



AUGUST 2011 4-H SCENE



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From the desk of Lujan Faber...

Below is an article written by ISUE Science of Parenting sent by Lori L. Hayungs, Family Life Program Specialist for Iowa State University Extension. With the fair just around a corner, it's a good article for parents. For all families, have a fun 2011 Woodbury County Fair!

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Competing in 4-H

If you're a parent of a child competing in 4-H, how can you keep it all together at these competitions? Just like sports, people spend a lot of time and money preparing for these events.

Focus on the child. Every event, win or lose, is a learning experience, and an opportunity for your child to have fun. Let's face it...if you can't have fun as a child, when can you have fun? So loosen up a little! Let your child enjoy it!!

Resist gossip. Even if it's juicy information about another competitor, parent, or fan...resist the urge to tell the world. Juicy gossip never builds self esteem, and often times, the people dishing it out are the topic of conversation for others.

Focus on your role as a parent. You are not a judge, fair official, or worker at the competitions. These people are there for a reason. No matter who the authority figure is, you are crossing the line if you try to take over his/her position. Focus on your job as a parent, and work hard to be supportive of your child, and a good role model for him/her.

Start the day of by getting in the right frame of mind. Start by reminding yourself of the bigger picture or purpose behind the day. For example, we enrolled Timmy in 4-H because (1) he likes animals, or (2) it was an opportunity for him to learn about things I cannot teach him...the list could go on and on, but start by focusing on the larger purpose behind your child's involvement with 4-H. Then, in moments of heated competitions and rising blood pressures, remind yourself of this "big picture", and act in accordance with it. If the purpose of getting involved in 4-H was for Timmy to learn about the family business, don't ruin all his progress by teaching him poor manners. What strategies do you have for "staying cool, calm, and collected" during intense competition?

Lujan Faber

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Food Preservation

For information on Food Preservation, 4-H'ers will need to follow rule #6 on page 76 of the fair book under the 4-H Food and Nutrition Department. Recipes for preserved food must be from an approved source like the Iowa State University Extension webpage, Balls Blue Book or from the USDA (United States Department of Agriculture). For answers to questions on food preservation or other food type questions you can call Iowa State University Extension. It is toll free for people who live in Iowa 1-800-262-3804. Or check out the website at: <http://www.extension.iastate.edu/healthnutrition/> and click on Answer Line. Or check out this website: <http://www.extension.iastate.edu/healthnutrition/food/preservation/resources.htm>

Be sure to check out the Exhibit Tip Sheets at: <http://www.extension.iastate.edu/4h/projects>

Recipe REQUIRED for all prepared foods with statement of where recipe came from (Grandma's recipe box, cook book with date of publication, name of magazine with date of publication)

Canned Products

All canned foods must include the Food Preservation Exhibit Label.

This includes:

- A. Type of food
- B. Method of preservation
- C. Processing time
- D. Pressure (if appropriate)
- E. Date Processed
- F. Source of recipe and/or method of preservation. (If a publication, include name and date) **CURRENT USDA and/or IOWA STATE UNIVERSITY GUIDELINES FOR FOOD PRESERVATION METHODS MUST BE USED.**

- Only food processed after August 1, of the previous calendar year is acceptable.

- Include two jars. One may be opened for sampling quality. The other will be returned after fair.

- Refer to PM 1044 - available at <http://www.extension.iastate.edu/Publications/PM1044.pdf> - for the altitude and proper pressure for your county.

4-H'ers Making the Best Better

Twenty-two 4-H'ers have applied for 4-H County Council. They were interviewed on July 20.

They are:

Kaitlyn Brady
Merrill Brady
Braden Christensen
Tommy Dirks
Megan Glover
James Goodin
Christie Hammack
Judd Hoy
Natalie Lord
Megan Meister
Jared McCoy

Taylor Mulvihill
John Nelson
Jessi Riediger
Mark Rippke
Cheyenne Simoni
Brandon Sitzmann
Shea Topf
Shelby Weber
Amy Widman
Emily Widman
Cody Williams

The announcement of the 2011-12 4-H County Council will be posted in the 4-H building on Saturday during fair week.

Bobier Portrait Studio & Woodbury 4-H Photography Fundraiser

Woodbury County 4-H will again team up with Bobier Studio for a photography fundraiser. Last year \$500 was donated back to 4-H from the overall sales made during the 2010 Woodbury County Fair.

The fundraiser helps the 4-H department put on programming activities for kids such as the Sugar Shack Cake Decorating Class and the July Painting Class.

Andrea Zenor and her staff will be at the fair taking action shots of 4-H'ers while they exhibit their 4-H projects, taking pictures of champion and reserve

champion exhibitors, and offer open photo sessions for all 4-H'ers to have the opportunity to get their picture taken.

You can then order the pictures you choose in the size and finish you would like. The pictures can either be ordered from Bobier Studio's booth during the fair or from their online gallery at www.bobierstudio.com.

Bobier Studio is generously donating a percentage of the proceeds to Woodbury County 4-H. Make sure you stop by Bobier Studio's booth to view pictures and participate in the photography fundraiser!

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4-H Building Exhibits

4-H buildings exhibits will be judged on Monday, August 1 (see July 2011 4-H Scene for the Club Conference Judging schedule).

See <http://www.extension.iastate.edu/woodbury/kidsteens.htm> for 2011 Conference Judging Schedule and Booth Assignments. It is important that you visit the 4-H project website at: <http://www.extension.iastate.edu/4h/projects> - and look at the Exhibit Tip Sheets. The Exhibit Tip Sheets will tell you what you need for your exhibits. Not everything needed for your exhibits is mentioned in the fair book. **YOU WILL NEED TO LOOK AT THE EXHIBIT TIP SHEETS!**

For Photography you will need the Photography Form – you will list your goals and information about your

photo. You can pick up a form from the office or design your own.

Elements of Design and Art Principals are still needed for exhibits in Clothing & Fashion, Home Improvement, Sewing & Needle Arts and Visual Arts. Goal forms answering the three questions are needed for each exhibit. You can pick up a form from the office or design your own form. (Photography exhibits will need its own form, Communication Poster Art will need its own form and Horticulture county only classes don't need a form).

All exhibits will need a 4-H Hang Tag. The hang tag must be attached BEFORE coming to the fair. Tags are available from the Extension office or your 4-H Leaders. **NONE WILL BE AVAILABLE AT THE FAIR!**

Congratulations 4-H Graduates! Best of Luck in the Future!

Congratulations to the 2011 graduated seniors! You were active in your club, county and state. You participated in county fair, exhibited livestock and animals and had exhibits in the 4-H Building. Some of you have exhibited at state fair. You helped with Farm to City, were members on the Recognition Team or Youth Committee, 4-H officers in your 4-H club or were on the 4-H County Council. You attended State 4-H Conference or Round-up, Shooting Sports events, went to a 4-H camp and a few even went on the 4-H Washington, D.C. trip. Many of you practiced the 4-H pledge by pledging your hands to community service projects some helped with the Mapleton tornado clean-up or improving the town of Merville, helping with the new 4-H booths and helped at county fair.

We hope you had fun along the way and have many memories of 4-H.

Wishing the 2011 graduated seniors the best of luck and success in the future!

Jessie Abramo, Kayleigh Barrett, Dylan Bechen, Cody Conover, Heather Donner, Mikayla Fleck, Tyler Hansen, Courtney Kennedy, Nicole Morgan, Matt Nelson, Kelsey Orr, Bailey Pertersen, Brandon Pierce, Meghann Pucelik, Denise Rumohr, Houston Scheer, Drew Schramm, Dana Sly, Kaitlyn Stewart, Kaitlyn Susie, Carter Swanger, Beth Weber, Brittany Weber, James Wright.

Livestock Concerns

The County Fair allows 4-H'ers to exhibit their 4-H projects in a public setting. Because the public will be observing the animals and the ways 4-H'ers interact with them, 4-H'ers must remember the following when working with livestock at the county fair.

- All rules and regulations, including the Livestock Health Requirements (p. 40-41 in the fair book), the 4-H/FFA Livestock General Rules (p. 43-45), and the Iowa Youth Code of Ethics (p. 41-42) which was signed upon enrolling in 4-H, must be followed.
- The correct documentation for Country of Origin Labeling (COOL) must be available.

- All care and handling procedures, including withdrawal periods for medications, covered under Food Safety and Quality Assurance, <http://www.extension.iastate.edu/4h/projects/livestock/>, must be followed.

During the fair 4-H'ers may be asked questions about their animals by the public. If at any time a youth feels uncomfortable about the questions being asked, please refer the person to Extension staff, department superintendent, 4-H leader, or fair board member. Questions about livestock can be directed to Laura at the Woodbury County Extension office at (712) 276-2157.

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Fundraiser at the Fair: Garden Gizmos, Bird Houses & More

The Woodbury County 4-H Foundation is asking each 4-H club to help raise funds again during the Silent Auction to be held during the Woodbury County Fair. The bird houses made by the clubs went over so well last year, that this year we are expanding the auction to include all kinds of lawn or garden ornaments. The Foundation is inviting clubs to make any lawn or garden ornament of their choosing.

A lawn or garden ornament might be a stepping stone, a bench, a garden flag, a gazing ball, a garden gnome, a trellis, a bird house or something completely original. Each 4-H club will receive half of the money made from

their donated item. Clubs may submit more than one item. Please bring items to the Woodbury County 4-H Foundation booth at the 4-H Building on Monday, August 1 beginning at 10 a.m. Bids will be accepted starting on Wednesday, August 3, at the Woodbury County 4-H Foundation booth in the 4-H Building during open hours until Saturday, August 6, at 6 p.m. when the winners will be determined.

Last year's Silent Auction of the bird houses was a great success, so let's do it again!! If you have questions please contact Adrienne Jansen at (712) 276-2157.

Information for Out of County Shows

Listed below is information on the Iowa State Fair (Iowa State Fair book is only available online), Clay County (Clay County rule books are available at the Woodbury County Extension office or use last year's book) and Ak-Sar-Ben (Ak-Sar-Ben rule book is only available online).

It is the responsibility of each 4-H'er and their parents to read the rule book and follow entry rules. No entries will be accepted after the entry due date. Fees must also be paid at entry time.

Iowa State Fair, Aug. 11 - 21. Entries & fees were due July 1

Livestock/Animal, Dog and Horticulture entries were due July 1. 4-H Building exhibits are selected during County Fair. 4-H'ers must have completed grade 5 to be eligible to exhibit at state fair. Premium books and open class entry forms are available online at www.iowastatefair.org. Information about showing in 4-H at the Iowa State Fair is available at: www.extension.iastate.edu/4H/StateFair/StateFairInfo.htm

Clay County Fair, Sept.10 -18. Entries & fees were due July 15

For more information on Clay County for 4-H go to website: <http://www.extension.iastate.edu/clay/info/fairinformation.htm> or call the Clay County Extension office at (712) 262-2264.

Ak-Sar-Ben, Sept. 22 - 25 . Entries & fees were due August 12

Livestock and horse entries were due Friday, August 12 in the Woodbury Extension office. Horse exhibitors must be 12 years old by January 1, 2011. Other exhibitors must be 10 years old by January 1, 2011. Go to the following web site: www.aksarben.org for more information on Ak-Sar-Ben. The rule book is only available online.

Recording your Animal's Health

Now that most of the 4-H members have their animal projects. It is important that you start keeping records of their health and the medicines that you give your animals. 4-H members may go online at: <http://www.extension.iastate.edu/4h/StateFair/livestock.htm> and look for "Drug Affidavits" on that site. There are forms for: Beef, Horse, Meat Goats, Sheep and Swine. The forms are required for State Fair and especially for Swine for county fair.

4-H Satisfaction Survey

Woodbury County 4-H is looking for input from 4-H'ers on their 4-H experiences. A link to a short on-line 4-H Satisfaction survey will be sent to a random sampling of Woodbury County 4-H'ers the week of August 15.

If you receive this link, please complete the survey by Thursday, September 1. If you have any questions, please contact Brenda Welch at bwelch@iastate.edu.

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4-H - Getting Ready for Fair



4-H Recognition at the Fair

Sunday, August 7, 1:00 p.m.

Flathers Hall at the Fair

Installation of the 2011-2012 County 4-H Council

Thank You M.R.H.D (Missouri River Historical Development)

RICOCHET Awards

Life Skills Judging Contest

Herdsmanship Awards

Booth Contest Winners

Any other award presentations

2011 Graduated Seniors

Hang Tags

4-H members in grade 4 (as of Sept 2010 – May 2011) will need a blue hang tag. This is because youth in grade 4 are not eligible for state fair. 4-H'ers in 5– 12 grades will need white hang tags.

What do I write on my hang tag?

Having a hang tag on your exhibit is important so that judges, superintendents and others know who the exhibit belongs to. It is also important that you fill out the information that is listed on the tag.

That includes:

Your Club's Booth Number(s): see the Club Booth Assignment in the July 2011 Scene.

Department Name: Photography, Ag & Natural Resources, Food & Nutrition, etc.

Class No: 620 (this is the photography class #)

Then fill in your current grade as of this last school year, name, town and your 4-H Club or Independent 4-H'er

Describe Exhibit: White mat with a picture of a brown & white horse. Attach the tag to your exhibit so that the information can be seen when the exhibit is displayed in your club booth.

Hang tags are only available from your leader or the Extension office. Pick them up BEFORE Monday, August 1, 2011, 4-H building judging day. Hang tags will not be available on judging day unless your 4-H leader brings them to the fair.

4-H Youth Exhibitor Pass

4-H members must purchase a Youth Exhibitor Pass for \$2. The passes are available from the Woodbury County Fair in Moville. Some 4-H leaders have picked them up for their members or you can purchase them from the Woodbury County Extension office. The Woodbury County Fair board required all 4-H members and FFA students to have a youth exhibitor pass to exhibit at the county fair.

Design Elements and Art Principles

Exhibits in Home Improvement, Clothing and Fashion, Sewing and Needle Arts, Visual Arts will still need to be included in your goals. The question you need to answer is "How did you use design elements and art principles?" On the Exhibit Tip Sheets for those departments they give examples and additional information. Be sure to check out the Exhibit Tip Sheets at: <http://www.extension.iastate.edu/4h/projects>

Copyright Question

Q. Can you offer general guidelines for 4-H members to follow regarding exhibits and copyright?

A. Each case is different, and it is very hard to offer recommendations that will apply to all exhibits. However, use the following guidelines as a start:

- 1) **Create something original**
- 2) **If it's not yours, obtain written permission**
- 3) **Give proper credit, even when you have permission**

For more questions & answers on copyright and other fair related topics, check out the following website: <http://www.extension.iastate.edu/4H/StateFair/SFExhibitFAQGen.htm>

Premium Money

4-H'ers will receive premium money for blue, red and white ribbons. Grand, reserve and merit ribbons do not receive premiums. Premium money will be handed out after exhibits are judged in the 4-H Building and during or after each livestock/animal show, fashion revue & clothing selection or communications event. 4-H'ers in clothing selection & fashion revue, educational presentations and Pride of Iowa that were pre-judged must be present at the fair to receive their premium money.

Be sure to pick up your premium money after the show/event during the fair. Otherwise, the money will go back into the fair fund.

Mandatory Iowa State Fair Meeting

A Mandatory Iowa State Fair meeting will be held on Wednesday, August 3, at 4:30 p.m. at Flathers Hall.

Labeling will be explained and other helpful tips to get your exhibit ready for state fair. All 4-H'ers who have projects selected for state fair (includes all champion and reserve champion exhibits) are required to attend the Mandatory Iowa State Fair meeting.

"County Only" Horticulture exhibitors are not required to attend as those are county only classes – but we would like you to come for pictures.

If you are not present at the mandatory meeting, the alternate (reserve champion which are rank 1, 2 3...) exhibit will be able to have their exhibit go to the state fair. 4-H'ers who have completed 5-12 grades are eligible for state fair.

Pictures for Champion and Reserve will be taken after the Mandatory State Fair meeting.

Traveling Trophies and trophy Sponsors

4-H'ers and 4-H clubs who have received traveling trophies at the 2010 fair will need to bring them to the 4-H office on the fairgrounds or to the livestock show. All trophies will have the sponsor's name and mailing address on the bottom of each trophy, be sure to send a THANK YOU note!

4-H IS BASED ON RESEARCH

4-H - Getting Ready for Fair



Traffic Pattern Livestock Entry Night

Tuesday, Aug. 2

The Woodbury County Fair board has information on their website as to how traffic should flow on Tuesday, August 2, when you enter your livestock. You will need to enter the south parking lot and wait in line in the staging area. An attendant will direct you when ready to enter the grounds. For a detailed map please check out their website at: www.woodburycountyfair.com/maps/maps.htm

Parking at 4-H Building on Judging Day

4-H'ers can unload their exhibits at the north end of the 4-H building. Then please move your vehicles to the parking lot after unloading. Don't keep your vehicle parked on the grounds while you are being judged. The fair board has graciously allowed us to have judging on Monday in the air conditioned building, so please be good guests of the fair and park cars in the parking lot.

Note: 4-H'ers with large exhibits can keep their large exhibits in the 4-H building and the 4-H judge can walk to the 4-H building to judge the 4-H large exhibits.

Ribbon Stickers for Livestock Stall Cards

4-H'ers may pick up ribbon stickers to put on your stall cards after your animal has been judged. They can be picked up at the Woodbury County Fair office – in the 4-H office located on the north side of the building. People coming to the fair like to see what ribbons the animals have received.

Lipps and Huggers

4-H County Council members will be asking for money donations to help buy pies at the Pie Sale on Saturday, August 7.

All the money collected will go to buy pies with proceeds going into the 4-H fund. This money is used towards 4-H activities and scholarships for trips, insurance and other youth activities. That is why some of the activities are at a lower cost for 4-H members.

Fair Appreciation Supper

For 4-H Fair Superintendents and 4-H Leaders

The Woodbury County Fair board will be inviting 4-H club leaders and 4-H superintendents to the Fair Appreciation Supper at the fairgrounds in the Varied Industry building on Monday, August 22, at 6:30 p.m. Volunteers invited will receive an invitation in the mail.

State Fair Selection

4-H'ers whose exhibits are eligible for state fair may want to prepare labels ahead of time for your exhibit(s). State fair exhibits require labels on all items in your display.

You will need enough labels for every page on your write up and goal sheet (maybe set the computer to do that as a footer) and for every item in your display. Some exhibits need up to 50 or more labels.

The pre printed labels will come in handy when you get your project ready for state fair because those exhibits need to be in the Extension office the Monday after fair on August 8, by NOON. This leaves very little time to prepare and clean up your exhibit for state fair.

You cannot prepare or put labels on your exhibit until after release on Sunday, August 7, 4:00 p.m. Be sure to attend the mandatory state fair meeting on Wednesday, August 3, 4:30 p.m.

The label needs to include:

Woodbury County
Class Number (Look in fair book or on your hang tag)
Your first and last name

4-H Pie Contest

The 4-H Pie Contest is our county 4-H fundraiser. Each club is expected to bake a pie for the pie contest that will be held on Saturday, August 6. All pies will be sold at the pie auction. 4-H clubs can decide who in the club will bake the pie. It could be a club pie baking contest, drawing a name out of a hat or a 4-H'er who volunteers to bake the pie.

Each 4-H club pie must be a two-crust pie. Pie filling can be fresh fruit, homemade canned or canned fruit in a disposable pie tin. No egg custard or uncooked dairy products. The recipe must be included.

Practice baking your pie – comments from judges in the past have been that pie crusts are soggy on the bottom (it takes a little higher temperature for the first few minutes when baking a pie in an aluminum pie tin). Use fresh shortening or lard, have the correct amount of thickener for your fruit (look over your recipe before baking your pie) and seal the pie crust. We want the best baked pies for our pie auction. See the county fair book for more information on the 4-H Pie Contest.

The money from the pie sale is used for: Medical insurance for each 4-H member and leader, 4-H recognition and awards, State 4-H Conference, leader workshops, Washington DC Citizenship trip, county fair, 4-H events – like the Halloween Party, 4-H Holiday, Shooting Sports, financial assistance for county and other district events.

Release of 4-H Exhibits

Sunday, August 7 at 4:00 p.m.

The 4-H Building will start taking down booths shortly after 4:00 p.m. on Sunday, August 8. 4-H families will need to pick up exhibits between 4:00 - 5:00 p.m.

If 4-H'ers are not available at that time to take their exhibits, families will need to make arrangements to have exhibits picked up. Please don't expect your 4-H leader to do that.

Exhibits not picked up will be left at the fairgrounds. We ask that an adult and youth from each club help with the take down and clean-up of the booths.

4-H IS BASED ON RESEARCH

Calendar



AUGUST

- Monday, August 1** 4-H Building Judging at the Woodbury County Fair
- Tuesday, August 2** Livestock Entry
- August 3-7** Woodbury County Fair
- Monday, August 8** 4-H Exhibits selected for the Iowa State Fair due to the Woodbury office by noon
- August 11-21** Iowa State Fair (Livestock, Dogs and Horticulture entries due July 1)

SEPTEMBER

- September 10-18** Clay County Fair (4-H Livestock entries were due July 15)
- September 22-25** Ak-Sar-Ben (4-H Entries due Friday, August 12 to Woodbury County Extension)

FUTURE DATES

- October 2-8** National 4-H Week
- Monday, October 10** Celebration of 4-H, 4-H Leaders Meeting

WANT TO KNOW MORE?

FIND US AT: [EXTENSION.IASTATE.EDU/4H/WOODBURY](https://extension.iastate.edu/4h/woodbury)