



## Woodbury County Extension Office

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[www.extension.iastate.edu/woodbury/](http://www.extension.iastate.edu/woodbury/)

## Woodbury County Extension Staff:

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County Extension Education Director

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Youth Field Specialist

### Renee Sweers

Nutrition & Health Field Specialist

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### Ann Verzani

Pick A Better Snack

### Carrie Dunn

AmeriCorp Worker

## Expanded Food & Nutrition Education Program Staff

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Cynthia Scott

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### Lujean Faber

4-H Program Coordinator

## For more information on Woodbury County 4-H, contact:

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712-276-2157 extension #12

OR

Molly Scott

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## December 2008

### Record Keeping 4-H Project Awards

This is your chance to tell others what you have done in 4-H!  
Recognition is an important part of 4-H.

### What is needed to apply for Record Keeping 4-H project awards?

1. Application – 1 to 5 pages of written or typed information or an audio or video tape (10 minutes in length)
3. Attach the Record Keeping 4-H Project Award Cover Form to each application you complete (included in the mailed *December 4-H Scene*)
2. Project Award Checklist – filled out by the 4-H Leader/Mentor

Decide on a project area(s) and/or special award(s) you would like to write about. A project is something you may have worked on throughout the year or for a few weeks and is different than the “exhibit” you took to the fair. There is no limit to the number of record keeping project award applications you may apply for in the Woodbury County 4-H Awards Program.

Your 4-H application is due **before** March 1 so that your leader or mentor has time to evaluate your project records. A mentor is somebody you feel comfortable with in letting them look through your story to evaluate it for award(s).

### What's in it for you?

For every record keeping project award application you turn in, your name will be put in a drawing for an iPod nano, shuffle or an MP3-player! You will also be recognized during the 4-H Recognition Event. Applications will also help you when filling out job applications and college scholarships.

### Information available from your leader or the Extension office

- Record Keeping Project Award Guidelines – mailed out in December newsletter
  - 4-H Cover Form – Record Keeping 4-H Project Awards Information
  - Project Award Checklist
- Forms are located on the ISU Extension – Woodbury county website at: <http://www.extension.iastate.edu/woodbury/kidsteens.htm>, and they will be listed under forms.

**Attend the Project Award Workshop on Sunday, January 25, 5:00 pm at the Methodist Church in Merville to learn more!**

**4-H'ers will be recognized for their project work at the 4-H Recognition Event that will be held on Sunday, June 7, 2009, at the fairgrounds.**

*The 4-H emblem is protected under 18 U.S.C. 707*

Iowa State University and U.S. Department of Agriculture cooperating Extension Programs are available to all without regard to race, color, National origin, religion, sex, age, or disability.

# Opportunities for 4-H'ers

For more 4-H opportunities for both youth and adults, go to the following website: <http://www.extension.iastate.edu/4H/publicinfo.htm>



## **Rock-Kee-Union invite to their Chicken Noodle Super**

Please join the Rock-Kee-Union 4-H club at their 47th Annual Chicken Noodle Supper on Saturday, December 6, 2008, in Correctionville. Serving will begin at 5:00 p.m. and continue until 7:00 p.m. The menu includes a delicious meal of homemade chicken and noodles, salads, rolls, relishes, and cakes served family-style. Tickets are available from any Rock-Kee-Union 4-H member or at the door.

## **4-H Scholarships**

4-H Scholarships will be due on February 1, 2008, to the state 4-H office (Feb. 1 is a Friday and the application MUST be in the State 4-H office in Ames on that date). Most of the scholarships are for incoming freshmen for 2008, but a few are for adults or juniors in high school. Information is available at:

<http://www.extension.iastate.edu/4H/grants.html>.

Be sure to bookmark this site! Also available are other scholarships with different due dates and requirements.

## **Iowa Promise Grant**

It's not too soon to start thinking about **Iowa Promise Youth Grants**. "Iowa's Promise Youth" grants are up to \$250 and are available from the Iowa Commission on Volunteer Service in partnership with Iowa State University Extension 4-H Youth Development. Criteria for funding include involving two or more local groups (one must be a youth group such as a 4-H club, Scouts, church groups or school groups) in a community service or community improvement project. Applications are due February 1 and are available online at:

<http://www.extension.iastate.edu/4H/grants.html>

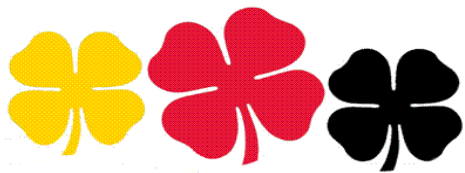
## **Area Awards**

4-H'ers in grades 9 – 12 are eligible for area awards. 4-H'ers may apply for project awards, 4-H congress, 4-H conference, state council or tech team. Applying is the same as for county 4-H awards, an application of 1-5 pages. You can apply in two project areas and congress, conference, state council or tech team. Be sure to check if you are in the correct grade to apply.

For more information, please go to the following website:

<http://www.extension.iastate.edu/4H/recognition.htm>

Applications are due March 2 to the Extension office. Live interviews will be held in Storm Lake in April.



## **COOL and 4-H Livestock - Important Information for 4-H'ers**

What does COOL mean? It stands for Country of Origin Labeling and it will affect 4-H'ers who buy and sell livestock (as well as adult producers). The USDA is preparing for the mandatory COOL (Country of Origin Labeling) that went into effect September 30, 2008. The process for 4-H'ers is relatively simple. Animals that are "on the ground" or born by July 15, 2008, will be "grandfathered" into the program. However, any animals changing ownership and born after that date will need the COOL affidavit.

### **What 4-H'ers Need to Do:**

The Iowa COOL Coalition has come up with a simple affidavit that can work for all species of livestock (beef, sheep, swine, poultry, goat). This affidavit is located at:

<http://www.extension.iastate.edu/4H/Agriculture/documents/cool.doc>

Page 1 explains the steps needed to be taken as well as example documents that can be used for an audit trail. Page 2 is the actual affidavit.

**4-H'ers who raise their own livestock** for their projects need to fill this affidavit out and keep it on file for a minimum of two years. In the case of an audit, 4-H'ers can provide authorities with this affidavit along with other documents listed at the bottom of page 1 of the affidavit document (birth records, calving report, Pig Champ, Pig Tales, etc. purchase/sales receipts, etc.)

**4-H'ers who purchase their livestock from others** MUST have the producer fill out the affidavit, give it to the 4-H'er, and the 4-H'er should keep the affidavit on file for a minimum of two years. For example, a 4-H'er goes to buy his steer from a producer. The 4-H'er needs the producer (seller) to fill out and sign the affidavit.

Plans are underway at the State 4-H office to add this topic to the 4-H FSQA (Food Safety Quality Assurance) programs. 4-H'ers will have an opportunity to attend just that part of the training if they do not need to attend the entire two hours. There is an excellent website for those wanting to know more details on the Iowa Beef Center's webpage at:

<http://www.iowabeefcenter.org/content/COOL.htm>

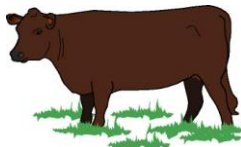
**Tell us why  
you enjoy 4-H!**



### **Corner on 4-H**

We would like to know why you enjoy 4-H. All you need to do is write a couple of sentences. Include your name and 4-H club. We will include your information in our "Corner on 4-H" in upcoming issues of the *4-H Scene*. E-mail Lujean Faber at [faber@iastate.edu](mailto:faber@iastate.edu)

## 4-H Market Beef Weigh-in January 3, 2009



Market steers and market heifers that are exhibited at county fair, state fair, Ak-Sar-Ben, Clay County Fair or other area 4-H events must be weighed and identified. **If you are purchasing animals, be sure to ask the producer to fill out a COOL affidavit for your records!**

**When:** Saturday, January 3, 2009  
(snow date set for January 10)

**Time:** 8:30 am – Noon

**Where:** Bleil and Chapman Auction Barn  
Located north of Merville on D-12

**Cost:** County Only - \$1.50  
County/State - \$5.00  
County, State & Ak-Sar-Ben - \$10.00\*  
County, State & FFA - \$7.00

\*Due to Ak-Sar-Ben requiring a different identification process than what Iowa does, Ak-Sar-Ben has raised their fees.

4-H'ers/FFA members in the same family must decide before the animals are weighed, which animal each youth plans to exhibit. After the animal is weighed, no switching is allowed. 4-H'ers may weigh six market animals. Animals must be identified as 4-H or FFA, but cannot be identified as both 4-H/FFA.

Identification forms (ID forms) will be available to fill out at the weigh-in. All ID forms must be filled out completely and correctly. **The ID form may be filled out during weigh-in or turned into the office on or before January 15, 2009.** Forms turned in late will make the animals ineligible to be exhibited.

### **Exhibiting at State Fair/Ak-Sar-Ben:**

**Please note:** 4-H'ers planning to exhibit a Market Beef animal at the Iowa State Fair and Ak-Sar-Ben must have the verification process completed. Woodbury County will be doing retinal imaging this year for state fair. Ak-Sar-Ben animals will also have their DNA collected, but no noseprints. 4-H'ers will have to decide on/or before January 3 if they plan to exhibit Market Beef and/or Market Heifers at the Iowa State Fair and/or Ak-Sar-Ben.

**For State Fair animals:** If parent and/or 4-H'er is not going to be at the weigh-in the parent and/or 4-H'er must sign waiver forms. The waiver forms then need to be brought to the weigh-in with the person bringing the calf. The forms must be requested from the Extension office before January 3 or go to the following web-site and click on Member & Parental Agreements:

<http://www.extension.iastate.edu/4H/Agriculture/index.htm>

### **Important information if planning to show at State Fair:**

If the animal is going to be exhibited in a breed class the breed, the tattoo number, and sire name/registration number must be on the identification form by January 15. Otherwise the animal will not be able to be exhibited in the breed class at the Iowa State Fair. **State Fair Entries are due July 1, 2009.**

**FSQA:** If you plan to exhibit at County Fair, State Fair, Clay County or Ak-Sar-Ben you will need to attend a Food Quality Assurance (FSQA) Workshop or test out. FSQA workshops will be held on February 9 in Merville and February 23 in Sioux City.

## Food Safety Quality Assurance Workshop REQUIRED IF YOU PLAN TO EXHIBIT LIVESTOCK/ANIMALS at the FAIR

4-H'ers who plan to enter livestock at the Woodbury County Fair, Iowa State Fair and Clay County Fair must attend a Food Safety Quality Assurance workshop (FSQA) or test out.

### **4-H'ers exhibiting these Livestock /Animals:**

Market Beef/heifers	Breeding Heifers
Feeder Calf	Cow-Calf
Sheep	Swine
Goats (market & dairy)	Dairy Cattle
Rabbits	Poultry

### **Who must attend a FSQA workshop or test out?**

➤If you are 9, 10 or 11 years old (age as of January 1, 2009) you **MUST** attend a workshop.

➤4-H'ers who are 12, 13 or 14 years old as of January 1, 2009, can test out or attend a workshop. Once you test out you no longer need to take a test until you turn 15 years old.

➤4-H'ers 15 years old and up must again test out. After you test out you no longer will need to take a test.

### **Dates for the workshop in Woodbury County are:**

Monday, February 9	7:00 pm	Merville
Monday, February 16	7:00 pm	Sioux City

The workshop is a required 2 hours in length.

4-H'ers may also attend another county's workshop. But you **must** request permission from Woodbury first and then it must be OK'd by the other county!

### **When are the tests?**

At this time no test dates have been scheduled. Testing dates will be determined at a later date and location. NO tests will be given during the workshops.

**PRE REGISTRATION IS REQUIRED to attend any of the workshops!!!!** You will be turned away if you have not pre-registered. More information and a registration form will be in the next *4-H Scene*.

### **Up-Coming Meetings**

#### **4-H County Council – January 18**

6:00 pm at the Woodbury County Extension office  
Agenda: Meeting and Christmas party, planning for Operation Military Kids event on March 7, 4-H Recognition for area and county, update of programs

#### **4-H Recognition Team – January 21**

6:30 – 8:30 pm at the Woodbury County Extension office  
Agenda: 4-H Recognition Event, awards, Operation Military Kids, 4-H Record Keeping 4-H Project Award Workshop

#### **4-H & Fair Committee – January 15**

6:00 pm at Theo's Restaurant near Lawton  
Agenda: Approve 2009 4-H Fair Superintendents, update on Girl's Inc meeting requirements, Superintendents meetings and update on programs

# Wanted 4-H'ers to Present Workshops

Your experience is needed to help other 4-H'ers learn about 4-H projects. Would you or another 4-H'er be interested in helping present a workshop? The workshop can be in a project area of your choice such as animals, foods, photography or clothing? If your workshop is on market beef (think of all the information consumers use beef animals) – we want the workshop to help all kids not just the kids showing an animal at the fair! You decide where and when the workshop will be held, and what you want to cover in the workshop. The Extension office will publish your workshop information in the *4-H Scene*.

Workshop Topic: \_\_\_\_\_  
Location of Workshop: \_\_\_\_\_ Date/Time: \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Town: \_\_\_\_\_ State: \_\_\_\_\_  
Email: \_\_\_\_\_  
Other 4-H'ers helping: \_\_\_\_\_

Send to: Woodbury County Extension, 4301 Sergeant Rd, Suite 213, Sioux City, IA 51106.  
Or e-mail Lujean Faber at [faber@iastate.edu](mailto:faber@iastate.edu) or call 712-276-2157 extension #12.



## Growing Green STATE 4-H VOLUNTEER RETREAT FEBRUARY 6 - 7, 2009



The 2009 State 4-H Volunteer Retreat will be held on February 6 - 7, 2009 in Ankeny. The planning committee is inviting staff, volunteers, and members who are Intermediate or Senior age (7<sup>th</sup> through 12<sup>th</sup> grades), who are involved in the leadership of 4-H at project, club, or county programs. The State Retreat is being developed as a train-the-trainer event. Just a small sample of the workshops include: Navigating the 4-H Fair Maze, Hooping it Up (using hula hoops), A Smorgasbord of Science, Engineering and Technology and I Have to do what! (communications)

This year's Retreat is hosted by DMACC Continuing Education, and sponsored by ISU Extension. All activities, Friday evening and Saturday, will take place at the Des Moines Area Community College (DMACC) Campus in Ankeny, Iowa. It is located a few miles off I-80 and I-35 north of Des Moines. The registration fee (early fee is \$25) will include sessions during the time you are registered, a snack on Friday evening and during registration on Saturday, lunch, and beverages during the day. You can come just on Saturday too. New this year, you will receive general CEU credit through DMACC for attending the sessions.

### For information and a registration form:

<http://www.extension.iastate.edu/4H/Documents/2009VolRetreatReg.doc>

If you have trouble getting the information, e-mail or call Lujean Faber at 712-276-2157, [faber@iastate.edu](mailto:faber@iastate.edu) and I will print and put in the mail for you.

**Early registration is due January 16 (postmarked) and cost is \$25**

**Late registration is January 17-23 and fee is \$30**

**4-H leaders and volunteers may want to check out this website. It gives helpful suggestions and the volunteer newsletter. Check it out at: <http://www.extension.iastate.edu/4H/Volunteers/index.htm>**

## “New and Improved” 4-H Officer Workshop

**When: Sunday, January 11, 5:00 pm – 6:30 pm**

**Where: United Methodist Church in Merville**

**Who: 4-H Officers and 4-H’ers who would like to learn how to be an Officer**

The Woodbury County 4-H Council is planning a fun filled evening for 4-H Club Officers. There will be hands on activities, recreation, snacks and information to help you be a better officer of your club. Please pre-register by January 5 (especially if you want to be contacted in case of bad weather) with the following information:

Name \_\_\_\_\_ Club \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone number \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Your Current Officer Position or if you want to learn something new (please check):**

- |  |   |                                      |
|--|---|--------------------------------------|
| <input type="checkbox"/> President                       | <input type="checkbox"/> Vice President | <input type="checkbox"/> Secretary   |
| <input type="checkbox"/> Treasurer                       | <input type="checkbox"/> Historian      | <input type="checkbox"/> Reporter    |
| <input type="checkbox"/> Photographer                    | <input type="checkbox"/> Recreation     | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> None, but I would like to learn |   |                                      |

Send to the Woodbury County Extension Office, 4301 Sergeant Road, Suite 213, Sioux City, IA 51106; or fax to 712-276-6211; or e-mail: [faber@iastate.edu](mailto:faber@iastate.edu) by January 5, 2009. If you have questions you may call 712-276-2157. Must have 20 participants to hold workshop.

## Project Award Workshop

**Come learn and have fun at the same time!**



**January 25, 2009**

**United Methodist Church in Merville**

**5:00 p.m.**

There will be examples of project awards for you to look at.

We will help you with the body of your project award.

**We will cover the requirement sheet as well as the cover form.**

We'll help you understand the process of a record keeping 4-H project award.



We will be having one-on-one individual work.

We will be covering county project awards  
as well as special project awards.

There will also be a craft.

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RSVP for heads up if weather is bad. Others always welcome!!

Name \_\_\_\_\_ Grade \_\_\_\_\_ Favorite project area \_\_\_\_\_

Club \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

To RSVP e-mail Lujan at [faber@iastate.edu](mailto:faber@iastate.edu) or call 712-276-2157!

