

# DRAFT

## Tentative Fall FFI Conference Schedule:

**Tuesday October 20, 2009**

8:30 am – 9:00 am      Registration

9:00 am – 10:00 am      Welcome (Brenda/Ann) & Opening Speaker  
Options: Kathy Zurcher

*Describe the sense of urgency, future direction of WKKF, NEI FFI, and ties to what's happening nationally. Provide context. Brenda/Ann present the CAP*

10:00 am – 10:15 am      Networking Break or Cardio Blast  
*Luther student – 5 min and then 10 min. transitions*

Participants will select a track

10:15 am – 11:00 am      Session 1

*Refreshments in hall...*

A&B Youth & School Wellness Committee/Community Members – “Make A Positive Change - School Wellness Polling Questions” – Carrie Scheidel, Team Nutrition Project Co-Director, Iowa Dept. of Education – Bureau of Food and Nutrition

*Vanette described conferences they've had using "clickers" to help feedback from youth re behavior for health & fitness...where they are at and compare it to state averages. Target audience - both youth and school wellness committee or adult coaches, also community members. Consider this for our regional youth leadership team orientation – 2-3 youth and their coach from each h.s. youth team.*

*Need bigger room...*

C. Farm-To-School - TBD

*Farm to school pilot sites and other interested schools – trying to make as hands on as possible.*

D. Community Foundations/Funders - Transfer of Wealth and Endow Iowa – CFGD

*MJ Smith and Nancy VanMilligen – Invite and recruit community foundations to this workshop, engage with youth , school teams, and hear about the Transfer of Wealth. How can we raise funds to support this work..*

11:00 am – 11:15 am      Networking Break

11:15 am – Noon      Session 2

- A. Youth – “Youth Philanthropy” – CFGD  
*Vanette – Brenda – specialty programs “Yappers” with CFGD – engage youth to see the good they are doing are even bigger than they realize*
- B. School Wellness/Community Members – “Update on Healthy Kid’s Act” – Carrie Scheidel, Team Nutrition Project Co-Director, Iowa Dept. of Education  
*Healthy Kids Act – school wellness team members*
- C. Farm-To-School - TBD
- D. Community Foundations/Funders – “How to Grow Philanthropy” - CFGD  
*Helpful to any one but will target community foundations*

Noon – 1:00 pm      Lunch & Speaker  
Option: Dr. Katie Wilson, President of School Nutrition Association and Director of School Nutrition for the Onalaska School District in Onalaska, Wisconsin  
*Passionate re why school nutrition programs are so important, ties to national school lunch program...*

1:00 pm – 1:15 pm      Cardio Blast

1:15 pm – 2:00 pm      Cap Note Speaker – Jenny Neal, Miss Iowa Runner-Up, Dietetics Student and ACE Certified Personal Trainer  
*Carrie Scheidel recommends her – high energy - 10 tips for implementing school wellness...*

2:00 pm – 3:00 pm      School Team Planning OR Head Home for some schools  
*Spaces for groups to determine next steps, etc.*

**Work Group Leaders:**

NIFF Coalition (Farm-To-School) – Teresa Wiemerslage (ISU Extension)  
Youth – Vanette Grover (ISU Extension) & Lynette Anderson (NE Iowa FFI Youth Coord.)  
Schools – Sue Burrack (Starmont High School) and Ann Mansfield (Luther College)  
NE Iowa Funder’s Network – M.J. Smith and Nancy Van Milligan (Community Foundation of Greater Dubuque)