

MEETING MINUTES

DATE: July 9, 2009	LEADER: Dan Lane/ Darla Kelchen
TIME: 6:00- 7:15	RECORDER: Nancy Yelden
PLACE: Clayton Co. ISU office	GROUP: Clayton Co. Food and Fitness team

MEMBERS PRESENT: [X]	X	Tim Engelhardt	X	McKenzie Johnson
X Dan Lane	X	Haleisa Johnson	X	Nancy Yelden
X Fran Passmore	X	Darla Kelchen		

1. Reviewed Minutes
2. Reviewed Agenda

Welcome & Introductions	<p>Introductions and encouraged members to refer to website: www.iowafoodandfitness.org to update them on committee's purpose and objectives.</p> <p>Meeting minutes and agenda are listed on the county web site www.claytoncountyiowa.com</p> <p>Enjoyed delicious healthy salads from Subway next door.</p>	<p>Members were asked "What you believe has been one of the most significant policy or system changes that you've observed in the past two years that has helped NE Iowans experience, celebrate & promote healthy locally grown food &/or be engaged in physical activity & play & what role did you play?"</p> <ul style="list-style-type: none"> - Schools purchasing power - Region has received over \$700,000 in various grants - Thinking out of the box with new ideas: growing fruit to wine production. - Great youth involvement in many schools - Collaboration between all players from all counties.
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Regional Team Update	<p>Refer to Regional Team Summary – June 24, 2009 posted on website for all team summaries.</p> <p>Haleisa and Tim highlighted a few items that Regional team is discussing and working on:</p> <ul style="list-style-type: none">- Will be having two Americorp positions for assistance with grant activities.- Vision W/G will be meeting 7/15, 7/16 & 7/20 to finalize draft of Community Action plan and budget which will then be presented to county committees and Regional team for input and approval.- Other sites in the nation are using some of our ideas & processes that have worked well for us as a project.- County tours went well last month in all counties. Looking at offering this again.	
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<p>Video: “First Lady Michelle Obama in the Garden on Health & Nutrition”</p>	<p>After viewing the video had discussion on following questions:</p> <p>1. What were some of the key messages that you hear the First Lady share on why Health & Nutrition are so important to our nations’ future?</p> <p>2. What connections are there between the First Lady’s messages & the work we’ve started with the NEIF&F Initiative?</p> <p>3. If our success in the NEIF&F Initiative was completely guaranteed, what bold steps might we choose?</p> <p>4. What seed might we plant together today that could make the most difference to the future of our NEIFFI work?</p>	<p>1. - Obesity rate - this generation of children will not out live their parents</p> <p>2. - Community Gardens - Food desert - Poor nutrition - Used to eat meals as a family</p> <p>3. -All grocery stores sell locally grown foods. -School buses stop couple blocks from school and students walk the rest of the way. -Promote active living sites/opportunities</p> <p>4. - Refocus on family - working with children & families - Assist people in realizing how fragile your health is.</p>
<p>New organizational structure of initiative</p>	<p>Reviewed the handout of the new organizational structure of the NEIF&F Initiative. County teams must be the foundation of the whole process to provide local input and collaboration.</p>	
	<p>Next meeting will be August 13, 2009 from 6-8 PM at ISU Extension office in Elkader.</p>	