



### Iowa State University Extension Woodbury County

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[www.extension.iastate.edu/woodbury/](http://www.extension.iastate.edu/woodbury/)

The 4-H Shooting Sports program in Woodbury County lets youth learn about disciplines in shotgun and archery. The shotgun course is for youth who are 11-years-old and older and archery is for 4<sup>th</sup> – 12<sup>th</sup> graders.

Adult volunteers are required to attend a weekend training in a discipline or as a coordinator.

#### Volunteers for the 4-H Shooting Sports Program are:

Janice Flanigan  
John Potash  
Al King  
Jim McElhany



#### For information on Woodbury County 4-H, please contact:

Lujean Faber  
4-H Program Coordinator  
e-mail: [faber@iastate.edu](mailto:faber@iastate.edu)  
712-276-2157 extension #12

OR

Kellyn Huck  
Youth Worker  
e-mail: [khuck@iastate.edu](mailto:khuck@iastate.edu)  
712-276-2157 extension #21

## December 2007

### Achieving Goals...reach for the stars!

This is the time of year to make New Year's resolutions or set goals for the 4-H year. Setting goals is simply deciding what you want to learn and do. Having goals help you to achieve and get things done. Setting goals will be helpful when applying for county, area and state project awards and especially helpful for 4-H projects and the exhibits you will be taking to the fair.

Goals have three parts that can be measured or checked.

**The action: how you are going to do it**

**The result: what you will do**

**The timetable: when you plan to have it done**

This sample goal shows each part of a measurable goal:

The action.....how.....I want to train

The result.....what.....my 4-H beef heifer to lead

The timetable....when.....before county fair time.



#### Practice writing goals that include Action, Result and Timetable

Project \_\_\_\_\_  
Action (how) \_\_\_\_\_ Result (what) \_\_\_\_\_ Timetable (when) \_\_\_\_\_

I want to \_\_\_\_\_

Do your goals pass the control test? If you can answer "yes," you can go on to the next step. It is okay to make changes and add and delete goals during the year. Goals will help you in your 4-H award applications, 4-H fair exhibits and in your other interests outside of 4-H!

For more information on setting goals, ask for the publication, "Achieving Goals Through 4-H"...(4-H- 91).

### County 4-H Recognition – Go for the Gold!

In this issue of the 4-H Scene is information on preparing applications for county 4-H awards - the 4-H Project Cover Form (it is also located on the web at: <http://www.extension.iastate.edu/woodbury/kidsteens.htm> and it will be under Forms). Your 4-H application or story is a handwritten or typed one to five pages, or you can do a 10 minute audio or video tape. Applications will be due to your 4-H leader before March 1. In the November 4-H Scene was information on Project Award Guidelines.

Now is the time to start setting your goals towards 4-H project awards. Award applications/stories will be due March 1. The 4-H Recognition Event will be held on June 8, 2007. This is *your* time to shine!

# Opportunities for 4-H members

For more 4-H opportunities for both youth and adults, go to the following website: <http://www.extension.iastate.edu/4H/publicinfo.htm>



## Area Tech Team

4-H'ers and adults interested in the Northwest Area 4-H Tech Team may want to apply to be a member. The tech team is open to youth in 8<sup>th</sup> – 11 grades. Adults are also encouraged to apply. Those selected will participate in hands-on workshops incorporating technology skills from remote sensors, digital photography, robotics, engineering and enter competitions. Applications are due December 20 and the application is available on our Woodbury County Extension website at: <http://www.extension.iastate.edu/woodbury/> click on Kids & Teens/4-H on the left hand side.

Current Woodbury County 4-H'ers on the tech team are **Megan Logan, Josh Thomas** and adult **Jim Thomas**.

## 4-H Scholarships

4-H Scholarships will be due on February 1, 2008 to the State 4-H office (Feb. 1 is a Friday and the application MUST be in the State 4-H office in Ames on that date). Most of the scholarships are for incoming freshmen for 2008, but a few are for adults or juniors in high school. Information is available at: <http://www.extension.iastate.edu/4H/grants.html>. Be sure to bookmark this site! Also available are other scholarships with different due dates and requirements.

## Iowa Promise Grant

It's not too soon to start thinking about **Iowa Promise Youth Grants**. "Iowa's Promise Youth" grants are up to \$250 and are available from the Iowa Commission on Volunteer Service in partnership with Iowa State University Extension 4-H Youth Development. Criteria for funding include involving two or more local groups (one must be a youth group such as a 4-H club, Scouts, church groups or school groups) in a community service or community improvement project. Applications are due February 1 and are available online at: <http://www.extension.iastate.edu/4H/grants.html>  
**Willow Workers 4-H Club** received a grant last year.

## Order Online from National 4-H Supply to Support Iowa 4-H!

Did you know that 10 percent of all online orders from National 4-H Supply (4-H Source Book) come back to support 4-H youth programs in Iowa? We are currently designating these dollars for the purpose of marketing 4-H statewide to help increase member recruitment and public awareness. As you get ready for county and club recognition events this fall, remember to order items online from the 4-H Mall at <http://www.4-hmall.org/> Note: fax, phone, and mail orders do not count for the fair share program – only online orders. Thank you! (Iowa 4-H Foundation)

## Area Awards

4-H'ers in grades 9 – 12 are eligible for area awards. 4-H'ers may apply for project awards, 4-H congress, 4-H conference, state council or tech team. Applying is the same as for County 4-H Awards, an application of 1-5 pages. You can apply in two project areas and congress, conference, state council or tech team. Be sure to check if you are in the correct grade to apply. For more information, please go to the following website: <http://www.extension.iastate.edu/4H/recognition.htm> Applications are due March 3 to the Extension office, interviews will be held in Storm Lake on April 1.

## 4-H Judges Trainings Scheduled

4-H Judges trainings have been scheduled for this fall and spring. We hope that you can plan to participate on a convenient date. Registration information has been sent to judges for the SE and NE events in November. Registration information is also available at: [www.Extension.iastate.edu/4H/publicjudgesinfo.htm](http://www.Extension.iastate.edu/4H/publicjudgesinfo.htm) Training dates next spring are:  
Southwest: Saturday, March 29, 2008 Creston High School  
Northwest: Saturday, April 5, Storm Lake Middle School  
Central: Saturday, April 19, Extension 4-H Youth Building, Ames

## Cards to Recovering Soldiers

~~An Iowa military wife whose husband has been at Walter Reed Hospital passed this message on to a state staff member. When you are making out your Christmas card list this year, please send a card to:  
A Recovering American Soldier,  
c/o Walter Reed Army Medical Center  
6900 Georgia Avenue, NW  
Washington, D.C. 20307-5001~~

**The state 4-H office regrets sending the above message...Walter Read does not endorse this because of security reasons. If you would like to send letters of support to our troops, here are just a few suggestions:**

- Here is a good way to get a printed card into the hands of soldiers. Go to <http://www.letsaythanks.com/Home1024.html> Xerox will print out the cards and send them off to our deployed troops.
- You can still send cards and packages to our Iowa Soldiers. <http://www.iowanationalguard.com/PublicAffairs/Duty/DeployedUnitAddresses.htm> and you will find the name and address of a soldier and the unit
- For care package info, go to: <http://www.iowanationalguard.com/PublicAffairs/Duty/CarePackageInfo.htm>

And don't forget putting together a care package and letter of encouragement for the soldiers' families in your community – they need our support as well.

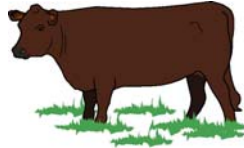
## **4-H'ers Making the Best Better**

**Climbing Hill Crusaders** and **Rock Branch Producers** used their creative talents to donate holiday cards to the Iowa 4-H Foundation. The Foundation will use the cards to send to donors. Thank you for sharing!

Woodbury County 4-H'ers headed to Washington D.C. on the citizenship trip next summer are: **Jacob Christensen, Mark Nelson, Jake Parker, Stephen Russell, Dillon Smith, Andrew Volkert, and Anthony Volkert.**

## 4-H Market Beef Weigh-in January 5, 2008

Market steers and market heifers that are exhibited at county fair, state fair, Ak-Sar-Ben, Clay County Fair or other area 4-H events must be weighed and identified.



**When:** Saturday, January 5, 2008  
(snow date set for January 12)

**Time:** 9:00 am – Noon

**Where:** Bleil and Chapman Auction Barn  
Located north of Merville on D-12

**Cost:** County Only - \$1.50  
County/State - \$5.00  
County, State & Ak-Sar-Ben - \$6.00

4-H'ers/FFA members in the same family must decide before the animals are weighed, which animal each youth plans to exhibit. After the animal is weighed, no switching is allowed. 4-H'ers may weigh six market animals. **Animals must be identified as 4-H or FFA, but cannot be identified as both 4-H/FFA.**

Identification forms (ID forms) will be available to fill out at the weigh-in. All ID forms must be filled out completely and correctly. The ID form may be filled out during weigh-in or turned into the office on or before January 15, 2008.

### **Exhibiting at State Fair/Ak-Sar-Ben:**

**Please note:** 4-H'ers planning to exhibit a Market Beef animal at the Iowa State Fair and Ak-Sar-Ben must have the verification process completed. Woodbury County will be doing retinal imaging this year for state fair. Ak-Sar-Ben animals will also have their DNA collected, but no noseprints. 4-H'ers will have to decide on/or before January 5 if they plan to exhibit Market Beef and/or Market Heifers at the Iowa State Fair and/or Ak-Sar-Ben.

If you plan to exhibit at County Fair, State Fair, Clay County or Ak-Sar-Ben you will need to attend a Food Quality Safety Assurance (FSQA) Workshop or test out. For information on FSQA, please contact the Extension office. Classes will be held next March/April.

**For State Fair animals:** If parent and/or 4-H'er is not going to be at the weigh-in the parent and/or 4-H'er must sign waiver forms. The waiver forms then need to be brought to the weigh-in with the person bringing the calf. The forms must be requested from the Extension office before January 5 or go to the following web-site and click on Member & Parental Agreements:  
<http://www.extension.iastate.edu/4H/Agriculture/index.htm>

### **Important information if planning to show at State Fair:**

If the animal is going to be exhibited in a breed class the breed, the tattoo number, and sire name/registration number must be on the identification form by January 15. Otherwise the animal will not be able to be exhibited in the breed class at the Iowa State Fair.

## Capture the Spirit – State Volunteer Retreat

Capture the Spirit is the theme for the 2008 State Volunteer Retreat scheduled for Friday, February 8, and Saturday, February 9, at the DMACC facility in Newton. The retreat, supported in part by Monsanto and National 4-H Council, will bring 4-H volunteers, staff, parents, and intermediate and senior 4-H members together to network and learn about innovative programs that will help bring fresh perspectives and activities to Iowa 4-H programs.

Friday evening is a networking/fellowship type gathering with hands-on activities and is free except for the costs of the craft materials. Workshops and networking fill the day on Saturday, February 9. A wide variety of workshop sessions will meet the needs of both new and experienced volunteers, staff, and 4-H members. The registration cost for Saturday is \$10 and includes lunch and breaks. 2008 Leaders' Retreat Information and Registration coming soon or go to the following site:  
<http://www.extension.iastate.edu/4h/volretreat.htm>



## Notes & Reminders



**4-H Survey to 1<sup>st</sup> Year Members:** A survey was sent to first year members on how they and their parents felt about their 4-H experiences. If you haven't filled it out, please do that soon. Your comments are important to us to help make a better 4-H program in Woodbury County.

**Shooting Sports Update:** Archery and shotgun have wrapped up for 2007 but plans are already made for 2008! Our first ever quarterly meeting will be **January 10<sup>th</sup> at 7:30 pm** at the Extension office in Sioux City. Quarterly meetings are for **everyone** involved in Shooting Sports – and those interested in learning more. We will have a guest speaker from Ducks Unlimited and meeting schedules for spring. Archery will begin in February and Shotgun in April. If you have any questions, call Kellyn Huck at 276-2157 ext 21.

**4-H Recognition Team:** The 4-H Recognition Team will meet on January 16, 6:30 pm at the Woodbury County Extension office. Our agenda will include: Recognition Event for June 8, county awards, PRE FAIR event and update on programs. Pizza will be ordered for supper.

## Strengthening Families Program

We are very excited to start a **Strengthening Families** series starting January 10 in Sioux City. It will be held on Thursdays from 6:30- 8:30 pm for 7 weeks at the Augustana Lutheran Church in Sioux City. The cost is \$35 per family or \$5 a week per family. The program includes parents and youth 10 - 14 years old. The goal is to strengthen family communication, and the outcome is prevention for youth getting involved in drugs or alcohol or other at risk behaviors. The instructors for the class are Sherry McGill and Nancy Nicho from Extension and Sherrie Schweder, a social worker from Mercy Medical.

### **Child Care Volunteers Needed**

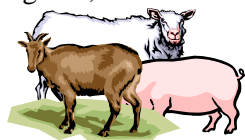
We need for 1 - 3 people to provide child care during our Strengthening Families program Thursday evenings from 6:30 pm -8:30 pm January 10 – February 21. The program will be held at Augustana Lutheran Church, 600 Court St., Sioux City, IA. We will have gift cards to Walmart and HyVee to help give back something to those who agree to help out. This could be a good community service project for a club. A 4-H leader, youth and/or parent should plan to assist. Please let me know if you are interested or know someone I could ask. Clubs are welcomed to volunteer even for one or two sessions. Thanks for your help. Contact Sherry McGill at 712-276-2157 or e- [mcgills@iastate.edu](mailto:mcgills@iastate.edu) for more information.

## Be A Responsible Livestock Owner

### **Important information – Please read:**

As a 4-H member and an animal owner of Market Beef, Market Sheep, Market Swine, Meat Goat, and/or Horses you have an obligation to be a responsible producer by caring and managing your project. Your meat animal projects at the end of Fair will be entering the food chain and will become food for public use. Horse owners must also be aware of proper treatments. The form to help you become a responsible livestock producer or horse owner is the Iowa 4-H animal care and management disclosure statement.

This form verifies that you understand the withdrawal times of medication, how the drugs are given, and that you understand the importance of animal care. You must also fill out the back of the form if you are giving any kind of medication or treatment on your animals.



## 4-H and Fair Committee

The 4-H and Fair Committee will meet on January 9, 2008 at 6:00 pm at Theo's in Lawton. Agenda will include: approve 2008 4-H Fair Superintendents, Hall of Fame, memorandum of understanding, how pie sale money will be used and update on programs. Anyone interested in becoming a member may contact the Extension office. The 4-H and Fair committee is responsible for rules for county fair and sets fair rules and guidelines. Adults and youth are encouraged to become a member. The committee meets about three times a year.



## 4-H on Ice – Rescheduled

Due to the snow storm on December 1 the 4-H on Ice Hockey event will be rescheduled for sometime in February. There will be more information in the January *4-H Scene*. Once we decide the date, you may want to attend as a 4-H Club.

**The Iowa 4-H animal care & disclosure forms are required to be filled out for the following animals: Market Beef, Market Sheep, Market Swine, Meat Goat and Horse – one form per animal.** These forms must be turned in at County Fair Entry Day, July 29, 2008 (do not turn in the form any sooner, because you will be taking care of your animal right up until fair entry).



**Forms are available at the Woodbury County Extension Office or at the Woodbury County website at:**

<http://www.extension.iastate.edu/woodbury/kidsteens.htm>  
**Click on Woodbury County Fair Forms/Info (4-H)**  
**There is a care & disclosure statement for beef, sheep, swine, goat and/or horse.**

4-H'ers who have their market beef animals will want to get their forms now since you will be weighing and tagging your animal on January 5, 2008. And horse members will want to have a form for their animals, since some of you are already taking care of your horse.

Woodbury County Extension  
4301 Sergeant Road #213  
Sioux City IA 51106-4710

PRESORTED STANDARD  
U.S. POSTAGE PAID  
SIOUX CITY, IA  
Permit No. 173



## 4-H Scene December 2007



### Woodbury County 4-H Foundation

Woodbury County 4-H has established a trust fund with the Iowa 4-H Foundation. We hope to establish a large enough endowment so that in years to come the interest from this account will provide us with money which can be used to enhance the traditional 4-H program.

Contributions to this fund can be made by individuals, families or by a 4-H club and is tax deductible. Any amount given would be greatly appreciated.

A pledge of \$400 paid over 4 years would make you a member of the 4-H 400 Club. A gift given in memory of family or friend could enhance our fund. A tribute given in honor of a special occasion would also benefit our cause.

### **4-H Scene December 2007** - mark these dates on your calendar or as a reminder in your computer

December 1	4-H Enrollment Forms, Medical Forms and Iowa Code of Ethic form due to the Woodbury County Extension office
December 20	Area Tech Team Applications due to Sac County Extension in Sac City, IA
December 24 & 25	ISU Extension – Woodbury County Office closed
January 1, 2008	ISU Extension – Woodbury County Office closed
January 5, 2008	4-H Market Beef Weigh-ins at Bleil and Chapman Sales Barn (snow date set for January 12 for the same time & location)
January 9, 2008	4-H & Fair Committee meeting, 6:00 pm at Theo's in Lawton
January 10, 2008	Shooting Sports Quarterly meeting, 7:30 pm at the Extension Office in Sioux City, guest speaker from Ducks Unlimited
January 15, 2008	Market Beef Identification forms due to the Woodbury County Extension Office (identification forms will be available at the January 5 Beef Weigh-in)
January 16, 2008	4-H Recognition Team, 6:30 pm at the Woodbury County Extension Office with pizza for supper
January 20, 2008	4-H County Council will meet at 6:00 pm at the Woodbury County Extension Office for their meeting and winter party
January 21, 2008	ISU Extension – Woodbury office will be closed in observation of Martin Luther King's Day
February 1, 2008	4-H Scholarship applications due in the State 4-H Office in Ames, IA
February 1, 2008	Iowa Promise Grants due to the State 4-H Office in Ames, IA
March 1, 2008	4-H County Award Applications for project awards due to your 4-H Leader
March 3, 2008	4-H Area Award Applications due to the Woodbury County Extension office, Interviews will be held on April 1 in Storm Lake
May 15, 2008	Livestock/Animal Livestock Identification form due for breeding beef, cow/calf, diary cattle, dogs, feeder calf, goats, horses, sheep, and swine – turn identification form into the Woodbury County Extension Office
July 30 – Aug 3	2008 Woodbury County Fair (July 28- tentative 4-H Building Judging, and July 29 will be Livestock Entry)

For 4-H information check out the Woodbury County Extension Web site at: <http://www.extension.iastate.edu/woodbury/> and click on Kids & Teens/4-H located on the left hand side of screen