



Northeast Iowa Safe Routes to School Pilot Program

Six school communities have been targeted to promote safe ways for children to walk and bike to school in their respective community. This will be an initial step to promote physical activity for youth and families to benefit their health and the health of their communities.

Expectations for a SRTS pilot school – (what FFI is asking each SRTS to do)

- Form a school/community SRTS Team
- Attend the SRTS Regional Workshop with Mark Fenton on Oct. 8
- Review SRTS Assessment – completed by RC&D after Oct. 8th workshop
- Participate in monthly FFI County Planning Team meetings
- Create a plan to promote safe ways for children to walk and or bike to and from their school
- Collect data Spring and Fall (# of children walking /biking to school)

Potential school/community SRTS team members:

- High level school administrator (Supt. or Principal)
- Health, Fitness, PE, Wellness faculty/staff member
- City Official/Champion (Mayor, City Council person)
- Transportation person for community (City Manager or Engineer)
- Parent Champion(someone who has an interest in promoting children walking/biking to and from school)
- Youth (someone from school youth team or interested youth)

What will Northeast Iowa Food & Fitness provide?

- Support and assistance in developing the SRTS team
- Technical support and research for grant opportunities
- Information about SRTS and other programs about walkable/bikeable communities
- Possible funding for mini grants for walkable/bikeable projects or assessments (FFI is working on a \$300.00 stipend for each school/community team if they send 5-6 people to the workshop to be used for mileage or to get the team started)
- Workshops (Mark Fenton) with other key speakers/state level experts (IDPH, ISUE, DOT, etc) to help with planning

The goal is to work toward our FFI Vision: Make N.E. Iowa a unique place where all residents and guests experience, celebrate and promote healthy locally grown food with abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.