

# FOURTH TRAINING LESSON

Repeat and review previous week's exercises – Sit-Stay, Pay Attention, Sit for Exam, etc.

## DOWN STAY

With the dog sitting in Heel position, give her the *DROP* or *DOWN* command. (If you need to put your dog in the down position, do so.) Give your dog the *STAY* command and step **directly** in front of her, facing her. (You should be no more than one step from the dog). If she moves, tell her *NO* and return her to the down position. Try to correct her before she actually moves! Return to the Heel position and **praise** her.

## STAND FOR EXAMINATION

With the dog sitting next to you in Heel position, and the leash in your right hand – take two steps forward and pull the dog gently out of the Sit position, while saying *DOG-STAND*. As you do this, slide your left hand along the side of the dog's body closest to you until it reaches the point where the leg joins the body and gently hold her in place. When she is standing, give her the *STAY* command. If she moves, tell her *NO* and put her back in place.

While the dog is in the Stand position, someone will go over her by touching her head, her back and her rump. If the dog should start to move **at all**, correct her by saying *NO* and replace her.

## **GROWLING OR BITING WILL NOT BE TOLERATED!!**

As the dog becomes steady in the Stand position, you will gradually move out in front of her to the end of your leash. When the exercise is over, return to the Heel position and **praise** her.

Try to find as many people as possible to approach and pet your dog when you are working her so that she gets used to being handled.

## CHASE FOR RECALL (Homework)

With your dog heeling beside you normally, give her the command *COME* and **run** several steps away from her, turning to face her and stopping when she catches you. **Praise** your dog profusely when she gets to you. This is one exercise in which treats really help a dog do better.

## GENERAL COMMENTS

Keep working your dog 15 – 20 minutes per day. Vary the order in which you practice the exercises so that neither you nor your dog gets bored. Try working in different places at your home, the front yard one day and the back yard the next so that your dog gets used to paying attention to you no matter where you are.