

IOWA STATE UNIVERSITY
University Extension
Lyon County Extension Office
710 N 2nd Ave. E, Suite 103
PO Box 348
Rock Rapids, Iowa 51246
PHONE: 712/472-2576
FAX: 712/472-2578



Jill Postma

Lyon Lingo

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4-H Enrollment Fee – Enrollment fee

has increased to \$30 per 4-H'er this year. The Lyon County Extension Council will pay \$15 of the fee leaving the remainder \$15 state 4-H enrollment up to the club or individual. Scholarships are available for anyone who may need it. The enrollment money is used to cover the cost of services such as oversight & direction of youth development & research base for 4-H youth programs; curriculum, project material, & literature development; volunteer leader training & development; & support for and management of multi-county 4-H events & activities.

Lyon County Roger Baldwin

Memorial 4-H Foundation Awards

These \$ awards are open to anyone in Lyon County who is affiliated with the 4-H program, which could include members, leaders or clubs. These funds were created as a permanent investment in 4-H youth development to provide education, incentives, training & development programs for 4-H members and volunteers. An application can be found on the website, at our office, & included at the end of this Lingo. Applications are due October 15th to the Extension Office. Award(s) will be announced at the 4-H Recognition Night.

Nominations for special awards

We have very devoted club leaders in our county. To show your appreciation, nominate them as **Leader of the Year**. Nominate a former 4-H'er that has contributed their time & energy to our present 4-H activities for a **4-H Alumni** award. Is there someone who lends support to our 4-H programs and activities but has never been a 4-H member? Nominate them as an **Honorary 4-H Member**. Write a brief description of why this person should be considered, & nominate these special people. The application is *due Oct 15th* at the Extension office. The application is also on the website <http://www.extension.iastate.edu/lyon/kidsteens.htm> look in the right hand column, under Award Applications, click on Leader/Alumni/Honorary/Club Award Application in word & PDF format. This form is also at the Extension office if you don't have internet access. Awards will be handed out at 4-H Awards night on Oct. 26th at 7:00 pm.

National 4-H Week **October 4 - 10**



MEET THE FUTURE 

National 4-H Week
October 4-10, 2009

Ever wonder what the future will look like? Just take a look at your local 4-H today. It's where young people explore, learn and discover in a safe environment. In 4-H, kids find their true passions, gain confidence and give back to the community.

Celebrate 4-H's efforts in helping today's kids become tomorrow's leaders.

www.4-H.org



Is your club doing something special for National 4-H week?

Many people don't know about all the great things that 4-H members are involved in like volunteer activities that make a difference in their communities. Promoting 4-H & these activities will increase awareness of 4-H & let others know how great it is to be a part of 4-H. Youth in our community cannot join 4-H if they don't know about it. New members bring new ideas, an extra set of hands, & new friends. Ideas: Create a window display in a local business, wear your 4-H t-shirt, hand out green colored M&M's, do a community service project like a 4-H Food Drive.

Recruitment Contest: Bring a friend to 4-H. We invite you to participate in a contest to see which club can get the most new 4-H'ers (as a percentage of total members) to enroll in your club. The winning club will receive a pizza party from the Extension Office.

4-H Spirit Day

In the Honor of National 4-H Week we are asking 4-H members to wear your 4-H tshirts to school. Show you are proud to be a part of 4-H!

County Council Meeting

The county council members will have a short meeting at the Forster Community Center Oct 26th, at 6:15 pm before the awards banquet, which starts at 7:00 pm. November 30 will be the next County Council Meeting, 7:15pm at the Pizza Ranch in Rock Rapids – more info to follow.

Award Night Info

You will be notified if you will be receiving an award you applied for by an invitation to the 4-H Awards night on Oct 26th. All 4-Hers who have completed their 1st year will be invited to attend. **ALL** 4-Her's & families are welcome to attend!

Club Programs

– Please turn your club program into the Extension Office for the new 4-H year by November 1st. Please contact Lora if you need assistance in designing or copying them.

Pioneer Grant

– Pioneer Hi-Bred International is offering Pioneer Community Improvement Grants through the Iowa 4-H Foundation again this year. Clubs in your county are encouraged to apply for “seed money” to help them get started on community projects. The brochure, information, and application are on the web at: <http://www.extension.iastate.edu/4H/PioneerGrants.html> Applications for 2009 grants are due in the county office on December 1, 2009.

Low Cost 4-H Project Ideas

Citizenship-make baskets filled with garden flowers or produce for a nursing home or older neighbor. Write a thank you note to your 4-H leader, teacher, or parent for all they do for you!

Child Development-make a homemade toy, game, or activity for kids. Learn finger plays to teach kids.

Clothing-Make a totebag from fabric remnants or old blue jeans. Consider recycling a clothing garment to make a different or more updated garment.

Conservation- Plant a tree, seedling, or flowers, Demonstrate how your plantings will help conserve the soil, attract wildlife, conserve energy or help your family.

Photography-Make a calendar using your own photos. Reuse a mat from previous years.

Woodworking-Use scraps of wood to make a project. Check the 4-H project materials for plans for birdhouses, toolboxes, bookends, bookracks, key holders, etc.

Home Improvement- Use a table linen you already have, select pictures from magazines of tableware (flatware or dinnerware) that would be used to create a pleasing table. Organize your closet, Inventory your clothes, shoes, accessories to determine needs. Take pictures of before, after, and in between!

Food & Nutrition-Make a poster detailing how to keep picnic food safe. Make a recipe calendar as a gift. Suggest daily meal plans. Plan the recipes for a theme party. Choose a theme and find recipes that fit the theme and go well together.

Horse-Learn about the parts of a horse's hoof how to care for them and why hoof care is important. Share your problem solving skills with others through an exhibit or presentation.

Beef-Explore the advantages and disadvantages of using beef implants or feed

additives. Share your findings with others.

Do an exhibit showing how you made a decision about implants for your calves.

Swine-Research the withdrawal times for feed additives and medications you might use on your pigs. Communicate the importance of following withdrawal times with other in a poster.

Pets-Learn about the care of newborn puppies or kittens-when they open their eyes, when to wean, what vaccinations are needed, how to feed the mother and how to start puppies on solid food. Decide if you are ready to raise a pet.

Create a display about grooming your pet or livestock and cleaning their pen or cage.

FYI

- ◆ Oct 4-10 National 4-H Week
- ◆ Oct 15th -Roger Baldwin Foundation Applications due
- ◆ Oct 15th -Nominations for 4-H leader, 4-H Alumni, Honorary 4-H, 4-H Club due
- ◆ Oct 26th -County Council Meeting 6:15 Forster Center
- ◆ Oct 26th – 4-H Award & Recognition Night, 7 pm, Forster Community Building, Rock Rapids
- ◆ Nov 1st -Program of Events due to Extension office
- ◆ Dec 1st - 4-H Enrollments, Medical Release Form & \$15 due to Extension office