

## MEETING MINUTES

<b>DATE:</b> January 22, 2009	<b>LEADER:</b> Dan Lane
<b>TIME:</b> 6:00- 8:00	<b>RECORDER:</b> Nancy Yelden
<b>PLACE:</b> Clayton Co. ISU office	<b>GROUP:</b> Clayton Co. Food and Fitness team

MEMBERS PRESENT: [ X ]	X	Sharon Keehner	X	Vicki Carolan
X		Dan Lane	X	Brian Rodenberg
X		McKenzie Johnson	X	Tim Engelhardt
			X	Nancy Yelden

1. Reviewed Minutes
2. Reviewed Agenda

<p>Welcome &amp; Introductions</p>	<p>Introductions and encouraged members to refer to website: <a href="http://www.iowafoodandfitness.org">www.iowafoodandfitness.org</a> to update them on committee's purpose and objectives. Meeting minutes and agenda are listed on the county web site <a href="http://www.claytoncountyiowa.com">www.claytoncountyiowa.com</a></p> <p>Enjoyed a broasted chicken, potato salad and fresh veggies from Wilkes's Deli in Elkader.</p>	<p>Shared regarding statement: "Our Vision is to create a future we truly care about for children, youth and families in our communities. What will that look like? What will children, youth and families experience?"</p> <ul style="list-style-type: none"> <li>-Slow down &amp; enjoy time with families.</li> <li>--More opportunities for families for recreation.</li> <li>-- community gardens, bike and walking trails that is safe.</li> <li>-- More preventative health programs.</li> <li>-- local opportunities for active lifestyle</li> <li>--safety of play areas, transport students with trails. Biking, promote non-traditional activities.</li> <li>--increased utilization and availability of locally grown foods and farmers market.</li> <li>-- educate children and parents.</li> </ul>
------------------------------------	--	--

<p>Regional Team Update</p>	<p><b>Refer to Regional Team Summary – December 2008 posted on website for all team summaries.</b></p> <p><b>Built Environment W/G:</b> Applying for a grant to provide signage for Turkey River project. 114 miles of river from edge of Fayette Co. to Motor Mill. Also working on DNR grant for water trails for canoeing, kayaking, etc. Clermont received a \$500,000 grant for foot bridge across Turkey River so trails will be connecting Clermont and Elgin.</p> <p><b>Communications W/G:</b> continuing to work on logos for shirts, met with legislators in Dec., will be meeting with county BOS and conservation boards in next couple months.</p> <p><b>School Engagement:</b> Discussed the “Healthy Child Act” which is being proposed to provide guidelines of types of food available during school day. More information is on Department of Ed. Website.</p> <p>Dan shared that “Iowa Micro Loan Program” is available for loans up to \$50,000.</p> <p>Windridge Implement is purchasing smaller tillage equipment to use for vegetable gardens. Area farmers can purchase this equipment if interested.</p>	<p>Tim gave report.</p> <p>Haleisa gave report.</p> <p>Vicki gave report.</p>
<p>Web cast: “Rising Energy and Food Prices”</p>	<p>Viewed the video and discussed following questions:</p> <p>#1: How will our Vision &amp; Strategies make a difference in the lives of vulnerable children &amp; their families?</p> <ul style="list-style-type: none"> <li>- work with the children to improve their health</li> <li>- opportunities for physical activity</li> <li>- Present different choices of lifestyle for recreation.</li> </ul> <p>#2: What resources, including partners &amp; expertise, do we have in our community to address these issues?</p> <ul style="list-style-type: none"> <li>- discussed community gardens</li> <li>- Clayton Co. Food Shelf, Shepherd of the Hills, CCVNA, NEICA, local schools, churches</li> </ul> <p>#3: How can we help the NIFFC &amp; the Regional School W/G ensure equity around food &amp; physical activity for families in our communities?</p> <ul style="list-style-type: none"> <li>- Central school works with families regarding lunch program costs so children are not denied meals. Has had to increase meal prices at mid year due to higher food costs.</li> </ul>	
	<p>Next meeting will be February 12, 2008 from 6-8 PM at ISU Extension office in Elkader.</p>	

