

4H Goal Card Basic Format-Floyd County

Please make a goal card for each project you are bringing to fair. Bring your completed goal cards and projects with you on Judging Day. After fair put your goal cards along with pictures, clippings and worksheets in your 4H Record Book. This goal card format is suggested but not required.

1. Title Page-The title page helps to describe you and your project to the judge and should contain the following:

- Project Area
- Department-Section-Class (Listed on your green Entry Form)
- Your Name
- Grade Completed
- Name of your club
- If you are a junior, intermediate, and/or senior 4H'er
- Years in 4H
- Years in Project Area

2. What was your exhibit goal(s)?

(Refer to Sample Goal Statements handout for help)

3. How did you go about working toward your goal(s)?

- List the steps you took to get there
- What action did you take to get there
- What was the result and time frame to complete

Things you may want to include:

- Other things I did this year related to this project
- Citizenship and/or community service I did this year related to this project
- Leadership I did this year related to this project: teaching others, leading workshops, organizing activities, etc.
- Communications I did related to this project: include the topic, kind of presentation, newspaper articles, radio interviews, talks, club demonstrations, etc.

4. What were the most important things you learned as you worked toward your goal(s)?

- If your project requires Design Elements and Art Principles pick at least 3 and explain how they apply to your project (write several sentences for your response): **Line, Shapes, Texture, Emphasis, Color, Unity, Space, Rhythm, Proportion, Balance**
- Clothing Projects-"When application of design and art principles must be explained, the following guidelines shall be used"
 - a. Members in grades 4-6 are responsible only for application of the design element line or color
 - b. Members in grades 7-8 are responsible for application of 2 design elements
 - c. Members in grades 9-12 are responsible only for application of at least one design element and at least one principle of design
- List the sources used in your project (books, magazines, people, internet sites, projects you've seen in a store, craft shop, etc.); Get copyright permission if needed*

5. What would you like to do in this project area next year?

- What recognition did I receive on this project?
- Did you share with someone what you did or learned?
- What was your favorite part of this project?
- Explain personal growth, success, disappointments, fun, and frustrating experiences related to the project

Financial Summary of Project

Item/Ingredient	Amount Spent	(if applicable to project)
1. _____	_____	
2. _____	_____	Gross Income Totals: \$ _____
3. _____	_____	Minus Expense Items: \$ _____
4. _____	_____	Net Income: \$ _____
5. _____	_____	
Total:	_____	

In comparison, is there a difference in costs when you consider buying verses making?

Cost to buy: \$ _____

Cost to make: \$ _____

Cost to buy minus Cost to make equals Total Saved: \$ _____

What does copyright mean?

A copyright and/or a trademark are legal methods used by artists, photographers, writers, and others to protect their original and creative works. Protected items may range from professional photography and books to music, sport logo insignias, corporate and brand name logos to art designs. It is important to remember the idea itself cannot receive a copyright. The expression of an idea is what is copyrighted. For example, one cannot copyright "bears", but specific bears like Winnie-the-Pooh and Smoky Bear cannot be copied without permission.

Proper crediting of source includes name of book, magazine, newspaper, etc., author/artist/publisher (whichever is most logical), date of publication, page number. Often we get "ideas" by observation of other's works of art, crafts, recipes, etc. It is very important to give credit to those individuals or companies who have created materials, resources, logos, trademarks, photographs, etc. that you may want to incorporate into a 4H exhibit for county fair. In many cases requesting permission can do this. This permission is needed when an item made by you is going to be on public display. Also they do not have to grant you permission, but if you explain fully how you plan to use their work, they are more likely to grant permission. When in doubt, ask permission.

Sample Goal Statements to Aid in Goal Writing or Project Selection

Would you like to take a trip without first deciding where you want to go? Of course not! That would be pretty hard to do. Setting goals for your 4H projects and experiences is very much the same as deciding where you want to go on a trip. While there are lots of fun and educational activities planned by your 4H club, you are the one who's in the driver's seat with your 4H experiences.

The following are samples of goals by 4H members. Review them to assist you in writing your project goals or helping you to select a project. A good goal can be measured or checked and has 3 parts: **1) Action-how you will do something, 2) Result (s)-what you are going to do, and 3) Timetable-when you are going to do it.** For example, "I want to learn to bake two kinds of cookies by Christmas.-I want to learn is the action portion of the goal. What you intend to do is the result-I want to learn to **bake two kinds of cookies.** When is the amount of time it will take to complete the goal-I want to learn to bake two kinds of cookies **by Christmas.** Below are some sample goals and projects:

Animal Science

- Identify and treat diseases
- Breeds and their characteristics
- Learn different meat cuts and location
- What things affect markets and why
- Different feed rations and how they affect animals
- Feeding efficiency as costs increased
- How to select animals
- Parts of an animal

Visual Arts

- How to cut out designs from sponges
- How to make a block print
- How to block print on fabric
- Make my pictures look more realistic
- Paint a clay pot
- How to make a clay pot or mug
- Create interesting and different art projects using everyday items
- How to do shading in my projects
- Use color to evoke emotions in viewer
- How to use an airbrush more easily
- How to finish or seal leather

Food and Nutrition

- Learn how to measure ingredients properly
- How to know when cookies are done
- Learn how to make different kinds of bread
- How to make pies
- How to peel tomatoes
- When to use a boiling water bath or a pressure canner
- How to can vegetables or fruits

Clothing and Textiles

- What to include in a sewing kit
- How to thread a needle
- How to use a sewing machine
- How to make buttonholes
- How to sew on a button
- How to make a collar
- Blind stitching on hems and linings
- How to keep my tension the same

Home Improvement

- How to color coordinate room furnishings
- How to make curtains
- How to make a quilt

Child Development

- What kinds of things toddlers like to do
- Make a babysitting kit
- Techniques for getting kids to bed
- How to child-proof a house

Photography

- How to hold the camera steadier
- Use the rule of thirds
- How to situate an object in a picture
- Make sure horizons are level
- Use light in pictures to make different effects
- Take better close up pictures of flowers
- Make homemade filters

Conservation/Environment/Natural Resources

- Find names and kinds of wild flowers
- Learn how to press flowers
- Plan a wildflower garden
- Bird watch and identify
- Parts of a bird
- How to make an insect killing jar
- How to make a mounting board
- Learn about medicinal plants

Shooting Sports

- How to shoot a basic rifle/bow
- How to keep my arrow steady
- Build a gun cabinet
- Build targets/range

Aerospace

- How to paint and fly a rocket
- How to correctly align the fins on a rocket

Bicycle

- What are the proper hand signals
- How to do simple repairs
- How to plan a day long bike trip
- When to use different gears

Canoeing

- How to paddle to drive straight ahead
- What to do when a canoe is submerged
- How to get the right life jacket

Woodworking

- How to pound nails
- Learn how to use different types of saws
- Make a simple birdfeeder
- Cut angles with a saw
- How to use a power drill
- How to use an electric sander
- Use miter box and jig saw
- How to use a router to round off edges

Horticulture

- How to select seeds
- Start a garden that is low cost and profitable
- How much fertilizer, water, and sunlight different plants need
- Recognizing weeds
- Learn more about pest control
- Use different varieties of plants
- Proper rotation a garden needs
- How to pot a plant