

**MEETING MINUTES**

<b>DATE:</b> November 13, 2008	<b>LEADER:</b> Darla Kelchen/ Dan Lane
<b>TIME:</b> 6:00- 8:00	<b>RECORDER:</b> Nancy Yelden
<b>PLACE:</b> Clayton Co. ISU office	<b>GROUP:</b> Clayton Co. Food and Fitness team

MEMBERS PRESENT: [ X ]	X	Darla Kelchen	X	Vicki Carolan
X Dan Lane	X	Brian Rodenberg	X	Joyce Cherne
X Brandon Freidlein	X	Tim Engelhardt	X	Renaе Kraus
X Haleisa Johnson	X	Julie Zittergruen		
X McKenzie Johnson	X	Nancy Yelden		

1. Reviewed Minutes
2. Reviewed Agenda

<p>Welcome &amp; Introductions</p>	<p>Introductions and encouraged members to refer to website: <a href="http://www.iowafoodandfitness.org">www.iowafoodandfitness.org</a> to update them on committee’s purpose and objectives. Meeting minutes and agenda are listed on the county web site <a href="http://www.claytoncountyiowa.com">www.claytoncountyiowa.com</a></p> <p>Enjoyed a great pizza from J&amp;J’s Pizza in Elkader. Josh shared information regarding their business.</p> <p>Shared who you have shared information regarding NEIF&amp;F since our last meeting:</p> <ul style="list-style-type: none"> <li>• Group with “Food, Feed and Fuel”</li> <li>• Talking with parents.</li> <li>• Looking at developing community garden in St. Pt. and shared that Vision 2020 goals include supporting county wide trail system with connections to St Pt.</li> <li>• Haleisa: Met with Dan Christianson from Senator Harkin’s office to discuss Harkin Wellness grant and shared information re: NEIF&amp;F.</li> <li>• Going with 8 representatives of NEIF&amp;F to Boston next week with the Vision Deployment group.</li> <li>• Working with school workgroup and talked with staff about initiative and web cast.</li> <li>• Working with Brandon and Lynette Anderson, youth director to recruit new youth member to replace Brandon when he graduates this spring.</li> <li>• Presented information to school administrative meeting and working with school planning committee.</li> <li>• Talked with Delores Fishback on progress of our initiative as she was very involved prior to her move out of state.</li> <li>• 3 Foundation members will be attending the 12/3 meeting.</li> <li>• Encouraged one of our WIC dieticians, Brandy to become involved in the Allamakee county committee and could represent all counties since she works with residents in all 5 counties.</li> <li>• Elkader Cultural Center starting talks with “Great Places”. Want to connect Elkader, Elgin and Clermont.</li> <li>• Shared initiative with Food Service Inspector today from State of Iowa.</li> </ul>	
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Update	Dan shared short video on “Food, Feed and Fuel” presented by Dr. John Lawrence, ISU extension.	10% of US income spent on food. Food dollar the labor is largest and fastest growing share.
Regional Team Update	<p><b>Refer to Regional Team Summary – October 2008 posted on website for all team summaries.</b></p> <p><b>Built Environment W/G:</b> talked about funding available through Iowa’s Living Roadways program affected by flooding that lost infrastructure, working with survey to superintendents, community maps are almost completed.</p> <p><b>Communications W/G:</b> discussing placing web cast on CD so can be used easier with various groups. Looking into offering committee members to purchase polo shirts with logo.</p> <p><b>Inclusive W/G:</b> Paul and Victoria have resigned as community liaisons.</p> <p><b>Community Health W/G:</b> will be expanding to include more community members that just county PH staff. Looking at inviting dieticians, hospital, dentists, school nurses, etc.</p> <p>W/G continues to work on submission of Wellmark grant for health needs assessment.</p>	<p>Brian gave report.</p> <p>Haleisa gave report.</p> <p>Nancy gave report.</p>
NEIF&F Initiative Video	Viewed the revised video that can be used with group presentations to share what NEIF&F is about.	

<p>Core Values, Vision, Strategies and Draft Tactics</p>	<p>Members met as large group and discussed the proposed values, vision, strategies and tactics listed on NEIF&amp;F Initiative Core Values, Vision Strategies &amp; Draft Tactics – November 2008. (Posted on website)</p> <p>Strategy #1: Draft Tactic #1: Farm to School: Grow a Farm to School program incorporation healthy local foods into school food programs while teaching people about nutrition and the local food system.</p> <p>Draft #2: Food policy: Regionally develop a comprehensive school food and beverage policy that sets guideline to ensure school food includes healthy and especially local choices.</p> <p>Draft #3: Food Policy: Regionally develop a comprehensive school food and beverage policy that sets guidelines to ensure snacks, concession, fundraiser, vending machines and a la care item include health and especially local choices.</p> <p>Draft Tactic #4: Provide opportunity for a variety of physical activity options before, during and dafter school time.</p> <p>Strategy #2: Draft Tactic #1: Promote opportunities for existing and new producers to engage in the local food system.</p> <p>Draft Tactic #2: Develop regional processing, distribution and storage infrastructure to add value to local food system.</p> <p>Draft Tactic #3: Increase sale &amp; consumption of local food on a local, regional &amp; national level.</p> <p>Strategy #3: Draft Tactic #1: Policy: Regionally ad ace community planning &amp; land use policy that gives guidelines to ensure infrastructure includes safe walking and biking in a neighborhoods. Areas that connect to destination sites.</p> <p>Draft Tactic #2: Policy: Increase participation opportunit8es, programming and system/plans for physical activity and active plan every day.</p>	<p>Strategy #1:</p> <p>Draft Tactic #1: School gardens, Students in cafeteria for food prep of fresh foods, Consumer Science Educators at community meetings but not Vo-Ag instructors, teach about what to grow</p> <p>Draft Tactic #2: Vending options, concession stand options, cookbook for school meal preparation</p> <p>Draft Tactic #3: Tier 1&amp;2 guidelines for Food Policy</p> <p>Draft Tactic #4: open gym, public using outdoor playgrounds</p> <p>Draft Tactic #1: Food Grants, Green houses with extended growing season, demonstration farms to show how to garden/canning of foods</p> <p>Draft Tactic #2: Crate new &amp; maintain processing facilities, mobile facilities.</p> <p>Draft tactic #3: use fairgrounds for year round farmers market, use store front for farmers market, Food broker for the school regionally, and marketing signs regionally to market Farmers Market.</p> <p>Draft Tactic #1: Develop county wide trail system, need Walkable neighborhoods.</p> <p>Draft Tactic #2: water recreation access: canoes, boating, swimming, Nature appreciation- enjoy being outdoors.</p>
	<p>Next meeting will be January 8, 2008 from 6-8 PM at ISU Extension office in Elkader.</p>	