</p>	Haleisa gave report.

Timeline for NEIF&F Initiative Work	Discussed the handout of “Plan of Work and Timeline” developed by the Regional team.	
Request for Activities & Score Sheet	Reviewed the “Request for Activities” RFA- Year 1, Frequently asked questions and the score sheet that will be used to score the applications. All applications must support one or more of the three strategies of the project. The more strategies you are able to address the higher your application will be scored. All applications must be a collaborative effort working with other partners in our county or region.	
Brainstorming for ideas of possible projects	<p>Committee discussed several possibilities of projects that could be considered for request of funding.</p> <ul style="list-style-type: none"> <li>- Complete BMI’s of students in all schools in our region and utilize software that Central School is currently using. Would address all Strategy A, B and C.</li> <li>- Sales person for local producers to work with restaurants, colleges, schools, etc to sell locally produced food. Would address strategy A &amp; B.</li> <li>- Campaign to label locally grown foods: farmers market, schools &amp; restaurants that use locally grown foods. Develop logo for all to use and education. Address strategy A &amp; B.</li> <li>- Pre-diabetic curriculum that GMH uses. Expand to all hospitals in region so physicians can use this as a referral source.</li> <li>- Research connecting trails both water &amp; land.</li> <li>- Connect high school agricultural programs with consumer science classes. “Nutrients to Nutrition”. Partners could be High schools, ISU, WIC, Regional dietetic association.</li> <li>- After school walking program in all schools. Request funding for appropriate shoes for foot wear, pedometers, &amp; incentives.</li> </ul>	<p>Community Health group</p> <p>Dan</p> <p>Dan/Darla</p> <p>Community Health group</p> <p>Tim</p> <p>Dan and School work group</p> <p>Vicki and School work group</p>
Community Gardens	Seeds are available free from America-the-beautiful.org for organizations. Can contact Dan for more information.	
	Next meeting will be March 12, 2008 from 6-8 PM at ISU Extension office in Elkader.	