



4-H Goal Writing Worksheet

WHAT IS A GOAL?

A GOAL is ... deciding what you want to do and learn in a 4-H project.

A GOAL is ... having a road map. It helps you decide how to get to where you want to go.

Goals have three parts that allow us to measure and check our progress. They are:

The Action – How are you going to do something

The Result – What are you going to do

The Timetable – When are you going to do it

Shown below is a worksheet that can help you set your 4-H Project goals. You can either look at it on your computer screen or print this page and write your goals on paper.

Examples:

Action	Result	Timetable
I want to train	My 4-H beef heifer to lead	Before county fair time
I want to make	Three nutritious snacks	By the June meeting

NOW IT IS YOUR TURN

	ACTION (how)	RESULT (what)	TIMETABLE (when)
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____

CONTROL TEST

Do your goals pass the control test?

That is, do you have control over all parts of what happens? If you can answer “yes”, you are ready to begin record keeping.