



Regional Leadership Team Meeting August 26, 2009

The NE IA Food & Fitness Initiative Regional Team met on August 26, 2009 from 11 am to 2 pm at the Decorah City Hall.

Deneb Woods from NE IA RC&D presented on the results of the **Safe Routes to School project**.

Regional findings:

- More students walk and bike if they live within 1 mile of school
- Centralized pick up/drop off sites seem to encourage more walking
- The complete lack of infrastructure for non-motorized transportation greatly inhibits walking and biking
- There appears to be a limit to how far students will walk or bike to school even if infrastructure is present.
- Education curriculum alone does not seem to encourage more walking and biking. 69% teach some pedestrian and bicycle safety education
- Students in 2nd grade or under appear to be less likely to walk or bike.
- In communities where buses do not pick up/drop off within city limits it appears that more students are driven to and from school than in communities where buses pick up/drop off within city limits. Elimination of busing within city limits **alone** does not appear to impact the number of students walking or biking.

Youth Update and Presentation

Adolfo, Wyatt, Kristina, Lauren, Lynette and Rob shared stories on their trip to the WKKF Boston Youth FFI Conference. See a story on : <http://community.icontact.com/p/iowafoodandfitness/blogs/news-for-the-ne-iowa-ffi/posts/area-youth-attend-boston-ffi-conference>

The Regional Team reviewed the Farm to School Overview/ Plan

Schools: Postville (on board), Starmont, Oelwein, Howard Winn, Decorah, Turkey Valley.

The Regional Team reviewed the Safe Routes to School Overview/ Plan

Schools: Waukon, S. Winn, Valley, Central, Riceville, New Hampton

Calendar

- October 7 & 8 – Mark Fenton
- October 10-13 – Community Food Security Coalition. NE IA presents on Oct 12
- October 20 – NEI FFI Fall Conference

County Planning Team Meetings: September

- Review of baseline data for Indicators and Measures in Implementation
- Select Regional Team Representatives: 1) County Team Leader and 2) Community Team member (assistant County Team Leader)
- Discuss purpose of County Team and key membership
- Select monthly meeting date, time and location
- **NO OCTOBER meeting** – CPT members encouraged to attend Fall Food & Fitness Conference