

**NE Iowa Food & Fitness Initiative
County Planning Team Meeting
February 2009**

Agenda:

Welcome

- **NE Iowa F&F Initiative's Working VISION:**
Northeast Iowa is a unique place where all residents & guests experience, celebrate and promote healthy locally grown food with abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.

- **Introductions** - ““Our Vision is to create a future we truly care about for children, youth and families in our communities. Name one partnership/collaboration/activity you’ve observed in the past 18 months that has happened to help move us toward our region’s Vision for healthier communities?”

Reg. Food & Fitness Leadership Team Report –Reg. F&F Team

Timeline for NE Iowa Food & Fitness Initiative Work (January – August 2009) (See handout)

“Request For Activities” and “Request For Activities Score Sheet” (See handout)

Group Discussion:

- What questions or comments do you have for the Timeline?
- What questions or comments do you have for the RFA process?

QUOTE OF THE DAY: “Don’t let the FFI stop or slow down what you are doing. Keep doing what you are doing. FFI is only one tool to help you.”

Optional if 2 hour meeting: Open County Discussion (30 minutes)

The final 30 minutes, if you are holding a 2 hour meeting, are open for County F&F Planning Team members to use as they wish. Some counties have already begun projects or may just like more time for discussion.

Wrap-Up (5 minutes)

- Thank everyone for coming. Ask them to complete Flash Survey
- Finally, encourage everyone to write on the flip charts and leave their flash surveys somewhere on the table or by the door before they leave.