

Outdoor Adventures

Melissa Beermann, Leader
(712) 423-2175

Do you like adventure and challenges?

Then this is the camp for you and your friends to come and have fun. You will be shooting archery, launching rockets, cooking your lunch around the campfire!



Ricochet

Cheri Hardison, Leader
(712) 423-2175

Leadership is for you...
It's not just for the "the chosen few."
Ricochet your way to becoming a leader...

What you'll learn in Ricochet
You'll learn skills and make an impact. Make
a choice—share your voice!
Have fun with friends
Find the power in you—the power of YOUTH
Make a difference NOW

*Do you have more general questions
about Extension or 4-H?
Feel free to stop by or give us a call...*

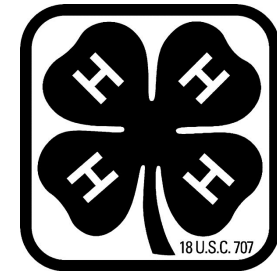
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IOWA STATE UNIVERSITY
Extension and Outreach

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Monona County 4-H Specialty Clubs



Babysitting Club
Cooking 4-H Club
SESS

(Safety & Education on Shooting Sports)
Outdoor Adventures Club
Ricochet

SESS

(Safety & Education in Shooting Sports)



Jerry Rice, Leader

Phone: (712) 886-5629

What do 4-H'ers do at a SESS meetings?

- Practice safety techniques and response to range commands
- Learn basic shooting fundamentals
- Clean and maintain firearms and equipment
- Learn about eye and ear protection
- The ethics about responsible gun usage
 - Take field trips
 - Develop shooting skills
 - Explore wildlife conservation

4-H uses Shooting Sports to teach youth development. The skills required for the responsible use of firearms carries over into many other parts of life.

Cooking Club

Brenda & Megan Wimmer, Leaders

Phone: (712) 882-2242

What are the goals of the club?

To have fun in the kitchen while learning new techniques and skills that can last their entire lives. To get kids interested in preparing healthy snacks and meals. To learn about food safety and healthy preparation of foods.



What topics are covered?

- Food safety
- Making quick breads and pies...ANYTHING
- Creative and tasty fundraising
- Food and nutrition exhibits for fair

"It's fun to meet together to make some delicious foods.

I wish we could meet every week!"

Seth Watson, Cooking Club member

Babysitting Club

Kate Garred, Leader

(712) 455-2271

What types of things do members do?

- Receive childcare education
- Work with adults and other youth
- Impact the community through service projects
 - Gain self-confidence
 - Create new friendships
 - Learn responsibility
 - Develop leadership ability
 - Improve communication skills
 - Share learning with others
- Attend club meetings and activities

