

IOWA STATE UNIVERSITY

University Extension



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Get inside Extension and discover how we support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Clinton County a better place to live. You'll be amazed at what we do.

Dan Smicker

Extension Council Chair

Bob Owen

Regional Extension Education Director

Healthy People

Over 1200 Clinton County Youth participated in **4-H Youth Development** programs. Clinton elementary and middle school youth participated in science-based education through afterschool and early-out programs. A partnership was developed with the Children's Discovery Center in Clinton to deliver science and literacy education.



Ricochet, a middle school leadership club, was organized through the Central school. Partnerships were developed with local Park and Rec departments, school districts, daycare centers and the YMCA/YWCA to provide summer programs in six separate communities. Over 50 trained

volunteers provide leadership to 4-H community clubs around the county.

Eat with Me campaign was a campaign, in partnership with other agencies, to get families to eat meals together at least 4-5 times a week. Data shows that youth in families that eat 4-5 meals together a week have a drastically lower chance of getting involved in drugs, alcohol and/or making poor decisions. Extension provided nutrition resources, family meal conversation cards and education on preparing thrifty, healthy meals.

Healthy Environments

The Clinton County **Master Gardeners** provide current, research-based, home horticulture information and education to the citizens of



Clinton County Extension Council

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

Council Members:

Dan Smicker – Chairperson
Al Rogis – Vice-Chairperson
Tori Grantz – Treasurer
Dr. Mark Schroeder – Secretary
Rhonda Boothby
Lois Feddersen
Kathy Harmsen
Alan Rathje
Lydia Whitman

We have identified these local issues as priority topics for current and future programming:

- Expansion of youth program opportunities
- Grow the Horticultural offerings in the county
- Family needs, parenting and resource management
- Community and Economic Development
- Environmental Leadership



We connect you to Iowa State University.

We are your local link to make connections

for campus enrollment, continuing education, campus visits, campus exhibits, conferences, camps, and sporting events.

... and justice for all

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Healthy Environments cont.

Clinton County through ISU Extension programs and projects. Through their participation in educational activities, Master Gardeners also increase their own personal knowledge in horticulture. A newly trained class of 10 volunteers brought the total number of Master Gardeners to 55. This group contributed over 2000 hours of volunteer service through educational projects at the Outdoor Living Classroom (located on the Clinton County Fairgrounds), the Bickelhaupt Arboretum and a variety of other county-wide projects.

Double Your Green was a class offered by Master Gardeners demonstrating the basics of planting and tending for a vegetable garden. The classes were attended by over 40 people from across the county.

Agricultural Training & Certification - Nearly 300 individuals were certified through Private Pesticide Applicator training. Training programs were also offered to commercial pesticide applicators and manure applicators through personal training, webcasts and video-based instruction. These



courses allow both private and commercial applicators to recertify with the Iowa Department of Land and Agriculture Stewardship (IDALS). These training programs address up-to-date issues, laws, regulations, labels and safe handling and storage of pesticides.

Extension also coordinated Feedlot tours, Software training and formed a Young Cattleman's group which focused on bringing the latest research to young producers in the area.

Healthy Economies

Extension partnered with Clinton Community College and the YWCA to provide a series of financial workshops, **Women and Money**. 25 women participated in each of the eight workshops covering topics such as "Who gets Grandma's Yellow Pie Plate?" Money Firsts, Banking Technology, and Dressing for Success.



Overall Women Conference

Overall Women provides opportunities for rural women to connect and learn about today's agriculture. Over 30 different workshop sessions covered topics such as value-added agriculture, estate planning, the future of biofuels and their impact on the Midwest, machinery operations and Ag Decision Maker. 130 women from Eastern Iowa participated in this fifth annual conference.

The Expanded Food and Nutrition Education Program (EFNEP)

provides nutrition information to families and youth with limited resources. Over 50 adult and pregnant teens were served through this program.